- 9.30AM -

Ladies Golf Beijing's avid lady golfers play weekly at a local course. RMB 290 (includes green fees, caddy and lunch). Tee-off time is 9.30am. Details at beijingladiesgolf@yahoo.com or www.beijingladiesgolf.org

→ 6PM •

Wine Club Discover some of the world's finest wine regions. Five wines and one cocktail accompanied by expert commentary and canapes. RMB 150+15% per person. One East. 2/F, Hilton Beijing, 1 Dongfang Lu, Chaoyang District. (5865 5030) 朝阳区 东方路1号希尔顿酒店2层

Mediterranean Buffet Savor food from Spain, Italy, Greece and North Africa, paired with wines from the region. RMB 188+15%. Coffee Garden, Shangri La's Kerry Centre Hotel. 1 Guanghua Lu, Chaoyang District. (8565 2188) 朝阳区光华路1号嘉里中 心饭店

→ 6-10PM +

Bodega Fever Fill up on as much tapas as you can from Scarlett's wideranging selection. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

→ 7.15PM ·

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunvi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance), Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

- 7.30 & 9PM ·

Samba Beginners Beginner's class on every Thursday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia. RME 80 per lesson. J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

→ 8.30PM •

Paddy's Networking Thursdays Work your contacts. Free. Paddy



O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区 东直门外大街28号

- 9PM -

Live Music: Yugong Yishan Big Band

In-house band offer a treat. Free. Yugong Yishan, 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公 移山、东城区张自忠路2-3号段祺瑞执政 府旧址西院

Live Music: Dress Code Quintet

French jazz musicians sneak into Dongmianhua Hutong. RMB 40, RMB 30 (advance).. Jianghu Liveshow Bar. 7 Dongmianhua Hutong, Jiaodaokou Nandajie, Dongcheng District. (6401 4611) 江湖酒吧,东城区交道口南大街东 棉花胡同7号

Exposed: Ladies' Night Free VnC cocktails and second-floor "girls-only" zone. Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达 吧。朝阳区东三环北路东方1号希尔顿 饭店2层

Ladies Night All cocktails free for ladies. Juicy spot. 2-3/F, 2 Chaoyang Xilu (30m south of Chaovang Park West Gate), Chaoyang District. (6593 0610) 朝阳区朝阳公园西路2号楼2-3层 (朝阳 公园西门往南30米)

Beer for Queer Buy-one-get-onefree for the LGBT community. Free. The Boat. 8 Liangmahe Nanlu (west of Sanlitun Beijie), Chaoyang District. (8468 0735) 朝阳区亮马河南路8号 (三 里屯北街西边)

Give Me Goose Buy-one-get-one-free on bottles of Grey Goose. Free. Bling. Solana 5-1, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝 阳公园路6号Solana蓝色港湾国际商区5-1

33 45 Underground Disco Project Yang Bing and a rotating crop of DJ

talent keep the ladies happy. The buy-one-get-two-free drinks deal keeps them happier. Free. White Rabbit. 2/F, Tongli Studios, Sanlitun Beilu, Chaoyang District. (no tel) 朝阳区三里 屯北路同里2层

→ 9.30PM +

Liu Yue Guitar Trio Jazz lines read by classic guitar. Free. East Shore Live Jazz Café. 2 Qianhai Nanyanlu (just to the west of the post office on Di'anmenwai Dajie), Xicheng District. (8403 2131) 东岸咖啡, 西城区地安门外 大街前海南沿2号楼2层

Gayographic Happy Hour

Two-for-one drink specials until midnight and a free Thai tapas buffet for early birds at Lantung's "pink" happy hour. Free. Lantung. Solana, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6213) 兰棠 朝阳区朝阳 公园路6号蓝色港湾国际商区

→ 10PM •

Girls' Night Out Free vodka drinks from 10pm-1am for the ladies. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

→ 1ΠAM •

Half-day Great Wall Hiking

A half-day hike on the Mutianyu Great Wall. RMB 420. Meet 10-11.30am. Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure. www.cnadventure.com

→ 6PM •

Thank Funk It's Friday Half-price drinks from 6-9pm. Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 阿达吧。 朝阳区东三环北路东方 1号希尔顿饭店2层

→ 6.45PM +

The Great Wall Adventure Bicycle Challenge A three day ride north of Beijing. For those who can't join on Friday can catch up on Saturday but the cost would be the same, RMB 1,550 including food, water, lodging. Register at Chinacharitychallenge@gmail.com. Maximum 18 participants, Meeting point at TREK Store at 6.45am.

→ 6-10PM ·

Thank God it's Friday All standard drinks for RMB 25. TGIF Coupons are on sale buy 5 coupons and get the 6th drink for free! Coupons can be used every Friday. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

→ 7.30PM •

Live Music: Liu Dongming, Wan Xiaoli, Lao Lang Liu Dongming performs, Wan Xiaoli goes mad, Lao Lang keeps it cool – folk power. Tickets at 400 810 3721. RMB 120-380. No. 46 Theater. 46 Fangjia Hutong (just south of Guozijian Jie), Dongcheng District. · (8403 3799) 46号剧场,东城区方家胡同 46号艺术园区(国子监南临)

→ RPM •

Live Music: Jay-Jay Johanson, **Silkfloss** Swedish trip-hop character stirs your mood with local electronic candies. RMB 200, RMB 150 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山. 东城区 张自忠路2-3号段祺瑞执政府旧址西院

Live Music: Skarving Extra brass from the big ska band, RMB 80-120, RMB 50 (students), Tickets at 8599 1188, Nine Theater, Chaoyang Culture Center. Corner of Jintai Xilu and Chaovangmenwai Daije (east of Jingguang Qiao), Chaoyang District. (8599 6011) 朝阳文化馆, 朝阳区朝阳门外大街和金 太西路的路口

Free Kea Night The first kea of beer is free. By the time it's done, you'll be ready for happy hour. Free. Pyro. B1/F, Bldg 12, Huaging Jiayuan, Wudaokou (5 min from Wudaokou subway station), Haidian District. (8286 6240) 海淀 区五道口华清嘉园12号楼地下1层

广告

Friday Wine Fever Free-flow tapas when you buy an RMB 200 bottle of wine. Free. Enoteca. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1578) 朝阳区光华路9号世贸天阶

- 9PM -

House of Decadence By Sigma. DJ Chozie & DJ Bobby spin sophisticated house music for the Beijing elite. Free. The Beach. Block 8, Apartment 8 Complex, Chaoyang Gongyuan Xilu, Chaoyang District. (135 2188 2889) 朝 阳区朝阳公园西路8号公馆

Live Music: Abigail Washburn & Friends The country girl reunites with

members of Hanggai and other local traditional instrumentalists. RMB 100, RMB 80 (advance). The One. 5 Good Loft, 19 Ganluyuan, Gaobeidian Beilu (inside 718 Gudi Media Culture Garden), Chaoyang District. (5914 8087) 朝阳区高碑店北路甘露园19号院5号楼 (718谷地传媒文化园内)

Live Music: Long Shen Dao, Ember Swift & Band Reggae goes acoustic with a joint force from Canada. RMB 50, RMB 40 (advance, students). Jianghu Liveshow Bar. 7 Dongmianhua Hutong, Jiaodaokou Nandajie, Dongcheng District. (6401 4611) 江湖酒吧, 东城区交道口南大街东棉花 胡同7号

Live Music: Misandao The Chinese skinheads grow ten years young that's older than the Pistols, RMB 50. MAO Livehouse. 111 Gulou Dongdajie, Dongcheng District. (6402 5080) **. 芒, 东城区鼓楼东大街111号

10PM

Bigger Bang, Old Fashion, Rubber Phonograph Needle Old-school punk boys share stage with Talking Heads followers and disco rockers. RMB 40, RMB 30 (students). D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区成府路242号

'80s Night Like the '80s but with less mullets. DJs Side B, The Spinster, Vinyl Richie and Sweet FA spin. Free. Alfa. 6 Xingfu Yicun (in the alley opposite the north gate of Workers' Stadium), Chaoyang District. (6413 0086) 阿尔 法 朝阳区幸福一村6号丁体北门对面 的胡同里

Basement Two-for-one drinks specials until midnight. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaovang District. (6410 5222) 朝阳区三里屯路 11号三里屯Village1号楼瑜舍地下1层



SATURDAY

→ BAM ⊷

Migrating Birds Island Trip A backto-nature experience on a Bohai Bay island. See migrating birds and take part in an ecological treasure hunt. Meet in front of McDonald's at Ginza Mall (southeast corner of Dongzhimen Qiao). RMB 890, RMB 790 (children under 16). Ninety Percent Travel (151 1791 6648) www.90percenttravel.com

→ 11AM +

Trap-Neuter-Return A workshop on effectively managing the stray cat population. Free. International Center for Veterinary Services. Kent Center, 29 Liangmaqiao Lu, Anjialou (shares a courtyard with China Culture Center), Chaoyang District. (8456 1939/40) 北京新天地国际动物医院, 朝阳区安家 楼亮马桥路29号肯特中心院子内

→ 3PM •

Live Music: Waqiyige Yi folk songs from the southwestern mountains performed in chorus. RMB 100, RMB 80 (advance). The One. 5 Good Loft, 19 Ganluvuan. Gaobeidian Beilu (inside 718 Gudi Media Culture Garden), Chaoyang District. (59148087) 朝阳区高碑店北路甘露园 19号院5号楼(718谷地传媒文化园内)

- 3-5PM ·

Gaelic Football Beijing Gaelic Football Club play men's and women's games every Sunday; all skill levels are welcome. beijinggaa@yahoo.com or visit www.beijinggaa.org. Western Academy of Beijing. 10 Laiguangying Donglu (off the Airport Expressway), Chaoyang District. (8456 4155) 北京京 西学校, 朝阳区来广营东路10号

→ 5.30-10PM •

Garden BBQ Dine on a menu of savory grilled fare like fresh rock lobster, tiger prawns and juicy T-bone steak, as well as cheeses, soft drinks and local beer in the Shangri-la Hotel's traditional Chinese garden, RMB 498. Garden Bar & Terrace, Shangri-La Hotel. 29 Zizhuvuan Lu.at Xisanhuan Lu. Haidian District. (6841 2211) 北京香格 里拉饭店,海淀区西三环紫竹院路29号

→ 6PM ·

Live Music: Demerit Punk mainstays bring "Tongzhou Generation" back to



their home, RMB 20, Raving Temple, East End of Qunfang Zhongyi Jie (West Gate of Yucai Middle School), Liyuan Town, Tongzhou District. (137 1698 0276) 小雷音俱乐部, 通州区梨园 镇群芳中一街东首 (育才学校西门)

• 7PM •

Yipak Rock Feast Featuring Askar and Greywolf on the grass of Lido Park, plus beer and BBQ. RMB 40, 20 (students). Lido Park. 6 Fangyuan Xilu, Chaoyang District. 丽都公园 朝阳区芳园西路6号

- 7.30PM -

Sandee Peng, Zhong Lifeng, Shao Xiaomao The folk session continues with piano and guitar ballads. Tickets at 400 810 3721. RMB 120-380. No.46 Theater. 46 Fangjia Hutong (just south of Guozijian Jie), Dongcheng District. (8403 3799) 46号剧场,东城区方家胡同 46号艺术园区(国子监南临)

→ 8PM •

DJ Party: Hector Fonseca House for alternative minds. RMB 100 (includes one drink), RMB 40 (students, before 10pm). Destination. 7 Gongti Xilu, Chaoyang District. (6552 8180) 目的地。 朝阳区工体西路7号

Hummingbird Salsa from Xinjiang. Tickets at 8599 1188, RMB 80-120, RMB 50 (students), Nine Theater, Chaovang Culture Center. Corner of Jintai Xilu and Chaoyangmenwai Dajie (east of Jingguang Qiao), Chaoyang District. (8599 6011) 朝阳文化馆, 朝阳区朝阳门 外大街和金太西路的路口

- 9PM •

Live Music: Jets Overhead Following their 2009 China Tour Canadian rock quintet Jets Overhead return to China again. RMB 40. 2 Kolegas. 21 Liangmagiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友, 朝阳区亮马桥路21号

I Don't Do Him, I Do G Free-flow on selected cocktails and wine. But only for ladies, Free, Scarlett, Hotel G. 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

Early Bus Ska in the mood for dance. RMB 30. Hot Cat Club. 46 Fangjia Hutong (just south of Guozijian Jie), Dongcheng District. (6400 7868) 东城 区方家胡同46号艺术园区

→ 10PM •

Live Music: Bovz & Girl, Birdstriking, Hot & Cold Taiwanese noise-rock hipsters welcomed by local similar minds. Word has it that Carsick Cars might make an appearance. RMB 40, RMB 30 (students). D-22. 242 Chengfu Lu, Haidian District, (6265 3177) 海淀区 成府路242号

TIMES VARY -

International Finger-Style Guitar Festival Acoustic guitar recitals performed by musicians from different countries. Tickets at 6406 8888. RMB 20-150 (per session). 2.30-5.15pm (afternoon session), 7-9.45pm (evening session). Peking University Hall. Inside Peking University, 75 Haidian Lu, Haidian District. (6275 1278) 北大百年纪念 礼堂,海淀区海淀路75号北京大学内

