

MUST HAVE

Shiny Leggings

When money is tight, what's the best way to invest in your wardrobe? With the most versatile pieces, of course - those that can be worn in all four seasons, that are flexible enough to match most other items, and that won't go out of style immediately. These shiny leggings by American Apparel can be worn with a simple long tee on a lazy weekend day, or work with sexy party dresses in the evenings for head-turning effect. RMB 348. (To economize even further, you can find cheaper versions of these at Jiayi Vogue Square near Liangmaqiao.) Belle Zhao

There is a Chinese saving: "A woman's closet is always short one item of clothing." For many ladies, trying to mix and match a decent outfit for work every morning from their overcrowded closets is like a disaster - so they keep buying the "final" piece to complete their wardrobe. I am no exception. Recently, my quest was made easier with the help of Closetcouture.com, an online community that plays with the idea of shopping in your own closet. Users simply upload pictures of their clothes to their virtual closet; they get feedback from other users about how to match the clothes they already have. Another fun feature: You can view other people's closets and steal any looks you like.

If you're thinking of adding a few bikinis to your closet, consider that Habinki, a Brazilian line of itsy-bitsies, was launched in Beijing recently. The mid-August show at Xiu Bar displayed a collection of luxury bikinis embellished with turquoise, mother of pearl, and seashell details (retailing for around RMB 600-800). Until Habinki sets up a brick-and-mortar store here, you can find their wares at Habinki.com. Those who missed the bikini party shouldn't fret, as the Lan Club will host "Gentlemen's Night by La Perla" on September 19; the fashion show unveils the Fall/Winter collection of La Perla Black Label, the luxury lingerie brand's cabaret-inspired line. As the event's name implies, only men will be allowed to attend this night of music and models.

Many a high-heel lover worships at the altar of Jimmy Choo, but the label's stiletto-high prices keep the shoes out of reach for most admirers. This November, your Choo dream will become reality when **H&M** collaborates with the British brand to bring you those covetable shoes and bags at affordable prices. Moreover, this accessory brand will for the first time expand into women's clothing, as well as men's shoes and bags. The collection will be available at selected H&M stores on November 14.

Speaking of H&M, it opened another two stores in August: one at Glory Mall at Chongwenmen, the other at Raffles City. Another store worth checking out is DimSum of all things Asian (see What's New: Shops, p34), the brainchild of lawyer-turned-designer Currie Lee; her boutique is filled with handcrafted, eco-friendly bags and jewelry. Lastly, skincare label **Kiehl's** has opened its first mainland store at Shin Kong Place (see What's New: Shops, p35). For RMB 290, you can now use the same facial cream Brad Pitt does. Belle Zhao

GALLERY SHOPS

fter the visual stimulation of wandering a gallery or museum, you want the tactile pleasure of taking those cutting-edge artworks into your very own hands. These stores oblige by selling affordable art-inspired items.

Purveys cool designs and knickknacks by local and international designers, including up-and-coming designer Wang Chong's "insect" collection, which includes a candleholder, mirror, vase, etc. Wang Yang's retro golden thermos bottle, printed with double happiness characters, is another popular item.

Zone E06, 798 art district, 4 Jiuxianqiao Lu, Chaoyang District (5978 9530/1) 朝阳区酒仙桥路4号大山子艺术区E06区

The "China Design" area spotlights unique jewelry, bags, T-shirts and bone china diningware created by local young designers. The store also has limited edition pieces by artists such as Qiu Zhijie, Wang Qingsong, Rong Rong, Han Lei and many others.

798 art district, 4 Jiuxianqiao Lu, Chaoyang District (8610 8844) 朝阳区酒仙桥路4号大山子艺术区

Find a wall clock grinning with Yue Minjun's "Symbolic Smile" (RMB 500), or a passport wallet featuring Liu Ye's little girl artworks (RMB 100). Other recognizable works of contemporary Chinese art are splashed on a wide assortment of postcard, mugs and pocketbooks.

Zone D, 798 art district, 4 Jiuxianqiao Lu, Chaoyang District (5978 9195) 朝阳区酒仙桥路4号大山子艺术区D区

As the name implies, it's a haven if you're seeking a unique gift. Highlights include a teacup embellished with big colorful buttons (RMB 255) and a series of "Robot Brooches" (RMB 1,940) by Dutch designer Michiel Ansingh.

Bldg 4, Pingod, 32 Baiziwan Lu, Chaoyang District (5876 9326) 今日美术馆,朝阳区百子湾路32号苹果社区4号楼

BTAP Store

The selection is small but decidedly cute – products are inspired by artists that the gallery has featured. Coo over "Windy Bunny" (RMB 650), a limited edition rabbit sculpture designed by Hiroyuki Matsuura, and a "Light Rabbit and Shadow Cat" keychain (RMB 50) by Oscar Oiwa.

Zone E02, 798 art district, 4 Jiuxianqiao Lu, Chaoyang District (8457 3245) 朝阳区酒仙桥路4号大山子艺术区E020



Tats Beijing BEAUTY IS ONLY SLIGHTLY-UNDER-THE-SKIN DEEP text by Jonathan White

deenage girls, your kid's kindergarten teacher and your lawyer are all sporting ink. Being permanently illustrated is no longer the privilege of gangbangers, tribesmen and sailors. The taboo's gone – but now we don't know who to be scared of.



