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agenda

Talking the Talk Beijing's top communicators

- The art of networking
- Training your mate
- The world's most persuasive chef
- Beijing's best brunches



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agenda

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Get all of your fish in a roe



Salmon rice



Salmon salad

Sushi

La Sushi Toro House

La Sushi is a casual Japanese restaurant on the second floor of Nali Patio. It may not be as authentic as others, given its name and translated menus, but it hits the spot for many of its loyal customers. Like most of the restaurants in Nali Patio, La Sushi doesn't have a lot of space to waste, but succeeds in creating an intimate and cozy atmosphere featuring a bar area with sushi station, five tables, and a semi-private room. The menu is filled with sushi, sashimi, sashimi-inspired salads, tempura and other signature dishes. The rice is soft and sticky and the fish fresh. Their toro samplers start from RMB 108 with three different cuts of supple toro paired with horseradish and freshly grated wasabi. Eight lunch options range from RMB 38-68, and include tuna rice, udon noodles, and a soup and small vegetable salad.

Daily 11.30am-midnight. 2/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6120)
朝阳区三里屯路81号那里花园2层

Signature Dishes are the Toro Sampler (RMB 108 and up), Tuna Rice (RMB 35), Eel Roll (RMB 58)

Perfect for a satisfying your toro cravings

While you're in the neighborhood, stop by Eden Juice for a freshly made juice or cider before doing some shopping at 3.3 and getting a foot massage at Amber.



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Whimsical bite of Spain



Seafood paella



Tapas are still on the menu

Spanish

Olé

The newly opened fine dining section on the third floor of Olé! is a welcome addition to the first floor lounge bar and second floor tapas bar. The hand-painted walls make a unique backdrop to the classic furniture, creating an atmosphere that is both playful and sophisticated. Innovative drinks such as white sangria coupled with classic dishes drive this theme home. Sun-Wed 11am-midnight, Thu 11am-2am, Fri- Sat 11am-4am.

Courtyard 4 Gongti Beilu (next to Salsa Caribe), Chaoyang District 朝阳区朝阳区工体北路4号院 (卡利宾旁边)

Signature Dishes include Prawn Salad with Pink Sauce (RMB 65), Seafood Paella (RMB 100/person), Blind Man's Paella (RMB 110/person), Baby Cuttlefish with Ink Sauce, Pasta and Vegetables (RMB 88), and Mango Puree with Fresh Lichi and Coconut Foam (RMB 35)

Perfect for a big bite of Spain

While you're in the neighborhood, primp and prime yourself for a night out at TATA Hair Salon or indulge in some deserts at Fantasia Chocolate before picking up some take-home fun from the Lego store.





Christmas Eve at Raffles

Raffles Revelry

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A classy take on a classic dish



Lotus paste pastry ducks



Beijing duck

Duck

Duck de Chine

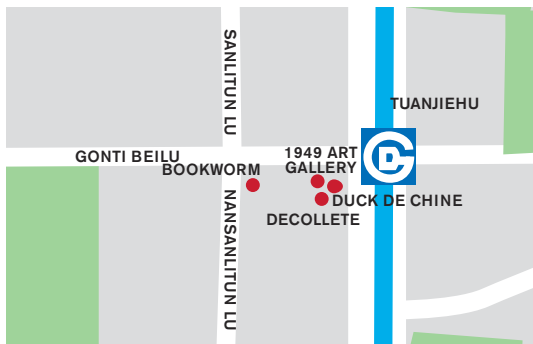
Voted "Outstanding Beijing Duck" in the Beijinger 2010 Restaurant Awards, this hidden gem, located in the 1949-The Hidden City dining and nightlife complex, serves its duck with style. The restaurant's industrial chic decor creates a relaxed, classy ambiance, while the menu incorporates both Chinese and French duck-roasting traditions. Cantonese chef Wilson Lam serves a delicious and surprisingly light duck, accompanied with an array of traditional duck dishes and other mild, southern-inspired dishes that allow the duck to be the standout dish. Sets ranging RMB 188-388 per person feature an impressive variety of duck and non-duck dishes to sample, but the classic Peking duck combo – crisp roast duck, rolled in pancakes with the Chef's secret recipe hoisin sauce, spring onion and cucumber – is also available as a standalone dish. Other dishes worth trying are the plum-infused pumpkin and braised oyster mushroom wrapped in tofu skin. Daily 11am-2.30pm, 6-11pm.

1949-The Hidden City, Courtyard 4, Gongti Beilu (opposite the south gate of Pacific Century Place Mall), Chaoyang District (6501 1949) 朝阳区工体北路4号院 (太平洋百货南门对面)

Signature dishes include Beijing Roast Duck (RMB 228) Hot and Sour Duck Soup (RMB 38), Duck Taco (RMB 88), Garden Greens with Cashews and Peanuts (RMB 68) and Lotus Paste Pastry Ducks (RMB 38 for four)

Perfect for a classy duck

While you're in the neighborhood, check out the most recent art exhibitions at the 1949 Art gallery, grab a drink at the exclusive Bar Décolleté or plop yourself into a chair the Bookworm and digest your duck over the latest pageturner.