Shanren Yunnan folkies lighten Shuangiing with soft chorus and indie rock. Price and time TBD. Mako Live House, Inside Honadian Art Factory, Courtyard 36 (500m south of Carrefour Shuangjing, inside small alley), Guangqu Lu, Chaoyang District. (5205 1112/3) 麻雀, 朝阳区广渠路36号院红点 艺术工厂内(幸福贝贝南边)



SUNDAY

→ 11.30AM ←

Poolside BBQ Buffet Swim, eat and drink to your heart's content. Doubletree by Hilton Beijing Pool. RMB 158. 11.30am-4.30pm.168 Guang'anmen Waidajie, Xuanwu District. (6338 1888) 宣武区广安门外大街168号

→ 2 & BPM ←

THRILLER - LIVE It is a spectacular concert created to celebrate the career of the world's greatest entertainer - Michael Jackson. Moonwalking its way around the world, THRILLER - LIVE brings to life the sensational dancing and distinctive sound of Michael and the Jackson 5. With eye-popping multi-media effects and dazzling choreography by the shows award-winning director Gary Lloyd. Expect your favourite Jackson songs delivered by an exceptionally talented cast and live band for more than two hours, including the smash hits: I Want You Back, I'll Be There, Can You Feel It, Beat It, RMB 280-880. Tickets at 400 610 3721. Beijing Exhibition Theater. 135 Xizhimenwai Daije, Xicheng District, (6835 4455) 北京 展览馆剧场, 西城区西直门外大街135号

→ 3PM ←

American Football The only American football group in Beijing play flag football for weekend fun. Contact

Yoyao Hsueh at yoyaoh@gmail.com or 159 0120 2499. Chaoyang Park

→ 4PM ·

Sundays on Top Rooftop drink specials, burgers and hot dogs, with music from DJ Wordv and Doc J. Free. Kokomo. 4/F Tongli Studios, Sanlitun Houjie, Chaoyang District. (6413 1019) 朝阳区三里屯后街同里4层

→ 4-6PM ←

INTRO Workshops Learn about DJing, VJing and producing electronic music. Free. Lantern. B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯 北路33号3.3服饰大厦地下1层

→ 4-10PM ←

Weekend Happy Hour Climb up to Lantung's Moon Deck roof terrace for early evening chilling with a hookah and a view. RMB 100 for all-you-candrink cocktail specialties, including fresh fruit shakes with rum or vodka and Lantung's specialty infused vodka mojitos. All-you-can-drink fresh tropical shakes are RMB 80. Lantung. Solana, 6 Chaoyang Gongyuan Lu. Chaoyang District. (5905 6213) 兰棠 朝阳区朝阳公园路6号蓝色港湾国际商区

→ 5.30 & 7PM ←

Samba Intermediates Intermediate class on every Sunday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia, RME 80 per lesson, J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun

广告

Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

- 7 PM -

Chamber Music: China National Symphony Orchestra String **Quartet** The quartet plans to dazzle audiences with a Schubert and Beethoven tribute concert. Details at www.pku-hall.com, RMB 40-50, Peking University Hall. Inside Peking University, 75 Haidian Lu, Haidian District. (6275 1278) 北大百年纪念礼堂, 海淀区 海淀路75号北京大学内

→ 7.30 PM ←

Piano Concert: Garrick Ohlsson's Chopin Recital Ohlsson, the first American to win the Chopin International Piano Competition winner, has established himself worldwide as a musician of magisterial interpretive and technical prowess. To celebrate the 200th anniversary of Chopin's birth, his recital will include the Impromptu in F sharp major, Ballade in A flat, Fantasie in F minor, and Mazurka in A minor, to name only a few. RMB 100-400. NCPA. 2 Chang'an Jie, Xicheng District. (6655 0000) 国家 大剧院, 西城区西长安街2号

→ APM ←

Live Concert: Usher Mr. Raymond IV brings his confession to Beijing, with a new album. Tickets at 400 610 3721 or www.piao.com.cn. RMB 280-2,000. Wukesong Arena. 12 Xicui Lu, Haidian District. (6828 6386)

五棵松体育馆,海淀区西翠路12号

→ 9PM •

Live Music: The Toy Captains The unknown Chaoshan folk from the south, RMB 30, RMB 20 (students). D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区成府路242号

Lush Open Mic Show off your talents for 15 minutes of fame and a free beer. Past acts have ranged from freestyle rap battles to tap dancing. RMB 10. Lush. 2/F, Bldg 1, Huaging Jiayuan, Chengfu Lu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清 嘉园1号楼2层(五道口城铁站对面)

→ 10PM •

DJ: Delicious Master mixologist George Zhou blends smooth jazz and smoother drinks to finish off the weekend. Free. O Bar. On the top floor. of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路 麦霓啤酒吧南100米



- 10AM -

Half-day Great Wall Hiking A

half-day hike on the Mutianyu Great Wall, RMB 420, Meet 10-11,30am, Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure. www.cnadventure.com

→ NOON ←

Free Afternoon Coffee Free coffee for desert buyers every weekday afternoon. Homemade style deserts include brownie (RMB 10), apple pie (RMB 15), cheese cake (RMB 15). Lily's Diner. 2-18 Tianzhijiaozi, 31 Guanggu Lu (in the street just south of the Tianzhijiaozi complex, a few doors east of the gym), Chaoyang District. (6592 5548) 朝阳区广渠路31号院天之骄子 2号楼2-18

→ 2PM •

Lakeside Afternoon Tea Daily afternoon tea at RMB 98 including a pot of your favorite tea and tea pastries include classic sandwiches and freshly baked scones served every afternoon before 5pm. Water. Store 15-4, Solana, 6 Chaoyanggongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国 际商区15-4

→ 5PM ←

Regent Beer Garden Because drinking outside is fun. The Regent. 99 Jinbao Jie, Dongcheng District. (8522 1789) 北京丽晶酒店, 东城区金宝街99号

→ 5.30-8.30PM •

Singapore Sling Its sweetness juxtaposes with its sourness. Passionate cherry brandy pairs perfectly with sweet guava syrup, ornament with colorful pineapple and cherry made it one of most famous cocktail worldwide as well as a sign of Singapore. RMB 120 and up. Half price during Happy hours 5.30-8.30pm. Writers Bar. Raffles Hotel. Raffles Beijing Hotel, 33 Dongchangan Jie, Dongcheng District. (6526 3388) 北京饭店莱佛士, 东城区东长安街33号

→ 6-10PM ·

Scarlett Daily Special & Dessert Order from the daily specials board and get a free scrumptious dessert.



Thriller-Live at the Beijing Exhibition Theater

Scarlett, Hotel G. 7A Gongti Xilu. Chaoyang District. (6552 2880) 朝阳区 工体西路甲7号北京极栈内

→ 6PM-MIDNIGHT ←

Monday Pizza Night Buy any pizza and get the second one for free. Ciro's Pomodoro. 81 Sanlitun Beilu, Chaovang District, (5208 6008) 波草多 洛, 朝阳区三里屯北路81号

→ 7.30PM ←

Bookworm Pub Quiz Put your grey matter to the test under some tough questioning. Wine specials all night. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

→ RPM •

THRILLER - LIVE See Sunday, Jul 11 listing.

MOVIE NIGHT -

Flicks on the screen. Free dessert if you buy dinner between 7-9pm. Free. Lush. 2/F, Bldg 1, Huaging Jiayuan, Chengfulu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清嘉园1号 楼2层(五道口城铁站对面)

Mojito Mondays Centro's discounted moiito for RMB 55. Free, Centro, 1/F. Shangri-La's Kerry Centre Hotel, 1 Guanghua Lu, Chaoyang District. (6561 8833, ask for Centro) 炫酷 朝阳 区光华路1号嘉里中心饭店1层

- 8PM -

Live Music: Joanna Racsy Jazz, pop and R&B entertains the cocktail crowd. Free, Centro, 1/F, Kerry Centre Hotel, 1 Guanghua Lu, Chaoyang District. (6561 8833) 炫酷, 朝阳区光华路1号嘉 里中心饭店1层

→ 9.30PM ←

The Boardroom Buy-one-get-onefree Moët champagne cocktails, 20 percent discounts on all bottles of Johnnie Walker and Hennessy VSOP, and a free glass of sparkling wine for secretaries. If only all offices were like this. While Tia and The KnutZ heat up the dance floor with R&B, hip-hop, jazz and more. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀. 朝阳区朝阳区 建国门外大街2号

→ TIMES VARY ←

Beijing City Bus Tour This daily bilingual city tour offers a brief introduction to Beijing's sights and planning, RMB 380, free (children under 1.2m). Day tour (3 hours) bus departs at 9.30am, 10am, 2pm and 2.30pm. Night tour (1.5 hours) bus departs at 7pm and 7.30pm. Tour departs from Guomao Exhibition Hall. Beijing Citybus Tour (400 650 0760) www. citybustour.com

Eel Day at Bei Bei celebrates the Japanese tradition of eating eel on the hottest day of the year with a seven-course eel tasting menu. RMB 688+15%, RMB 328+15% for wine pairing, Bei, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5230) 朝阳区 三里屯路11号三里屯Village1号楼瑜舍

TUFSDAY

- 6PM -

Irish Volunteer Quiz How much do you get paid? The Irish Volunteer. Jiangtai Lu (opposite the east gate of the Lido Hotel), Chaoyang District. (150 1112 4113) 朝阳区高家园小区平房 311号(丽都饭店东门对面)

→ 7-9PM ·

Gaelic Football Beijing Gaelic Football Club holds weekly men's and women's practice games every Tuesday in the city; all skill levels are welcome. Details at beijinggaa@yahoo. com or www.beijinggaa.org.

→ 7 15PM ·

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gonati Donalu (next to City Hotel's main entrance), Chaovang District, (6592 6290) 敦煌 朝阳区工体东路4号城市宾馆正门旁边

→ 7.30PM ·

Headhunter Social Networking Evening An evening for people looking for career development and companies looking for employees. Professionals and headhunters from all industries welcome. RMB 80, RMB 50 (register before Jul 12). To register email eventbi@fcclub.com or call 139

1109 8002. Flames, Hilton Wangfujing, 8 Wangfujing East Street, Dongcheng District. (5812 8888) 东城区王府井东街 8号北京王府井西尔顿

Green Drinks Midori, St. Patrick's Day lager ... actually a chance to meet likeminded do-gooders. Nonmembers are welcome. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书 吧. 朝阳区丁体北路4号院

→ 7.30-9.30PM ←

Tuina Massage Course Learn the basic acupoints and manipulations for relaxing the muscles and veins, either for treatments of common diseases or to maintain a state of general health. Eight-session class begins Apr 6. RMB 1,200 (8 sessions). China Culture Center. 29 Anjialou, Liangmagiao Lu, Chaoyang District. (6432 9341) 朝阳区 亮马桥路29号安家楼肯特中心院内

→ RPM ⊷

THRILLER - LIVE See Sunday, Jul 11 listina.

Live Music: Sabrina Montgomery Singer with a powerful set of vocal chords belts out jazz, funk and soul standards. Free. China Bar. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (8567 1234) 朝阳区朝阳区建国 门外大街2号

Quiz Night Questions and answers. Free, Tim's Texas Bar-B-O. 14 Dongdagiao Lu (on the corner of Guanghua Lu), Chaoyang District. (6591 9161) www.timsbarbq.com Tim's 熏烤房,朝 阳区东大桥路14号贵友大厦正北200米

8.30PM ←

Shanghai Rose Duo Jazz standards to entertain the lounge set. Free. Havana Bar, Grand Millennium, Fortune Plaza, 7 Dongsanhuan Zhonglu, Chaoyang District. (6530 9383) 朝阳区东三环中路 7号财富中心

Open Mic Night Brave a demanding crowd and get a drink for your efforts. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

. 9PM .

Live Music: P.K.14 Playing the entirety of their album Whoever, Whoever, Whoever from start to finish, RMB 30. D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区成府路242号

Mundo Latino with Magic Teguila All night long, enjoy 20 percent discounts on all bottles of tequila to the sound of salsa and Latin rhythms. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

Eastside Open Mic An open mic night with drinks specials to get you brave enough. Free. Tun. Courtyard 4 (20m south of Salsa Caribe), Gongti Beilu, Chaoyang District. (6585 5866) 屯、朝阳区工体北路4号院

The Fast is Pink Comrades unite over two-for-one cocktails between 9pm-midnight before dancing into the early hours, RMB 5 tapas too. Free. White Rabbit. 2/F, Tongli Studios, Sanlitun Beilu, Chaoyang District. (no tel) 朝阳区三里屯北路同里2层

- 10PM -

Open Deck Tuesdays Submit a demo and sign up for a two-hour slot. Free. Lantern. B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯北路33号3.3服 饰大厦地下1层

→ ALL DAY ⊷

Cheesy Tuesday Get Enoteca's cheese plate for half-price when you order a bottle of wine from the special menu. All day. Enoteca. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1578) 朝阳区光华路9号世贸天阶

Westin Summer Surprise Visit Grange or Zen5es and receive an RMB 100 cash voucher per table. Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8880) 朝阳区 新源南路1号威斯汀酒店



广告

NFDNFSDAY

- 6-11PM -

Martini Wednesdays Beijing's best martinis? Ten of them are buy-oneget-one-free tonight, Free, O Bar, On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦霓啤酒吧南100米

→ 6.45PM +

Nia A brand-new fusion of lifestyle and fitness. Apparently it's just like chocolate. RMB 110 (one class), RMB 800 (eight classes). Yin Yang Community Center, Courtyard 1, Hegezhuang Village, Chaoyang District. (6431 2108, contact@yinyangbeijing.com) www. yinyangbeijing.com 朝阳区崔各庄乡何 各庄村1号院

→ 7PM •

ROOMbelling Intimate Sessions with Dimitri from Paris Dimitri from Paris is one of the world's sauciest DJs. He set the auditory tones at Hugh Hefner's illustrious Playboy Mansion and is adored for his finesse at reconstructing the sounds of disco, jazz, samba, classic film soundtracks, pop and 80s' hits. Warm up DJ from 7pm. RMB 300. ROOMbeijing, Rm 301-302, 3/F, Park Life, Yintai Centre, 2 Jianguomenwai Dajie, Chaoyang District. (8517 2033) ROOM北京, 朝阳区建国门外大街2号银 泰中心301-302室

→ 7-10PM ·

Badminton Shuttlecock shenanigans for the intermediate and advanced. Contact John at johnsk_ho@hotmail.

