



The Cheung Kong Experience

The Cheung Kong MBA is a full-time, one year program taught in English by renowned professors on China business who have joined us from the faculties of prestigious institutions such as Wharton, Stanford, NYU, UCLA, and INSEAD. Our program will have you standing out from the crowd of traditional MBA graduates, ready to leverage the China opportunity for your professional career. Our students and alumni are your channel into China's most powerful business network.

Why settle for less? Shouldn't you study at a stand out business school?

TEL: 021 62696677 – 6359

3F, Tower E3, Oriental Plaza, 1 East Chang An Avenue, Beijing
E: michaelji@ckgsb.edu.cn W: www.ckgsb.edu.cn/mba



Family

GETAWAY

Spend quality time with your kids at the tropical paradise resort of Kempinski Sanya, the only resort in Sanya, with its own Private beach. This great value package is specially tailor-made for families and kids with a promise of endless Fun & Games.

From RMB 1480/room/night

Tel +86 898 3889 8888
Fax +86 898 3889 7777
reservations.sanya@kempinski.com
www.kempinski-sanya.com

KEMPINSKI - A COLLECTION OF INDIVIDUALS

 global hotel alliance



**Kempinski
Resort & Spa
Sanya**

HAINAN ISLAND · CHINA
三亚凯宾斯基度假酒店

Kempinski
HOTELIERS SINCE 1897

Prices for our Tibetan carpets are
now 33% lower than in 2008



TORANA TIBETAN CARPETS
clean • green • safe



Torana Carpet Center, Shunyi
Danshui Town, Shunhuang
Road, Shunyi District
turn off the Jingshun (Jingmi)
road into Shunhuang road and
find us opposite the Danshui
Taiwanese restaurant
010-8459 0785
10.30am-6.30pm daily
顺黄路60号, 淡水小镇

Now that we source all our Tibetan car-
pets from our own workshop in Lhasa
we are able to pass the savings on to
our customers. Our prices are now 33%
lower than last year, and 40% lower
than when we opened our first store
in 1998. And you'll find more choice
too. Don't buy a handmade carpet in
Beijing until you have visited our store!
Drive 25 minutes, save 10000RMB



genuine handmade Tibetan rugs
direct from our own workshop in
Lhasa

made from pure Tibetan wool, a
durable and renewable resource


**non-toxic dyes, no volatile
organics (VOCs)**

full custom service: rugs tailored
to your individual environment

www.toranahouse.com

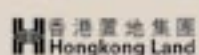


Lanson Place Central Park is at the heart
of things in the thriving Central Business
District. A constellation of facilities well
known to international travelers is all within
short distances. It will make Beijing your
Home More Than Home to be more than
just an impressive space.

 **LANSON PLACE**

Lanson Place Central Park Residences

T: (86) 10 8588 9588 F: (86) 10 8588 9599
www.lansonplace.com enquiry.lpcp@lansonplace.com



Lanson Place

a brand new serviced residences in Beijing



Become the
Beijing Stella Artois Draught Master
by showing off your pouring skills and
win great prizes!

This year you will have the chance to
show your Stella Artois pouring skills
during a consumer competition according
to the Stella Artois 9-step pouring ritual.

To have a chance to compete, simply go
to a selected bar serving Stella Artois,
have a Stella Artois and fill in a card.
Participating bars and more information
will be listed at www.vdgc.com and in
participating venues.

Please be aware that entering the consumer
competition does not make you eligible for competing
for a place in the global Stella Artois World Draught
Master competition. Terms and conditions apply. Only
persons over 18 years of age are able to take part.

THE STELLA ARTOIS® 9-STEP POURING RITUAL



PRIZES SPONSORED BY:



theBeijinger

ECOLOGICAL ECONOMY

生态经济(英文版)

主管单位 云南出版集团公司

主办单位 云南教育出版社

出版 生态经济杂志社

社长 李安泰

主编 高晓铃

地址 昆明市环城西路609号云南新闻出版大楼4楼

邮政编码 650034

国内统一刊号 CN53-1197/F

国际标准刊号 ISSN1673-0178

Editorial Planning Manager Lisa Liang

Deputy Editorial Planning Manager Jonathan White

Art and Explore Editorial Planner Madeleine O'Dea

Arts & Culture Editorial Planner Mary Dennis

Dining Editorial Planner Tom O'Malley

Style Editorial Planner Belle Zhao

Stage Editorial Planner Cecily Huang

Associate Editorial Planner Wang Ge

Copy Editor Lilly Chow

Visual Planning Joey Guo

Contributors Eric Abrahamsen, Jerry Chan, Henry Church, Sofie Ford, Sean Gallagher, Alan Gaskill, Stella Jackman, Steven Jiang, Kaiser Kuo, Eileen Wen Mooney, Jessica Pan, Edward Ragg, Paul Ryding, Iain Shaw, Trip Smith, Anthony Tao, Fongyee Walker, John Waller

Interns Sebastien Labarre, Sam Nankivell, Echo Yu

Advertising Agency True Run Media

全国广告总代理: 深度体验国际广告(北京)有限公司

北京广告代理: 北京爱见达广告有限公司

地址: 北京市朝阳区建国路93号万达广场10号楼2801室

邮政编码: 100022

电话: 5820 7700, 5820 7100

传真: 5820 7895

Room 2801, Building 10, Wanda Plaza, 93 Jianguo Road

Chaoyang District, Beijing 100022

General Manager Michael Wester

Business Development Toni Ma

Editorial Director Jerry Chan

Directory Editorial Planning Iain Shaw, Jiang Jun

Art Director Susu Luo

Designers Helen He, Yuki Jia, Li Xing, Echo Xie, Li Yang

HR Manager Eileen Huang

HR Assistant Alice Huang

Reception Phoebe Li

Marketing Manager Françoise Chu

Marketing Executive Joe Qiao

Marketing Assistant Victoria Yang

Finance Manager Alex Wang

Accounting Teresa Tian, Tracy Ye, Lisa Ji

IT Manager Frank Zhang

Webmaster James Wang

Web Editor Jingjing Luan

Web Interns Trip Smith, Allen Spicer

Photographers Judy Zhou, Song Yang

Sales Manager Claire Tang

Assistant Sales Manager Alex Ai

Senior Account Executives Elena Damjanoska, Ada Dong, Emma Zhuang

Account Executives Lynn Cui, Sally Fang, Gloria Hao, Catherine Li, Sophia Zhou

Sales Assistants Ophelia Ren, Maggie Sun, Angela Zheng

Distribution Jenny Wang, Victoria Wang

General Inquiries: 5820 7700, 5820 7100

Distribution 5820 7700

Sales & Marketing 5820 7700

Fax: 5820 7895

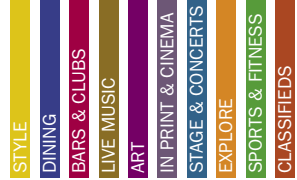
E-mail: info@truerun.com; sales@truerun.com; editor@thebeijinger.com;

distribution@truerun.com; listings@truerun.com; marketing@truerun.com

Complimentary copy, not for sale.

部分非卖品, 仅限赠阅

CONTENTS



LETTERS & NOTES..... 6
 WHAT'S HAPPENING: AUGUST..... 8

CITY SCENE

CITY SCENE 10

Why you should go for a walk around Xuanwumen, Beijingers' top excuses for not working out, photojournalist Sean Gallagher's take on desertification in China, and the beautiful people in Scene & Heard

FEATURE



COVER FEATURE 24

It's been a year since the Olympics. What's happening with those venues? And what's going on with those medalists? Also: why basketball works in China, and why football doesn't

STYLE

STYLE 33

- TAKE 5
Places to cutify your cuticles
- FASHION FIVE-OH
Life's a beach, soak it up
- WHAT'S NEW: SHOPS
a&!, Misnono.com and Tai Dian Massage Salon
- INSPECT A GADGET
The digital camera you can swim with
- HOT BUYS
Threads to sweat in
- Q&A
Local hot shot Liu Lu on her new designs

DINING

DINING 43

- TAKE 5
Places to eat on the run
- WHAT'S NEW: RESTAURANTS
Kiosk, Invito, White Bar at Lan, Meeting Point, Tamarind, Hutong'r and Agrilandia Pizzeria
- GRAPE PRESS
Competitive wine tastings
- Q&A
SALT's Gaby Alves
- BEIJING EATS
Tonic foods

NIGHTLIFE

BARS & CLUBS 68

- TAKE 5
Sports bars
- WHAT'S NEW: BARS & CLUBS
Bar Uno & Nan Luo Grotto, The Beach, Chamber, Here, Ding House, Jerry's Bar, Zhongyu Hanging Garden

PARTY LIKE A
Drinking game

CLUBHOUSE
Total Science and Riya

Q&A
Mochipet's peevs

LIVE MUSIC 80

FEATURE
DH & Chinese Hellcats

Q&A
The Soundtrack of Our Lives
Tricky

REVIEWS
10, Girls Are Waiting to Meet You, Second Hand Rose, Kasabian, Mos Def, Regina Spektor, Skepta and Sonic Youth

ARTS & CULTURE

ART 86

- 3 TO SEE
"Post Capital: Archive 1989-2001" at Iberia, "The Chinese" at Paris-Beijing Photo Gallery and three photography shows at Pékin Fine Arts

FEATURE
Out of the galleries and into the streets

IN PRINT & CINEMA 91

- FEATURE
Breakdancing grannies
- REVIEWS
Lipstick Talk, *The Red Notebook*, *Ocean Flame* (一半海水, 一半火焰) and *House of Saddam*

Q&A
Masanobu Otsuka from *City of Life and Death*

STAGE & CONCERTS 95

- 3 TO SEE
Ballet, modern dance and song: *Onegin*, *Prism* and British octet Voces8

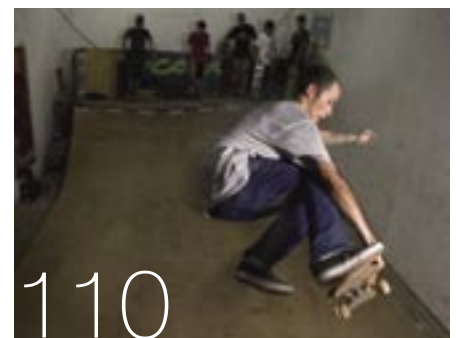
Q&A
Conductor, pianist and composer Gil Shohat

EXPLORE

EXPLORE 99

- FEATURE
Burrow into Edinburgh
- CITYLITE
London

SPORTS & FITNESS



SPORTS & FITNESS 107

- TAKE FIVE
Sports you've never tried
- FEATURE
Skateboarding

CLASSIFIEDS

CLASSIFIEDS 115

- ICH BIN EIN BEIJINGER
National Lampoon's Chinese Vacation

LETTERS & NOTES

FROM THE EDITOR

In Defense of the Women's Tennis Shriek

Some people have equated the sound to a swarm of African locusts. Still others think it sounds orgasmic, and uncomfortably so. Many are calling for its ban from tennis, with one Hall of Famer even going so far as describing it as a form of cheating. To that I say: Baloney.

In a sport often regarded as elitist, a little rawness doesn't hurt. It reminds us that, in the end, tennis is still a test of physicality.

Take the Williams' sisters, those two concrete jungle cats out of South Central LA, who emerged on the court with a vengeance – big sister Venus with her cougar cry, baby Serena with her snarl. Their tendency to grunt is almost as notorious as their tendency to win.

Maria Sharapova's got her high-pitched yelp. And Dinara Safina? Well, she's got the face of a bulldog. Just imagine her bite.

What do these four players have in common? They were all, at one point, the top-seeded women's tennis player in the world. The deeper into a match you get, the more intense the screeching becomes – and this is, indeed, a beautiful thing. Like a test of how far a player can push themselves. Like the witnessing of the self-sacrificing up to the God of Sport. A desperate plea for the win, as if life depended upon it.