A one-eyed skull that's dripping blood (despite having no skin) that is swallowing a snake and has a sword crashed through its top could be a little overbearing. It won't be, though, if you let your cack-handed nephew design it.



There have been some well-documented examples of celebrities making fools of themselves by getting ink done in foreign script and it being wrong. Not that we're suggesting that she wanted anything other than "Friday," "Next Friday" and "Friday After Next" being an indelible mark on her skin. Some people just can't get enough of Ice Cube's contributions to cinema. Word.



This is the type of tattoo that usually sends out one of two messages: A) I would love to star in your rap video; B) I'm recently divorced and back on the singles scene with a vengeance ... come to think of it, I'd also love to star in your rap video.

Tattoos should express things you like, acting as a modern form of hieroglyphs that reveal you as a person. Things he likes, at a guess, in no particular order, would include the sun, his mum and sex.

Oh, and maybe spiders.



I only know of three wolves: the faithful Diefenbaker from *Due South*, heroic White Fang and the terrifying *White Wolf* of Icicle Creek. Yeah, the last one is from a Nancy Drew video game. So what? Wolves are cool. (Fun trivia: There is no evidence that wolves howl at the moon.)



These two are completely in love at the moment. They'll certainly never regret these matching tattoos. Not even after all the late nights, the "incident" at his friend's bachelor party, or that time she and the girls went to Shanghai. It was only one time. Can't you let anything go?



A tattoo on the small of a young lady's back has entered the common parlance as a "tramp stamp," which just isn't fair. Firstly, tramps are the British version of hobos so it's confusing. Secondly, this piece features a cross. Crosses are never slutty





A tattoo is a great way to support a cause that's close to your heart. Let's face it: The prematurely greying, blue-haired, jewelforehead, yellow-eyed race of elf women is undersupported. Good on you, sir.



Customer: "Good afternoon, sir. I want a pterodactyl drawn on my back forever. I am quite

the fan of dinosaurs."

Tattoo artist: "I can't actually draw you a pterodactyl. It's the pointy heads, you see." Customer: "OK. A normal dinosaur head will do.

Tattoo artist: [aside] "I can't do the wings either. Or the body."



What's Ne



HKTDC Design Gallery 香港设计廊 . hang'an Jie, Dongcheng District (8518 4822)

If you love good design, you'll never want to leave the HKTDC Design Gallery, with its variety of jewelry, handbags, watches, diningware and many other knickknacks. The brainchild of the Hong Kong Trade Development Council, the store exists to promote the originality and innovation of the Hong Kong design force. The retail environment itself is sleek and modern; the boldly colored products pop against glossy black walls and transparent shelves. Highlights of the store include a "Sushi Calculator" (RMB 140) by Yip Design, which can be rolled up like temaki; Liu Yuwen's jewelry furniture collection, which are miniature velvet armchairs that also function as jewelry boxes (RMB 340); and a series of silver sculptured animal wine corks (RMB 120). Belle Zhao



Green T. House Living and Bath House Residence 紫云轩茶汤事茶居事 Daily 11.30am-11.30pm. 318 Cuigezhuang Town, Hegezhuang Village, Chaoyang District (6552 8310, 136 0113 7132) 朝阳区崔各庄乡何各庄村318号

Anyone who's been to Green T. House Living will agree it's an unforgettable visual and gustatory treat. Now add tactile pleasures to that list. Walking into the Bath House Residence, designed by the brand's founder, JinR, is like a gallery experience. The cold grey loft space is enlivened by natural elements, like a 12m-long table carved from a rough tree trunk, and black tree branches hanging from the ceiling. In the core of the space, where an egg-shaped bathtub has been cut into the stone floor, spa-goers can steep themselves in green tea water. All therapy products are homemade and many involve tea. Lastly, you've heard of spas that offer four-hands massage? Green T.'s signature treatment outdoes them all with "Ten Hands Massage," where one guest is pampered by five massage therapists simultaneously. Belle Zhao



DimSum of all things Asian 亚点亚心

Ever since Anya Hindmarch led the eco-chic fashion pack with "I'm not a plastic bag," designers have embraced sustainability by producing all kinds of simple, reusable cotton bags. Fashionistas experiencing aesthetic fatigue with this plain style will like Korean-Canadian designer Currie Lee's redefinition of the concept. Her store showcases bags and jewelry of sophisticated design, all from 100 percent natural and recycled material that Lee collected on her travels throughout Asia. Find an elegant mosaic box clutch (RMB 1,662) made of recycled oyster shells, a black-and-white tote composed of coconut shells (RMB 216), or slip on a black necklace (RMB 547) made of recycled zipper and mesh. Feel even better about your purchases knowing that all pieces are products of a Southeast Asian cottage industry that allows women to earn a living income. Belle Zhao



Tony Studio 东田造型 Daily 10am-9.30pm. Rm L107, Regent Land, 66 Gongti Beilu, Chaoyang District (6552 2297) 朝阳区工体北路66号瑞士公寓L107室