→ 7.15-9.15PM +

Cooking With Tea Learn a new and healthy side to cooking at this fascinating class. RMB 220, RMB 200 (members). The Hutong. 1 Jiudaowan Zhongxiang Hutong (southeast of Beixingiao subway station), Dongcheng District. (8915 3613) 东城区九道湾中巷 胡同1号(北新桥地铁站东南边)

→ 8PM •

THRILLER - LIVE See Sunday, Jul 11 listing.

Frank's Quiz Win money. RMB 20. Frank's Place. Jiangtai Xilu, west of



Dimitri from Paris at ROOMbeijing

Rosedale Hotel, Lido area, Chaovang District. (6437 8399) 朝阳区丽都将台

Lush Pub Quiz Quizmaster Josh "Vegas" Lally presides. Come early for a seat. Winners take home a bottle of Jack. Free. Lush. 2/F, Bldg 1, Huaging Jiavuan, Chengfu Lu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清 嘉园1号楼2层(五道口城铁站对面)

Pomegranate Quiz Quizmaster Karl one week, a quest every other. Expect fun questions on such topics as Cockney rhyming slang. Free. The Pomegranate. 19 Kaifa Lu, Xi Baixinzhuang, Houshayu, Shunyi District. (8046 2558) 石榴园,顺义区后沙裕西白 辛庄开发路19号

→ 8.30PM •

Paddy's Quiz Free prizes for every round and free drinks for the top five finishers. Free. Paddy O'Shea's. 28 Dongzhimenwai Daiie, Chaovang District. (6415 6389) 朝阳区东直门外 大街28号

→ 9PM-4AM •

Open Bar All cocktails, Tsingtao and Draft beer for ladies RMB 30, gentlemen at RMB 60. Juicy spot. 2-3/F, 2 Chaoyang Xilu (30m south of Chaoyang Park West Gate), Chaoyang District. (6593 0610) 朝阳区朝阳公园西 路2号楼2-3层 (朝阳公园西门往南30米)

→ 9PM •

Yellow Ben Huang and guests bring electro-downbeat, funk and minimal grooves, Free, White Rabbit, 2/F, Tongli Studios, Sanlitun Beilu, Chaoyang District. (no tel) 朝阳区三里屯北路同里2层

Coguin Ladies Night Free cocktails until 1am for those of the appropriate sex, Free, Touch, Westin Chaovang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8888 ext 8112) 朝阳区新源南路 1号威斯汀洒店

Kitchen DJs Bitesize Buddha and Saul D cook up down and dirty funk soul disco and early hip-hop. Free. Punk. B1/F. The Opposite House, Blda 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳 区三里屯路11号三里屯Village1号楼瑜 舍地下1层

Flashdance '70s/'80s Retro night. Free. Lantern. B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯 北路33号3.3服饰大厦地下1层

→ TIMES VARY ←

Tango Learn from Alejandro and Camila, Arriba, RMB 120 per class. Private lessons available. See www. camilaye.com or call 8552 5228.

One-day Great Wall Hike Trekking from Jinshanling to Simatai Great Wall. RMB 500/person for a group of 2-5 people, RMB 420/person for a group of 6-9 people (price includes transport, guide, and entrance tickets). Sign up at least two days in advance at assistant@cnadventure.com; alternatively, call 5166 9102. CnAdventure. www.cnadventure.com

THURSDAY

- 6PM ←

Mediterranean Buffet Savor food from Spain, Italy, Greece and North Africa, paired with wines from the region. RMB 188+15%. Coffee Garden, Shangri La's Kerry Centre Hotel. 1 Guanghua Lu, Chaoyang District. (8565 2188) 朝阳区光华路1号嘉里中

Ladies' Night A complimentary glass of rosé welcomes all ladies for an evening of live music and treats. Free. Enoteca. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1578) 朝阳区 光华路9号世贸天阶

Wine Club Discover some of the world's finest wine regions. Five wines and one cocktail accompanied by expert commentary and canapes. RMB 150+15% per person. One East. 2/F, Hilton Beijing, 1 Dongfang Lu, Chaoyang District. (5865 5030) 朝阳区 东方路1号希尔顿酒店2层

--- 6-10PM --

Bodega Fever Fill up on as much tapas as you can from Scarlett's wideranging selection, Scarlett, Hotel G. 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

→ 7.15PM ←

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance). Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

· 7.30 PM ·

Book Talk: When a Billion Chinese Jump Jonathan Watts, the award-winning China correspondent for the UK's Guardian newspaper, discusses his latest book, When a Billion Chinese Jump: How China Will Either Save the World or Destroy It. Watts examines the choices available to China: to either become a green superpower or an agent of global ecological disaster. RMB 30, RMB 50 (members). The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

- 7.30 & 9PM ←

Samba for Beginners Beginner's class on every Thursday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia. RME 80 per lesson. J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

8.30PM

Paddy's Networking Thursdays Work your contacts. Free. Paddy



Mediterranean Buffet at Kerry Center's Coffee Garden

O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区 东直门外大街28号

. 9PM .

Live Music: Lonely China Day, The Offset: Spectacles The well-shaped Chinese offspring of Radiohead and The Velvet Underground, RMB 79.9. RMB 69.9 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路 2-3号段祺瑞执政府旧址西院

Ladies Night All cocktails free for ladies. Juicy spot. 2-3/F, 2 Chaoyang Xilu (30m south of Chaoyang Park West Gate), Chaoyang District. (6593 0610) 朝阳区朝阳公园西路2号楼2-3层 (朝阳公园西门往南30米)

Beer for Queer Buy-one-get-onefree for the LGBT community. Free. The Boat. 8 Liangmahe Nanlu (west of Sanlitun Beijie), Chaoyang District. (8468 0735) 朝阳区亮马河南路8号 (三 里屯北街西边)

Give Me Goose Buv-one-get-one-free on bottles of Grey Goose. Free. Bling. Solana 5-1, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝 阳公园路6号Solana蓝色港湾国际商区5-1

33 45 Underground Disco Project Yang Bing and a rotating crop of DJ talent keep the ladies happy. The buy-one-get-two-free drinks deal keeps them happier. Free. White Rabbit. 2/F, Tongli Studios, Sanlitun Beilu, Chaoyang District. (no tel) 朝阳区三里

→ 9.30PM +

屯北路同里2层

Liu Yue Guitar Trio Jazz lines read by classic quitar, Free, East Shore Live Jázz Café. 2 Qianhai Nanyanlu (just to the west of the post office on Di'anmenwai Dajie), Xicheng District. (8403 2131) 东岸咖啡, 西城区地安门外 大街前海南沿2号楼2层

Gayographic Happy Hour Two-forone drink specials until midnight and a free Thai tapas buffet for early birds at Lantung's "pink" happy hour. Free. Lantung. Solana, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6213) 兰棠,朝 阳区朝阳公园路6号蓝色港湾国际商区

Girls' Night Out Free vodka drinks from 10pm-1am for the ladies. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

45

→ 10AM •

Half-day Great Wall Hiking

A half-day hike on the Mutianyu Great Wall. RMB 420. Meet 10-11.30am. Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure. www.cnadventure.com

→ 6PM ·

Thank Funk It's Friday Half-price drinks from 6-9pm. Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 阿达吧。 朝阳区东三环北路东方 1号希尔顿饭店2层

→ 6-10PM •

Eating with Nemo Dive into king crabs, oysters, lobster, caviar and salmon - have it steamed, fried or roasted to your taste at live cooking stations, RMB 288+15% (including local beer), RMB 120+15% extra for free flow of wine. Elements, Hilton Hotel. 1 Dongfang Lu, Dongsanhuan Beilu, Chaovang District, (6466 2288) 希尔顿 酒店, 朝阳区东三环北路东方路1号

Thank God it's Friday All standard drinks for RMB 25. TGIF Coupons are on sale buy 5 coupons and get the 6th drink for free! Coupons can be used every Friday. Scarlett. Hotel G, 7A Gongti Xilu, Chaovang District, (6552) 2880) 朝阳区工体西路甲7号北京极栈内

→ 6.30PM •

Kungu Opera: The Peony Pavilion

One of the most ancient forms of Chinese opera, Kungu dates back to the Ming dynasty. The Peony Pavilion - a mythical tale of true love battling conservative feudal ethics - is one of its definitive pieces. RMB 580-1,980 (includes dinner). Nanxincang Imperial Granary. Nanxincang, 22 Dongsishitiao, Chaoyang District. (6409 6477/99) 皇家粮仓,朝阳区东四十条22号南新仓

→ 7.30PM •

Live Music: PTS, MNT, TST Yeah, there are Mongolian hip-hop groups. Need we say more? RMB 50, RMB 40 (advance, students), Mako Live House. Inside Hongdian Art Factory, Courtyard 36 (500m south of Carrefour Shuangjing, inside small alley), Guangqu Lu, Chaoyang District. (5205



1112/3) 麻雀, 朝阳区广渠路36号院红点

艺术工厂内(幸福贝贝南边)

— RPM ←

Live Music: Sound Around Funk. Latin and blues at one go. Tickets at 8599 1188. RMB 80-120, RMB 50 (students). Nine Theater, Chaoyang Culture Center. Corner of Jintai Xilu and Chaoyangmenwai Dajie (east of Jingguang Qiao), Chaoyang District. (8599 6011) 朝阳文化馆, 朝阳区朝阳门 外大街和金太西路的路口

Free Keg Night The first keg of beer is free. By the time it's done, you'll be ready for happy hour. Free. Pyro. B1/F, Bldg 12, Huaging Jiayuan, Wudaokou (5 min from Wudaokou subway station), Haidian District. (8286 6240) 海淀 区五道口华清嘉园12号楼地下1层

Friday Wine Fever Free-flow tapas when you buy an RMB 200 bottle of wine. Free. Enoteca. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1578) 朝阳区光华路9号世贸天阶

- 9PM -

House of Decadence By Sigma. DJ Chozie & DJ Bobby spin sophisticated house music for the Beijing elite. Free. The Beach. Block 8, Apartment 8 Complex, Chaoyang Gongyuan Xilu, Chaoyang District. (135 2188 2889) 朝 阳区朝阳公园西路8号公馆

Live Music: Nancheng Erge, Mythomania, Nanwu, Perdel Cross-talk, folk rock and Brit-pop. RMB 60, RMB 50 (advance, students). MAO Livehouse. 111 Gulou Donadaiie, Donachena District. (6402 5080) 光芒. 东城区鼓楼 东大街111号

→ 10PM ⊷

Live Music: Pork, Cassette, Mr. Rotten Up-and-coming alternative rockers reinforce their base. RMB 40. RMB 30 (students). D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区 成府路242号

'80s Night Like the '80s but with less mullets. DJs Side B. The Spinster, Vinvl Richie and Sweet FA spin. Free. Alfa. 6 Xingfu Yicun (in the alley opposite the north gate of Workers' Stadium), Chaoyang District. (6413 0086) 阿尔 法, 朝阳区幸福一村6号工体北门对面 的胡同里

Basement Two-for-one drinks specials until midnight, Free, Punk, B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaovang District. (6410 5222) 朝阳区三里屯路 11号三里屯Village1号楼瑜舍地下1层

MIDNIGHT •

Vice'n'Bass After-hours electro, dubstep and drum & bass in the downstairs cabin, dub, reggae and dancehall on the upper deck. Free. The Boat, 8 Liangmahe Nanlu (west of Sanlitun Beijie), Chaoyang District. (8468 0735) 朝阳区亮马河南路8号 (三 里屯北街西边)

SATURDAY

■ B 30 AM ←

Escape Concrete Beijing Daytrip to Badachu Forget the hustle and bustle of an urban Beijing Day. Join the FC Club on a trip to Badachu, a park enclosed by three mountains, contains 12 designated natural scenes and 8 well-preserved temples. RMB 290. Registration is essential. To register email eventbi@fcclub. com or call 139 1109 8002.

- 1PM -

Field Hockey Ice hockey minus the fights and ice. For more info, e-mail bjhockeyclub@hotmail.com. 1pm. Olympic Sports Center Stadium. 1 Anding Lu, Chaoyang District. (6417 7845) 奥体中心体育场, 朝阳区安定路1号

- 2PM -

Aussie Rules Nine-a-side on grass. No wonder they say g'day a lot. More details at beijingfooty@yahoo.com.. Jade Gardens.