To ask tennis players to suppress themselves is like telling Tiger Woods, "No fist-pumping." Or to say, "Hey, Michael Jordan, please keep your tongue in your mouth." These are the things that come to mark a player. It is a part of their legacy.

Is it un-ladylike? Maybe. Overdone? By some. But without it, sport would not be the same.

We demand that our athletes push themselves to the brink. This is what we, as spectators, want to see. We want the beads of sweat on the forehead, the angst revealed in the face, the muscles to be flexed to a maximum. We want to be awed by the exertion of energy that normal people like ourselves are incapable of.

And if this means a little grunting from time to time, then so be it. On that note, enter our Sports Issue.

Lisa Liang
Managing Editor

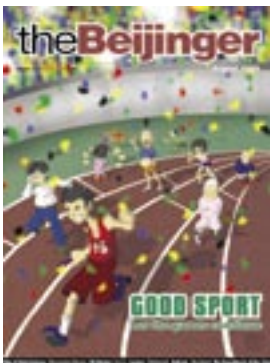
GIVETH AWAY

Be the first person to spot this month's **Bogus Ad** and win a **RMB 646** voucher for **Dragonfly** therapeutic retreat!
E-mail your answer to marketing@thebeijinger.com



Win a pair of **three-day passes** to see Tricky, The Soundtrack of Our Lives and **60-plus bands** at the **InMusic Festival** on **August 7-9** by correctly answering this month's Trivia Travails (p18).

For more info on the festival, see Music Events, p80.



Illustrator **Jin Chan** drew this month's cover, as well as the maps for "One Year Later" (see p24).

To see more of Jin's artwork, visit www.deviantart.com/jazzyjin.

ON THE WEB

Do you have an event you'd like all of Beijing to know about? A fly fishing competition, a cheese-making class, a Robin Williams film marathon, a glass-blowing instructional course? Then get onto **TheBeijinger.com** and get uploading!

You can now upload your event straight onto **TheBeijinger.com's** Events homepage and avoid waiting for us to do it for you. Simply register yourself as a user on **TheBeijinger.com**. Then login, go to the green bar at the top of the page and click "Post an Event." Now all you need to do is submit your event's details. Easy peasy.

For more information and a "how-to" guide to posting, point your browser to www.thebeijinger.com/help/posting-an-event.



Not posted your events yet? Jump to it.

BEIJING BABBLE

Big words and small talk on the Beijinger forum

"hey ... you promised me first **dibs** at your **sister**"

– from the thread "What are the Pros/Cons of having a Chinese gf/Wife?"

"does this **cape** make my **ass** look **fat**?"

– from the thread "LETS . PLAY . TEKKEN . 5"

"**argue**, negotiate, **get screwed over**, screw people over, argue some more and eventually get things done if I have the energy to be **persistent** enough"

– from the thread "Chinese Business Culture"

"It's called **s-e-x-u-a-l-i-t-y**. It's the latest trend in **human biology**."

– from the thread "Suddenly it's become fashionable for middle class girls to kiss each other!"

"Repeat **tire slashing** if necessary."

– from the thread "They are blocking my parking spot!"

"cobra, **silkworms**, and **pig brains**"

– from the thread "What is the strangest thing you've eaten in China?"

www.TheBeijinger.com



Beijing by Foot by Eric Abrahamsen

"Beijing by Foot is quite possibly the most illuminating guide to the Chinese capital this year."
—*TimeOut Hong Kong*

"There's never a dull moment on the bustling streets of Beijing—provided you have Eric Abrahamsen's *Beijing by Foot* as your guide."
—*DestinAsian.com*



Available in stores around Beijing
or by delivery to your home, office, or hotel.
To order a copy,
call 5820 7101 or e-mail distribution@immersionguides.com
www.immersionguides.com

The Plastic Surgery Dept. of the Third Hospital of Peking University

We are the early professional department
on plastic surgery in P.R.China, came into
existence along with P.R.China in 1949.....



- Experienced surgeons
- Holistic approach
- Natural-looking results
- Safety always central
- Unrivalled patient care

Facial Procedures
Body Contouring
Hair Replacement
3D Design
Non-Surgical Treatments
& More



Free Consultation
Tel: 133 0117 1723 / (010) 82890216
MSN/Email: PkU3H@hotmail.com
www.sar.com.cn
Add: 49 North Garden Road, Haidian District, Beijing, P.R.China

Our services

BICF 21st Century - Sundays 9:30am (中文) & 11:30am
21st Century Theatre, 40 Liangmaqiao Road
Chaoyang District 21 世纪饭店和剧场 电话 [010] 8454 3468

BICF ZGC - Sundays 10am
Raycom Infotech Park, Tower C, Basement, 2 Kexueyuan
Nanlu, Haidian District, Beijing (Zhichunli subway station,
north exit) 北京市海淀区中关村科学院南路2号融科资讯中心C座
地下室 电话 [010] 8286 2813 / 130 2123 1994

BICF CBD - Sundays 10am
Beijing Sixth Club (2nd floor), No. 3 Yong An Dong Li,
Jianguomenwai, Yong An Li subway station Exit C (Line 1)
北京市朝阳区永安东里甲3号第六商务俱乐部 电话 158 0123 4366

other language services

African Outreach Ministry (English) ☎ info.african.21st@bicf.org
African Connect Ministry (ACM) (English) ☎ acm.zgc@bicf.org
Cantonese Congregation (粵語) ☎ info.cantonese.21st@bicf.org
French Congregation (Français) ☎ info.french.21st@bicf.org
Filipino Fellowship (Tagalog) ☎ info.filipino.21st@bicf.org
International Mandarin Service (中文) ☎ info.mandarin.21st@bicf.org
Indonesian Congregation (Bahasa Indonesia) ☎ info.indonesian.21st@bicf.org
Japanese Congregation (日本語) ☎ info.japanese.21st@bicf.org
Korean Congregation (한국어) ☎ info.korean.zgc@bicf.org
ZGC Mandarin Fellowship (中文) ☎ info.mandarin.zgc@bicf.org
Next (English) ☎ next@bicf.org
Russian Fellowship (Русский) ☎ info.russian.21st@bicf.org

Due to Govt. regulations we are open to foreign ID holders only.
Please bring a photo ID that proves foreign citizenship.

SUN

2
Exhibition: China's Growing Sands
 Sean Gallagher's photos of the perils of encroaching desert (see p12).
 Runs until Aug 5. Free.
 Cafe Zarah (8403 9807)



TUE

4
Lacrimosa
 The European gothic duo storms Lama Temple.
 RMB 280-880. 8.30pm.
 The Star Live (6425 5677)

WED

5
Film: 638 Ways To Kill Castro
 Meet a series of would-be assassins. In English with Chinese subtitles. RMB 20.
 8pm. CNEX (8721 5576)



9
Film: Umbrella
 Somebody made that umbrella you're carrying around ...
 In Chinese with English subtitles. RMB 20. 7.30pm.
 CNEX (8721 5576)

10
Three Photography Shows at Pékin Fine Arts
 Last day to see what lies beneath the surface of today's China. Pékin Fine Arts (5127 3220)

11
Stage: Two Dogs' View of Life
 If dogs could talk ... about life in Beijing. In Chinese, no English supertitles. RMB 100-180.
 7.30pm. Fengchao Theater (8404 9981)



16
Rooftop Reggae Sunday
 Free BBQ and righteous reggae standards by Meiwenti Sound. Free. 5pm. Obiwan (6617 3231)

17
Sheng Qi: Power to the People
 Last day to see Sheng Qi's paintings of the fate of people. F2 Gallery (6432 8831)

18
Malaysian Food Festival
 The first day of a culinary showcase to mark Malaysia's national day on August 31. RMB 178 (without drinks). 6-10pm. Coffee Garden, Shangri-La's Kerry Centre Hotel (6561 8833 ext 40)

19
Ballet: Onegin
 The National Ballet of China brings Pushkin's verses to life. RMB 80-500. 7.30pm. NCPA Opera House (6655 0000)

20
Tapas Fracas
 Scarlett's got your "all-you-can-eat" tapas fix. RMB 88. 6-10pm. Scarlett, Hotel G (6522 2880)

23
Film: Wutang Gran
 Documentary on the China's godmother of hip-hop. Free. 5pm. CNEX (8721 5576)



27
Beijing Guoan vs. Chengdu Blades
 Support the green machine in their title challenge. Tickets at 5128 8888 or 6551 4566. RMB 30-100. 7.30pm. Workers' Stadium (6501 6655)

30
Summer Pilot 2009
 The final day of Summer Pilot relives Beijing metal's glory days. RMB 80. Tickets at 400 810 3721 or 5860 1088. 4pm. Olympic Sports Center Stadium

31
US Open
 The Grand Slam tournament from New York begins. Will home court advantage help Andy Roddick? Runs until Sep 13. See Take 5, p68.





1 Upstepper Sound's Fourth Anniversary
 Celebrating four years of reggae. RMB 60. 9pm. Yugong Yishan (6404 2711)

FRI

SAT

7

InMusic Festival

The first of three days of the open-air, on-the-grass musical bonanza, featuring trip-hop icon Tricky and 60 other bands. RMB 80-220. See listing, p80. Zhangbei Grassland

8



2009 Supercoppa Italiana: Inter Milan vs. Lazio

Football superstars grace the Bird's Nest. Tickets at 400 818 3333 or 400 810 1887. RMB 180-2,880. 8pm. National Stadium

14

Nikulin Moscow Circus

Roll up, roll up. Top Russian acrobats come to impress a Beijing crowd. RMB 80-1,200. Tickets at 6417 7845. 7.30pm. Workers' Gymnasium (6501 6300)

15

Beijing 798 Biennale Opening

Dashanzi art district throws a month-long party, with 70 artists exhibiting. Dashanzi art district. www.beijing798biennale.com.cn

21

Mya

The Grammy-winning and platinum-selling R&B singer comes to China. Price and time TBD. Tang Club (6500 8888)



28

Hanggai

The sounds of Inner Mongolia. RMB 50. 9pm. Yugong Yishan (6404 2711)



CMS CLINIC
 Anti-aging Medical Solutions



- Botox
- Laser Skin Tightening
- Laser Skin Rejuvenation
- Laser Hair Removal
- Laser Teeth Whitening
- Men's Hair Loss
- Body Slimming
- Chemical Peel
- Wrinkle Fillers
- Out-Patient Plastic Surgeries

Call for a free consultation with our doctors
 (010) 6559-6769

E-mail us: INFO@CMSCLINIC.COM

www.cmsclinic.com

Beijing Tower (Chang An Club Building)
 7th Fl., Suite 701
 10 East Chang An Avenue
 Beijing, China 100006

SUNBELT MEDIA 桑贝尔·机场贵宾媒体 www.elite-travel.cn

Sponsorship Opportunity

For Red Leaves Festival at Fragrant Hills Park

Would you like to have access to one million potential consumers? Why not come to us for sponsorship opportunity of this October.



Date: Oct. 24-Nov. 1 (Mainly two weekends)

Location: Fragrant Hills Park (Eastern Gate and Inside the park)

What the on-site activities are:

- Fragrant Hills Culture Q&A, with big prize
- Entertainment show
- Photo exhibition
- Scientific outdoor exercise related lecture
- Prize draw
- Electric auto car driving contest
- VIP networking Western buffet

Contact Us: Rosa Sun
Rosa@chinasunbelt.com

Tel: 86-10-58678621; 58678623



CityScene



BEIJING BY FOOT

Walk #36 Xuanwumen

by Eric Abrahamsen

If the gleaming banks and office towers of Financial Street reflect China's 21st century aspirations, the area south of Chang'an Jie was steeped in the intellectual and cultural ferment of the early 20th century. The buildings are an eclectic fusion of Chinese and Western styles, and bore witness to martyrs and new ideas.