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- > Perrin Vinsobres
- > DBR Lafite, Chateau d'Aussieres, AOC Corbieres

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Date: December 8th 2010

Time: 18:30 - 20:30

Price: 200 RMB

Location: Sadler Ristorante

Ch'ienmen 23, 23 Qianmen Dong Da Jie,

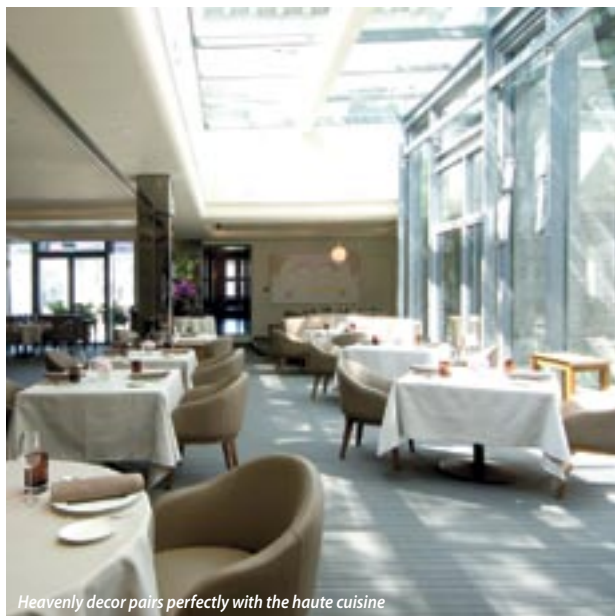
崇文区前门东大街23院内东第二楼

RSVP: beijing@pudaowines.com

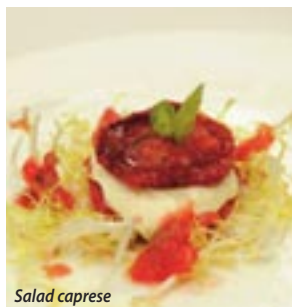
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Heavenly decor pairs perfectly with the haute cuisine



Salad caprese



Ossobuco

Italian

Ristorante Sadler

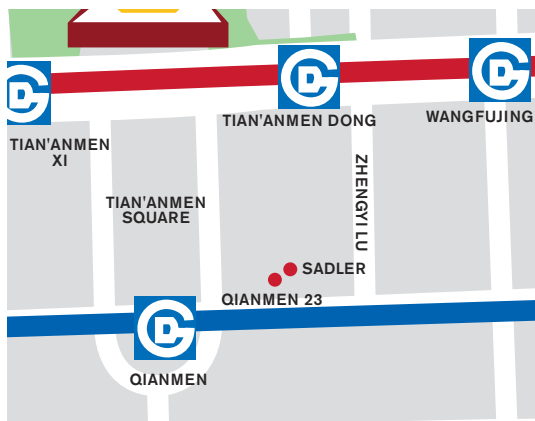
Two-star Michelin chef Claudio Sadler's Ch'ien Men 23 restaurant features a sunny dining room and a light color scheme that make it a great place for an elegant lunch or dinner. The newly launched Sunday brunch (RMB 248 per person, RMB 338 for buffet and hot dishes, and RMB 85 for free flow prosecco) takes place from 11.30 am to 3 pm. Business lunches run RMB 158 for two courses, RMB 258 for three courses, and RMB 318 for four courses, and include delicious dishes such as Salmon tartare, tomato vinaigrette and cucumber salad and rigatoni pasta, sea food and garlic chips.

Daily (closed Mondays) 11.30am-2pm, 6.30-10.30pm. Ch'ien Men 23, 23 Qianmen Dongdajie, Dongcheng District (6559 1399) 东城区前门东大街23号

Signature Dishes include Blue Fin Tuna Tartare, Raw Tomatoes and Black Olives Sandwich with Smoked Eggplant (RMB 140), a Home-Made Vegetable Minestrone, Parmesan Ice Cream and Crunchy Spaghetti (RMB 100), Risotto made with Parmesan Cheese, Prosecco and Parma Ham Chips (RMB 150), and a "Porchetta Style" Suckling Pig with Black Truffle Jus and Smoked Mashed Potatoes (240)

Perfect for high-quality Italian haute cuisine

While you're in the neighborhood, check out the in-house gourmet grocery store, Wine Cellar Cantina Sadler, and the Egg Gallery, which features a rotating collection of hand-picked art pieces for perusal and for sale.



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It was thanks to the guides that my wife and I had our "Paradise Beijing" outing."
—James Fellows, National Correspondent for The Atlantic and author of Postcards From Tomorrow Square: Reports from China

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Martin Yan knows how to spice things up

YAN CAN!

Chef Martin Yan takes on Beijing's restaurant scene

For almost thirty years, celebrity chef Martin Yan has been dazzling audiences and taste buds in more than 50 countries with his cooking show *Yan Can Cook*. Now he's bringing that experience to Beijing diners, not with his show, but with the interactive restaurant *Yan Can Cook Beijing*, opening in the CBD on December 7. **Agenda** met with Yan between chops to learn all about it.

Tell us a little bit about your new restaurant, Yan Can Cook Beijing.

Yan Can Cook Beijing is essentially a platform to showcase different Chinese cuisines. We have an open kitchen theatre, where our chefs will perform their skills and techniques. One end will be a Peking duck oven, the other a dim sum station and the middle will have two big woks for

noodle tricks. In front there will be an area for over 200 people to watch the performance as they eat. This is perfect for expats and travelers who want to entertain guests and are limited on time, because you have China's signature dishes in one restaurant.

When did you first start cooking, and where did you train to become a chef?

Before I was born, my father had a restaurant and my mother operated a grocery store. The first time I cooked was at age ten, when I helped my mum get everything ready. Even today the knife and cutting board I used growing up are still in the same spot. At 13 I left Guangzhou and went to Hong Kong to work in my uncle's restaurant. That's how I got into this business. It's funny though, because when I was younger I never really thought I was going to become a chef.

What inspired you to start teaching others how to cook?

I went to school in North America, and someone told me I should get a restaurant job. When I went to get one I found out that, back 25 years ago, you only earned 75 to 85 cents an hour. So I decided to try and teach cooking at an extension university, and approached my dean. He rejected the idea both because I didn't have any certificates, and because the university didn't teach cooking. I told him that I wasn't going to teach cooking, but that I was going to teach the art and science of Chinese cuisine. He still refused to give me a class, but I kept bugging him. He got so fed up that he put an ad in the local paper and told me if I had more than 15 students, then I could teach. 36 people signed up.