→ 3PM •

Film: Left Alive This independent film, written and directed by Cheng Bai, chronicles the reality of artists in Songzhuang, one of Beijing's largest art villages. Free. Space for Imagination Café. 5 Xiwangzhuang, Shuangqing Lu, Haidian District. (6279 1280) 盒子咖 啡馆 海淀区双清路西干户5号

→ 7-11PM +

Do You Hutong? This innovative fundraiser hosted by the Beijing Cultural Heritage Protection Center will blend cultural heritage, art, dialogue and interpretation to create a fun and informative event in support of preserving priceless pieces of China's past. RMB 200, 150 (advance). For more info, call 6403 6532 ext 0 or email events.chp@gmail.com. Three Shadows Photography Art Centre. 155 East End Art, Caochangdi Village (Next to Platform China), Chaoyang District. (6432 2663) www.threeshadows.cn ≡ 影堂摄影艺术中心, 朝阳区草场地艺术 东区155号(站台中国旁)

→ 7.30PM ←

Live Music: New Worker Art Troupe Folk extravaganza, singing for the migrant workers. RMB 40, RMB 30 (advance, students). Mako Live House. Inside Hongdian Art Factory, Courtyard 36 (500m south of Carrefour Shuangiing, inside small alley), Guanggu Lu, Chaoyang District. (5205 1112/3) 麻雀, 朝阳区广渠路36号院红点艺术工 厂内 (幸福贝贝南边)

Drama: Black Light Theatre, Czech Republic Black Light Theatre is among the best known representatives of the Czech dramatic art in the world. Details at www.jfjgjy.com. Price TBD. PLA Song and Dance Theater. 60 Deshengmennei Daiie, southeast corner of Jishuitan Bridge, Xicheng District. (8322 0726, 6613 1718) 解放军歌舞剧院,西城区德 胜门内大街60号积水潭桥东南角

- 8PM -

Live Music: Mei Zhiyong Ambient musician from Changchun performs his own compositions. RMB 20. Raying Temple. East End of Qunfang Zhongyi Jie (West Gate of Yucai Middle School), Liyuan Town, Tongzhou District. (137 1698 0276) 小雷音俱乐部, 通州区梨园 镇群芳中一街东首(育才学校西门)

广告

Live Music: Xin Dongbu Quintet Jazz on a Saturday night. Tickets at 8599 1188. RMB 80-120, RMB 50 (students). Nine Theater, Chaoyang Culture Center. Corner of Jintai Xilu and Chaoyangmenwai Dajie (east of Jingguang Qiao), Chaoyang District. (8599 6011) 朝阳 文化馆, 朝阳区朝阳门外大街和金太西 路的路口

→ 9PM +

Havana Night Buy-one-get-one-free on RMB 58 moiitos. Cuba libres and daiguiris, courtesy of Havana Club. Free. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区 工体西路甲7号北京极栈内

Nu-Mark Former Jurassic 5 production wizard returns to Beijing, RMB 80, RMB 50 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路2-3号 段祺瑞执政府旧址西院

Live Music: I.L.T.B, Youth Qingnian Xiaohuozi Electro rock party generated by laptops and indie poppers. RMB 60, RMB 50 (advance). MAO Livehouse. 111 Gulou Donadaiie, Donachena District. (6402 5080) 光芒, 东城区鼓楼 东大街111号

Live Music: PTS The Mongolian hiphoppers perform their second Beijing show, RMB 30. Jianghu Liveshow Bar. 7 Dongmianhua Hutong, Jiaodaokou Nandaiie, Donachena District, (6401 4611) 江湖酒吧, 东城区交道口南大街东 棉花胡同7号

→ 10PM +

Beijing Zoo 1st Anniversary Kid Fresh is back for more, with Hong Kong's DJ Yellow and residents Lomang and Saul D. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯VIIlage1号楼瑜舍地下1层

Live Music: You Mei You, Rustic, Lazy Camels, Candy Monster Hard rockers and punk heads start their anarchy in Wudaokou, RMB 40, RMB 30 (students). D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区成府路242号

Saturday Alive Scarlett comes "Alive" after 10pm with DJ Maxwell spinning along with live jazz musicians and singers! Cocktails are RMB 50, 15% discount on bottles of spirits. Scarlett, Hotel G. 7A Gongti Xilu, Chaoyang District. (6552 3600) 朝阳区工体西路甲 7号北京极栈内



SUNDAY → 11.30AM -

Poolside BBQ Buffet RMB 158 Swim, eat and drink to your heart's content. Doubletree by Hilton Beijing Pool. 11.30am-4.30pm.168 Guang'anmen Waidajie, Xuanwu District. (6338 1888)

→ N00N-3PM +

Sundays at St. Regis

宣武区广安门外大街168号

A kaleidoscope of international flavors and a view of the charming St. Regis garden. RMB 398+15% (includes champagne and cocktails, Garden Court. St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District. (6460 6688 ext 2340) 景苑咖啡厅 朝阳区建 国门外大街21号国际俱乐部饭店

American Sunday Roast Lazy Sundays of prime beef rib cut tableside with all the trimmings plus traditional puddings and pies, RMB 178+15%. RMB 98+15% extra for wine buffet. One East, Hilton Hotel. 1 Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (6466 2288) 希尔顿酒店, 朝阳 区东三环北路东方路1号

→ 1.50PM ←

Hutong Rickshaw Tour Explore the hutong on this rickshaw ride. before stopping in to see a traditional courtvard and meet a local family. Call Lisa on 139 1150 8227 or 8621 6278 for more information. RMB 180. Meet at 1.50pm at the South gate of Lotus Lane. CnAdventure. www. cnadventure.com

→ 2PM ←

Water Polo Beijing Ducks play most Sundays. All skill levels welcome. For more info, contact richard.andrew. young@gmail.com. International School of Beijing, 10 Anhua Jie, Shunyi District, 北京顺义国际学校、顺义区安华街10号

Mahjong Workshop You'll be playing independently within one hour, newbie. RMB 70. China Culture Center. 29 Aniialou, Liangmagiao Lu, Chaoyang District. (6432 9341) 朝阳区亮马桥路 29号安家楼肯特中心院内

→ 3PM +

American Football The only American football group in Beijing play flag



football for weekend fun. Contact Yoyao Hsueh at yoyaoh@gmail.com or 159 0120 2499, Chaoyang Park

4-6PM •

INTRO Workshops Learn about DJing, VJing and producing electronic music. Free, Lantern, B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯 北路33号3.3服饰大厦地下1层

→ 4-10PM «

Weekend Happy Hour Climb up to Lantung's Moon Deck roof terrace for early evening chilling with a hookah and a view. RMB 100 for all-you-candrink cocktail specialties, including fresh fruit shakes with rum or vodka and Lantung's specialty infused vodka mojitos. All-you-can-drink fresh tropical shakes are RMB 80. Lantung. Solana, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6213) 兰棠, 朝阳区朝阳公园路6号蓝色港湾国际商区

→ 5.30 & 7PM •

Samba Intermediates Intermediate class on every Sunday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia, RME 80 per lesson, J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

→ 9PM +

Lush Open Mic Show off your talents for 15 minutes of fame and a free beer. RMB 10, Lush, 2/F, Blda 1, Huagina Jiayuan, Chengfu Lu (across from the Wudaokou light-rail station), Haidian

District. (8286 3566) 海淀区成府路华清 嘉园1号楼2层(五道口城铁站对面)

→ 10PM •

DJ: Delicious Master mixologist George Zhou blends smooth jazz and smoother drinks to finish off the weekend Free O Bar On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路 麦霞啤酒吧南100米

TIMES VARY -

Modern Dance: BeijingDance/LDTX Housewarming Party In celebration of their new home, the modern dance company will be offering a weekend of dance festivities, including workshops, film screenings and performances. Details at www.beijingldtx. com. RMB 50-100. BeijingDance/LDTX Studio. 16 Xiadianchangpo Village, Xidawang Road, Chaoyang District. (6405 4842) 北京雷动天下现代舞团 朝 阳区朝阳区下甸厂坡村16号

Touch Rugby You can practice touching on the free bus from The Den. www.beiiinadevils.com

Hash House Harriers Run every Sunday, then drink like a sailor at port. Meet at Paddy O'Shea's. Meeting times vary (www.hash.cn). Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东盲门外 大街28号

The TREK Peloton Road Bike Cycling

Club Rental bikes are available. Riders are divided into groups based on speed and distance. More information at tom@cvclosportschina.com or 139 1028 0053.

MONDAY

→ 1ΠAM ⊷

Half-day Great Wall Hiking A

half-day hike on the Mutianyu Great Wall, RMB 420, Meet 10-11,30am, Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure www.cnadventure.com

Burger, Burger Mondays Buy one signature burger, get a second free. Blue Frog. 3/F, Bldg 4, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 4030) 蓝蛙, 朝阳区三里 屯北路19号三里屯Village南区4号楼3层 S4-30 (6417 4030)

→ 2PM

Lakeside Afternoon Tea Daily afternoon tea at RMB 98 including a pot of your favorite tea and tea pastries include classic sandwiches and freshly baked scones served every afternoon before 5pm. Water. Store 15-4, Solana, 6 Chaoyanggongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国 际商区15-4

→ 5PM ·

Regent Beer Garden Because drinking outside is fun. The Regent. 99 Jinbao Jie, Dongcheng District. (8522 1789) 北京丽晶酒店, 东城区金宝街99号

5.30−8.30PM ←

Singapore Sling Its sweetness juxtaposes with its sourness. Passionate cherry brandy pairs perfectly with sweet guava syrup, ornament with colorful pineapple and cherry made it one of most famous cocktail worldwide as well as a sign of Singapore. RMB 120 and up. Half price during Happy hours 5.30-8.30pm. Writers Bar. Raffles Hotel. Raffles Beijing Hotel, 33 Dongchangan Jie, Dongcheng District. (6526 3388) 北京饭店莱佛士, 东城区东长安街33号

→ 6-10PM •

Scarlett Daily Special & Desesrt Order from the daily specials board

and get a free scrumptious dessert. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

6PM-MIDNIGHT

Monday Pizza Night Buy any pizza and get the second one for free. Ciro's Pomodoro. 81 Sanlitun Beilu, Chaoyang District. (5208 6008) 波莫多 洛. 朝阳区三里屯北路81号

- 7.30PM ·

Bookworm Pub Quiz Put your grey matter to the test under some tough questioning. Wine specials all night. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

→ RPM •

Movie Night Flicks on the screen. Free dessert if you buy dinner between

7-9pm. Free. Lush. 2/F, Bldg 1, Huaging Jiayuan, Chengfulu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清 嘉园1号楼2层(五道口城铁站对面)

Mojito Mondays Centro's discounted mojito for RMB 55. Free. Centro. 1/F, Shangri-La's Kerry Centre Hotel, 1 Guanghua Lu, Chaoyang District. (6561 8833, ask for Centro) 炫酷. 朝阳 区光华路1号嘉里中心饭店1层

Live Music: Joanna Racsy Jazz, pop and R&B entertains the cocktail crowd. Free. Centro. 1/F, Kerry Centre Hotel, 1 Guanghua Lu, Chaoyang District. (6561 8833) 炫酷 朝阳区光华路1号嘉 里中心饭店1层

- 9.30PM ←

The Boardroom Buy-one-get-onefree Moët champagne cocktails, 20 percent discounts on all bottles of Johnnie Walker and Hennessy VSOP. and a free glass of sparkling wine for secretaries. If only all offices were like this. While Tia and The KnutZ heat up the dance floor with R&B, hip-hop, iazz and more. Free. Xiu. Park Hvatt. 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀 朝阳区朝阳区 建国门外大街2号

TIMES VARY -

Beijing City Bus Tour This daily bilingual city tour offers a brief introduction to Beijing's sights and planning, RMB 380, free (children under 1.2m). Day tour (3 hours) bus departs at 9.30am, 10am, 2pm and 2.30pm. Night tour (1.5 hours) bus departs at 7pm and 7.30pm. Tour departs from Guomao Exhibition Hall. Beijing Citybus Tour (400 650 0760) www. citybustour.com

Eel Day at Bei Bei celebrates the Japanese tradition of eating eel on the hottest day of the year with a seven-course eel tasting menu. RMB 688+15%, RMB 328+15% for wine pairing. Bei, The Opposite House. Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5230) 朝阳区三里屯路11号三里屯Village1号 楼瑜舍

Summer Truffle Menu All month. Indulge in a multi-course set menu celebrating this world-renowned ingredient. RMB 588+15%. Le Pre Lenotre, Sofitel. Tower C, Wanda Plaza, 93 Jianguo Lu, Chaoyang District. (6410 5230) 朝阳区建国路93号万达广场 C座万达索菲特大饭店



-10AM-

INN Coffee Morning The International Newcomers Network meet and share. All are welcome. Free. The Bookworm, Courtvard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书 吧,朝阳区工体北路4号院

-6PM-

Irish Volunteer Ouiz How much do you get paid? The Irish Volunteer. Jiangtai Lu (opposite the east gate of the Lido Hotel), Chaoyang District. (150 1112 4113) 朝阳区高家园小区平房 311号(丽都饭店东门对面)

_7-9PM-

Gaelic Football Beijing Gaelic Football Club holds weekly men's and women's practice games every Tuesday in the city; all skill levels are welcome. Details at beijinggaa@yahoo. com or www.beijinggaa.org.