Opened in 1988 by a bibliophilic couple, Sanwei Shuwu (1) is Beijing's first privately run bookshop – and an intellectual landmark – that hosts boundary-pushing lectures in its upstairs teahouse.

Wenchang and Wenhua Hutong mark the site of a Ming dynasty gunpowder factory (2), which exploded mysteriously in 1626. The blast wrecked 10,931 houses, sent a 500kg stone flying and caused a stampede of imperial elephants. Today, little distinguishes Wenchang Hutong save for the residence of Li Dazhao (3), the Communist Party of China co-founder and martyr (1888-1927). The exhibits lack English translations but offer a look at austere courtyard life.

“One hutong, one temple” – this saying described the many temples in the neighborhood (4) west of Tonglingge Lu. Most shrines are gone, but one curious relic remains: the Anglican Cathedral of the Saviour (5). After the Boxer Rebellion destroyed the original church, missionary Frank Norris requisitioned the mansion of Yin Keting,

the Minister of Punishment, to build this cathedral (1907). It wears a jaunty rooftop octagonal pavilion, just one of its many eclectic Chinese elements.

Xinwenhua Jie (6) was named for the New Culture movement led by writer Lu Xun. Beijing's first preschool was here, in the Prince Kele Mansion (7). It belonged to Xiong Xiling, a president of the Republican government, who, after retiring in 1917, founded charities, orphanages, and this day-care center. Still grand, the compound is now part of the Beijing No. 2 Experimental Elementary School. Further down is another converted palace – the Dougang Mansion housed the Beijing Women's Normal University (8) from 1909 to 1931. Lu Xun taught literature here, and one of his students was martyred during a 1926 protest against the warlord government.

Excerpted from Beijing by Foot, published by Immersion Guides. To order a copy, call 5820 7700 or e-mail distribution@immersionguides.com. See www.immersionguides.com for more info.



TALK ABOUT TOWN

Unsporting Behavior

Let the Games be gone?

It was only a year ago that Beijing hosted the Olympics, but it doesn't seem to have inspired you. *tbj* sent **Sebastien Labarre** and **Sam Nankivell** out to find out why more people aren't playing sports.

“My back hurts, I'm too busy, and my gym was mysteriously shut down.”



Tina Florin, 26
Sweden



Chris Neale, 21
United States

“The opportunity is just not there. I don't see anyone playing sports.”

“Gosh, I went out too long last night and spent all day sleeping.”



Jessie Wang, 20
China



Jason Pipkin, 25
United States

“Probably mostly because I am carrying a big box right now. Also, I just ate Indian food.”

“I would love to play more sports, but because of my handicap I can't really. I still try to get exercise where I can, though.”



Jonas Paasman, 31
Holland

August's Promotion

Indulge yourself with an "Energy" SPA Package (body scrub, aromatherapy and facial) and received a complimentary neck treatment.

3hrs RMB 700.



Recommended as the top 3 spas in Beijing by Asia SPA, Mar 2008.

Bodhi Therapeutic Retreat

No. 17 Gongbeiku Chaoyang District
北京市朝阳區工人體育場北側11號
Tel: (8610) 8417 9006 Fax: (8610) 8413 0227

Bodhi Sense

21 Floor, Somerset Grand Fortune Garden
No. 48 Liang Ma Chen Road
北京市朝陽區三里屯路48號麗晶酒店二樓
Tel: (8610) 8463 1408



BODHI 菩提

Operating hours: 11:00am - 00:30am
www.bodhi.com.cn

Looking for a "new" piece to lighten up your home?



Lily's Antiques / Lily's Living

Unsurpassed the biggest antique furniture warehouse in Beijing, also offering contemporary and custom-made furniture, reproductions, all kinds of accessories and a great service

Address: (visit only by appointment)

factory and showroom at Songzhuang, only 25 min. drive from China world
Jing Tong / Jing Ma expressway, 5th exit, turn left, after 100 meters right
(follow the signs)

地址: 京通轉京哈高速, 5#出口左轉, 100米直行右轉

Tel: 13801396309 / 13701166664

Email: lilyefficiency@163.net



華倫家具

CHINA'S GROWING SANDS

A nation's battle against desertification

text and photos by Sean Gallagher



China's task to control its growing sands has reached near-incomprehensible proportions. It is estimated that 20 percent of China's land area, some 1.74 million square kilometers, is now classified as desert. Affecting the lives of an estimated 400 million people, it is the most important environmental issue in China today, and arguably the most underreported. Earlier this year, I was awarded a grant from the Pulitzer Center on Crisis Reporting, enabling me to travel 4,000km overland from Beijing to Xinjiang to document the various issues associated with desertification impacting China.

So what is desertification? It refers to the gradual transformation of arable and/or habitable land into desert, usually caused by local

and global climate change – and more recently, fueled by the misuse of water and inappropriate agricultural methods.

For residents of Beijing, the most tangible example of the effects of desertification comes in the form of sandstorms, which occasionally descend upon the capital in spring. Those deposits of sand and dust are more of an inconvenience than anything else, but the underlying causes have huge implications in China and across the world.

The first stop on my journey was the grasslands of Inner Mongolia. "The dryness affects our lives a lot. We call it the 'black disaster,' which means there is no grass – we are afraid of this," recounted Zamusu, a farmer who has lived in Inner Mongolia all his life. The



A farmer stands in the dunes of the Tengger Desert in Ningxia province

grasslands are suffering from overgrazing, which has led to their deterioration.

In neighboring Ningxia, China's poorest and least visited province, sandstorms batter the land with an intensity fiercer than in Beijing. Here, in the northern central desert regions of the country, sand and degraded topsoil are picked up and launched into the air. As they move east, the sandstorms descend on Beijing, and in recent years, have been carried on to South Korea, Japan and even as far as the west coast of the United States.

One of my journal entries reads: "You can smell a sandstorm. As I woke this morning, my throat was drier than normal and the smell of dust and sand had crept into my room whilst I was sleeping."

Wiping sand from my eyes, clothes and camera equipment constantly, I found the working conditions to be some of the hardest I have photographed in.

"In March, the winds start to blow," sighed Mrs. Ma, who owns a small Muslim restaurant in the center of Hongsibao, in Ningxia province. The town was built ten years ago to house 200,000 "environmental refugees" relocated from the dry mountainous regions of the province. The creation of the town is a positive example of how desertification is being tackled – but while people can be moved, the dry and ravaged areas remain.

Reforestation projects are underway in an attempt to restabilize affected land. The Great Green Wall, a project to reforest thousands

FEATURE

ALMOST 20 PERCENT OF CHINA'S LAND AREA IS NOW DESERT



of kilometers of land to the north of Beijing, has met with some level of success in stabilizing soil, and the intensity of seasonal sandstorms in the capital has decreased in the past few years. At Turpan Desert Botanical Garden and Shapotou Desert Research Center, scientists are studying which plant species work best to “fix” sands and return land to a level of productivity.

Drought in the north and misuse of the remaining water is one of the main factors contributing to desertification in China. “When I was young, it was very poor in Minqin and it was dry too,” says Mr. Fang, a watermelon farmer who lives near the Minqin Oasis. Sandwiched unforgivingly between the mighty Tengger Desert and the equally menacing Badain Jaran Desert, the oasis’s surface water dried up a long time ago. The area has become a symbol of China’s disappearing water. Fuelled by a 15-meter drop in the water table over the past 50 years, 50 percent of the area has now turned to desert. “Our lives are much better now, but the problem is we are short of underground water. People dig too many wells to get water to use on their fields,” laments Mr. Fang.

Historical lessons from the inability to manage water resources can be learned by looking west to the old Silk Road, which once snaked through Xinjiang Uygur Autonomous Region. It is estimated that in the past 2,000 years, nearly 40 cities in northwest China have been abandoned as a result of desertification. Among them is the old city of Yingpan, in Xinjiang. I traveled to one of the harshest, most remote areas of China to see what remained of Yingpan.

Approximately 2,000 years ago, it was a successful, thriving and eclectic city, welcoming travelers from across Asia. The gradual disappearance of water in the region, and the inability of the people to adapt to this change, led to the misuse – and ultimately the complete disappearance – of the area’s water. Now, the city lies abandoned. Isolated from the world by its location, the land is scattered with human remains, a result of wind and water erosion that are slowly wiping away what is left of this ancient city.

How China handles the threat from desertification over the coming decades may prove to be a lesson for the global community. China has all the problems and challenges associated with the issue, and at the same time, all the resources at its disposal to combat the problem. Whether it will effectively do so remains to be seen. Demands and pressures from other sources, both environmental and political, are pulling away much-needed attention from this issue. With millions of people being affected by this crisis, however, it’s a fight that China desperately needs to win.

Photos from “China’s Growing Sands” are on exhibition at Café Zarab until Aug 5. More from photojournalist Sean Gallagher at www.gallagher-photo.com/blog.



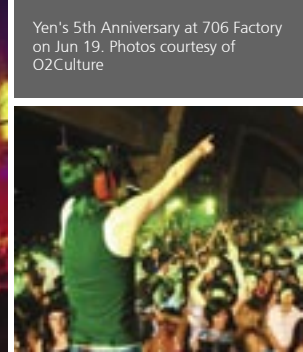
This page (from top): Traditional life in Inner Mongolia is disappearing with the area’s water; an environmental refugee in Hongsibao, Ningxia; human remains in the abandoned city of Yingpan, Xinjiang. Opposite page: A duststorm envelopes a man in Ningxia province



SCENE & HEARD



One Night on Broadway at Chocolate on Jul 18. Photos courtesy of Chocolate



The beautiful people at Bling. Photos courtesy of Bling

Derrick May at Ruby Khi on Jul 9. Photos courtesy of Ruby Khi

Yen's 5th Anniversary at 706 Factory on Jun 19. Photos courtesy of O2Culture



The Canada Day Festivities at the CIS, organized by the Canada China Business Council, featured the annual Chili Pepper Eating Contest (won by Shi Lu, who ate 42 peppers). Photos by Judy Zhou

tbj's July issue launch party at the Chaoyang Westin's Touch Bar. Photos by Judy Zhou



Opening party antics at Alan Wong's Karaiya Spice House on Jun 25. Photo courtesy of Karaiya Spice House



"Ich Bin Ein Beijinger" columnist Kaiser Kuo at his book launch, held at The Bookworm. Photo by Judy Zhou



Pianist Lang Lang was welcomed by InterContinental Beijing Beichen's general manager, Andreas Pfister, upon his arrival on Jun 30. Photo courtesy of InterContinental Beijing



One Foundation founder Jet Li accepted a donation of RMB 888,000 from PepsiCo on Jul 1. Photo courtesy of PepsiCo



Muay Thai and boxing combat rank testing at Black Tiger @ Club Hero on Jun 28. Photo courtesy of Black Tiger



Leonardo DiCaprio made a discreet appearance at Lan Club. Photo courtesy of Lan Club





Grid Iron: Momo Andrea Destro monitors the birth of a newborn Beijinger.

Got a Peking Pic? Send it to editor@thebeijinger.com for a chance to win a bottle of 2007 Luis Felipe Edwards Dancing Flame Chardonnay.

TRIVIA TRAVAILS

Each month we run a series of questions based on the content of the issue. Answer them all correctly, and win free stuff!

This month's prize is two **three-day passes** to the **InMusic Festival** from August 7-9 (see Music Events, p80).

E-mail your answers to editor@thebeijinger.com.

Answers to July's Trivia Travails:

1) d. *You Can Listen, You Can Talk* 2) c. Lisbon, Portugal 3) b. Bretone
4) c. 0.7-0.8 jiao 5) d. diamond 6) b. *fengli su* 7) a. belayer 8) b. Bai
9) c. clown 10) a. knock-down-drag-out bar fight.

The winner of last month's Trivia Travails was **Hong Chin Keat**.