How would you describe your cooking style?

I live in San Francisco, but I am constantly traveling. I learn from all the masters and home cooks. My style I believe is contemporary healthy, delicious, cuisine. I guess I am also a crusader of Asian cuisine. I always use seasonal ingredients, and if it's

“He still refused to give me a class, but I kept bugging him. He got so fed up that he put an ad in the local paper and told me if had more than 15 students, then I could teach. 36 people signed up”

not in season, I don't want it. I use ingredients from Thailand, Italy, and Indonesia. Gourmet cooking has no boundaries.

You're best known for your Chinese cuisine, do you think this is because you are Chinese?

Does your heritage play a large role in what you cook or the way you cook? Of course! Your comfort zone is created in your country. Being of Chinese heritage, the flavor profile and the food are dear to my heart. But my cuisine is also very worldly and my focus is introducing Chinese food to the world. I also go to the South West provinces frequently and spend time with minorities. I stay and cook with them and I have fun with them. That is why Chinese cuisine is still dear to my heart.

What's your favorite dish to cook?

As a chef you use wonderful and expensive things, but most chefs enjoy simple food. My favorite is steamed fish with some shredded green onion, ginger, good quality soy sauce and sesame oil. It is natural and sweet. I live very simply. When you enjoy life, you

"I always use seasonal ingredients, and if it's not in season, I don't want it. I use ingredients from Thailand, Italy, and Indonesia. Gourmet cooking has no boundaries"

savor simple ingredients. You don't have to be applauded all the time, and in fact, that is tiring. If you feel good about yourself you can be happy with simple things. That is what I teach.

What about your favorite food to eat?

I travel 250 days a year, and we eat out every night, some times at two restaurants in one night. Anywhere you go the food is also different, so to me any dish that is well prepared is good food, and I will appreciate it. I do love Shanghai dumplings and a wonderful Peking duck. I also love noodles and sesame seed buns. So in a sense my favorite food is the food I encounter. No chef I know wants to cook badly. Whether it is my

"I live very simply. When you enjoy life, you savor simple ingredients. You don't have to be applauded all the time, and in fact, that is tiring. If you feel good about yourself you can be happy with simple things. That is what I teach"

family, a mother or a chef, they pour their heart out for me. There is always something I can learn. We can always learn. Everyday I feel I am thankful I can learn something from people.

You've hosted over 3,600 cooking shows broadcasted worldwide, and have won various awards.

What do you think is your greatest accomplishment? You work hard and you receive a few awards, so what? I feel that personally, my teaching is my greatest accomplishment. Since our show reaches millions of people, I know I can make them smile and laugh. It is a very meaningful life. I can't buy that with money. The biggest sense of accomplishment I feel is when chef instructors will come to me and say, "I got into this field because of you". If I can inspire

a few people and changed their lives, then I am happy. I am not a merchant; I am not a businessman. I am a professional, I want to accomplish something small every day and every day I do. This keeps me going.

Are there any restaurants you would recommend for Chinese food in Beijing?

Da Dong Roast Duck. I love it. It brings traditional duck to another level. It encompasses cultural aspects of China and its heritage into fine dining. Every dish is a work of art. Amazing cuisine. Mr. Dong encourages his chefs to absorb and to create. I respect Mr. Dong very much as a culinary man. He is a good chef, and he can bring the best out

of his team and promote Chinese cuisine to the world.

I also always recommend trying different things to people who want to experience Chinese cuisine. They shouldn't miss Mongolian hot pot, and should try an imperial banquet and a veggie dish.

Can you teach us a quick and easy recipe we can make at home in our tiny, Beijing kitchens?

I think twice cooked pork is the perfect recipe for Beijing kitchens. You can also use beef or lamb.

Get one pork shoulder, about ¼ kilo and cut it one and a half inch thick pieces. Put it in water with spring onions, ginger and a tiny bit of salt and let it simmer for 20 minutes, until 60 to 70 percent done.

Take it out and thinly slice it. Then, cut up some leek, green onion, ginger and dried chili. Sautee these all together, and when it is fragrant you throw the pork back in and stir-fry it. Add some sesame oil, soy sauce, chili pepper and toss it.

This dish is so full of flavor that you can wrap it in a pancake or steamed bun. Simple ingredients, delicious and it keeps for a while. Perfect for the Beijing kitchen.

Da Dong Duck 1) Daily 11am-10pm. 5/F, Jinbao Dasha, Jinbao Jie, Dongcheng District (85221234) 东城区金宝街金宝大厦5层 2) Daily 11am-10pm. 1-2/F, Nanxincang International Plaza, 22A Dongsishitiao, Dongcheng District (5169 0329) 东城区东四十条甲22号南新仓国际大厦1*2楼(立交桥西南角) 3) Daily 11am-10pm. 3 Tuanjieshu Beikou, Dongsanhuo Lu (southeast corner of Changhong Qiao), Chaoyang District (6582 2892/4003) 朝阳区团结湖北口3号楼东三环楼(长虹桥东南角)

Yan Can Cook Beijing. Daily 11am-10pm. 201, World Financial Center, 1 Dongsanhuo Lu, Chaoyang District (5981 7578/79) 朝阳区东三环中路1号环球金融中心WFC201单元(近京广中心)

Interview by Millicent Malcolm

HOT POT HEAVEN

Dunk, dip and dine yourself warm this winter

The dreaded cold season is back Beijing, but not to fear, hot pot (huoguo 火锅) is here to warm you through the winter. Whether it's a small pot of hearty mutton hot pot or a sweet and delicate soy milk miso hot pot, there are plenty of reasons to look forward to a long winter.