-7.15PM

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance), Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

-7.30 PM

Fashion, Media and Creative Industries Social Networking Evening A special FC Club to meet the creative and talented people from the Media, Marketing, Advertising, P.R., Glamour, Fashion and Creative Industries who have the power to influence what we do and think. An evening to forge new connections with the secret army that toil night and day to ensure that we know what's hot and what's not. Entry includes complimentary drinks, canapés and happy hour until 10pm. RMB 130, RMB 80 (register before Jul 19). To register email eventbi@fcclub.com or call 139 1109 8002. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧,朝阳区东三环北路东方1号希尔 顿饭店2层

Book Talk: The Dragon's Gift: The Real Story of China in Africa Drawing on three decades of experience, Deb-



Book Talk: The Dragon's Gift The Real Story of China in Africa at The Bookworm

orah Brautigam tackles the myths and realities of China's involvement with Africa – explaining what the Chinese are doing, how they do it, how much aid they give, and how it all fits into their "going global" strategy. RMB 50, RMB 30 (members). The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧. 朝阳区 丁体北路4号院

-7.30-9.30PM-

Tuina Massage Course Learn the basic acupoints and manipulations for relaxing the muscles and veins, either for treatments of common diseases or to maintain a state of general health. Eight-session class begins Apr 6. RMB 1,200 (8 sessions). China Culture Center. 29 Anjialou, Liangmaqiao Lu, Chaoyang District. (6432 9341) 朝阳区 亮马桥路29号安家楼肯特中心院内

RPM-

Quiz Night Questions and answers. Free. Tim's Texas Bar-B-Q. 14 Dongdagiao Lu (on the corner of Guanghua Lu), Chaoyang District. (6591 9161) www.timsbarbq.com Tim's 熏烤房, 朝阳区东大桥路14号贵友大厦下北200米

-8.30PM-

Open Mic Night Brave a demanding crowd and get a drink for your efforts. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

9РМ-

Live Music: White+, Golden Driver, **D-blow Mew** Shouwang and Wang Xu joined by shoegazing newcomers D-blow Mew, RMB 30, RMB 20 (students). D-22. 242 Chengfu Lu, Haidian District. (6265 3177) 海淀区成 府路242号

Mundo Latino with Magic Tequila

All night long, enjoy 20 percent discounts on all bottles of tequila to the sound of salsa and Latin rhythms. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀. 朝阳区朝阳区建国门外大街2号

Eastside Open Mic An open mic night with drinks specials to get you brave enough. Free. Tun. Courtyard 4 (20m south of Salsa Caribe), Gongti Beilu, Chaoyang District. (6585 5866) 屯、朝阳区工体北路4号院

The East is Pink Comrades unite over two-for-one cocktails between 9pm-midnight before dancing into the early hours. RMB 5 tapas too. Free. White Rabbit. 2/F, Tongli Studios, Sanlitun Beilu, Chaovang District, (no tel) 朝阳区三里屯北路同里2层

-10PM-

Open Deck Tuesdays Submit a demo and sign up for a two-hour slot. Free. Lantern. B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯北路33号3.3服 饰大厦地下1层

-ALL DAY-

Cheesy Tuesday Get Enoteca's cheese plate for half-price when you order a bottle of wine from the special menu. All day. Enoteca. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1578) 朝阳区光华路9号世贸天阶

UL

- 6-10PM -

Beijing Energy Network Happy Hour Join BEN's Energy & Environment (BEER) roundtable. Non-members are welcome. Free. The Bookworm. Courtvard 4. Gongti Beilu, Chaovang District. (6586 9507) 书虫书吧. 朝阳区 工体北路4号院

→ 6-11PM •

Martini Wednesdays Beijing's best martinis? Ten of them are buy-oneget-one-free tonight. Free. Q Bar. On the top floor of Eastern Inn Hotel. 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦霉啤酒吧南100米

→ 6.30PM •

Basketball Play with the Angels. General Administration of Sport of China Training Centre, www.angelsclub.com.cn

→ 6.45PM +

Nia A brand-new fusion of lifestyle and fitness. Apparently it's just like chocolate, RMB 110 (one class), RMB 800 (eight classes). Yin Yang Community Center, Courtyard 1, Hegezhuang Village, Chaovang District, (6431 2108, contact@yinyangbeijing.com) 朝阳区 崔各庄乡何各庄村1号院

→ RPM •

Frank's Ouiz Win money, RMB 20. Frank's Place, Jiangtai Xilu, west of Rosedale Hotel, Lido area, Chaoyang District. (6437 8399) 朝阳区丽都将台西路

Lush Pub Quiz Quizmaster Josh "Vegas" Lally presides, Come early for a seat. Winners take home a bottle of Jack. Free. Lush. 2/F, Bldg 1, Huaging Jiavuan, Chengfu Lu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清 嘉园1号楼2层(五道口城铁站对面)

Pomegranate Quiz Quizmaster Karl one week, a guest every other. Expect fun questions on such topics as Cockney rhyming slang. Free. The Pomegranate. 19 Kaifa Lu, Xi Baixinzhuang, Houshayu, Shunyi District. (8046 2558) 石榴园,顺义区后沙裕西白 辛庄开发路19号

- 8.30PM -

Born From Pain, Unregenerate **Blood** Dutch metalcore make some noise. Let's hope the Jiaodaokou police won't find out. RMB 80, RMB 60 (advance), MAO Livehouse, 111 Gulou Donadaiie, Donachena District, (6402 5080) 光芒,东城区鼓楼东大街111号

Paddy's Quiz Free prizes for every round and free drinks for the top

five finishers, Free, Paddy O'Shea's, 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外 大街28号

→ 9PM-4AM ←

Open Bar All cocktails, Tsingdao and Draft beer for ladies RMB 30, gentlemen at RMB 60. Juicy spot. 2-3/F, 2 Chaovang Xilu (30m south of Chaovang Park West Gate), Chaoyang District. (6593 0610) 朝阳区朝阳公园西 路2号楼2-3层 (朝阳公园西门往南30米)

- 9PM -

Yellow Ben Huang and guests bring electro-downbeat, funk and minimal grooves, Free, White Rabbit, 2/F, Tongli Studios, Sanlitun Beilu, Chaoyang District. (no tel) 朝阳区三里屯北路同里2层

Coquin Ladies Night Free cocktails until 1am for those of the appropriate sex, Free, Touch, Westin Chaovang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8888 ext 8112) 朝阳区新源南路 1号威斯汀洒店

Everything Irie Sounds from Jamaica, with buy-one-get-one-free Guinness and rum and coke. Free cosmopolitans for the ladies, Free, Bling, Solana 5-1, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝阳公园路 6号Solana蓝色港湾国际商区5-1

Hump Day Mid-week drinks discounts, Free, Pvro, B1/F, Blda 12, Huaging Jiayuan, Wudaokou (5 min from Wudaokou subway station). Haidian District. (8286 6240) 海淀区五 道口华清嘉园12号楼地下1层

→ 9.30PM ·

Divas & Champagne Buy-one-getone-free Moët champagne cocktails and bottles, Free, Xiu. Park Hvatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区 建国门外大街2号

→ 10PM •

Kitchen DJs Bitesize Buddha and Saul D cook up down and dirty funk soul disco and early hip-hop. Free, Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳 区三里屯路11号三里屯Village1号楼瑜

Flashdance '70s/'80s Retro night. Free. Lantern. B1/F, 3.3 Shopping Center, 33 Sanlitun Beilu, Chaoyang District. (135 0134 8785) 朝阳区三里屯 北路33号3.3服饰大厦地下1层



SPOTI IGHT



FDUCATING GLOBAL LEADERS

Berlitz Global CEO Yukako Uchinaga

Over the course of her three decades at IBM Japan Yukako Uchinaga rose from a systems engineer to a seat on the Board of Directors at one of the world's most recognizable brands. Now as the Global CEO of Berlitz International, she explains her vision for how her company can provide the proper tools to nurture globalization-savvy business leaders.

What role has language learning played in helping you advance your own career? I worked for IBM for 37 years - quite a long tenure. During my time there I had the position of head of research and development for first Japan and then all of Asia, so my background is very technical-oriented, towards IT solutions and IT products.

During this time I had to learn a lot about how to negotiate and cooperate with people from different cultures and different backgrounds.

If I could not speak English, I would not have been able to reach the position that I held at IBM. I think English is an essential language to have command of in a global business environment.

To speak one common language is very important to improve communications. For example, at the time when I joined IBM in 1971 my English was not good. My background was physics, so I would rather talk about physics.

I lasted three or four years without speaking any English. But suddenly I got an American boss, who spoke only English, no Japanese,

"Our customers' ultimate goal is to become global business leaders"

so I was forced to speak English to communicate. If I could not speak English I couldn't communicate with my boss. Eventually I learned a lot and was gradually able to put it together and communicate well to do business in English.

I think that English is very important. Of course it is not everything, but to communicate with global customers is a very important first step.

What are the main advantages that Berlitz can offer business people, compared to other language learning programs? The language service industry is undergoing rapid commoditization. There are many options and competition is driving the price down. In that environment, Berlitz is recognized as high value, high price. What are our customers' requirements? About seven percent of our customers qualify as what we call "serious learners" - customers with specific, serious objectives. This includes the Toyota executive that wants to move manufacturing to China, or a company from the USA that wants to attempt a merger or an acquisition of a business in Brazil or Russia. They have clear objectives to learn the language. For these customers, just learning the language is not good enough to meet their goal. Their goal is business success in a different environment. They would like to have the leadership capability to put together teams of people from different backgrounds and different cultures. These customers' ultimate goal is to become global business leaders.

For these customers, whose goal is to become a global business leader or a global business talent, we can provide them with the total solution. Starting with language, we add some cross-culture training - how to adapt to a different culture, how to absorb difference into their comportment. and also how to communicate influence within the local culture.

So that is why we are now shifting from being just a language services company to being a global leadership training company. We are now starting with the language, adding cross-culture training, and adding some business training, in order to develop the customer's skills and capabilities, to help them become a alobal talent.

Berlitz International operates in more than 60 countries. What is it about the business that allows it to work in so many different cultural and business environments? We respect local uniqueness, and also have very strong global foundations - this combination is important for helping us adapt well to business environments all over the world. As an organization we are also very diverse. employing native speakers of over 50 languages, and able to offer language learning services to our customers in so many languages. We are accepting of difference, which helps us to achieve balance.

In what countries do you anticipate the most growth for Berlitz International over the next five to ten years? Of course, China.

When I first joined the company, my first priority was to look at the strategy, business and management structure in Japan, North and South America and Europe.

Many people have advised me that China will not take the same road as countries such as Japan - but will leapfrog everyone.

So we are now introducing not only language, but also culture training, global leadership training, ELS, study abroad services – for all of these programs, we want to focus on developing the Chinese market.

In China we see so many talented people that can have a different caliber of success by going after the global market, and we have great programs and resources to help these people. For example, we have now articulated a five step program to use our language and cultural training courses to become a global leader. The first two steps involve a lot of "Many people have advised me that China will not take the same road as countries such as Japan - but will leapfrog everyone"

cultural training, while the later steps focus more on business skills.

We are now trying to combine the traditional MBA training with more cultural approaches.

In what ways can Berlitz' language learning programs add cultural competence, persuasive power and human networking skill value for rising corporate leaders? What is the difference between a local leader and a global leader? I think the difference is that the global leader must manage diversity. So we recognize how to manage diversity and inclusion - you have to understand the culture, you have to understand the language, you have to have the vision and analytical and team building skills.

I think the most important part of the global leader is that they must have their own identity - must understand their own history and art.

Perhaps the most important advantage that a global leader can have is a strong personal global network. So beyond the technical skills necessary to become a global leader, it is essential for people to develop their own identities and invest time and energy in building relationships. With this in mind, we have integrated a series of business language training seminars into our offerings.

We would like to form partnerships and alliances with various businesses to be able to service the wide range of educational needs that our students have as they work to achieve global leadership capacity.

First step is language and cross cultural training, and then the next step is to practice for using the language in specific practical business environments - like meetings, negotiations, or presentations.

广告

What is it like to be "one of the 50 most powerful international businesswomen" (according to Fortune magazine)? That was more than ten years ago. I don't know why they chose me as one of the most powerful international businesswomen worldwide. I think they were surprised when I got the position as a board member for IBM Japan, and IBM was known to be very difficult place for women to advance. Especially surprising for them, perhaps, was that I rose to such high-level positions from inside the company. rather than being recruited from outside.

Women in traditional Japanese companies, like foreigners, are always outsiders. They are too often left out of the core of the business, because people don't know how to deal with them. There is no specific intention to exclude, but the just don't know how to include women. The male business culture in Japan is a very strong monoculture - they don't need to talk too much to each other. everyone is assumed to understand what everyone else wants, there is a lot of ambiguity and speaking in too much detail about things can make people uncomfortable.

So I think that this Fortune magazine article was meaningful for a lot of women in Japan, who were encouraged to see the success that I had achieved. That was one of the reasons I started J-Win, which is a program to help develop women managers and business owners. Since the Fortune magazine article, many other women have risen to become board members at Japan's largest companies. It was just one article, but it was very meaningful for Japanese businesswomen.