1. Total Science hail from ...

- a) Oxford
- b) Cambridge
- c) State College
- d) St. Andrews

2. The Arrow Factory is ...

- a) a bow and arrow manufacturer in Beijing
- b) a singles bar with a Cupid theme
- c) a gallery space off Guozijian Jie
- d) a trendy shoe manufacturer

3. The classic ballet *Onegin* is based on:

- a) Aleksander Pushkin
- b) Rabindranath Tagore
- c) Isaac Albéniz
- d) Giuseppe Verdi

4. Wutang Gran's Wuying performs:

- a) breakdance
- b) dragon dance
- c) tango
- d) ballet

5. SMP in Shanghai's SMP Skatepark stands for ...

- a) Shanghai Municipal Park
- b) Skateboards, Milk & Pornography
- c) Steve, Mike & Pete
- d) Sex, Money, Power

6. Which sport did SALT's Gaby Alves once play professionally?

- a) tennis
- b) volleyball
- c) archery
- d) competitive eating

7. Chinese Hellcat Dee Dee also plays guitar for ...

- a) P.K.14
- b) Second Hand Rose
- c) Brain Failure
- d) Woodie Alan

8. What percentage of China's land area is now desert?

- a) 2%
- b) 8%
- c) 15%
- d) 20%

9. Which street links Edinburgh Castle and Holyrood Palace?

- a) Royal Road
- b) Royal Nile
- c) Royal Mile
- d) Royal Kilometer

10. Whose NBA jersey sells best in China?

- a) Yao Ming
- b) Baron Davis
- c) Kobe Bryant
- d) Magic Johnson

COMMUNITY EVENTS

All event listings are accurate at time of press and subject to change

Send events to listings@thebeijinger.com by **Aug 10**

For a comprehensive directory, see www.thebeijinger.com

Aug 2

Charity Workshop: Yin and Vinyasa Yoga

Join Yoga Yard co-founder Mimi Kuo-Deemer for an afternoon of Yin and Vinyasa Flow Yoga. All proceeds will benefit the Glow Fund, raising funds for scoliosis operations for three Tibetan children. RMB 200. Register before July 31 at info@yogayard.com or www.yogayard.com. 12.30-3.30pm. Yoga Yard (6413 0774)

Aug 4

Art: Chinese Painting

Learn the basics from CCC's artists and try your hand at landscape and bird & flower painting. RMB 160. 7.30-9.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 5

Cross-Cultural Discussion: Chinese Education

Participate in a discussion forum with several Chinese families who will share their own personal experiences on education. Price TBD. 7.30-9.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 5 & 12

Art: Chinese Landscape Painting

An eight-session class teaching traditional Chinese painting. In Chinese with English translation. RMB 160. 10am-noon. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 6 & 20

Meandering Mandarin

An eight-week language program with real daily-life situations. This month features "flower market" (Aug 6) and "tailor's shop" (Aug 20). RMB 150. 9.30am-12.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 10 & 22

Cooking: Hand-Pulled Noodles and Dumplings

Learn how to pull birthday noodles in the Shanxi style and to make dumplings (*jiaozi*) with different fillings. RMB 200. 7-9pm (Aug 10), 4-6pm (Aug 22). CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 11

Career Development: Headhunter Social Networking Evening

Professionals and headhunters from all industries are welcome. Register on www.fcclub.com, email eventbj@fcclub.com or call 139 1109 8002. RMB 80, RMB 50 (pre-registered before Aug 10). 7.30pm. Flames Hilton Wangfujing

Green Drinks

An informal monthly meet-and-greet for people interested in environmental or social issues. Drinks specials and happy hour prices apply. Contact Jenny Chu (bjgreendrinks@gmail.com) for more details. Free. 6pm. The Bookworm (6586 9507)

Tai Chi

Learn about *taijiquan* – its movements, breathing and mind cultivation – from an English-speaking master. RMB 160. 7.30-9pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 12

Cross-Cultural Discussion: Taxi Drivers

Participate in a discussion forum with several Beijing taxi drivers

who will share their own personal experiences. English interpretation will be provided. Price TBD. 7.30-9.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 12 & 29

Handicraft Workshop: Tying Chinese Knots

Tie auspicious knots with CCC folk artist Ms. Wang, and work out some knots of your own. This month features the butterfly and longevity knots. RMB 120-150. 9am-12.30pm (Aug 12), 2-4pm (Aug 29). CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 15

Handicraft Workshop: Chinese Appliqué

Learn to make traditional Chinese appliqué (*buduihua*) out of rags of different colors by pasting them together and embroidering exquisite patterns. RMB 150. 2-5pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Aug 15 & 27

Pet Care: ICVS Orientation Session

An orientation session for newcomers in China who own pets. Join the experts at the International Center for Veterinary Service to learn about pet care in Beijing. Free. 11am-noon (Aug 15), 6.30-7.30pm (Aug 27). ICVS (8465 1939)

Aug 18

FC Club Keynote Speaker Dinner

Enjoy a meal with Fortune Connection Club friends. Soak up the wisdom of a special guest speaker on "Green Beijing – A Fantasy or a Dream Come True." Register at www.fcclub.com or 139 1109 8002. RMB 250, RMB 200 (before Aug 17). 7pm. The Prosper Center

INN Coffee Morning: Sanlitun

Meet people in your neighborhood at this monthly International Newcomers' Network event that brings together newcomers and old-timers. 10am-noon. The Bookworm (6586 9507) www.innbeijing.org

Aug 20

INN Coffee Morning: Shunyi

A monthly social hosted by the International Newcomers' Network brings together people in the same neighborhood to share tips on Beijing life. 10am-noon. O'Brien's, Shunyi (6450 8588) www.innbeijing.org

Aug 21

Meditation Workshop with Mimi Kuo-Deemer

Join an evening of meditation and find greater inner stillness by exploring the theory, practice and experience of yogic meditation. Open to all students and levels. Register at info@yogayard.com. RMB 100. 8-9.20pm. Yoga Yard (6413 0774)

Aug 25

Business and Finance Social Networking Evening

A networking night for entrepreneurs and people working in business and finance. RMB 130, RMB 80 (registered before Aug 24). Register at www.fcclub.com or 139 1109 8002. 7.30-10pm. Courtyard at Marriott Beijing Northeast (5907 6666)

Aug 26

Handicraft Workshop: Chinese Tie-Dye

Learn two fabric crafts, tie-dye (*zha ran*) and batik (*la ran*), both of which are examples of typical

Small Prime Serviced Office Space



- Fully furnished office for the 1-10 person business
- Your own receptionist answering your phone the way you would like and transferring calls to your home, office or mobile
- 1 month to 1 year lease terms
- In house IT help desk, Dial *1 for instant IT support

BEIJING
China Central Place
Level 24
(8610) 8588 0011

BEIJING
Oriental Plaza
Tower E2 Level 19
(8610) 8520 0554

SERVCORP
Smart Office
www.servcorp.com.cn

Everything But The Overheads

From RMB600/month

No set up fees,
no security deposit,
month to month flexibility

- Prestigious address for your business cards and letterhead
- Access to over 300 boardrooms and meeting rooms, locally & internationally - book online in real time
- 24hr voicemail, caller can press 1 for mobile, 2 for home

2 MONTHS @ ½ PRICE

www.servcorpvirtual.com.cn

China Central Place (8610) 8588 0022

Oriental Plaza (8610) 8520 0307

SERVCORP | Virtual Office
Everything but the office

CHINA - SOUTH EAST ASIA - JAPAN - INDIA
MIDDLE EAST - EUROPE - AUSTRALIA - NEW ZEALAND

minority Chinese folk art: simple colors and textures paired with unique patterns. RMB 120. 10am-noon. CCC Learning Center (6432 9341) www.chinaculturecenter.org

INSPIRED Seminar: How To Kickstart Your Year!

An interactive seminar for new and old expats who want to take the fast track to defining their most important goals for the year. RMB 200. Register at 136 2113 2201 or www.inspiredbeijing.com. 10am-noon. The Opposite House in Sanlitun (6417 6688)

Aug 27

Oriented Networking Happy Hour

Make new friends and business contacts, win prizes and sip cocktails at this longstanding networking event. RMB 50 (with RSVP). Oriented Beijing, www.oriented.com

Aug 31

INN Monthly Meeting

This topic of this month's meeting is "Arrival Survival." Share information and helpful tips to help newcomers make the transition and make new friends. RMB 40 (includes coffee, tea and pastries). 10am-noon. The Capital Club Athletic Center (8486 2225 ext 136) www.innbeijing.org

Every Tue & Thu

Bazi Destiny Analysis Course
Learn about Bazi Destiny, which

uses birth data to analyze and determine an individual's path in life. In English. RMB 1,000 (ten sessions). 7.30-9.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Every Thu

Zen Meditation Workshop

Learn the teachings and practices of Zen Buddhism. RMB 150 (single class), RMB 400 (four classes). 7.30-9.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

Every Fri

Chinese Kungfu Tea

Come find out how to brew *gongfu* tea. RMB 120. Reservation required. 1-3pm. The Yin Yang Community Center (6431 2108) www.yinyangbeijing.com

Every Sun

Floral Arranging Class

Learn the basics of flower arranging. RMB 150 per person per hour (includes flowers, floral arranging tools and accessories). Reservation required. 1-3pm. The Yin Yang Community Center (6431 2108) www.yinyangbeijing.com

Qigong Healing Class

Learn more about *qigong*, the ancient art of healing oneself and others. In English. RMB 150 (one class), RMB 800 (eight classes). 6.30-8.30pm. CCC Learning Center (6432 9341) www.chinaculturecenter.org

sucheng@asia.com

University of Wisconsin Club of Beijing

(UWClubofBeijing@yahoo.com) <http://groups.yahoo.com/group/UW-ClubofBeijing>

Wellesley College Alumni Association Contact Saeri Yuk Ziebart (saeri@ziebart.org)

Yale Club of Beijing (info@yaleclubbeijing.org) www.yaleclubbeijing.org

COMMUNITY GROUPS

Beijing International Society (BIS) A forum for the foreign community to explore and understand different aspects of Chinese culture. www.bisociety.com

Black Sesame Kitchen Food writer Jen-Lin Liu's cooking school is housed in a renovated courtyard with an open kitchen and dining room where students can "cook, socialize, dine and wine." 3 Heizhima Hutong, Dongcheng District. (blacksesamekitchen@gmail.com) www.blacksesamekitchen.com 东城区东直门黑芝麻胡同3号

The Capital Club Private club for the senior business community. 50/F, Capital Mansion, 6 Xinyuan Nanlu, Chaoyang District. (8486 2225 ext 260, member@thecapitalclub.com) www.thecapitalclub.com 朝阳区新源南路6号京城大厦50层

Chang An Club Premier downtown dining and athletics club. Members enjoy a global network of over 250 premium clubs. 10 Chang'an Dongdajie, Dongcheng District. (6522 9988) www.changan-club.com 东城区东长安街10号

China Capital Toastmasters Club Meets on Mondays (7-9pm) to help members develop public speaking and leadership skills in the Zhaolong Hotel Training Room (behind the hotel in the Admin Building). (139 1181 1654, cdrum@cdrum.com) www.cctmc.org

China Club Beijing Holds business and social networking events in a unique courtyard setting. Monthly activities include theme dinners, wine tastings, cocktail receptions and family gatherings. 51 Xirongxian Hutong, Xidan, Xicheng District. Contact Laura Lu (6603 8855 ext 115, membership@tcbej.com) 西城区西单西绒线胡同51号

China Culture Center (CCC) Kent Center, 29 Anjialou, Liangmaqiao Lu, Chaoyang District. (6432 9341/1041, info@chinaculturecenter.org) www.chinaculturecenter.org 朝阳区亮马桥路29号安家楼青特中心院内