Beijing The main ingredient in Beijing-style hot pot is lamb (*yangrou* 羊肉) and it is often called *Shuan Yangrou* (涮羊肉). Beijing hot pot is traditionally cooked over charcoal in a distinctive brass bowl with a chimney rising from the bowl's center. The meats used are *halal*, and sliced paper thin. Jubao Yuan. Daily 11am-10pm. 5-2 Commercial Building 1, Nijueji Xili, Xuanwu District. (83545602) 聚宝源, 宣武区牛街西里商业楼1号5-2号

Sichuan/Chongqing Not many people know the difference between Sichuan-style and Chongqing-style hot pot. Both use a similar mix of red peppers, chili, salted black beans and a variety herbs, but Chongqing hot pot tends to be a touch oilier. Most restaurants offer these fiery hot pots in varying degrees of heat, from slightly spicy (*wei la* 未辣) to super spicy (*te la* 特辣), and many places use a sectioned bowl to cater to the different tastes in a group, allowing those faint of tongue to enjoy the mild broth (*qing tang* 清汤). Chongqing Kongliang Hot Pot Daily 10am-3.30am. 218 Dongzhimennei Dajie, Chaoyang District. (8404 4906) 重庆孔亮火锅, 朝阳区东直门内大街218号

Duck Hot pot 老鸭汤 This mild hot pot is cooked with a duck carcass broth, and the resulting broth, both rich and flavorful, is the perfect thing to warm you from the inside without setting your insides on fire. On top of the meat you pick off the duck, the soup is paired with the usual huoguo fixings – vegetables, glass noodles, mushroom and even beef and mutton for an even heartier winter meal. Qingfange Laoyatang. Daily 9.30am-9.30pm. North Tower, Soho Shangdu, 8 Dongdaqiao Lu, Chaoyang District. (5900 0155) 清方阁老鸭汤, 朝阳区东大桥路8号SOHO尚都北塔

Lamb Spine Hot Pot It may sound unappealing, but the idea behind this rich and hearty hot pot is similar to the European tradition of eating bone marrow. This low-fat, low-cho-

lesterol soup is high in protein and Beijingers swear by its health effects. *Yangxiezhi* (羊蝎子) hot pot, which literally means lamb scorpion hot pot, uses big chunks of lamb spine (bones included) in a savory broth. Fuhuilong Dongzhimen Yangxiezhi Daily 10am-6am. 1) Bldg 5, Dongzhimennei Dajie, Dongcheng District. (8406 4086); 2) 1-1 Chaoyanggongyuan Nanlu, Chaoyang District. (6586 1301) 福惠龙东直门羊蝎子, 1) 东城区东直门内大街5号楼; 2) 朝阳公园南路1-1号

Japanese Paper Hot Pot Yes, you read correctly – the container used in this hot pot is made of paper. Japanese paper hot pot limits the amount of fat diners can consume in one sitting, giving it an advantage over its bronze or earthenware counterparts. If you don't pierce the pot with your chopstick, it can go on burning for around three hours. In keeping with the traditional Japanese diet, seafood and vegetables are the main ingredients as opposed to the red meat which dominates Chinese hot pots. This lighter version is usually only part of a meal and ordered in addition to other dishes. Hatsune Daily 11.30am-2pm, 5.30-10pm. 2/F, Heqiao Bldg C, 8A Guanghua Lu, Chaoyang District. (6581 3939) 隐泉日本料理, 朝阳区光华路甲8号和齐大厦C座2层

Miso-Soymilk Hot Pot A winter specialty, this dish is made by simmering homemade soymilk and miso paste for several hours. The sweet and surprisingly filling dish is as smooth as cream, and pairs excellently with fresh seafood. Morio. Daily 10am-2.30pm, 5.30-10.30pm. 1/F, Hotel G, 7 Gongti Xilu, Chaoyang District. (6551 6999) 朝阳区工体西路7

Cantonese Hot Pot In the past, traditional Cantonese hot pot was eaten in a large, clay pot over a wood coal fire by hungry diners who stood around and used extra long chopsticks. Nowadays it's a little bit more convenient after having adopted two characteristic elements of Sichuan hot pot: an electric plate and metal bowl. In Hong Kong and Guangdong the broth tends to be light and herb or chicken based, and ingredients vegetables, seafood, chicken, beef and on special occasions, delicacies like cat, dog or snake meat. Hong

Kong and Macau Center Swissotel, 2 Chaoyangmen Beidajie, Dongcheng District. (6553 2288) 港澳中心瑞士酒店, 东城区朝阳门北大街2号

Hong Kong Porridge Hot Pot This porridge-based hot pot is perfect for seafood and veggies, and with alternative soups such as papaya peanut soup, pork bone soup and spicy broths from Southeast Asia mean there is something for everyone. Be prepared for the common ingredients this area is known for, including sea urchin, mushrooms and different types of fish. Daily 10.30am-2pm, 4.30-10pm. Zhen Ziwei Hong Kong Hot Pot North of Yuyang Hotel, 8 Zhongjie Xinyuanli, Chaoyang District. (6465 0514) 珍滋味港式火锅, 朝阳区新源里中街8号

Fish 'Cold' Pot The name of this dish, "cold pot fish" (*Lengguo Yu* 冷锅鱼) might be a little confusing, but it actually makes perfect sense that the bowl is only kept cold to keep the fish tender. Once the last morsel of the perfectly cooked fish has been eaten, the heat is turned up, and traditional hot pot fittings such as veggies, tofu, and meat are thrown in for the *grande finale*. In Beijing, more people are familiar with *Suobian Fish* (梭边鱼), which is a kind of fish eaten the same way as fish cold pot. Feiteng Yehua. 8 Di'anmennei Dajie, Xicheng District. (8403 7747) 沸腾夜话, 西城区地安门内大街8号