Interview by Gabriel Monroe

FIJING ATTRACTIONS

Excerpted from the Insider's Guide to Beijing 2010, available at bookstores around town and by delivery to your home office or hotel. (5820 7700, distribution@truerun.com).

Beihai Park - Circular City The Yuan dynasty built its imperial palace on the eastern shore of Beihai, the sole remnant of which is the Circular City and the green jade jar housed within. Atop Qionghua Island is Beihai's centerpiece, the White Dagoba. Famous for its seas of lotuses that bloom in June and July, Beihai is particularly popular as a boating destination. Daily 6am-8.30pm. Park RMB 10 (Apr-Oct), RMB 5 (Nov-Mar); all access RMB 20; students half price. 1 Wenjin Jie, Xicheng District. (6403 1102) 北海公园-团城, 西城区 文津街1号



Botanical Garden and Wofo Si Temple With a state-of-the-art greenhouse and the largest plant collection in China, the Beijing Botanical Garden, located in western Beijing next to the Frangrant Hills, has a whole day's worth of flora. The highlight is the artificial jungle inside the greenhouse. with orchids, tropical trees and cacti. The sprawling grounds also contain Wofo Si, the Reclining Buddha Temple. Daily 7am-5pm (garden), 8am-4.30pm (Wofo Si and greenhouse). Gardens RMB 10 (Apr-May), RMB 5 (Jun-Mar); greenhouse RMB 50; Wofo Si RMB 10. Wofo Si Lu, Xiangshan, Haidian District. (6259 1283) 北京植物园和卧佛寺,



Capital Museum Housed in a cool modernist building, complete with state-of-the-art technology, the museum features curated exhibits and reconstructions of old hutong homes as part of its permanent exhibits on Beijing history, culture, folk customs and urban development. Tue-Sun 9am-4pm, Free (advance reservations). RMB 30, 16 Fuxinamenwai Daiie. Xicheng District. (6337 0491) www. capitalmuseum.org.cn 首都博物馆, 西城区复兴门外大街16号

Coal Hill (Jingshan) Created in 1420 using earth from the moat and the expansion of Beihai's lakes, this scenic hill is based on feng shui principles and was intended to protect the imperial palace from chilling northern winds. Jingshan is also where the last Ming dynasty emperor ended his reign: He hanged himself from a tree as Manchu troops stormed Beijing in 1644. Daily 6am-9pm (spring-summer), 6.30am-8pm (autumn-winter). RMB 2.1 Wenjin Jie, Xicheng District. (6404 4071) 景山公园,西城区文津街1号

The Confucius Temple (Kong Miao) Located on picturesque Guozijian just west of Yonghegong, this temple dedicated to China's seminal philosopher dates back to 1302 and is the largest temple of its kind outside of Qufu, Confucius's hometown in Shandong Province. Daily 8.30am-5pm (4.30pm last ticket). RMB 20, RMB 10 (students). 13 Guozijian Jie (near the Lama Temple's main gate), Dongcheng District. (8402 7224) 孔庙和国子监, 东城区国子 监街13号

Deshenamen Its surrounding highways, byways and bus depot aside, this ancient city gate is unusually elegant and the jumble of architecture visible from the rooftop snack bar is highly photogenic. Kick back with a beer and boiled peanuts and imagine scenes of victorious troops returning from battle. Tue-Sun 9am-4pm. RMB 20. Deshenamen Jian-lou, Bei'erhuan Lu. Xicheng District. (6201 8073 ext 0) 德胜 门, 西城区北二环德胜门箭楼

Dongyue Temple One of the few remaining traditional structures in the heart of the CBD, this Daoist temple houses hundreds of amazing life-size plaster figures representing the 73 Chiefs of Departments and 18 Lavers of Hell. The Beijing Folk Arts Museum is located in the back of the temple. Tue-Sun 8.30am-4.30pm, RMB 10, 141 Chaoyang-menwai Dajie, Chaoyang District. (6551 0151) 东岳庙, 朝阳区 朝阳门外大街141号

Drum and Bell Towers (Gulou and Zhonglou) Buildings similar to the Drum Tower have stood in this vicinity for over 700 years, but the current structure dates back to 1800, when hours of the day were beaten on 24 drums. Today, the tower houses 25 drums that are beaten for visitors every half-hour between 9-11.30am and 2-5pm. Just north of the Drum Tower is the Bell Tower, named after the 500year-old bronze beast with 10cm thick walls. Daily 9am-5pm. Drum Tower RMB 20, RMB 10 (students). Bell Tower RMB 15, students RMB 8. Di'anmen Dajie, Dongcheng District. (8402 7869) 钟鼓 楼。东城区地安门大街

The Forbidden City Home to emperors since the Ming dynasty, this is the physical and historical heart of old Beijing and its most famous attraction (see also Tian'anmen Gate, Square and Chairman Mao Memorial Hall). Daily 8.30am-4pm (Apr-Oct), 8.30am-3.30pm (Nov-Mar). RMB 60 (Apr-Oct), RMB 40 (Nov-Mar); students RMB 20; children under 1.2m free. Audio tour RMB 40 (RMB 100 deposit). North of Tian'anmen Square. (8500 7114) www. dpm.org.cn 故宫, 天安门广场北侧

Fragrant Hills Park (Xiangshan) and Azure Clouds Temple (Biyun Si) This park, carved from imperial hunting grounds, is a civilized jumble of smoke trees, small pagodas and scenic pools culminating in a view of Beijing from Incense Burner Peak (Xianglu Feng). A chairlift is available for those not up to the hour-long hike to the top. Trails lead from the peak further into the Western Hills. Near the park's north entrance is Azure Cloud Temple, built in 1331 and home to the Hall of Arhats, featuring 508 life-size figures of holy men, and the marble Diamond Throne Pagoda, surrounded by stupas. Fragrant Hills Park: Daily 6am-6.30pm (summer), 6am-6pm (winter). RMB 10, RMB 5 (students). Xiangshan, Haidian District. (6259 1155) Azure Clouds Temple: Daily 8am-5pm (summer), 8.30am-4.30pm (winter). RMB 10. (6259 1155 ext 470) Fragrant Hills Hotel (6259 1155) 香 山公园,海淀区香山;碧云寺和香 山宾馆, 海淀区香山公园内

Ming Dynasty City Wall Ruins Park, Dongbianmen Watchtower and the Ancient Observatory This reconstructed section of the old city wall was refurbished using traditional lime and plaster and the original bricks. The eastern end is Dongbianmen Watchtower, a former gate to the Inner City that now houses the Red Gate Gallery, featuring exhibitions of modern

Chinese art. From here, it's possible to walk to another remnant of the wall, the Ancient Observatory, which houses stargazing instruments, like armillary spheres and a quadrant altazimuth, as well as a reproduction of a Ming dynasty star map, all designed by Jesuit priests. Daily 24 hours (park), 8am-5pm (tower). Free (park), RMB 10 (tower). Along Chongwenmen Dongdajie, Chongwen District. (6527 0574) 明城 墙遗址公园,崇文区崇文门东大街 沿线 Tue-Sun 9am-4pm. RMB 10, RMB 5 (students). 2 Donabiaobei Hutona (southwest corner of Jianguomen Qiao), Dongcheng District. (6524 4324) 古观象 台, 东城区建国门东裱褙胡同2号 (建国门桥西南)

Old Summer Palace (Yuanmingyuan) Originally constructed in 1709 during the reign of the Kangxi emperor, this originally 350-hectare garden and palace complex was called the "Garden of Gardens." Destroyed and plundered by Anglo-French forces in 1860, the ruins and its surrounding park has since become a symbol of China's humiliations at the hands of foreign aggressors. Daily 7am-7pm (Apr-Oct), 7am-5.30pm (Nov-Mar). RMB 10, RMB 5 (Chinese students); extra RMB 15 for ruins and labyrinth. 28 Qinghua Xilu, Haidian Dis-trict. (6254 3673) 圆明 园 海淀区清华西路28号

Prince Gong's Mansion Located by the Shichahai lake district, this compound was the former residence of He Shen, a favorite, albeit notoriously favorite, minister of Qing dynasty Emperor Qianlong. Today it is one of the most well preserved historical compounds in Beijing. Daily 7.30am-4.30pm. RMB 20, RMB 60 (quided tour). 17 Qianhai Xijie, Xicheng District. (8328 8149) 恭王府, 西城区前海西街17号

Oianmen Located to the south of Tian'anmen Square, Qianmen was used exclusively by the emperor on his way to perform rituals during the winter solstice and first lunar month at the Temple of Heaven. These days it houses exhibits of old photographs, scale models of the Ming city gates and old playing cards. The Arrow Tower just south of Ojanmen is also an impressive structure, but is not open to the public. Daily 8.30am-4pm. RMB 20 (Apr-Oct), RMB 10 (Nov-Mar). Qianmen Gate (South end of Tian'anmen Square), Chongwen District. (6511 8110) 前门,崇文区天安门广场南侧

Song Qingling's Former Residence Once a garden of a Qing dynasty prince, this picturesque compound on the northwestern shore of Houhai was

the residence of Song Qingling, the wife of Dr. Sun Yat Sen and a key figure in the founding of Republican China. Daily 9am-5pm (Apr-Oct), 9am-4pm (Nov-Mar). RMB 20, RMB 10 (college students), RMB 5 (middle & primary school students). 46 Houhai Beiyan, Xichena District. (6404 4205 ext 815) 宋庆龄故 居, 西城区后海北沿46号

The Summer Palace (Yiheyuan) The Empress Dowager Cixi's pleasure palace retains its imperial charm today, but was built at a heavy cost to the Chinese nation during the tumultuous vears of the late Oing dynasty. Daily 6.30am-8.30pm; last ticket 6pm (Apr-Oct), Daily 7am-7pm; last ticket 5pm (Nov-Mar), RMB 30 (Apr-Oct), RMB 20 (Nov-Mar); students half price. Yiheyuan Lu, Haidian District, (6288 1144) 阿 和园,海淀区颐和园路

Temple of the Origin of the Dharma (Fayuan Si) Beijing's oldest Buddhist temple, Fayuan Si was built by Emperor Tang Taizong. Today it houses Beijing's biggest reclining Buddha statue at 7.4 meters, and Ming dynasty bronze statues of lions and the Four Heavenly Kings, and is surrounded by lovely grounds filled with old trees. Daily 8.30am-3.30pm. RMB 5. Jiaozi Hutong, 7 Fayuansi Qianjie, Xuanwu District. (6353 4171) 法源寺, 宣武区 法源寺前街7号教子胡同

Temple of Heaven (Tiantan) Another of Beijing's signature attractions, this imperial temple, known for its distinctively round architecture and altar. was the site of annual sacrifices by the emperors to heaven. Daily 6am-9pm (park), 8am-4.30pm (sites). RMB 15 (park), RMB 35 (all access). Yongdingmennei Dajie (West Gate), Chongwen District. (6702 8866) 天坛西门, 崇文 区永定门内大街

Tian'anmen Gate and Square, Chairman Mao Memorial Hall The iconic "gateway" to the Forbidden City and site of Mao Zedong's famous portrait overlooks the largest public square in the world, which is home to the hall housing the embalmed body of the late Chinese leader. Daily 8.30am-4.30pm. RMB 15. Mandatory bag check. North end of Tian'anmen Square, Chang'an Jie, Dongcheng District. (6511 8600) 天安门,东城区长安街天安门广场北侧Tue-Sun 8am-noon. Free. South side of Tian'anmen Square, Dongcheng District. (6513 2277) 毛主席 纪念堂, 东城区天安门广场南

White Cloud Temple (Baiyun Guan) Established in AD 793 during the Tang dynasty, this is one of Beijing's few Daoist temples, replete with

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long-haired priests, herbalists, worshippers and a fascinating display of the pantheon of Daoist deities. Daily 8.30am-4.30pm. RMB 10. 6 Baiyunguan Jie, Xibianmenwai, Xuanwu District. (6346 3531) 白云观, 宣武区西便门 外白云观街6号



White Pagoda Temple (Baita Si) The oldest presence of Tibetan Buddhism in Beijing, Baita Si dates back to the Mongol-controlled Yuan dynasty. The iconic structure was designed by a Nepalese architect, and legend has it that Kublai Khan had arrows shot in the four cardinal directions to determine its bounds. Today, it houses a collection of Tibetan Buddhist sculptures and other artwork. Tue-Sun 9am-4.30pm, RMB 20, free on Wed (for the first 200 visitors). 171 Fuchengmennei Dajie, Xicheng District. (6613 3317, 6617 6164) 白塔寺, 西城 区阜成门内大街171号



Yonghegong (Lama Temple) Yonghegong was founded in 1694 and has housed lamas and monks of the Yellow Hat (Huang Jiao) school of Tibetan Buddhism since. It is also home to an

impressively large image of Buddha and remains one of the capital's most popular attractions. Daily 9am-4.30pm. RMB 25, RMB 20 plus RMB 200 deposit (audio tour). 12 Yonghegong Dajie, Dongcheng District. (6404 4499 ext 252) 雍和宫. 东城区雍和宫大街12号



Zhihua Temple Zhihua Temple, an oasis of quiet courtyards and exquisite Buddhist artwork in the heart of the Central Business District, was built by the corrupt eunuch Wang Zhen in 1443 as his personal ancestral hall, but was later converted to a temple. Today, it's one of Beijing's finest ex amples of Ming Buddhist architecture and holds regular performances of Ming-era court and Buddhist music. The finely-carved revolving sutra cabinet is the only one of its kind in Beijing, and a reported 9,999 Buddha statuettes decorate the Tathagata Hall. Daily 8.30am-4.30pm. RMB 20, RMB 10 (students). 5 Lumicang Hutong, Chaoyangmen Nanxiaojie, Dongcheng District. (6525 0072) 智化寺, 东城区 朝阳门南小街禄米仓胡同5号

EXCURSIONS AROUND BEIJING

Badaling Great Wall Badaling is the most popular tourist portion of the Great Wall, primarily for its proximity to the city and reconstructed portions. Daily 7am-7pm. RMB 45, RMB 25 (students). Yan-ging County. (6912 1737) /\

达岭长城, 延庆县 Bus: Take Bus 919 from Deshengmen, Tourist Bus 1 from Oianmen, or Tourist Bus 2 from Beijing Railway Station. Train: Beijing's new high-speed suburban rail, the S2, takes one hour. From Beijing North Rail-way Station, trains (RMB 14-17) run every 30-90min; the first Beijing train leaves at 6.08am, and the last train leaves Yanging at 9.27pm. Buy tickets for popular times in advance. The Great Wall is a 10-20min walk from the

Badaling sta-tion; black cabs make the trip for RMB 20.