The award-winning Tony brand has opened a new branch at Dongsishitiao, only a short walk from the subway station. The pampering begins as soon as you enter the salon and are greeted by a team of welcoming staff, who all speak some English and are eager to help. They'll usher you to one of the gorgeous, dark wood seats with pink floral cushions, from where you can gaze at the walls, covered in photos of hairstyles, and begin discussing the style or cut that you want. The spacious salon has separate rooms for hair styling, nail care and tanning (with two stand-up tanning booths). Professional hair care is now affordable, with a Precision Haircut starting at only RMB 180. Sofie Ford



Kiehl's

Daily 10am-10pm. 1/F, Shin Kong Place, 87 Jianguo Lu, Chaoyang District (no tel) 朝阳区建国路87号新光天地1层(近西大望路)

When it comes to skin care, Beijing doesn't have a lot to offer in terms of middle ground; shoppers must choose between 20-kuai lotions at Watson's or awfully expensive brands at department stores. The arrival of Kiehl's could solve this dilemma. Established in New York in 1851, Kiehl's offers skincare, haircare and bodycare items for men, women and infants - made with natural ingredients. Their store at Shin Kong Place cheekily references the brand's pharmaceutical background: a medicine cabinet, laboratory vessels, and a skeleton model wearing doctor's whites. Popular items include Lip Balm #1 (RMB 85), a favorite of Hollywood stars; Swimmer's Cleansing Rinse for Hair and Body (RMB 220); and a minty Ultimate Brushless Shave Cream (RMB 190). Belle Zhao



The Spa at Hilton Beijing Wangfujing pm. 6/F, Hilton Beijing Wangfujing, 8 Wangfujing Dongdajie, strict (5812 8888 ext 8560) 东城区王府井东大街8号北京王府井希尔顿6层

In a time when Buddha-cluttered spas are the vogue, The Spa at Hilton Beijing Wangfujing sets itself apart with a fuss-free interior; the air is infused with lavender and the music of flowing water. Of the nine treatment suites, the most indulgent is a Vichy shower room, where guests can lie on a bed and let the full-body cascade of water pulse away all their fatigues and pains, followed by a rebalancing organic body wrap. The Spa's range of treatments include their signature 90-minute Aromasoul Massage (RMB 880) and Pure Performance (RMB 580), a skin care treatment specially designed for men. Those in a hurry can take advantage of the 45-minute Aromasoul Ritual Scrub (RMB 480). Plus, a 50 percent discount for tbj readers (10am-3pm) doesn't hurt. Belle Zhao



, 东城区东直门南大街1号莱福士购物中心L2-02

The latest addition to Raffles City is Wa Obi, a brand that sells exquisite bags, purses and wallets that fuse Western and modern Eastern design and textures. Made from soft cowhide leather and vintage kimono silk, each item is handmade to perfection. If you venture inside the bright and spacious store, you'll find the staff friendly and very willing to help you find that perfect bag. We adored the red wallet with embellished silk snap closure (RMB 720), the orange floral silk bag with a soft-studded leather handle (RMB 2,000), and the transparent plastic bag with a chain strap and lime-green removable inner bag (RMB 980). Get them while you can: The 30-65 percent discount ends in September. Sofie Ford

INSPECT A GADGET

MAKE A SPECTACLE

OF YOURSELF

by Belle Zhao

hough most nearsighted people have long since abandoned traditional eyewear for contact lenses, a pair of well-chosen eyeglasses can actually enhance one's look. Any accessory which frames the face should be considered with the same care that one would give to selecting jewelry. Here are some of the season's hottest frame styles.







Traditional styling, sleek design. And rest assured, animal lovers – it's faux tortoiseshell. RMB 608. American Apparel



Rocket scientists wore them. So did Malcolm X. No wonder Ray-Ban's signature browline frame is enjoying a retro revival. RMB 1,800. Ray-Ban at LensCrafters



Business up front, party on the sides. A classic shape pairing metal with tortoiseshell-pattern resin. It's a good office basic for gentlemen. RMB 2,400. Versace at LensCrafters



Defy convention with the vivid violet and metal flower hinges of these frames. RMB 2,200. Versus at LensCrafters



With its curvy arms, this glamorous butterfly shape is one for the playful astigmatic. Price TBD. Dolce & Gabbana at LensCrafters



You can't go wrong with this urbane, standout green frame. For men. Price TBD. Ray-Ban at LensCrafters



Turn heads with these clean lines that perfectly marry metal and plastic. RMB 2,400. Versace at LensCrafters



Wooden frames? Why not? Homespun and humble was never so eye-catching. RMB 320, Loop



A big and bold sunglasses-like shape for the youthful or the merely exuberant. RMB 614. American Apparel

YOU FRAME IT,

PHILIPS DIGITAL PHOTOFRAME by Joey Guo

ll frames draw attention to the pictures inside them, but the best ones have the power to improve the image. Never has this been more literally true. In this new digital age, even our picture frames are very, very smart.

The Philips Digital PhotoFrame allows you to view pictures in your desired order - and to update the displayed content on a whim. Not only is its big 10.2-inch LCD easy on the eyes, but the PhotoFrame automatically adjusts color accuracy, depth and contrast with its built-in image enhancement technology.

You can create and manage photo albums directly on the gadget itself, not to mention adding transition effects for slideshows. Or simply drag and drop pictures from your computer via its easy-to-use

Of course, there are plenty of such gadgets on the market that are technically perfect for digital photo display, but their geeky appearance will make you think twice about actually buying one. In contrast, the sleek brushed aluminum of the Philips Digital PhotoFrame harmonizes with the décor of any modern home or office. Finally, a frame that makes you look like a better photographer.