Yunnan Mushroom Hot Pot Yunnan is famous for its diverse mushrooms and their numerous health benefits, and so it comes as no surprise that the Southwestern region has its very own mushroom hot pot. Mushrooms are cooked for hours to extract all of their nutritional benefits, which makes the soup strong, but not oily, and utterly delicious to the last drop. Vanilla Yunnan Hot Pot. Daily 10am-11pm. 2/F, Mingshang Dasha, 55 Suzhou Jie, Haidian District. (8262 1976) 香草香草云南原生态火锅, 海淀区苏州街55号名商大厦2楼

Yunnan Preserved Rib Hot Pot Preserved rib is a Yunnan specialty, and is very popular in Lijiang where the average temperature all year is between 13-20°C. This hot pot is created by stewing preserved ribs that are cut into small cubes, and features mostly vegetables native to Yunnan and some other rare items you don't see in hot pot such as mint and tomatoes. Wamao. Daily 11am-10pm. 217 Gulou Dongdajie, Xicheng District. (6406 3738) 瓦猫, 西城区鼓楼东大街217号

“Dry” Hot Pot Although *Malaxiang Guo* (麻辣香锅) is not considered a direct member of the family, this “dry” hot pot is definitely a delicious cousin. It originated in the countryside of Chongqing, where people mix up a variety of ingredients and cook them together in a large pot with spices and oils. Anything goes here and some restaurants have gone so far as to serve banana in them, although the people of Chongqing prefer to add seafood or sausages for important occasions. Chuanchengyuan Mala Xiangguo 1) Daily 10.30am-10pm. Bldg A, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5869 9986); 2) Daily 11am-9.30pm. Food Court, The Malls at Oriental Plaza, 1 Dongchang’an Jie, Dongcheng District. 川成元麻辣香锅, 1) 朝阳区东三环中路39号建外SohoA座; 2) 东城区东长安街1号东方新天地B1楼大食代

Fondue This European dish bears some strong resemblances to hot pot. The sauce is made of melted cheese seasoned with garlic flakes and white wine and diners dip chunks of bread and vegetables into the simmering sauce. Another Swiss twist is to replace the cheese sauce with chocolate for dipping various fruits, breads and even ice cream. Let’s Seafood has also recently introduced a seafood fondue featuring fresh seafood, and even lobster. 1) Le Cabernet. Daily 9am-midnight. Novotel Peace Beijing, 3 Jinyu Hutong, Wangfujing, Dongcheng District. (6512 8833 ext 7621) 卡本妮, 东城区王府井金鱼胡同3号诺富特和平宾馆; 2) Swissotel Beijing. Daily 11.30am-2pm, 5.30-10pm. 2) Chaoyangmen Beidajie, Dongcheng District. (6553 2288) 港澳中心瑞士酒店, 东城区朝阳门北大街2号; 3) Let’s Seafood. Daily 11.30am-midnight. 1/F, Nali Patio, 81 Sanlitun Beijie, Chaoyang District. (5208 6038) 朝阳区三里屯北街81号那里花园1层

Ice Cream Hot Pot And now for something completely different... Haagen-Dazs’s ice cream hot pot brings ice cream, fruits and cookies together in a bubbling chocolate soup. The perfect way to cool your palate after some fiery Chongqing hot pot... if you have room for it. Haagen-Dazs Daily 10am-9.30pm. 1) L125, West Wing, China World Trade Center, 1 Jianguomenwai Dajie, Chaoyang District. (6505 6527); 2) 1/F, Xindong’an Shopping Mall, 138 Wangfujing Dajie, Dongcheng District. (6559 6277) 1) 朝阳区建国门外大街1号国贸西楼L125; 2) 东城区王府井大街138号新东安市场1楼

Compiled by Jiang Jun



Dipped or dunked, hot pot hits the spot



Chef Andreas Krampfl's got your order

TEUTONIC TASTES

Ritz Carlton Beijing Executive Chef Andreas Krampfl

A seasoned world traveler and chef, Andreas Krampfl has worked in numerous kitchens around the world, including that of renowned German Chef Heinz Winkler. Agenda caught up with him to learn more about love of ducks, his

international career, and why working with the best is, indeed, the best.

Describe your cuisine in three words. Simple, tasty, seasonal.

You've been in Beijing for about a half a year now. How do you like it so far? The first few months were a period of adjustment, and I wasn't sure what to think. Now I think it's ok, I know how things work, how I am going to get around. My favorite part has been the food, of course. There is so much available here, and you can eat so well on so little. I also love being out in the parks with my son, and doing some "copy" shopping. You can really get anything here for next to nothing.

Where did you first learn to cook?

I think I first learned to cook at my mom's stove. I was the youngest, so I was the first one home from school. She would give me little things to do, like switch on the stove or mix the pancake batter, and that's how it all started. My favorite things, even when I was little, were seasonal products. One of my favorite dishes as a young boy was pancakes with sliced apples and sugar sprinkled on top. Or potato dumplings filled with plums, which we had about twice a week during plum season. You make it by splitting a plum, sticking a sugar cube inside, and then rolling it in a potato dough. You then put it into simmering water and crust it with breadcrumbs mixed with sugar. It's a traditional desert, and definitely one of my favorites.

I think most of my culinary influences came from my grandmother. The last time I went home she cooked my wife and I a four-course meal. She's 88, and she went to the market and picked all of the ingredients and prepared the whole meal, and baked two different cakes for coffee afterwards. It was unbelievable. I definitely got my culinary talent from her.

How did you find time to meet your wife? I was actually working as a fine dining chef in Auckland, New Zealand, and she was the bartender in the adjoining bar. We used to exchange food for drinks, and that's how it all started.

Why do you think you've won so many awards?

I don't know if there have been that many... I always try to work with the best and learn from the best, and to adopt those standards. Of course I could never achieve any of those awards by myself – it's the team you work with that makes the real difference, and I have been lucky to work with some really good teams. If I put a menu into place and it wins an award, it didn't do so because I wrote the menu, but because the team really put their heart into the execution.