China Environment and Sustainable Development Reference and Research Center (CESDRRC) China's largest public-sector library and information center dedicated to environmental and sustainable development. The center's mission is to make environmental knowledge accessible to the general public. They organize regular talks and movie screenings. 7/F, Rm 701, China-Japan Friendship Environmental Protection Center, 1 Yuhui Nanlu, Chaoyang District. (8463 6353) www.chinaeol.net/cesdrcc 中国环境与可持续发展参考资料研究中心, 朝阳区育慧南路1号中日友好环境保护中心701室

Foreign Correspondents Club of China (FCC) (8532 3807, fccadmin@gmail.com) www.fccchina.org

Huanleyuan Culture Club A dating club organizes speed-dating events in various forms throughout the week. 6-10pm. 1) 3502, Bldg 3, Jianwai Soho, Chaoyang District. (6219 1671, 5869 6951/52); 2) 23/F, Linda Building, 8 Dongtucheng Lu, Chaoyang District. (6446 5680); 3) Rm 7A-B, Bldg 2, Beijing Hi-tech Convention & Exhibition Center, 48 Beisanhuan Xilu, Haidian District. (6212 3197) 欢乐园文化俱乐部, 1) 朝阳区朝阳区东三环建外Soho 3号公寓3502; 2) 朝阳区朝阳区东土城路8号林达大厦23层; 3) 海淀区双安店海淀区北三环西路48号会展公寓2号楼7A-B

The Hutong Offers a variety of meetings, clubs and workshops focused on intercultural friendship and learning. 1 Jiudaowan Zhongxiang Hutong (southeast of Beixinqiao subway station), Dongcheng

District. (8915 3613, info@the-hutong.com) www.the-hutong.com 东城区九道湾中巷胡同1号(北新桥地铁站东南边)

INSPIRED A learning and inspirational platform to support the professional and personal development needs of expat accompanying spouses in Beijing. The group offers support and practical advice through regular seminars, workshops, one-to-one coaching, and networking opportunities. (136 2113 2201, jasmine@inspiredbeijing.com) www.inspiredbeijing.com

International Newcomers' Network Meetings are held on the last Monday of each month except December. Function Rm, 3/F, Athletic Center, Capital Mansion, 6 Xinyuan Nanlu, Chaoyang District. (8486 2225 ext 110, innbeijing@hotmail.com) www.innbeijing.org 朝阳区新源南路6号京城大厦康乐中心3层

International Vegetarian Club of Beijing www.ivu.org/ivcb/en/index.html

Korean Cultural Service 1 Guanghua Xili, Guanghua Lu, Chaoyang District. (6501 6566) <http://china.korean-culture.org> 韩国文化院, 朝阳区光华路光华西里1号

Neighborhood Chinese Club Offers a variety of activities including culture, entertainment, art, fashion, and more. 1) Wangjing Nanhuzhongyuan Elementary School, Chaoyang District. 2) East Park International Apartment, Chaoyang District. www.chineseneighbor.com 1) 朝阳区望京南湖中园小学; 2) 朝阳区丽东国际公寓

The Yin Yang Community Center Set in a peaceful courtyard, this non-profit is dedicated to physical and spiritual rejuvenation through classes (from yoga to photography), therapy, support groups and events. Also home to a cafe and The Bookworm. Mon-Sat 8am-8pm, Sun 8am-5pm. The First Courtyard, Hegezhuang Village (across from The Orchard; call for directions), Chaoyang District. (6431 2108) www.yinyangbeijing.com 易 阴阳社区中心, 朝阳区崔各庄乡何各庄村一号院(果园对面)

CULTURAL AND NATIONAL GROUPS

AustCham Kooka Networking www.austcham.org/home/events/kookaburrapub.html

Australia and New Zealand Association (ANZA) (anzabeijing@hotmail.com) www.anzabeijing.com

Beijing American Club Private club for international business executives and their families. Business, social and recreational facilities and activities. 28/F, China Resource Building, Jianguomen Beidajie, Chaoyang District. www.americanclub-beijing.com 朝阳区建国门北大街8号华润大厦28层

British Club of Beijing Expat spouses meet for coffee and to hear interesting speakers on alternate Tuesdays from 10am-noon. All foreign passport holders welcome. Membership RMB 100; meeting fees RMB 30 (members), RMB 50 (non-members). Meetings held at the Capital Club, where a dress code of no jeans or sneakers is enforced. (britclubbj@yahoo.com) www.britclubbj.org

Canadians in China Network for Canadians and friends of Canada. (promote@canadiansinchina.com) www.canadiansinchina.com

Caribbean Association in China This non-profit group provides a support network for the Caribbean community in China. Through island-flavored social events that are open to anyone with an interest in the Caribbean, the Association fosters a stronger understanding and appreciation of the region's culture. (caribbean.association.china@gmail.com)

Club Canada (info@clubcanada.net) www.clubcanada.net

Commonwealth Society of Beijing (CWS) A charitable and non-profit organization that meets every second Tuesday of the month. Membership fees are RMB 100/year. All the money collected goes towards charity. (136 4114 1242,

ALUMNI ORGANIZATIONS

Alumni of the University of Technology, Sydney (utsalumni@beijing@gmail.com) <http://groups.google.com/group/utsbj>

Amicale de Sciences Po en Chine (chine@sciences-po.asso.fr)

AustCham Alumni Group (alumni@austcham.org) www.austcham.org

Australia China Alumni Association (ACAA) Open to all Australian university alumni living in China, the ACAA holds monthly networking and professional development seminars. (8586 1101, info@austchinaalumni.org) www.austchinaalumni.org

Belgian Alumni Open to alumni from all Belgian universities currently living in China. (jean.vanwetter@gmail.com)

Brown Club of China Contact Michael Keefrider (mck@alumni.brown.edu) www.brownclubofchina.org

Canadian Alumni Network (CAN) Alumni from all Canadian universities, colleges and institutions in China, with over 1,000 alumni in Beijing. (info@clubcanada.net)

Carolina Club Open to all University of North Carolina alumni and friends, especially other NC folks. Contact Elyse Ribbons (chinesetarheels@gmail.com)

Cornell Club of Beijing Contact Gary (grc3@cornell.edu)

Duke Alumni Club of Beijing <http://groups.google.com/group/duke-alumni-beijing>

Georgetown University Alumni Club Alumni meet up on the first Wednesday of the month (7pm at The Bookworm). Contact Barbara (bchen715@gmail.com) <http://groups.yahoo.com/group/hoyasinbeijing>

GGSB Grenoble Graduate School of Business Alumni (6512 1740 ext 46, cjheyer@ars-mc.com) www.mti-brothers.com

Harvard Alumni Club of Beijing Contact Charles Krabek (mgchina@public.bta.net.cn)

INSEAD Beijing Alumni (inseadbeijing@gmail.com)

Johns Hopkins Alumni Club of Beijing (nick.sheets@gmail.com) <http://groups.yahoo.com/group/hopkinsbj>

MIT/Sloan Alumni Club of Beijing Contact

Stephen Terry (stephenterry@alum.mit.edu)

Monterey Institute of International Studies Alumni in China Contact Kim, Tate (tatemiller@gmail.com, todd_kim@hotmail.com)

The Oxford and Cambridge Club www.occb.cn



Rutgers Alumni of Beijing (5877 1706/1707, emba_bj@rutgers.asia) www.rutgers.asia

Stanford Business School Alumni Association Contact Dong Lu (139 0112 8288)

Stanford University Alumni (beijingstanfordalumni@yahoo.com)

UC Berkeley Alumni Association of Beijing Contact Rocky T. Lee (139 1188 4761, rockylee@gmail.com)

UCL (University College London) Alumni Organizes networking events and dinners. Contact Hiu Ng. (uclchina@gmail.com) www.ucl.ac.uk/alumni/get-involved/world-map/asia/China

University of Maryland/Robert H. Smith School of Business Alumni Association Contact Kelly Liu (6510 2600, kliu@rhsmith.umd.edu)

University of Notre Dame Alumni Contact Jenn Hinkle (jennifer.hinkle.2000@alumni.nd.edu)

University of Pennsylvania Club of Beijing (penn@cross-search.net)

University of Toronto Alumni Group (vinci.ching@utoronto.com.hk)

University of Washington Alumni "Huskies" are encouraged to get in touch regarding upcoming activities. Contact Su Cheng Harris-Simpson (137 0100 9271,

charchalm25@yahoo.com)

French Cultural Centre 18 Gongti Xilu, Chaoyang District. (6553 2627) www.ccfpekin.org 法国文化中心, 朝阳区工体西路18号

Goethe Institute 1/F, Building C, Haixing Mansion, southwest corner of Haidian Zhonglu and Haidian Nanjie Intersection, Haidian District. (8251 2909, info@peking.goethe.org) www.goethe.de/peking 歌德学院北京分院, 海淀区海淀中路和海淀南街十字路口西南角海兴大厦C座1层

GRILA The Group of Ibero-Latin American Residents (known by its Spanish acronym) is the place to be in Beijing for any and all intersections of Chinese and Latino culture. The group meets monthly for talks by visiting experts on assorted topics. It also organizes events, cultural tours and gatherings throughout the year. www.grilaweb.net

Indonesians in China (indonesian_in_beijing-subscribe@yahoogroups.com)

Instituto Cervantes 1A Gongti Nanlu, Chaoyang District. (5879 9666) www.pekin.cervantes.es 北京塞万提斯学院, 朝阳区工体南路甲1号

Irish Beijing News and events for the Irish in Beijing and for those with an interest in all things Irish. (contact@irishnetworkchina.com) www.irishnetworkchina.com

Italian Women's Association A non-profit, non-denominational, non-political association open to Italian women and all other women with an interest in Italy. The group meets on the second and fourth Thursday of every month at 10am at the Cultural Institute of the Italian Embassy. Contact Daniela (137 1814 6622, pechinodonne@yahoo.it)

Nederlandse Vereniging Peking Dutch-speaking community group that meets on the second Saturday of every month. Includes free Bitterballen. www.dragondancers.com.cn/nvp.html

Overseas Chinese Network OCN organizes mixers that provide social and networking opportunities for people of Chinese heritage who were born or raised overseas. Events are open to everyone. (beijing@ocnetwork.org) www.ocnetwork.org

Polish Community Contact Renata and Iwona (139 0116 8244, 133 4103 0967, renatainokomis@yahoo.com; wir_3@yahoo.com)

SWEA Beijing Organizes social activities for Swedish-speaking women in China. (beijing@swea.org) www.swea.org

Swiss Society Beijing Aims to bring together the Swiss community in Beijing and foster positive Swiss-China relations. (info@ssbj.org) www.ssbj.org

HOBBIES AND INTEREST GROUPS

Beijing #1 Toastmasters Club Improve your professional presentation and leadership skills. (135 8151 9001, info@tmbj1.org) www.tmbj1.org

Beijing Actors Workshop If you can act, write, or direct, Beijing Actors Workshop wants to hear from you. They organize structured improvisation and scripted scene work in English & Chinese, method acting, exercises, theatre games, and monthly public performances. Free. Meets every Wednesday at 8.30pm at The Playground (6407 6889). Check their website for more details. (bjactorsworkshop@gmail.com) http://bjactorsworkshop.googlepages.com

Beijing Improv Not to be confused with the well-known Beijing Actors workshop, though they perform together often, Beijing Improv holds weekly workshops. (132 4077 5936, beijingimprov@gmail.com) www.beijingimprov.com

Beijing Playhouse China's English community theater presents contemporary live semi-professional theater productions, performed in English with Chinese subtitles. Professional acting experience not necessary and nationality not important, though ability to perform in English is

required. 38 Liangmaqiao Lu, Chaoyang District. (137 1890 8922, performance@beijingplayhouse.com) www.beijingplayhouse.com 北京剧场, 朝阳区亮马桥路38号

Global Communicators Toastmasters Club www.toastmasters.org.cn

MEDICAL SERVICES

Amcare Women's & Children's Hospital Offers high-quality medical services with a focus on maternity care, women's health and pediatrics. Foreign language support program available on request. 8am-4.30pm. 9 Fangyuan Xilu, Chaoyang District. (6434 2388 24hr hotline, 800 610 6200) www.amcare.com.cn 北京美中宜和妇儿医院, 朝阳区芳园西路9号

Bailey & Jackson Medical Center Provides comprehensive medical and dental services with English-speaking staff. Onsite radiology, laboratory and pharmacy service. Mon-Fri 9am-6pm, Sat 9am-4pm. 7 Ritan Donglu, Chaoyang District. (8562 9998, after-hours emergencies 8562 9990) www.bjhealthcare.com 比利积臣医疗中心, 朝阳区日坛东路7号



Water birth

Notice of price adjustment on Water birth

Beijing Antai Maternity Hospital

The charges of water birth and caesarean section with hidden scar get raised up to about ¥30000 in Beijing Antai Birth Centre, because the center has been upgraded to a place where palace suits are available and each suit has a wooden pool where one can have a water birth. Antai encourages natural birth without medical intervention and drug. Antai has direct billing relationship with most of insurance companies, therefore patient can pay the charges through direct billing or by VISA.