DISPLAY

This large 10.2" LCD with 16:9 frame ratio displays sharp images with flicker-free photo viewing comfort. Philips' image enhancement technology renders your photos with more color accuracy and natural skin tones.

ENERGY-SAVING
The frame automatically turns on or off according to ambient lighting conditions, therefore reducing energy consumption.

UNCTIONS

Make basic edits to your photos (e.g. rotate, zoom and crop). You can create and manage photo albums and slideshows from a variety of compatible sources. Automatic orientation recognition ensures that both landscape and portrait pictures are displayed properly.

STORAGE

The built-in 128MB memory stores up to 1020 JPEGs. It also supports a variety of external storage devices, including CF, SD, SDHC cards, Sony's Memory Stick series and USB-compatible devices.



Philips Digital PhotoFrame 10FF3CME/93

RMB 1,680

Available at the Philips Digital Photoframe retail store: 8002, Silicon Valley Computer City, 1 Xicaochang, Haidian District (8285 3093) 海淀区西草场1号硅谷电脑城8002

ANTIQUES & REPRODUCTIONS

C.L. Ma Furniture Highly respected antique dealer sells antique and reproduced trunks, tables, chairs, shelves, screens etc. to an enthusiastically loyal customer base from here to Hong Kong. Daily 10am-7.30pm. Rm 116, Bldg 4, Park Avenue, 6 Chaoyang Gongyuan Nanlu, Chaoyang District. (6466 7040/6530 6475) www.xn-fjqv0l023e.com 可乐马家俱北京分公司,朝 阳区朝阳公园南路6号公园大道4号楼116室

Lily's Antiques Specializing in high class antique furniture (mainly from nothern China, in walnut and elmwood) and custom-made furniture, for the local market. Also wholesale for antique and newly made furniture. Excellent service for international transportation of furniture. Furthermore a wide selection of accessories is offered. 1) Daily 8.30am-6pm. Gaobeidian Showroom, 6 Gaobeidian Furniture Street, Chaoyang District. Contact Lily Quan (6572 9746, 138 0139 6309) (8579 2458, www.lilys-antiques.com); 2) Visit by Appointment. Factory and Ware-house Address, Baimiao industry area, Songzhuang town, Tongzhou District. Contact Lily Quan (6572 9746, 138 0139 6309) (138 0139 6309) 华伦古典家具, 1 朝阳区高碑店家俱一条街69号, 2) 通州区工 地址,通州区宋庄镇白庙村工业大院

Tanghouse Gallery Specializes in custommade furniture manufactured in Beijing. Contemporary and classic styles and quality raw materials, including hardwoods, skins and stones. Online sales only. Daily 9.30am-6pm. Rm 1132, 11/F, Tower A, Gateway Square, Sanyuanqiao, Chaoyang District. (6764 2214, 139 1007 3689) www. tanghouse.cn 逸唐居,朝阳区三元桥佳程广 场A座1132室

BEAUTY PARLORS, SPAS & MASSAGE

99 Massage and Spa Center Clean, comfortable and relaxing massage. Free food, drinks and fruit. Aromatic oil massage (RMB 200-380), body/foot massage (RMB 150/100). Single and double rooms. Daily 11am-midnight. Rm 703, E-Tower C12, Guanghua Lu, Chaoyang District. (6501 0799) 99按摩中心,朝阳区光华路丙12号数码 01大厦703室(嘉里中心与国贸之间)

Anantara Spa Massages start from RMB 480 (60min) and facials are available from RMB 520. Daily 10am-10pm (flexible opening hours on request). The Commune, Shuiguan Great Wall, Badaling Gaosulu, Yanqing County. (8118 1888 ext 5100/01, anantaraspa@commune.com.cn) 延庆县八 达岭高速路水关长城出口长城脚下的公社凯

Angel Hands Offers Chinese-style body massage, Thai-style massage, olive oil massage and slimming massage. Daily 24 hours. Rm 1801, Bldg 2, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (8631 0801) 朝阳区东三环中路39号建外 Soho2号楼1801室

Arinya Massage and Spa 1/F, Zifeng Bldg, 1 Dayabao Hutong, Chaoyang District. (6525 5799) 朝阳区大雅宝胡同1号梓峰大厦1层

Askido Nail-lab Centre Offers wide range of innovative nail care products, not to mention over 200 shades of fabulous nail polish. Daily 10.30am-9pm. Store 329, 3/F, U-Town Lifestyle Center, Chaoyangmenwai, Chaoyang District. (5975 4522) 爱饰 绮朵美甲会社,朝阳区朝阳门外悠唐生活广 场3层329商铺

Bangs Hair Salon Clean white walls keep the focus on hairstyling at this minimalist salon, staffed by Japanese stylists versed in the latest Tokyo trends. A cut is RMB 320, moisturizing treatment RMB 350, and perms start at RMB 200. Tue-Sun 10am-9pm. Stall 101, Bldg 4, Central Park, 6 Chaoyangmenwai Dajie, Chaoyang District. (6597 0578) 朝阳区朝阳门外大街6号新 城国际4号楼101号