What's your management policy?

I think I'm one of the few really hands-on chefs out there. In the mornings I am in the kitchen cooking eggs with my guys. There's nothing I won't do, and they always see me in the kitchen doing things that executive chefs normally don't do. In my position, I need to be better, faster and more organized than any of my chefs at any of my tasks.

What are your favorite dishes at the Ritz right now?

I don't know if I have a favorite dish, but we just fine-tuned the aroma of the Hainanese chicken and it's quite good. If you've eaten it in Singapore before, there is, of course, no comparison, but after several rounds of fine-tuning we're getting pretty close.

Other than that, I'm really a fan of a good piece of meat and right now we have some great cuts in Aroma and Barolo. We've also updated the snack menu in the bars, so now it's a bit more streamlined and includes favorites from all over Asia.

What are your favorite places in Beijing?

My favorite park is Chaoyang Park, and I'm out there every weekend with my son. As for restaurants, I really like No Name restaurant and the Din Tai Feng next door to here. The food court in the mall also does a really good duck, and I head down there for wonton soup and roast duck every Sunday. Value for money, I think it's really one of the best ducks in town.

“My favorite part has been the food, of course. There is so much available here, and you can eat so well on so little.”

For an upscale duck, Made in China is probably one of the best. I know that the chef there has also done a lot of research on duck for his own restaurant, and he actually supported me as I was opening my restaurant. I don't go to a lot of five star hotels, unless I'm going over there to see friends or colleagues. As for the top restaurants, I would have to say Maison Boulud and Asia Grill. That's where my wife and I will go to treat ourselves.

Have your eating habits changed since you moved here?

Not really. I have eaten a lot more duck since I moved here, because it's one of my favorite dishes. It was really hard to find good duck in Dubai or Bali, but here one of my favorite things is duck, whether Beijing duck or Cantonese duck.

We read you have a passion for motorbikes. Are you ready to tackle the mean streets of Beijing?

I haven't gotten around to it, but it is something I am planning on doing as soon as I get my license sorted out. Our general manager is also a big fan and we used to ride together in Bali. Before I came here he told me all about the great riding outside of Beijing. I've driven in some of the craziest cities in the world in Thailand and India, so I'm not too worried about Beijing's drivers.

How's your kitchen at home?

Well, my wife always complains that as a chef I should have a much bigger kitchen, but it's really quite small. I get my pots at Ikea, and what I really rely on is a good quality herbs. I get a lot of my ingredients at either Carrefour or the Dongjiao Market. Carrefour is clean and convenient, and their meats, with the exception

of the beef, are pretty good quality, and the Dongjiao Market has some pretty good ingredients.

So, as a fellow owner of a small kitchen, can you teach us a simple winter recipe?

One of the recipes my grandma taught me is a veal stew with lots of onions and tomatoes. You sauté the onions until they brown a little and become translucent, and then you add some tomato paste and brown that as well. Then add a bit of water or chicken stock, and if you have a blender, blend it until smooth like a curry. Then drop some cubes of veal shank into the pot and simmer it for two and a half hours, until the meat is soft and tender. You can use other meats as well.

Made in China 长安一号 Daily 11.30am-2.30pm, 5.30-10.30pm. 1/F, Grand Hyatt Hotel, 1 Dongchang'an Jie, Dongcheng District (6510 9608) 东城区东长安街1号东方广场北京东方君悦大酒店1层

Maison Boulud à Pékin 布鲁宫法式餐厅 Mon-Fri 11.30am-2pm, 6-10pm; Sat-Sun (brunch) 11am-4pm, 6-10pm Chien Men 23, 23 Qianmen Dongdajie, Dongcheng District (6559 9200, reserve@chienmen23.com) 东城区前门东大街23号

China Grill 北京亮 Daily 6-10.30am, 11.30am-2.30pm, 5.30-10.30pm. 66/F, Park Hyatt Beijing, 2 Jianguomenwai Dajie, Chaoyang District (8567 1234) 朝阳区建国门外大街2号柏悦酒店66层

Din Tai Fung Daily 11.30am-9.30pm. 6/F, Shin Kong Place, China Central Place, 87 Jianguo Lu, Chaoyang District (6533 1536) 朝阳区建国路87号华贸中心新光天地6层 www.din-taifung.com

Aroma 香溢 Daily 11am-2.30pm, 6-10.30pm. The Ritz-Carlton Hotel, 83A Jianguo Lu, Chaoyang District (5908 8777) 朝阳区华贸中心建国路甲83号丽思卡尔顿酒店

Barolo 巴罗洛 Mon-Sat 11.30am-2pm, 6-10pm. 2/F, The Ritz-Carlton Hotel, China Central Place, 83A Jianguo Lu, Chaoyang District (5908 8888) 朝阳区建国路甲83

Dongjiao Market 东郊市场 Daily 8am-5.30pm. Xidawang Lu (south of Soho New Town), Chaoyang District (6774 7864) 朝阳区西大望路 (Soho现代城南边)



Better than breakfast, better than lunch

THE BEST OF THE BRUNCH

Eat yourself silly at Beijing's best brunches

HOTEL BRUNCHES

Westin Chaoyang Beijing's most luxurious brunch, Bubblicious features multiple interactive cooking stations, including a shellfish bar, the sushi and sashimi station, a selection of Indian curries and the fresh pasta bar, as well as super food corners that help jump start your day. There's also an entire room filled with desserts, free-flowing champagne, and a children's station to help free your hands for more plates. Prices start at RMB 328, pay RMB 368 + 15% service charge to add soft beer and wine, or splash out and spend RMB 398 + 15% service charge to include free flow Moët and Chandon Champagne. Readers voted Bubblicious the co-winner of "Best Hotel Brunch" in the Beijinger's 2010 Restaurant Awards. Sundays 11:30am-3pm. 7 Donsanhuan Beilu, Chaoyang District (5922 8888) 朝阳区朝阳区东三环北路7号