Water birth - perfect experience

Address: Building 18, Court 1, Xingheyuan, Jiayuan Road, Fengtai District, Beijing.
E-mail: ygyz@antaihospital.com
Web: www.antaihospital.com
Tel: 13811906173

Beijing Antai Maternity Hospital Founded in 2003, Beijing Antai Maternity Hospital is the first hospital in Beijing with a water birth center to allow natural births. The hospital also researches male and female infertility, recurrent miscarriage, endometriosis, and more. Daily 8.30am-5pm. Building 18, Court 1, Xingheyuan, Jiayuan Road, Fengtai District. (153 1127 2132 Guo Ping) www.antaihospital.com 北京安太妇产医院, 丰台区北京丰台嘉园路星河城1号院18号楼

Beijing Children's Hospital Daily 6.30am-10.30pm. 56 Nanlishi Lu, Xicheng District. (6802 8401) 北京儿童医院, 西城区南礼士路56号

Beijing Emergency Medical Center 103 Qianmen Xidajie, Xuanwu District. (6609 8114) 北京市急救中心, 宣武区前门西大街103号

Beijing Friendship Hospital Mon-Fri 8noon, 1-5pm, Sat-Sun 8am-noon, 24hr emergency care. 95 Yong'an Lu, Xuanwu District. (6301 4411 ext 3482) www.bfh.com.cn 北京友谊医院, 宣武区永安路95号

Beijing Intech Eye Hospital Daily 8.30am-4.30pm. 1, 4, 5/F Panjiayuan Plaza, 12 Panjiayuan Nanli, Chaoyang District. (6771 5558, eye@intecheye.com) www.intecheye.com 英智眼科医院, 朝阳区潘家园南里12号潘家园大厦1, 4, 5层

Beijing International SOS Clinic Medical services for the whole family. Daily 24hrs. Suite 105, Wing 1, Kunsha Building, 16 Xinyuanli, Chaoyang District. (6462 9112, 24hr: 6462 9100, china.inquiries@internat

ORIENTAL
TAIPAN 東方
massage & spa 大班



Rest and Relax

with Better Service & Privileges

SPA TREATMENT | TRADITIONAL CHINESE MASSAGE | AROMATIC MASSAGE | NAIL SPA

AUGUST SPECIAL

25% OFF on

- Head & Shoulder Massage
- Four Hands Foot Massage
- Hot Stone Aromatherapy Foot Massage

Tension Release Full Body Oil Massage/Lymphatic Toning Massage (80/60min)
+Head Massage (10 min)

Special Price: RMB 360

Please contact us for more July specials

Sanlitun Spa & Massage 1 Xindong Road, Chaoyang District T: 8610 - 8532 2177	Winterless Spa & Massage 101 Block B Winterless Center, 1 Xidawang Road, Chaoyang District T: 8610 - 6538 8086
Lido Spa & Massage 2/F Block 9 Lido Place, 2 Fangyuanshi Road, Chaoyang District T: 8610 - 6437 6299	Financial Street Spa & Fitness Center Shuncheng Hotel, 3/1-3, 26A Financial Street, Xicheng District T: 8610 - 6621 8622
Jiangjumen Spa & Cafe Surgery Mansion, 6 Ritan Road, Chaoyang District T: 8610 - 6502 5722	Central Park Spa & Residences Central Park Third Phase, Building 25, 6 Chaoyangmen Waidajie, Chaoyang District T: 8610 - 6597 0015

WWW.TAIPAN.COM.CN

ionalsos.com) www.internationaliosos.com
北京国际救援中心。朝阳区新源里16号昆莎中心一座105室

Beijing Massage Hospital Specializes in *tui na* therapy (about half of the massage doctors are blind) for necks, shoulders, backs and arthritis. Also performs acupuncture, cupping, scraping, moxibustion, physiotherapy and X-rays. 7 Baochan Hutong, Xicheng District. (6616 8880, massage@2911.net) www.message-hospital.com 北京按摩医院。西城区宝产胡同7号

Beijing Maternity Hospital 17 Qihelou, Dongcheng District. 北京妇产医院。东城区骑河楼17号

Beijing New Century Harmony Pediatric Clinic As a satellite clinic of renowned Beijing New Century International Children's Hospital, Beijing New Century Harmony Pediatric Clinic has a strong team of experienced pediatricians and nurses from China and overseas. Harmony Pediatric Clinic provides a full range of multi-lingual healthcare services on a 7X24basis (7X12. 9am to 9pm during soft opening period). K-01, Building No. 19, Harmony Business Center, Liyuan Street, Tianzhu Zhen, Shunyi District. (6456 2599) www.ncich.com.cn 北京新世纪和谐儿科门诊部。顺义区北京市顺义区天竺镇丽苑商务和商业中心19号楼K-01

Beijing Orient Care Clinic Offering Chinese and international families high quality medical services, including internal medicine, OB/GYN, Medical Imaging, Laboratory, Pharmacy services with English-speaking staff. Mon-Sat 9am-6pm. #102 NO.16 Business Building China Central Place, 89 Jianguo Road, Chaoyang District. (6598 1887) www.rentaimedical.com 北京仁泰门诊部。朝阳区北京市建国路89号华贸中心16号商务楼102

Beijing Stomatological Hospital 4 Tiantan Xili, Chongwen District. 北京口腔医院。崇文区天坛西里4号

Beijing Tiantan Puhua Hospital A joint-venture hospital specializing in neuroscience including stem cell treatment, they also focus on podiatry, rehabilitation, and traditional Chinese medicine. Their second location is a health screening center. 1) 8.30am-5.30pm. 12 Tiantan Nanti, Chongwen District. (6703 5566 ext 840, puhuachina@gmail.com); 2) Huatengyuan 13-7, Chaoyang District. (8773 5522/ 8066 0578, puhuachina@gmail.com) www.puhuachina.com, www.puhuachina.com 北京天坛普华医院。北京天坛普华体检中心。1) 崇文区天坛南里12号; 2) 朝阳区劲松华藤园乙7号

Beijing United Family Clinic Services now available include family medicine, pediatric clinic, women's health services, travel medicine, family counseling, physiotherapy and pediatric physiotherapy. Mon-Thu 9.30am-7.30pm, Fri 9.30am-4.30pm, Sat-Sun 9am-4.30pm. Unit 818, Pinnacle Plaza, Tianzhu Real Estate Development Zone, Shunyi District. (8046 5432, fax 8046 4383) www.unitedfamilyhospitals.com 北京和睦家医院诊所。顺义区天竺开发区荣祥广场818号

Beijing United Family Health & Wellness Center Services now available include family medicine, counseling services, stress management, health screening, dental clinic, radiology, laboratory and cosmetic services. Mon-Fri 8.30am-5.30pm. B1/F, the St. Regis Residence, the St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District. (8532 1221, ER 6433 2345) www.unitedfamilyhospitals.com 北京和睦家健康中心。朝阳区建国门外大街21号北京国际俱乐部饭店公寓楼地下一层

Beijing United Family Hospital International-standard hospital with inpatient and outpatient services. Wide range of medical and surgical specialties provided, emergency room and ICU open 24 hours. Mon-Sat 8.30am-5.30pm. 24-hour emergency care. 2 Jiangtai Lu (in the Lido area), Chaoyang District. (5927 7000, 5927 7120 (ER)), fax 5927 7200) www.unitedfamilyhospitals.com 北京和睦家医院。朝阳区将台路2号



Beijing Vista Clinic Medical services including family and internal medicine, OB/GYN, pediatrics, dentistry, ophthalmology, dermatology, ENT, Chinese Traditional Medicine, physiotherapy, psychiatry, imaging laboratory and pharmacy service. Urgent care with English-speaking staff on site 24 hours a day. Daily 24hrs. B29, Kerry Centre, 1 Guanghua Lu, Chaoyang District. (8529 6618, fax 8529 6615, vista@vista-china.net) www.vista-china.net 维世达诊所。朝阳区光华路1号嘉里中心B29

Bioscor Beijing Clinic International clinic for cosmetic medicine, specializing in cosmetic surgery, skincare, hair regrowth, and anti-ageing techniques. Appointments with an Australian surgeon and physician available. Rm 1008, E-Tower, 12 Guanghua Lu, Chaoyang District. (6503 5706/7, beijing@bioscor.com.cn) www.bioscor.com.cn 澳保加医疗美容诊所。朝阳区光华路12号数码01大厦1008室(嘉里中心对面)

Cancer Institute and Hospital 17 Panjiayuan Nanti, Chaoyang District. (6778 1331) 中国医学科学院肿瘤医院。朝阳区潘家园南里17号

China-Japan Friendship Hospital Yinghua Donglu, Heping Jie, Chaoyang District. (6422 1122) 北京中日友好医院。朝阳区和平街樱花东路

China TCM Research and Study Institute Acupuncture Hospital Mon-Sat 24hrs. 18 Beixincang (south of Dongzhimennei), Dongcheng District. (6403 5769) 中国中医科学院针灸医院。东城区东直门北新仓18号

Chiropractic and Rehabilitation Dr. David Zhang is an American National Board Exam Certificated chiropractic doctor, a Texas licensed acupuncturist and herbalist, and a specialist in Chinese medicine. He provides chiropractic, physiotherapy, and other manual therapies for back pain, sciatica, and other conditions, as well as acupuncture and natural medicine treatments. Tue, Wed, Thur and Sat 9.30am-6.30pm. Beijing Internal Medical Center, S110, 1/F, Lufthansa Center Office building, 50 Liangmaqiao Lu, Chaoyang District. (6464 9828, 8448 3449) 朝阳区北京国际医疗中心。朝阳区亮马桥路50号燕莎中心写字楼一层S110

Dr. Guo Therapeutic Center Daily noon-midnight. Rm 606, Bldg 1, East area of Wanda Plaza, 93 Jianguo Lu, Chaoyang District. (5820 3826) 郭氏杏林经络推拿。朝阳区建国路93号万达广场东区一号楼606室

EverCare Long Island Plastic & Aesthetic Surgery Clinic Provides international-standard plastic surgery and comprehensive, integrated beauty care and health care services. Wide variety of cosmetic plastic surgery options, laser treatments, skin care, slimming treatments, cosmetic TCM and more. Daily 24hrs. 4/F, Tower B, Haidian Wenhua Yishu Bldg, 28A Zhongguancun Dajie, Haidian District. (8253 3088, 24hrs hotline: 139 1122 6966) www.evercare.com.cn 伊美尔长岛美容门诊。海淀区中关村大街甲28号海淀文化艺术大厦B座4层