Car: Take Badaling Expressway to Badaling Exit.

Mutianyu Great Wall Like Badaling, Mutianvu is a modern, crowded section of Wall and is a 90-minute drive from Beijing. The chairlift or gondola can ferry visitors up, and a colorful slide can bring them down. Daily 6.30am-6.30pm. RMB 40, RMB 20 (students), RMB 35 (one way chair lift), RMB 50 (round trip chair lift), RMB 50 (gondola). Mutianyu Town, Huairou District. (6162 6505, 6162 6022) 慕田峪长城, 怀柔区慕田峪镇 Bus: Tourist Bus 6 leaves from Xuanwumen on weekends and national holidays from Apr 5 to Oct 15. Or take Bus 916 from Donazhimen Iona-distance bus station to Huairou International Conference Center (怀柔国际会议中心) and change to a minibus or taxi to Mutianyu (RMB 25-30). Car: From Sanyuan Oiao on Third Rina Road, take Jingshun Lu (which becomes National Road 101) to Huairou Oiao and turn toward Huairou, follow signs to Qinachunlu Roundabout (青春路环岛) and turn to Huaisha Lu (怀沙路), keep driving to Mutianyu Roundabout and follow signs to the Great Wall.

Huanghuacheng Great Wall This portion of the Wall features a scenic reservoir and more interesting looking ruins. Daily Mon-Fri 8am-5.30pm. Sat-Sun 7am-6pm. RMB 25. Chengguan Town, Huairou District. (6165 1818) 黄花 城长城, 怀柔区城关镇 Car: Take Badaling Expressway and exit at Chanaping Xiguan. Follow signs toward the Ming Tombs, then turn right when you reach Changling Tomb toward Jiuduhe (九.渡河), turn left at the Jiuduhe intersection, and continue to the Huanghuazhen (黄花镇) intersection, then turn left. Once you reach the Y intersection, bear right and continue for



Simatai Great Wall The four-hour hike from Simatai to Jinshanling is one of the most spectacular ways to ex perience the Wall, but it is very steep in parts. (NOTE: SIMATAI IS CURRENTLY CLOSED TO VISITORS) Daily 8am-5pm. RMB 40, RMB 20 (students), RMB 35 (zipline). Gubeikou Town, Miyun County. (6903 1051) 司马台长城, 密云县古 北口镇

Bus: On weekends take the 8.30am luxurv tour bus (RMB 95) from Oianmen. The bus leaves Simatai around 3-4pm. Or, from Dongzhimen long-distance bus station, take Bus 980 to Miyun station (RMB 15, 1.5hr) then switch to a Simatai-bound bus (RMB 15, 1hr). Tourist bus 12 leaves from in front of the Xuanwumen Cathedral on weekends from Apr 5 to Oct 15 (RMB 60). Car: From Sanyuan Qiao on Third Ring Road, take Jingcheng Lu past Miyun. At Tanghe Daqiao (Tanghe Bridge 汤河 大桥) turn right before the bridge, then follow signs to Simatai Great Wall for the next 10km to get there. About 2.5 hrs.

Jinshanling Great Wall Jinshanling is on the other end of the Simatai Jinshanling trek and is one of the only sections of Wall where it's legal to camp overnight. Nov 6-Mar 15 8am-5pm, RMB 40; Mar 16-Nov 5 8am-4pm, RMB 50. Gubeikou, border between Miyun County and Hebei's Luanpina County. (0314 883 0222) 金山岭长城. 北京密云县与河北滦平县交界 Bus: From Dongzhimen long-distance bus station, take a Chengde-bound bus and get off at Jinshanling. Then take a cab to the entrance for RMB 10. Car: From Sanyuan Qiao on Third Ring Road, take Jingshun Lu all the way past Miyun. At Gubeikou follow signs toward Chenade and then follow signs to Jinshanling Great Wall.

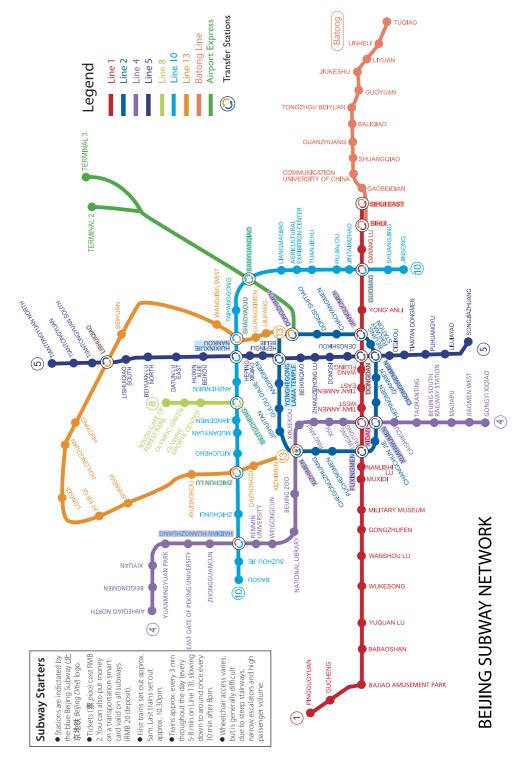
The Ming Tombs (Shi San Ling)

Thirteen of the 16 Ming emperors are buried in this picturesque valley of rolling hills and orchards. Of these tombs, three - Changling, Dingling and Zhaoling – are open to the public. During spring and autumn, the area is great for picnics.

Changling Tomb Daily 8am-5pm, RMB 45 (Apr 1-Oct 31), RMB 30 (Nov 1-Mar 31), students half price, Chanapina District. (6076 1334) 长陵, 昌平区

Dingling Tomb *Daily 8am-5pm. RMB* 65 (Apr 1-Oct 31), RMB 45 (Nov 1-Mar 31), students half price. Changping District. (6076 1424) 定陵, 昌平区

Zhaoling Tomb Daily 8am-5pm, RMB 30 (Apr 1-Oct 31), RMB 20 (Nov 1-Mar 31), students half price. Changping District. (6076 3104) 昭陵, 昌平区







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COMMUNICATIONS

USEFUL NUMBERS

Ambulance & Emergencies 120 Beijing 999 Ambulance Service 999 **Beijing United Family Hospital** Emergency Room 5927 7120

Fire 119 Police 110

Traffic Accident 122

Telephone Directory 114 (Chinese); 116114 (press 2 for English service).

Time 117 Weather 12121

PHONE CARDS/MOBILE PHONES

IP cards for calls in China and overseas are sold in cell phone stores, newsstands and China Telecom outlets. Cards with a face value of RMB 100 sell for RMB 30-40.

SIM cards and cell phone top-up cards (chong zhi ka, 充值卡) can be bought from cell phone stores, newsstands and SIM card shops. Call and SMS charges are as follows for the major networks:

China Mobile Easyown (Shen Zhou Xing, 神州行) Making and receiving calls costs RMB 0.6/min. Calls cost RMB 0.2/min within Beijing and RMB 0.3/min domestic long-distance if you dial 12593 first, then the number you

M-zone (Dong Gan Di Dai, 动感地 带) Local calls RMB 0.25/min at peak hours (9am-9pm), off-peak calls RMB 0.12/min.

China Unicom Ruyitong (如意通) Local calls RMB 5.4/min, longer

distance calls RMB 1.24/min. Dialing 96531 before the number you wish to call reduces both local and long-distance calls to RMB 0.25/min. Receiving calls costs RMB 0.2/min (weekdays 9am-8pm) and RMB 0.35/min (off-

UP Xinshili (UP 新势力) Local calls RMB 0.25/min. Receiving calls costs RMB 0.1/min. Paying an extra RMB 5 per month gives unlimited free incoming phone calls and lower fees for making phone calls.

For a list of Wi-Fi locations in Beijing, visit http://v4.jiwire.com/search-wifihotspots.htm?city_id=1757971.

USEFUL WEBSITES

www.thebeijinger.com Agenda's sister site has a directory listing more than 4000 Beijing venues, as well as a blog, forum, events, reviews, classifieds, and more.

www.beijing-kids.com "Beijing's essential expat family resource" offers articles, events, a directory and forum catering to English-speaking families.

HOSPITALS & CLINICS

Bayley & Jackson Medical Center

Clinic and dental hours Mon-Fri 9am-6pm; Sat 8am-4pm; doctor on call 24 hours. 7 Ritan Donglu, Chaoyang District, (400 810 0120, 5869 6166) www.bjhealthcare.com 庇利积臣医 疗中心, 朝阳区日坛东路7号

Beijing International SOS Clinic

Daily 24 hours. Pharmacy Mon-Fri 8am-8pm, Sat-Sun 8am-6pm, Suite 105, Wing 1, Kunsha Bldg, 16 Xin-yuanli, Chaoyang District. (6462 9112, 24hr 6462 9100) www.internationalsos.com 国际SOS, 朝阳区新源里16号琨莎 中心 1 座105室

Beijing United Family Hospital and Clinics Mon-Sat 8.30am-5.30pm, Sun 8.30am-5pm; 24-hour emergency. 2 Jiangtai Lu, Lido area, Chaoyang District. (appointment 5927 7000, emergency 5927 7120) www.unitedfamilyhospitals.com 北京和睦家医 院, 朝阳区将台路2号

Beijing United Family Health & Wellness Center - Jianguomen

Mon-Fri 8.30am-3.30pm. B1/F, St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District. (8532 1221, emergency 6433 2345) www.unitedfamilyhospitals.com 北京和睦家建国门保 健中心, 朝阳区建国门外大街21号 国际俱乐部饭店地下1层

Beijing United Family Clinic

- Shunyi Mon-Thu 9.30am-7.30pm; Fri-Sun 9.30am-4.30pm, Unit 818, Pinnacle Plaza, Tianzhu Real Estate Development Zone, Shunyi District. (8046 5432, emergency 5927 7120) www.unitedfamilyhospitals.com 北京 和睦家顺义诊所, 顺义区天竺房地 产开发区荣祥广场818号

Beijing Vista Clinic - Kerry Centre Daily 24 hours; clinic hours 7.30am-9pm. B29, Kerry Center, 1 Guanghua Lu, Chaoyang District. (8529 6618) www.vista-china.net 北京维世达

诊所,朝阳区光华路1号嘉里中心 B29号

China-Japan Friendship Hospital

Mon-Fri 8am-noon, 1.30-5pm; Sat 8-11.30am; 24-hour emergency. Yinghua Dongjie, Hepingli, Heping Jie Beikou, Chaovang District, (6422 2952, 6422 3209) www.zryhyy.com.cn 中日友好 医院, 朝阳区和平街北口和平里 櫻花东街

Hong Kong International Medical

Clinic, Beijing Daily 9am-9pm; 24hour emergency, 9/F, Swissôtel office tower, 2 Chaoyangmen Beidajie, Dongcheng District. (6501 4260, 6553 2288 ext 2346) www.hkclinic.com Jr. 京港澳国际医疗诊所, 东城区朝阳 门北大街2号港澳中心办公楼9层

International Medical Center (IMC)

Daily 24 hours, S106, 1/F, Lufthansa Center, 50 Liang-maqiao Lu, Chaoyang District. (6465 1561/2/3, dental 6465 1384/94/28) www.imcclinics.com 国 际医疗中心, 朝阳区亮马桥路50号 燕莎中心1层S106

Peking Union Medical College Hospital Mon-Fri 8am-4.30pm; 24-hour emergency. 1 Shuaifuyuan, Wangfujing (the foreigners' wing is located south of the inpatient building), Dongcheng District. (6529 5284, emergency 6529 5269) www.pumch.ac.cn 北京协和医 院, 东城区王府井帅府园1号(外 国人就诊楼在门诊楼的南侧)

MONFY

ATMS

Most ATMs accept foreign bankcards connected to the Cirrus, Plus, AmEx, Visa and MasterCard networks. Some local banks charge transaction fees (RMB 25 for Bank of China) but many do not: your home country bank will probably slap on a fee for each withdrawal in Beijing. Maximum single-day withdrawal limits for foreign cards vary but range RMB 3.000-5.000, with a per session limit. For a list of ATMs, see www.moveandstay.com/beijing/guide_banks.asp

American Express 6505 2228; afterhours US hotline: 001 336 393 1111; Emergency card replacement (Hong Kong): 00852 2277 1088; Stolen traveler's checks: 10 800 744 0106 (toll-free)

Western Union (800 820 8668, China Post Beijing 6659 9111 ext 8459) www.westernunion.com

Visa Certain banks, notably Bank of China and HSBC, can provide cash advances with a Visa card, Many ATMs allow Visa cardholders to withdraw money up to a daily limit.