Westin Financial Street Gleaming seafood platters, caviar and lobster, sit lined up alongside such culinary delights as succulent roast duck, barbecue-blackened steaks and freshly prepared sushi, making this probably the most extensive buffet of all Beijing's hotel brunches. Dessert stations boast syrup-covered pancakes and colorful fruit trays that make a healthier option alongside the tarts and pastries. The kids corner is available. RMB368 gets you free-flow Champagne, wine, beer and cocktails, for the non-alcoholic version you'll pay RMB298, subject to surcharge of course. TIME 9B Jinrong Jie (Financial Street), Xicheng District (6606 8866) 西城区金融街9号

Hilton - Elements With a bright buffet made up of separate food stations with different cuisines, from seafood to pan Asian treats topped off with a hog roast, not to forget the crepe station taking its place as cherry on top, it shouldn't stand to matter that Elements offers free flow sparkling wine as opposed to champagne. From 11.30am-3pm every Saturday and Sunday, it's RMB300 for the alcoholic brunch, or RMB228 if you're driving. 1 Dongfang Lu, Dong Sanhuan Bei Lu (586 5240) 希尔顿酒店 朝阳区 东三环北路 东方路1号

Intercontinental Hotel The Intercontinental offers an extensive food selection while a chocolate fountain, Haagen Daz, hand-made chocolates, cookies and cakes fill next door XChange bar, not to mention the selection of fresh fruits and juices. Choose from Veuve Clicquot, Mumm or Moët&Chandon champagne for RMB368 every Sunday from 11.30 to 15:00, with a desert buffet that lasts until 5pm. 11 Financial Street, Xicheng (6606 8866) 金融街洲际酒店 西城区金融街11号

Kempinski Kranzler's Jazzy Brunch plays host to oysters, roast meats, a strong seafood selection, salads and European and Asian hot dishes, including Peking duck. Offering an array of freshly baked breads and cakes, while the neighboring Kempinski Deli provides the dessert buffet with an array of rich cakes. For the grown ups, entertainment comes in the form of a live jazz band, while there's a playground and clown for the little ones. Wash the feast down with the free flowing

bubbly, or beer from the Paulaner Brauhaus microbrewery. RMB 288 includes unlimited fruit juices and soft drinks or RMB 338 includes unlimited bubbly, wine and beer. Sundays from 11:30am to 3pm. Beijing Lufthansa Center, 50 Liangmaqiao Lu, Chaoyang (6465 3388) 朝阳区亮马桥路50号

St. Regis - Garden Court Brasserie-style buffet featuring an extravagant Champagne brunch on Sundays. 11.30am to 3pm. Garden Court St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District (6460 6688 ext 2340) 朝阳区建国门外大街21号国际俱乐部饭店景苑咖啡厅

JW Marriot Voted "Outstanding Hotel Brunch" in the Beijinger's 2010 Reader Restaurant Awards, the Asia Bistro has not only an outdoor patio but also a real fire. RMB388/288 (with flowing champagne and wine/with beer) 11.30am-3pm on Sundays. JW Marriott Hotel, 83 Jianguo Lu, China Central Place, Chaoyang (590 88511) 朝阳区建国路83号JW万豪酒店

Softel Softel's VIC has a satisfying variety on offer, with everything from Cantonese, Japanese and sushi, French cheese and Italian cold cuts to an Indian curry station. Kids get games, toys, a bouncy castle, a ball pool, Wii games, a DVD corner and the supervision of an in-house nanny. For RMB308 with free flow of fresh juices, French wine, international beer and soft drinks, RMB408 with a free flow of Perrier-Jouët Champagne. Tower C, Wanda Plaza, 93 Jianguo Lu, Chaoyang (8599 6666) 朝阳区建国路93号万达广场C座

Hilton Wangfujing For Macanese cuisine with a Portuguese twist, head to Vasco's to sample signature dishes like charcoal-grilled African-spiced chicken with truffled mashed potato. Every Sunday from noon until 3pm, the Tiny Bubbles champagne brunch boasts meat carving stations, dim sum, seafood, a kids playstation, Tattinger champagne and live jazz. RMB 368 for free flow fizz, RMB 288 for wine, cocktails and soft drinks, or RMB 258 for soft drinks and juice only, with a 15% service charge. The Fizztastic Sunday Brunch was winner of "Outstanding Hotel Brunch" in the Beijinger's 2010 Reader Restaurant Awards. Hilton Beijing Wangfujing, 8 Wangfujing Dongjie, Dongcheng (5812 8888) 东城区王府井东街8号希尔顿北京王府井酒店5层

Hilton (One East) Offer a traditional lazy Sunday roast serving up your

favorite starters and soups and giving you unlimited servings of prime beef rib and other meats. With a delicious selection of traditional puddings, pies and other temptations, and of course the impressive selection of Bourbon Whiskies and premium wines on offer. A three course set lunch is RMB178 per person, add RMB98 each for the wine buffet. Hilton Beijing, 1 Dongfang Lu, Chaoyang (5865 5000) 朝阳区东方路1号希尔顿酒店2层

Hilton (Doubletree) Enjoy 30 different kinds of Dim Sum, a cold appetizer buffet, desserts and tea, plus free flowing beer, wines, and soft drinks for just RMB158 every Saturday and Sunday from noon until 4pm. 168 Guanganmenwai Dajie, Xuanwu District, Xuanwu (6338 1999) 宣武区宣武区广安门外大街168号

Tangla With free flow Moët & Chandon champagne as well as vodka martinis, and over 100 dishes to choose from comprising everything from crocodile to Peking duck, including the ability pick and choose your own lobsters and how they're cooked, the Tangla offers Beijing's cheapest champagne brunch at just RMB299 per person including service charge, Sundays from 11am-2pm. 19 Fuxingmenwai Dajie, Xi Chang'an Jie (5857 6688) 复兴门大街19号西长安街