Hong Kong International Medical Clinic Beijing's first joint-venture medical organization operates according to international standards, has a high-quality international administration system and highly trained medical staff. Daily 9am-9pm (after 9pm minimal staff on duty). 9/F, office tower of the Swissotel, 2 Chaoyangmen Beidajie, Dongcheng District. (6501 4260, 6553 2288 ext 2345/6/7) www.hkclinic.com 北京港澳

国际医务诊所。东城区朝阳门北大街2号港澳中心瑞士酒店办公楼9层

International Medical Center (IMC) Foreign doctors are on site 24hrs a day, offering a wide range of medical services, including family medicine, psychological services, dental, Ob/Gyn, pediatrics, TCM... English, Chinese, Arabic, Russian are spoken. Drop-in service for travellers, on-site X-ray, ultrasound, laboratory. Daily 24hrs. S106, Lufthansa Center, 50 Liangmaqiao Lu, Chaoyang District. (6465 1561/2/3, markeing@imclinics.com) 北京国际医疗中心。朝阳区亮马桥路50号燕莎中心写字楼1层S106

King's Garden Hospital Mon-Sun 8:30am-5:30pm. No. 18 Xiaoyun Rd, Chaoyang District. (6468 1355/6468 1356) 京润医院。朝阳区朝阳区霄云路18号京润水上花园别墅

Liuzheng Massage Clinic Liuzheng's finger-pressing massage, based on TCM, activates the endocrine system to secrete substances that increase immunity, prevent and treat diseases, slow aging, and beautify the skin and face. 1 hr massage options RMB 88-360. Daily 9am-12pm. 1/F, Bldg 7, Jiqingli, Chaoyangmenwai Dajie (opposite the Industrial and Commercial Bank at the west gate of Julong Garden), Chaoyang District. (6552 9282) 刘正诊所。朝阳区朝外吉庆里七号楼一层

Medical Laser and Esthetic Surgery Center of the Air Force PLA Hospital Daily 8am-noon, 2-5pm. 30 Fucheng Lu, Haidian District. (6848 9948) www.unilaser.net 空军总医院激光整形美容中心。海淀区阜成路30号

Middle Way Chinese Medicine Clinic Offers traditional Chinese Medicine consultation and treatment. A23 Yangfang Hutong (by Houhai Lake), Xicheng District. (6613 8885) 中道堂谦益讲堂。西城区羊坊胡同甲23号

New Century International Children's Hospital Affordable pediatric care at international standards: qualified doctors and nurses, private and safe family rooms and imported equipment. Mon-Sun 8am-5pm. 56 Nanlishi Lu (next to the East Gate of the Beijing Children's Hospital), Xicheng District. (6802 5588) www.ncich.com.cn 北京新世纪国际儿童医院。西城区南礼士路56号(北京儿童医院东门南侧)

New Century International Children's Hospital (NCICH) China's premier international children's hospital provides affordable pediatric care at international standards. Claims to have Beijing's most qualified doctors and nurses, with private, safe family rooms and imported state-of-the-art equipment. Their English-speaking staff offer a full range of children's healthcare services. Daily 8am-5pm (full services), daily 24hrs (A+E services). 56 Nanlishi Lu (next to the east gate of the Beijing Children's Hospital), Xicheng District. (6802 5588) www.ncich.com.cn 北京新世纪国际儿童医院。西城区南礼士路56号(北京儿童医院东门南侧)

Peking University First Hospital 8 Xishiku Dajie, Xicheng District. (6529 6114) 北京医科大学第一医院。西城区西什库大街8号

People's Hospital of Peking University 11 Xizhimen Nandajie, Xicheng District. (6831 4422) 北京大学人民医院。西城区西直门大街11号

Ping Xin Tang Clinic One of Beijing's best TCM clinics in terms of quality of medicine and service. Specializes in a range of chronic problems, including cancer, brain tumors, diabetes, neck problems and a range of dental services. Mon-Sat 8am-5pm, Sun 8.30am-noon. 3/4/F, 218-2 Wangfujing Dajie, Dongcheng District. (6523 5566) 平心堂诊所。东城区王府井大街218-2号3-4层

Tongren Hospital 2 Chongnei Dajie, Dongcheng District. 北京同仁医院。东城区崇文门大街2号

Tongrentang Traditional Chinese Medicine Clinic Tongren Tang dates back to the Qing dynasty, and is one of the most famous Traditional Chinese Medicine (TCM) clinics in China. Shi Xiaomo comes from a family of well-known and trusted practitioners of TCM. Services offered include internal medicine, dermatology, and of course acupuncture. They also specialize

in treating diabetes, obesity, and high blood pressure. Reservations required. Daily 8.30am-noon and 2-5pm. Rm 15, Bldg 7, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5869 1171/2, 135 2287 3781) 同仁堂施小墨中医馆。朝阳区东三环中路39号建外Soho7号楼15室

Viv International Medical Beauty Clinic Offers cosmetic surgery, professional skin care, dentistry and Chinese health and beauty treatments. Tue-Sun 9.30am-6.30pm. 2/F, Bldg D, Global Trade Mansion, 9 Guanghua Lu, Chaoyang District. (6530 2348, fax 6586 9965) www.vivbeauty.com 名会红国际医疗美容诊所。朝阳区光华路9号世贸国际公寓D座2层

Xuanwu Hospital Pain Treatment Center High quality imported imaging and electrophysiology technology. English-speaking doctors treat every kind of pain. Mon-Tue 8am-12pm, 1-5pm, Wed-Fri 8am-12pm. 45 Changchun Jie, Xuanwu District. (8672 5461, dochmw@hotmail.com) 宣武医院疼痛治疗中心。宣武区长椿街45号

Yanhua Traditional Chinese Medicine Clinic Daily 8am-8pm. 1 Dayabao Hutong, Dongcheng District. (6513 3046/49) www.yanhua.com.cn 北京炎黄国医馆。东城区金宝街1号

MENTAL HEALTH SERVICES

Zbaware Gestalt Psychotherapy Offers consultations to people with a wide range of problems including, but not limited to, stress, frustration, anger, insomnia, phobias, family problems, shyness and lack of self-confidence. Contact Helen (139 1056 5082)

Agape Counseling and Training Center The Agape counseling team offers professional counseling services to help deal with difficulties in life. Cross-cultural adjustment, relationship struggles (such as parenting, communication, confrontation, trust, betrayal issues), interpersonal struggles (personal development, stress, depression, grief, addictions). 9am-5pm. Room 1325, Golden Land Building, 32 Liangmaqiao Lu, Chaoyang District. (6467 2362 ext.12) 爱在人间。朝阳区朝阳区亮马桥路32号高澜大厦1325室

Beijing IMC Family Counseling Services Child/adult psychologist offers individual, couple and family counseling, personality/educational testing and stress management; treatment for depression, sexual difficulties, substance abuse, ADHD and learning problems. Daily 24hrs. S106, 1/F, Lufthansa Center, 50 Liangmaqiao Lu, Chaoyang District. (158 0131 9796) 朝阳区亮马桥路50号燕莎中心写字楼1层S106

Beijing International SOS Clinic Family Counseling Center Two counselors offer services that include individual therapy, couple relations, family dynamics, parent and child relations and stress management. Suite 105, Bldg 1, Kunsha Building, 16 Xinyuanli, Chaoyang District. (6462 0333, china.inquiries@internationaliosos.com) www.internationaliosos.com 北京国际救援中心。朝阳区新源里16号昆莎中心一座105室

Beijing United Family Counseling Center With two English-speaking clinical psychologists, a bilingual Chinese-English therapist and a Spanish-speaking social worker on staff, BJU offers a range of services that include family counseling, parenting education and stress management. They also offer personality testing and a special program for counseling company employees. RMB 1041-1096 (50 min). 1) Mon-Fri 9.30am-6.45pm, Sat 9am-3.30pm. B1/F, The St. Regis Residence, St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District. (8532 1221, liaison@ufh.com.cn); 2) Mon noon-7.30pm, Tue-Thu 9am-7.30pm, Fri 10.30am-9.30pm, Sat 9am-5pm. Pinnacle Plaza, Unit 818, Tianzhu Real Estate Development Zone, Shunyi District. (8046 5432, fax 8046 4383, liaison@ufh.com.cn) www.unitedfamilyhospitals.com 北京和睦家医院诊所。1) 朝阳区建国门外大街21号北京国际俱乐部饭店公寓楼地下一层; 2) 顺义区天竺开发区荣祥广场818单元

Beijing Vista Clinic Dr. Mickie Xu, the mental health professional on staff at

Vista, is a native Chinese speaker who is also fluent in Japanese and has strong English skills. She specializes in family counseling and adjustment issues. Medical prescriptions are also available. USD RMB 660/40min. Daily 24hrs. B29, Kerry Centre, 1 Guanghua Lu, Chaoyang District. (8529 6618, fax 8529 6615, vista@vista-china.net) www.vista-china.net 维世达诊所。朝阳区光华路1号嘉里中心B29

Expressions Within – Arts Therapy Studio Provides psychotherapy services focused on personal growth and spiritual healing through self-exploration, self-expression, awakening creativity and self-discovery for groups/individuals facing difficulties such as mental/physical illness, depression or just interested in self-discovery. Individuals and groups are welcome. (artstudio@expressionswithin.org) www.expressionswithin.org

Marriage and Family Counseling Center Provides individual, couple and family therapy for the expat community. All therapists are qualified therapists, psychologists and clinical members of the American Association for Marriage and Family Therapy. Rm 2001, Bldg A, Free Town Center, 58 Dongsanhuan Nanlu, Chaoyang District. (8187 0518, familytherapy8@yahoo.com) www.geicn.net 朝阳区东三环南路58号富顿中心A座2001室

PET CARE/ANIMAL WELFARE

Aikang Veterinary Hospital Daily 9am-10pm. 45 Tianshuiyuan Dongli, Chaoyang District. (6501 8605) 爱康动物医院。朝阳区甜水园东里45号楼底商

Beijing Cat Saving stray cats since 2001, Cat Friends has dozens of cats vaccinated, dewormed, spayed and waiting for adoption. Only serious cat lovers with a long-term mentality towards animal companion care need apply. Post-adoption medical support included. Also sells cat supplies and toys through website and provides cat photography services, with all profits going to cat rescue. Contact Scarlett (135 0131 5988, scarlett@beijing.org) www.beijingcat.org

Beijing Guanshang Veterinary Hospital Daily 8am-10.30pm. 7 Beisanhuan Zhonglu, Xicheng District. (6204 9631) 西城区北三环中路7号

Beijing Human and Animal Environmental Center (BHAEEC) Private animal shelter that provides shelter to mistreated animals. English speakers can contact Xue Mei (6178 1908) or Michelle Bruce (139 1022 8132). West of the Aviation Museum, Xiaotangshan Town, Changping District. www.animalschina.org 昌平区小汤山军事博物馆往西

Beijing Ornamental Animal Hospital Originally based in Shanghai and now in Beijing. Services offered include vaccination, consultations, blood tests, neutering and surgery plus a 24/7 emergency service and on-site hospitalization. Daily 9am-6.30pm. 7 Beisanhuan Zhonglu, Xicheng District. (6202 3827, emergencies 135 0103 0572, drtonybeck@gmail.com) www.vetinchina.com 北京观赏动物医院2楼专家门诊。西城区北三环中路七号(近马甸桥)

Dog Obedience Instruction Private and group classes on basic obedience commands (down, heel, leash walking, etc) and problem solving for issues such as jumping, barking and digging. All courses taught by certified instructor Joan Li (Animal Behavior College in California, USA). (134 2633 3693, wayofdog@hotmail.com) www.wayofdog.spaces.live.com

Fangzhuang Banlü Veterinary Hospital Daily 8.30am-10pm. 23 Nansanhuan Donglu, Fengtai District. (6760 5989) 方庄伴侣动物医院。丰台区南三环东路23号