TRANSPORT & TRAVEL

AIRPORT & AIRLINES

Beijing Capital International

Airport General enquiries 6457 1100, lost luggage 6459 9523, customer complaints 6454 1166. Terminal 1 6454 0100. Terminal 2 6459 8333. Terminal 3 6453 0030 http://en.bcia.com.cn/

Air Canada 6468 2001, 400 811 2001

Air China 800 810 1111, 400 810 0999

Air France 4008 808 808

All Nippon Airways 800 820 1122

Austrian Airlines 6464 5999

British Airways 400 650 0073

China Southern Airlines 6459 0539, 6459 6490 95539

Continental Airlines 400 650 6686

Dragon Air 400 888 6628

Japan Airlines 400 888 0808

KLM Roval Dutch Airlines 400 880 8222

Korean Air 400 658 8888, 8453 8137

Lufthansa Airlines 6468 8838

Northwest Airlines 400 814 0081

Oantas Airlines 400 888 0089

SAS 8527 6100

Shanghai Airlines 800 820 1018,

Singapore Airlines 6505 2233

Swiss Air 8454 0180

Thai International 8515 0088

United Airlines 800 810 8282

TRAINS & RAILWAY STATIONS Train tickets go on sale ten days in

advance of departure at train stations and ticket agencies but are available to travel agents a day earlier. Roundtrip tickets for trains starting from and terminating in Beijing can now be purchased 12 days before the return date. In addition, tickets for the Beijing-Hong Kong train can be bought up to 20 days ahead of departure. To book a ticket for pick up at agency near you, call 9510 5105. You can also order a ticket on www.51piao. com/train for pick-up or, for a RMB 10 surcharge, delivery to an address within the Fourth Ring Road.

Beijing Station (Beijing Huochezhan) Beijing Zhan Jie, Dongcheng District. (5101 9999, Chinese) 北京站, 东城区北京站街

Beijing West Railway Station (Beijing Xikezhan) Lianhuachi Donglu (east of Xisanhuan Lu), Fengtai District. (5182 6253, Chinese) 北京西站,丰 台区莲花池东路

Beijing South Railway Station

(Beijing Nanzhan) 12 Yongdingmenwai Dajie, Chongwen District. (5186 7999) 北京南站,崇文区永定门外 大街12号

Beijing North Station (Beijing Beizhan) Xizhimen, Xicheng District. (5186 6223, Chinese) 北京北站, 西 城区西直门

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If your embassy has moved, or you can't find it in the list below, consult the up-to-date list of all the embassies in Beijing at www.travelchinaguide. com/embassy/foreign/beijing.

广告

All embassies except Russia's are located in Chaoyang District.

Australia 21 Dongzhimenwai Dajie (5140 4111) 东直门外大街21号

Canada 19 Dongzhimenwai Daiie. (5139 4000) 东直门外大街19号

France 3 Sanlitun Dongsan Jie (8532 8080) 三里屯东三街3号

Germany 17 Dongzhimenwai Daiie (8532 9000) 东直门外大街17号

India 1 Ritan Donglu (6532 1908) 日坛东路1号

Ireland 3 Ritan Donglu (6532 2691) 日坛东路3号

Italy 2 Sanlitun Dong'erjie (8532 7600) 三里屯东二街2号

Japan 7 Ritan Lu, Jianguomenwai (6532 2361) 建国门外日坛路7号

Malaysia 2 Liangmaqiao Beijie (6532 2531) 亮马桥北街2号

Netherlands 4 Liangmahe Nanlu (8532 0200) 亮马河南路4号

New Zealand 1 Ritan Lu Dongerjie (6532 7000) 日坛路东二街1号

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Philippines 23 Xiushui Beijie (6532 1872) 秀水北街23号

Russia 4 Dongzhimen Beizhongjie (6532 1381) 东直门北中街4号

Singapore 1 Xiushui Beijie (6532 1115) 秀水北街1号

South Africa 5 Dongzhimenwai Dajie (6532 0171) 东直门外大街5号

South Korea 20 Dongfang Donglu (8531 0700) 东方东路20号

Sweden 3 Donazhimenwai Daiie (6532 9790) 东直门外大街3号

Switzerland 3 Sanlitun Dongwujie (8532 8888) 三里屯东五街3号

Thailand Embassy: 40 Guanghua Lu (6532 1749). Visa and consular section:15/F, Bldg D, Twins Tower, Jianguomenwai Daije (8566 4469) 大使馆,光华路40号、领事馆,建 国门外大街双子座大厦D座15层

United Kingdom Embassy: 11 Guanghua Lu (5192 4000). Visa and Consular sections: 21/F. North Tower, Kerry Centre, 1 Guanghua Lu (8529 6600) 大使馆, 光华路11号, 领事馆, 光 华路1号嘉里中心北楼21层

United States of America 55 Anjialou Lu (entrance on Tianze Lu) (8531 3000. visas 8531 3333, visa call center 400 887 2333). 安家楼路55号(东门在天泽路)

Vietnam 32 Guanghua Lu (6532 1155) 光华路32号

Introduction to tones reproduced from Immersion Guides' Mandarin Phrasebook, available in stores around Beijing or by delivery. To order a copy, call 5820 7700 or e-mail distribution@immersionquides.com

At a loss for words? These two pages are a quick-reference summary of useful phrases that might come in handy on your travels around Beijing. You won't get far without knowing some of the basics of spoken Chinese, so let's start with ...



• Tone is variation in pitch by which a syllable can be pronounced. All Chinese pinvin are marked with one of four tones. The four tones are as follows:

1st tone - singing tone; high, flat, continuous 2nd tone - rising; similar to the intonation used to ask a question

in English, like "oh?"

3rd tone - dip tone; falls and then rises

4th tone - falling tone, sharp like when you holler "boo!"

• These tones are incredibly important. If you get them wrong, people will not understand what you are saying. Many syllables in pinyin have dramatically different meanings depending on the tone. Take for instance the Pinyin construction bao:

First tone: **bāo** 包 wrap Second tone: báo 薄 thin Third tone: bǎo 保 guarantee Fourth tone: bào 抱 hug

As you can see, if you're not careful, you will mistakenly tell someone that you want to hug them, when in fact, you just want to give them a guarantee.

	BASICS	
Hello/hi	ní hǎo	你好
Good-bye	zài jiàn	再见
Please	qĭng	请
Thank you	xiè xiè	谢谢
Yes/no	shì/bú shì	是/不是
Good/not good	hǎo/bu hǎo	好/不好
My name is	wŏ jiào	我叫
I'm sorry / excuse me	dùi bù qĭ	对不起
I am	wŏ shì	我是
Can I?	wŏ kě-yĭma	ı?
	我可以…吗?	
I don't understand	tīng bù dŏng	听不懂
Can you speak English?	nǐ huì shuō yī 你会说英语吗?	ng-yŭ ma?

GETTING AROUND			
Where is?	zài nă?	…在哪?	
Tiananmen	Tiānānmén	天安门	
Forbidden City	Gùgōng	故宫	
Wangfujing	Wángfŭjĭng	王府井	
Great Wall	Chángchéng	长城	

Temple of Heaven	Tiāntán	天坛
Summer Palace	Yíhéyuán	颐和园
Old Summer Palace	Yuánmíngyuán	圆明园
Lama Temple	Yōnghégōng	雍和宫
Silk Street Market	Xiù Shuĭ Jiē	秀水街
Yashow Market	Yăxiù Shìchăng	雅秀市场
The Place	Shìmào Tiānjiē	世贸天阶
Sanlitun	Sānlĭtún	三里屯
Houhai	Hòuhǎi	后海
World Trade Center	Guómào	国贸
Financial Street	Jīnróng Jiē	金融街
bank	yín háng	银行
post office	yóu–jú	邮局
hotel	lů diàn	旅店
airport	jī chǎng	机场
railway station	huŏchē zhàn	火车站
subway station	dìtié zhàn	地铁站
pharmacy	yào-diàn	药店
hospital	yī yuàn	医院
embassy	dà shǐ guǎn	
north/south/east/west	běi/nán/dōng/xī北/	南/东/西

	CABS AND DIRECTIONS	
Take me to	wŏ yào qù	我要去…
Driver	shī-fu	师傅
Turn left	zuŏ-zhuăn	左转
Turn right	yòu-zhuǎn	右转
Go straight ahead	yì–zhí zŏu	一直走
We're there	dào-le	到了
U-turn	diào-tóu	掉头
I want the receipt	wŏ yào fa-piao	我要发票
traffic light	hóng-lǜ-dēng	红绿灯
cross the street	guò mǎlù	过马路

SHOTHING AL	ND DANGAINING	
I (don't) want this	wŏ (bu) yào zhè	gè
	我(不)要这个	
I want one (of an item)	wŏ yào yí gè	我要一个
How much does it cost?	duō shǎo qián?	多少钱?
One yuan/kuai (unit of currency)	yì yuán/yí kuài	一元/块
That's too expensive	tài guì le	太贵了
Can you lower the price?	Néng piányi yìd	iǎn ma?
	能便宜一点吗?	
Where can I buy	zài nă kě-yǐ mă	i?
Can you lower the price?	Néng piányi yìo 能便宜一点吗?	

在哪可以买?

waiter/waitress	fú-wù-yuán	服务员
menu	cài-dān	菜单
order food	diăn cài	点菜
bill/check	măi-dān	买单
l am vegetarian	wŏ chī sù/wŏ b	ù chī ròu
	我吃素/我不吃肉	
I do not eat pork/beef	wŏ bù chī zhūrd	
	我不吃猪肉/牛肉	

I am allergic to peanuts	wǒ duì huā-shēng	guò-mĭn
	我对花生过敏	
the food's good	hǎo-chī	好吃
chopsticks	kuài-zi	筷子
knife and fork	dāo-chā	刀叉
spoon	sháo-zi	勺子
cup/glass	bēi-zi	杯子
napkin	cān-jīn-zhĭ	餐巾纸
rice	mĭ-fàn	米饭
chili sauce	là-jiāo	辣椒
ketchup	fān-qié-jiàng	番茄酱
vinegar	cù	醋

US	SEFUL VOCABULARY	
bag	bāo	包
bar	jiŭ-bā	酒吧
bathroom	xĭ shŏu jiān	洗手间
battery	diàn-chí	电池
charger	chōng-diàn-qì	充电器
book	shū	书
camera	zhào-xiàng-jī	照相机
cigarettes	yān	烟
credit card	xìnyòngkǎ	信用卡
lighter	dă-huŏ-jī	打火机
clothes	yī–fú	衣服
(to have a) cold	gǎn-mào	感冒
computer	diàn-nǎo	电脑
elevator	diàn-tī	电梯
glasses	yăn-jìng	眼镜
hospital	y <u>ī</u> yuàn	医院
hotel	lů diàn	旅店
hutong	hútòng	胡同
I'm allergic to	wŏ duì guò-m	ĭn
	我对…过敏	
Internet	wăng-luò	网络
lighter	dă-huŏ-jī	打火机
map	dì–tú	地图
mobile	shŏu-jī	手机
name card	míng-piàn	名片
newspaper	bào-zhĭ	报纸
number	hào-mă	号码
phone	diàn-huà	电话
paper	zhĭ	纸
pen	bĭ	笔
photo	zhào-piān	照片
policeman	jĭng–chá	警察

	-: 4 - la = -
purse	qián-bāo
raincoat	yŭ-yī
umbrella	yŭ-săn
restaurant	fàn-diàn
suitcase	xiāng-zi
sun glasses	tài-yáng-jìng
supermarket	chāo-shì
ticket	piào
ticket booth	shòu-piào-tín
bathroom	xĭ-shŏu-jiān
toilet paper	wèi-shēng-zhì
top-up cards	chōng-zhí-kǎ
tour guide	dǎo-yóu
watch	shŏu-biǎo
	NUMBERS
0	lína

钱包 雨衣

雨伞

饭店

箱子

票

太阳镜 超市

售票亭

洗手间 卫生纸

充值卡

导游

watch	shŏu-biǎo	手表
	NUMBERS	
0	líng	零
1	yī	_
1 2 3	èr	=
3	sān	三
4	sì	四
	wŭ	五
5 6	liù	零一二三四五六七八
7	qī	七
8 9	bā	八
9	jiŭ	力 <i>.</i>
10	shí	+-
11	shí-yī	+-
20	èr–shí	二十
35	sān-shí-wŭ	三十五
100	yì-bǎi	一百
123	yì-băi èr-shí-sār	
	一百二十三	
1,000	yī-qiān	一千







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