Beijing Salon Vajra Catering to clients who demand very personal service, this experienced team of British and Hong Kong stylists and colorists offers professional hairdressing services, and luxury hand and foot spa treatments. Mon-Sat 10am-8pm. S106, Glory World Apartments, 18 Gongti Xilu, Chaoyang District. (6551 6461/2/3)

www.vajra.com.hk 画间沙龙,朝阳区工体 西路18号光彩国际公寓S106

Bodhi Sense Like the original branch of Bodhi on Gongti, Bodhi Sense draws inspiration from both Thai and Chinese culture, but boasts an added touch of luxury. There are ten foot-massage rooms and an additional ten treatment rooms, all exquisitely decorated Daily 11am-12.30am. 2/F, Somerset Grand Fortune Garden, 46 Liangmaqiao Lu, Chaoyang District. (8440 1495) 朝阳区亮马桥路46号盛 捷副暑苑公寓2层

Bodhi Therapeutic Retreat Located in a six-floor building opposite the north gate of the Workers' Stadium, the original Bodhi Therapeutic Retreat offers a variety of professional treatments – Thai style massage (RMB 288/90 min), facials (from RMB 320), foot massages (RMB 158/85 min), and pedicures (RMB 68 at the Gongti branch only) courtesy of Anglefish Boutique – as well as complimentary food and snacks cooked up by their Thai chef. For extra luxury, try the specialty packages (from RMB 450/1.5 hours) at the swish sister spa Bodhi Sense on Liangmaqiao Lu. Daily 11am-12.30am. 17 Gongti Beilu, Chaoyang District. (6417 9595) www.bodhi.com.cn 菩提会所,朝阳区工体北路17号



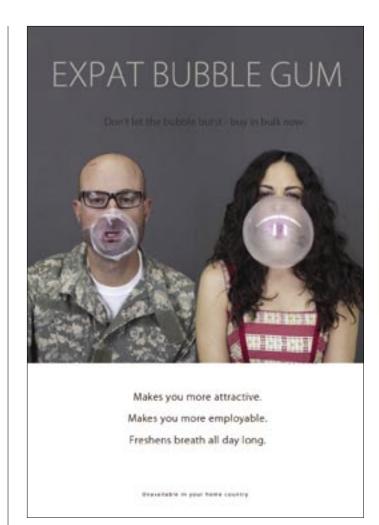
C. de France Hair & Beauty Salon

International and local stylists, colorists and beauticians offer a holistic hair and beauty experience. French chic mixed with modern simplicity offers a sophisticated yet relaxed atmosphere. A wide range of hair services and beauty treatments available (including manicures, pedicures, waxing and tanning). Referral and VIP programs available. Daily 10am-8pm. Nali Mall, San-litun Beilu, Chaoyang District. (6417 3029) C美发沙龙,朝阳区三里屯北路那里商城内

Dragonfly Therapeutic Retreat Avoid rowdy groups for relaxation and solace. Chinese, shiatsu and foot massages start at RMB 135 per hour and an exhaustive menu of spa packages, such as Ultimate Indulgence featuring an hour each of full-body and foot massage, start at RMB 270. Facials also available. 1) Daily 10am-1am. 1/F, Grand Summit Plaza, 19 Dongfang Donglu (100m north of Lufthansa Center), Chaoyang District. (8532 3122); 2) Daily 10am-1am. 60 Donghuamen Ave (near The Peninsula Hotel and Oriental Plaza), Dongcheng District. (6527 9368); 3) Daily 10am-1am. B1/F, Eastern Hotel, Nansanlitun Nanlu, Chaoyang District. (6593 6066) 悠庭保健会所,1)朝阳区朝阳区燕莎桥东 方东路19号外交会所1层(燕莎中心路北 100米); 2)东城区东城区东华门大街60号 (近王府饭店和东方广场), 3) 朝阳区朝阳区 三里屯南路逸羽酒店1层



Eric Paris Salon Well-trained international stylists and colorists provide hair styling and a wide-range of beauty products.





Also offer beauty, nails, waxing and tanning services. 1) 10am-8pm. 2/F, JW Marriott Hotel Beijing, China Central Place, 83 Jianguo Lu, Chaoyang District. (5908 8381); 2) Daily 10am-8pm. 43 Sanlitun Houjie, Chaoyang District. (135 0137 2971); 3) Daily 10am-8pm. Stall 123, Kerry Centre Shopping Mall, 1 Guanghua Lu, Chaoyang District. (139 1179 8376); 4) Daily 10am-8pm. Lido Hotel, 112 Jichang Lu, Chaoyang District. (135 0107 5843); 5) 1/F, Hilton Hotel, 1 Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (137 0118 3307); 6) Daily 10am-8pm. 5/F, The Westin Beijing, 9B Jinrong Jie, Xicheng District. (139 1162 6051) 漫丽克美容美发. 1) 朝阳区坐贸中心建国路83号万豪酒店2层; 2) 朝阳区三里屯后街43号; 3) 朝阳区光华路日嘉里中心商场123, 4) 朝阳区州场路112号丽都饭店:5) 朝阳区东三环北路东方路一号希尔顿酒店一层。6) 西城区金融大街乙9号北京金融街威斯汀大酒店5层