International Center for Veterinary Services (ICVS) ICVS is an affordable, high quality, full service hospital and modern pet care facility with well trained professional staff to serve all your needs. Services include spay/neuter and all other surgeries, dentals, hospitalization, vaccinations, blood tests & X-rays. Import/export counseling, boarding, day care,

grooming, obedience training and pet shop available. All services in English and Mandarin. Licensed rabies vaccines. Mon-Sat 8am-8pm; Sun 10am-7pm (by appointment). Kent Center, 29 Liangmaqiao Lu, Anjialou (shares a courtyard with Chinese Culture Center), Chaoyang District. (8456 1939/40/41, ICVS_CHINA@yahoo.com) www.ICVSASIA.com 北京新天地国际动物医院。朝阳区安家楼亮马桥路29号肯特中心院子

K.K. Animal Hospital Treatment, surgery, vaccinations and other veterinary services for your pets. Offers kenneling, grooming, obedience training and a wide range of pet care products. Daily 9am-7pm. 801-802 Pinnacle Plaza, Shunyi District. (8046 2358, 133 1129 3008) 康康宠物医院。顺义区荣祥广场801-802

Wanghong Veterinary Hospital Daily 8am-10pm. 1/F, 3B Lianhuachi Donglu, Xicheng District. (6344 7717) www.vetwh.com 望虹动物医院。西城区莲花池东路乙3号楼1层

Wangjing Veterinary Hospital Open 24hrs. 7A Huajiadi, Chaoyang District. (6475 2626) 望京宠物医院。朝阳区花家地甲7号

Yiya Pet Store and Hospital A one-stop solution for all your canine supply needs, including grooming, hospital services and miscellaneous products. Daily 9am-9pm (hospital), 9am-6pm (store). 34 Gongti Beilu, Chaoyang District. (6552 6178, 6552 6177) 怡亚世界宠物园。朝阳区工体北路34

SUPPORT GROUPS

Alcoholics Anonymous (139 1138 9075, beijingfellows@yahoo.com) www.aabebj.org

Beijing Hemophiliac Group (6876 1757, 133 9181 9387)

Beijing Survivors (bjsurvivors@yahoo.com)

BetterBeing Eating Disorder Support Group Run by a medical student who has recovered from an eating disorder, this is a safe space for those struggling with eating and weight issues. (xueukitty@yahoo.com.cn, xueukitty@gmail.com)

BICF Counseling Center The Beijing International Christian Fellowship offers professional or peer counseling to any person with a need in their life, regardless of cultural, ethnic or religious background. Services are available in English, Mandarin, Cantonese and Dutch. The center also offers regular counseling skills training, as well as courses and seminars focusing on relational, psychological, emotional or spiritual issues. Counseling available in Zhongguancun area on Wednesday afternoons. Rm 1325, Golden Land Building, 32 Liangmaqiao Lu, Chaoyang District. (8454 3468, counsel@bicf.org) http://counseling.bicf.org 朝阳区亮马桥路32号高澜大厦1325室

Eating Disorder Support Group (an_bn@hotmail.com)

Families with Children from China Network of foreign families who have adopted or seek to adopt orphans in China. (janeliedtke@yahoo.com, jane@ocdf.org) www.fwcc.org

La Leche League Support for mothers and babies. Meets on the fourth Friday of each month at 1pm in the Beijing International Family Hospital Yurt. (8559 1237, xiaohua68847@yahoo.com)

Our Chinese Daughters Foundation OCDF is a non-profit organization servicing adoptive families and offering tours to sites around China. English-speaking tours available. (8403 4979, michael@ocdf.org) www.ocdf.org

Parent Support Group An opportunity to meet with other parents of children with special needs to share experiences and knowledge. (psg_beijing@yahoo.co.uk)

VOLUNTEER AND NGOS

Beijing 1+1 A Chinese NGO in partnership with BBC that promotes the participation of visually impaired people in radio. Rm 604, Bldg 22, Area 2, Xiluoyuan, Fengtai District. (6725 9507, fax 6725 9407, www.

oneplusone.org.cn) 北京一加一文化交流中心。丰台区西罗园二区22号楼604室

Beijing Cultural Heritage Protection Center (CHP) Those who have tips on suspect behavior regarding cultural relics or sites should call the hotline. Room 309, Building E, 46 Fangjia Hutong, Andingmennei Dajie, Dongcheng District. (6403 6532 for the heritage destruction hotline) www.bjchp.org 北京文化遗产保护中心。东城区安定门内大街方家胡同46号E座309室

Beijing Fengtai Lishi Healing Center A boarding school for mentally disabled adults that focuses on teaching vocational skills and self-care. 93 Fengxi Beili (southeast of Fengxi Tielu Dongxiaoku), Fengtai District. (5185 6801, fax 8360 2479) www.bjlzhi.org 北京丰台利智康复中心。丰台区丰西北里93号(西铁路东小区东南角)

Beijing Foundation Beijing Foundation promotes transparent philanthropy and is working to create a philanthropic network to benefit Northern China. www.beijingfoundation.org

Beijing Horizon Educational Center (BHEC) BHEC seeks to promote fair development in education by providing resources for teachers in underprivileged areas. Rm 302, Bldg 2, Liheng Mingyuan, 23 Nanbinhe Lu, Xuanwu District. (6348 0852, yangfanhd@yahoo.com.cn) 北京泓德中育文化发展中心。宣武区南滨河路23号立恒名苑23号楼302室

BICCO (Beijing International Committee for Chinese Orphans) A volunteer group that helps Chinese orphans with medical problems. Volunteer opportunities listed on their website. (info@bicco.com) www.bicco.cn 北京国际援助中国孤儿委员会

Building Opportunity With Support (BOWS) A small and growing not-for-profit dedicated to providing support, informal counseling, education and a safe environment for girls and young women. (136 4125 2617, info.bows@gmail.com) www.bowsforgirls.org

CAI Empowers the children of migrant laborers through creative arts education and team sports. Four core values – confidence, courage, commitment and care – are taught through the programs. Comprised of professionals, artists, art teachers and students, CAI is always looking for volunteers to teach at migrant schools on term-time Saturdays and at an intensive summer camp. Other opportunities are also available. (8454 9633, info@cai-china.org) www.cai-china.org 儿童才艺行动

Care for Children SEN School A small, focused charity that helps place orphans in loving homes in China. The Centre, Beijing Riviera, 1 Xiangjiang Beilu, Jingshun Lu, Chaoyang District. (8470 2735, meryl@careforchildren.com.cn) www.careforchildren.com 朝阳区京顺路香江北路1号香江花园英国关爱儿童

Chi Heng Foundation CHF provides education and support for AIDS orphans in Central China and promotes AIDS awareness across the country. Rm 801, Bldg 6, Wanda Plaza, 93 Jianguo Lu, Chaoyang District. (5820 8574, beijing@chiheng.org) www.chiheng.org 智行基金会。朝阳区建国路93号万达广场6楼801

China Hongkong AIDS Volunteer Organization Chinese NGO that focuses on MSM rights protection, AIDS prevention awareness and condom marketing. Rm 1002, Chaoyang District Center for Disease Control and Prevention, 25 Huaweili, Panjiayuan, Chaoyang District. (8096 8456, 8778 9709, hivolut@gmail.com, www.hivolunt.net) 朝阳华人AIDS干预工作组。朝阳区潘家园华威里25号朝阳区疾病预防控制中心1002

Chinese Juvenile Rights Protection Center 4/F, Attachment Bldg, 212 Zhouzhuangzi, Fengbei Lu, Fengtai District. (6381 3995/3362, Fax 6383 5279) www.chinachild.org 中国青少年维权中心。丰台区丰北路周庄子212号附属楼4层

Compassion for Migrant Children (CMC) Provides both educational and community assistance to the children of migrant workers in Beijing. Contact for volunteer opportunities. Rm 233, 2/F, Xintai Bldg, 8 Xiaguang Li, Chaoyang District. (6465

6100/01, Fax 6465 6101, info@cmc-china.org) www.cmc-china.org 打工子弟爱心会。朝阳区霞光里8号鑫泰大厦2层233室

The Culture Development Center for Rural Women Rural women's support group. Rm 301, Bldg A, Jiali Dasha, 180 Beiyuanlu, Chaoyang District. (6498 0110, Fax 6498 3764, njnbtst@263.net) www.nongjianv.org 北京农家女文化发展中心。朝阳区北苑路180号加利大厦A座301室

Global Village Beijing Environmental protection NGO. Rm 301, Bldg C, Huazhan International Department, 12 Yumin Lu, Chaoyang District. (8225 2046/2047, Fax 8225 2045) www.gvchina.org 北京地球村环境文化中心。朝阳区裕民路12号华展国际公寓C座301室

Greenpeace This international organization promotes peace and the protection of the natural world. 19/F, Bldg E-2, Lanchou Mingzuo, Jiqingli, Chaoyangmenwai Dajie, Chaoyang District. (6554 6931, Fax 6554 6932) www.greenpeace.org/china 朝阳区朝阳门外大街吉庆里蓝筹名座E座2单元19层

Handicap International An international solidarity organization working to prevent disabilities, improve the lives of the disabled. (6532 0219/0221, public@handicap-int.org.cn) www.handicap.be

Hua Dan Project Hua Dan works with migrants in participatory theater workshops to foster creativity and develop self-awareness. Volunteers needed. Contact Caroline Watson (8175 3894, 158 0144 7681, info@hua-dan.org) www.hua-dan.org

JGI China – Roots & Shoots The Jane Goodall Institute in China focuses on environmental awareness and sustainable development. Rm 1309, Beijing City International School (BCIS), 77 Baizhawan Naner Lu, Chaoyang District. (6778 3115/5802, fax 6778 2757, info@jgchina.org) www.jgchina.org 珍古道尔/根与芽。朝阳区百子湾南2路77号北京乐成国际学校1309室

New Life Centre A residential center for underprivileged youth in Shunyi to learn technical skills. Volunteers and donations welcome. www.asianservicesandprojects.org

Prevention Through Education (PTE) NGO that aims to improve HIV/AIDS awareness and develop local school-based HIV/AIDS prevention programs. www.ptechina.org

Rotary Club of Beijing A cross-section of local businesses and professional leaders. Meets 12.30 every Tue at the Kempinski Hotel. (135 2196 1071, info@rotaryclub-beijing.org) www.rotaryclub-beijing.org 扶轮社

Rural China Education Foundation RCEF has many volunteer opportunities, especially for summer and year-long teachers. www.ruralchina.org 乡村教育促进会

Save China's Tigers A charity that aims to prevent the South Chinese Tiger from going extinct. PO Box 1928, Chinese Forestry Academy, Haidian District. (6286 6588, 133 6683 5722) www.savechinateigers.net 拯救中国虎。海淀区中国林业科学研究院北京1928信箱

UNICEF 12 Sanlitun Lu, Chaoyang District. (6532 3131) www.unicef.org 朝阳区三里屯路12号

Wokai Wokai is a small, directed non-profit that works as an intermediary for microfinance in China. www.wokai.org

WWF-China One of the world's leading environmental organizations, the WWF (formerly known as the World Wildlife Fund) is working on projects to preserve and protect China's vast and diverse environmental resources and treasures. Sign up to volunteer online. Wen Hua Gong, Working People's Cultural Palace (east of Tiananmen Square), Dongcheng District. (6511 6211) www.wwfchina.org 世界自然基金会。东城区天安门东侧劳动人民文化宫东门内文华宫世界自然基金会北京办事处

Xingfu Gongcheng (Program of Happiness) A Chinese micro-lending organization that supports impoverished mothers. 12 Dahui Donglu, Haidian District. (6217 9760, fax 6217 3494) www.cpwf.org.cn/xff 幸福工程。海淀区大慧东路12号