Franck Provost World-famous hair salon with highly trained stylists and colorists. Hair cuts/treatments from RMB 220; perm/color from RMB 380 RMB. Daily 10am-10pm. Shop D2001-1, 2/F, Shin Kong Place, 87 Jianguo Lu, Chaoyang District. (6530 7696/7669) 朝阳区建国路87号新光天地二层D2001—1店铺



I Spa Offers aromatherapy massage, Thai massage, scrubs, wraps, facials, floral bath, steaming, TCM and foot reflexology. All rooms are private suites. The second destination spa with hot spring facilities. Special packages for couples are also available. For promotions call ahead or log on to the website. 1) 10am-midnight. B1/F. Traders Upper East Hotel, Upper East Side, Dongsihuan Beilu, Chaoyang District. (5907 8877); 2) Daily 11am-11pm. Napa Valley, 68 Shashun Lu, Xiaotangshan, Changping District. (6178 7795, 61787711); 3) Daily noon-11pm. 5/F, Tower 2, Taiyue Suites, Sanlitun Nanlu, Chaoyang District. (6507 1517, 8595 2277 ext 5666); 4) 1/F, Gehua New Century Hotel, 19 Gulouwai Dajie, Chaoyang District. (6202 8888 ext 6666); 5) 6/F, New Century Grand Hotel, Caishikou Dajie, Xuanwu District. (6352 7157) www.ispa.cn 泰美好,1) 朝 阳区东四环北路阳光上东上东盛贸饭店地下 1层:2) 昌平区小汤山沙顺路68号纳帕溪谷会所(九华山庄对面);3) 朝阳区三里屯南路泰悦豪庭2座5层:4) 朝阳区鼓楼外大街19号歇华开元大酒店1层(原华北大酒店);5) 宣武区菜市口大街开元名都大酒店6层

I-Spa Ten rooms each focus on different treatments, including facial, tanning, foot reflexology, body massage and Vichy shower but the main attraction is the InterContinental Massage (RMB 980/1 hr 45 minutes). Daily 10.30am-midnight (last appointment 11pm). 6/F, InterContinental Financial Street Beijing, 11 Jinrong Jie, Xicheng District. (585 2 5888 ext 5601) 西城区金融街11号金融街洲际酒店6层

Long Island Massage & Spa This large establishment offers Chinese and Thai-style massage and reflexology, as well as facials and other beauty treatments. 1) Daily 11am-2am. 14A Guanghua Lu (5/f, Nuoʻan Bldg, southwest of the Kerry Centre), Chaoyang District. (5130 9718, 6591 6247); 2) Daily 11am-1am. B1/f, Jiahui Center, 6 Jiqingli, Dongcheng District. (6551 6112/13) www.longislandspa.com.cn 长岛健身、1)朝阳区光华路甲14号(嘉里中心西南侧诺安大厦5层): 2)东城区吉庆里6号佳汇中心地下1层

Lovely Nails Stylish joint with professional uniformed staff offering manicures (RMB 90), pedicures (RMB 130) and other serv-

ices. The Taiyue Heights location is slightly cheaper, with manicures for RMB 70 and pedicures for RMB 100. Call for reservations. 1) River Garden Clubhouse, No.7 Yuyang Road, Houshayu, Shunyi District. (6458 0603/4); 2) Taiyue Suites, Nan Sanlitun Lu, Chaoyang District. (6502 5989); 3) 102 Tongli Studio, Sanlitun Houjie, Chaoyang District. (6417 5812/3) 北京爱手爱脚美甲中心. 1) 顺义区后沙峪榆阳路7号徐京花园俱乐部: 2) 朝阳区南三里屯路泰悦豪庭1层: 3) 朝阳区三里屯店街同里1层102

Oriental Taipan Massage and Spa Relax in style among rose-scented water features, soft music and helpful, friendly staff. Private rooms available. RMB 168 buys you 90 minutes of fabulous foot massage, with healthy fruit juices and snacks included. 1) Daily 11am-12.30am. 2/F, Block 9, Lido Place, 2A Fangyuan Xilu, Chaoyang District. (6437 6299); 2) Daily 11am-12.30am. B1/F. 1 Xindona Lu (next to Shenii Best Soup), Chaoyang District. (8532 2177); 3) Daily 11am-3am. Sunjoy Mansion, 6 Ritan Lu, Chaoyang District. (6502 5722); 4) Daily 10am-12.30am. B/1-3F, Shuncheng Hotel, 26A Financial Street, Xicheng District. (6621 8622); 5) Daily 10am-12.30am. Bldg 25. Central Park Phase 3. 6 Chaovangmenwai Dajie, Chaoyang District. (6597 0015); 6) Daily 11am-1am. Rm 101, Bldg B, Winterless Center, 1 Xidawang Lu, Chaoyang District. (6538 8086) www.taipan.com.cn 东方大班保健休闲会所, 1) 朝阳区芳园西路 甲2号丽都广场9号公寓2层, 2) 朝阳区新东 路1号沈记靓汤旁;3)朝阳区日坛路6号新族大厦院内;4)西城区西城区金融街甲26号顺 成饭店地下一层; 5) 朝阳区朝外大街6号新城国际公寓三期25号楼; 6) 朝阳区西大望路 1号温特莱中心B座101

Renewal Spa & Resort Drawing on a decade of experience in Singapore, the team behind Renewal has established a day spa that specializes in Javanese massages, and a resort complex that offers lengthier and luxurious packages and treatments. Tue-Sun 10am-10pm. C1 Area, Upper East Side Central Plaza, Dongsihuan Beilu, Chaoyang District. (5139 5555) 朝阳区东四 玩北路阳光上东中环商业广场C1区

Salon 88 An international chain of hair salons offering consistent quality at eco-nomical prices. Cuts RMB 38 and color package RMB 188. Daily 9am-10pm. 1) 6712 6081. 118 Carrefour Fu Gui Yuan. Block 3, South DongHuaShi, Chongwen District.; 2) 394 Zhongtancun, East Xiaokou Town, Changping District. (139 1135 2069); 3) PJWJ 103, Huacai Center, 16 Guangshun Dajie, Chaoyang District. (136 0115 0326); 4) Daily 9am-10pm. 1/F, Chuangyijia Carrefour, 6B Beisanhuan Donglu, Chaoyang District. (139 1055 3427); 5) Daily 9am-10pm. Store 310, Tongzhou Carrefour, 48 Jiukeshu Xilu, Tongzhou District. (137 0117 9323); 6) Daily 9am-10pm. 109, Shuangjing Carrefour, Jiulong Shangsha, 31 Guangqu Lu, Chaoyang District. (139 1016 9259); 7) Daily 9am-10pm. 107-108, Maliandao Carrefour, 11 Maliandao Lu, Xuanwu District, (135 0101 1627); 8) Daily 9am-10pm. B1/F, 15-16, Zhongguancun Carrefour, Zhongguancun Xiqu, Haidian District. (136 0139 2562) 1)崇文区东花市南里三区底商福房富克苑家乐福118号。2)昌平区东小口镇中滩村394号家乐福购物中心No.212。3)朝阳区广顺大街16号华彩中心PJWJ 103。4)朝阳 区北三环东路乙6号创益佳家乐福一层 通州区九棵树西路48号通州家乐福310号; 6) 朝阳区广渠路31号九龙商厦双井家乐福 109号; 7) 宣武区马连道路11号马连道家乐福107-108; 8) 海淀区中关村西区中关村家 乐福地下一层15&16号

Taidian Massage Salon This Japanese brand brings 25 years of expertise to town with this massage spa in Jianwai Soho. Tai Dian's business lines in Japan encompass beauty products, flowers and restaurants, so it's no surprise to find Tai Dian products on sale at the Beijing salon – what we hadn't anticipated was the complimentary salad, pasta, dessert and drink offered up with our massage. The therapists are very young, but highly trained and technically versatile. Daily 10am-2am. Rm 305, Bldg 6, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5869 8200, 5869 0707) 秦厥养生会馆,朝阳区东三环中路39号建外 Soho6号楼305室

Toni & Guy British international hair salon chain offers haircuts for women for RMB

120 to 420. Perms and colorings cost RMB 380 to 580. 1) Unit 303, Tower C Office Bldg, Yintai Center, 2 Jianguomenwai Dajie, Chaoyang District. (8517 1292); 2) Daily 10am-10pm. 3 Units, 3/F, Tower 8, South Area, The Village at Sanlitun, Chaoyang District. (6417 4188); 3) Daily 10am-9pm. 4/F Seasons Place Shopping Centre, 2 Jinchengfang Jie, Xicheng District. (6622 0316); 4) Daily 10am-9pm. Rm105-106, Block F, Sunshine 100, 2 Guanghua Lu, Chaoyang District. (6585 9288); 5) Daily 10am-9pm. 1/F, Oriental Plaza, 1 Dongchang an Jie, Dongcheng District. (8518 2646) 托尼英盖,1)朝阳区建国门外大街2号银泰中心写字楼C座3层303商铺; 2) 朝阳区三里屯Village南区号号楼层92章元; 30 西城区金城纺街2号金融街购物中心四层 L404, 4) 朝阳区光华路2号阳光100国际公寓 F座105-106号。5) 东城区东长安街1号东方广场汇份豪庭—层

Viv International Medical Beauty Clinic Offers cosmetic surgery, professional skin care, dentistry and Chinese health and beauty treatments. Tue-Sun 9.30am-6.30pm. 2/F, Bldg D, Global Trade Man-

and beauty treatments. Iue-Sun 9.30am-6.30pm. 2/f, Bldg D, Global Trade Mansion, 9 Guanghua Lu, Chaoyang District. (6530 2348, fax 6586 9965) www.vivbeauty.com 名会红国际医疗美容诊所,朝阳区光 华路9号世贸国际公寓D座2层

Zen Spa This unique spa experience is set in a Chinese courtyard home. Treatments include body scrubs, wraps, facials, floral baths and massage; double rooms are available. Daily 11am-11pm. 1, 8A Xiaowuji Lu, Chaoyang District. (8731 2530, info@zenspa.com.cn) www.zenspa.com. cn 朝阳区小武基路甲8号1号院(东四环南路15号出口)

CLOTHING

American Apparel A "Made in the USA" fashion chain that is best known for making tight-fitting cotton knitwear, t-shirts and dresses. 1) NB115, B1/F China World Trade Center, 1 Jianguomenwai Dajie, Chaoyang District (6505 5540); 2) 1/F Nali Patio, Sanlitun Beijie, Chaoyang District (5208 6022) 1) 朝阳区建国门外大街1号国贸商城地下一层: 2) 朝阳区三里屯北街那里花周1层

Loop A small boutique founded by upand-coming designers. A men's section is dominated by patterned T-shirts and trilbies; the ladies' section features dresses, denim hot pants, bold shoes and sasy lingerie. Daily 11.30am-10pm. A207-208, 2/F, Nali Patio, 81 Sanlitun Beijie, Chaoyang District. (5208 6011) 朝阳区三里 中北衛81号那里龙周2层A207-208

H&M Swedish retailer known for stylish yet moderately priced clothing. Daily 10am-10pm. 1) Qianmen Avenue Store, Building A16, Qianmen Dajie, Dongcheng District. (6706 0508) 2) Xidan Joy City, Xidan Beidajie, Xicheng District (5971 6480); 3) Glory Mall, Chongwenmenwai Dajie, Chongwen District (6715 6676); 4) Raffles City, Dongzhimennei Dajie, Dongcheng District (8409 4199) 1) 东城区前门大街甲16号, 2) 西城区西单北大街西单大悦城,3) 崇文区崇文门国瑞城:4) 东城区东直门内大街来福士广场

HOME DECOR



Hunter Asia Pacific A professional Australian design and construction firm, headed by Olympic Village designer Jason Marriott. The interior design and construction team works on projects all over China, i.e. homes and apartments, offices, restaurants, bars, commercial spaces, hotels and large property developments. Mon-Fri 9am-6pm. Rm 705, Tower B1, Golden Tower, 82 Dongsihuan Zhonglu, Chaoyang District. (6558 8829) www.hunterasiapacific.com 朝阳区东四环中路82号金长安B 座705章



IQ Air While little can be done about outdoor air pollution, we can certainly have an impact on the air we breathe inside our homes and offices. IQ Air has been providing air-cleaning solutions for more than 45 years. Swiss precision and technology go into every unit, creating an excellent price-to-performance ratio. 1) Rm 2201-02, Air China Plaza, 36 Xiaoyun Lu, Chaoyang District. (8447 5800, 400 650 1266, www.igair-china.com, info@igair china.com, info@theiqairstore.com); 2) 2LY1-05, Solana Lifestyle Shopping Center, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6768, info@theiqairstore. com); 3) 4/F, 417 Seasons Place, 2 Jincheng-fang Jie, Xicheng District. (6622 0179, info@theiqairstore.com); 4) 4/F, Europlaza, 99 Yuxiang Lu, Tianzhu, Shunyi District. (6457 1922, info@theiqairstore.com) www. theiqairstore.com 1) 朝阳区霄云路36号国 航大厦2201-02室; 2) 朝阳区朝阳公园路6号 蓝色港湾购物中心2LY1-05; 3) 西城区西城 区金城坊街金融街417号四层; 4) 顺义区天 竺镇裕翔路99号欧陆广场4层

Karolina Lehman Fans of traditional Chinese porcelain will delight in the store's lovely tea sets, which are decorated with floral patterns, birds, fish and even hippos. You'll also find lamps, bowls, candleholders, decorative ducks and lions and wallpaper. Decent prices. Mon-Fri 9am-6pm, Sat-Sun 9am-6.30pm. B1/F, Laitai 49 Flower Market, Chaoyang District. (8454 0387, 139 1139 7922) 卡罗丽娜雷门. 朝阳区莱太花卉市场地下1层

Kartell Bored of leather and wood dominating your home? If so, this is the place for you – funky furniture and home fittings in colourful designs from the Italian deco specialists who made plastic fashionable. Daily 10.30am-8.30pm. 1/F, Grand Summit, 19 Dongfang Donglu, Chaoyang District. (8595 8668, urban. hymns@hotmail.com) 朝阳区亮马桥东方东路19号官舍1层

Khawachen Sells high-end Tibetan rugs and offers made-to-order service. Daily 10am-10pm. BL2-03, Solana Lifestyle Shopping Park, 6 Chaoyang Gongyuan Xilu, Chaoyang District. (5905 6311) 喀瓦坚 西藏手工地毯,朝阳区朝阳公朝阳公园路6号 蓝色港湾国际商区

Torana Gallery This popular carpet shop deals exclusively in carpets made of wool from Tibetan highland sheep and decorated with traditional regional motifs. Prices range from RMB 2,200 (60cm x 90cm) to RMB 15,800 (180cm x 270 cm). The management insists that their carpets will last a lifetime and not fade after being washed. Daily 10.30am-6.30pm. 806 Danshui Xiaozhen, 60 Shunhuang Lu, Chaoyang District. (6465 3388 ext 5542) 图兰纳手工地毯,朝阳区顺黄路60号淡水小镇80669

Villa Lifestyle They have the widest selection of BBQ's and accessories, the Mosquito Magnet, trampolines, [Q Air Purifiers and more. Delivery and set-up are free and grills come with a one-year warranty. Daily 9am-6pm. 4/F, Euro Plaza, 99 Yuxiang Lu, Tianzhu Town, Shunyi District. (6457 1922, 8046 1260, www.villalifestyles.cn; info@villalifestyles.cn) 别墅生活方式,顺义区顺义区天竺镇裕祥路99号欧陆广场4层