Ritz-Carlton Fresh seafood, prime quality meats, freshly made omelets & eggs, as well as a choice of individual plated entrées such as foie gras, beef medallion, lobster or sea bass. Every Sunday from 11:30 through to 3pm, for RMB348 or the non-alcoholic option for RMB268. 1 Jinchengfang Dongjiejie, Financial Street, Xicheng (6601 6666) 西城区金融街金城坊东街1号

NON- HOTEL BRUNCHES

Sureno For fresh Mediterranean cuisine on your Sunday, visit Sureno at the Opposite House Hotel. For RMB298 with free-flow champagne, set lunch is a selection of antipasti to start followed by a soup, a choice of 4 main courses (grilled meats, seafood and more) and a cheese or dessert platter. The Opposite House, Sanlitun Village, 11 Sanlitun Lu, Chaoyang (6410 5240) 三里屯路 11号三里屯 Village 瑜舍地

Invito For relaxed al fresco brunching head to Invito this weekend to enjoy the selection of breakfast items, cold buffet, seafood, carving and pasta stations, and all important selection of desserts the Italian eatery has to offer

for RMB368 with prosecco and house red wine. Solana Shopping Mall, 6 Chaoyang Gongyuan Lu (5905 6906) 朝阳公园 路6号蓝色港湾国际商务区

Terra With three ways to enjoy their five course brunch whose menu will make your mouth water, the new Sanlitun offering invites you to 'indulge' with its RMB598 option with free flow Veuve Clicquot Champagne, Mojitos & Caipirinhas, 'enjoy' the RMB398 option that gives you free flow sparkling, red & white wine, local beer, Mojitos & Caipirinhas, or simply to 'eat' with the food only option for RMB258.

1 Sanlitun Nanlu, Chaoyang (6591 9148) 朝阳区三里屯南路1

Enoteca The signature brunch is served on a tray with salmon tartar, salad, meat, cheese, eggs, bread croissants and quiche, while their American plate offers a classic way to fuel your weekend with sausage, bacon, eggs, mushrooms and hash browns. The Place, 9 Guanghua Lu, Chaoyang (6587 1578) 朝阳区光华路9号世贸天阶

The Vineyard Cafe A solid English breakfast and a great selection of eggs Benedict, as well as cereal, yoghurt and fruit, not to mention the Mediterranean platter. 31 Wudaoying Hutong (just north of the Confucius temple) (6402 7961) 东城区五道营胡同31号

SALT For two or three courses without alcohol you'll pay RMB148 and RMB168 respectively, or indulge with the addition of free-flowing bubbly and beer for RMB278 for two courses and RMB298 for three. Don't forget to try the delicious Bloody Marys and champagne cocktails on offer for RMB48. 9 Jiangtai Xilu (opposite the Japanese School, west of Rosedale Hotel), Chaoyang (6437 8457) 朝阳区将台西路9号2层 (珀丽酒店西边)

Steak and Eggs One of the first places offering a western breakfast in Beijing, steak and eggs is well known for its hearty meals. Visit for brunch and you'll get generous portions of classic North American style carb-heavy breakfasts, with classics such as omelettes, eggs, waffles and, best of all, bottomless cups of coffee. Xiushui Nanjiejie, Jianguomenwai (6592 8088) 建国门外秀水南街(友谊商店北面, 秀水西边第一个红绿灯)

Chef Too Voted "Outstanding American," "Outstanding Brunch," "Outstanding Steak," "Outstanding Burger" and "Outstanding Chef" in the Beijinger's 2010 Reader Restaurant Awards, this popular American owned restaurant offers an authentic, Manhattan-style

Sunday brunch featuring New York classics such as eggs benedict, pancakes, french toast, huevos rancheros, crab oscar omelette, and lobster crab sandwiches and more. RMB 68-98, served until 3pm. Chaoyang Gongyuan Xilu (north of Block 8) (6591 8676) 朝阳公园西路(八号公馆北)

Element Fresh Originally a Shanghai native, the restaurant showcasing the healthier side of American food is a Beijing institution. Voted "Best American," "Best Non-Hotel Brunch," "Outstanding Family-Friendly" and "Best Sandwiches" in the Beijinger's 2010 Restaurant Awards, Element Fresh has a popular weekend brunch menu. 1) 58-33, Bldg 8, Sanlitun Village South, 19 Sanlitun Lu (6417 1318) 三里屯路 19号三里屯Village南区8号楼S8-33 2) 6 Jiangtai Lu, Chaoyang District (6433 5058) 朝阳区将台路6号

South German Bakery With freshly baked bread baskets, honey and homemade jam accompanying breakfast options such as the Big Breakfast, RMB72, with ham, cold cuts, salami & cheese with scrambled eggs and crispy bacon rashers, the Vital Breakfast, RMB80, which gives you museli with milk, fresh fruits and yogurt with glass of orange juice or the Luxury Breakfast, RMB 108, which gets you smoked salmon, ham, cold cuts, salami & cheese served with scrambled eggs & crispy bacon rashers and a glass of orange juice. 8.30am to 3pm. 27 Haoyun Jie (Lucky Street), 29 Zaoying Lu, Chaoyang (5867 0201) 朝阳区枣营路29号好运街27号

Ristorante Sadler The latest brunch to hit the town offers a variety of Italian delicacies ranging from salads to pizzas, focaccia to cured meats, and best of all, desserts! The sophisticated décor makes the perfect backdrop for a classy yet leisurely lunch. RMB 248 and up, plus RMB 85 for free-flowing Prosecco. Sundays from 11.30am to 3pm. "Chien Men 23, 23 Qianmen Dongdajie, Dongcheng District (6559 9200, reserve@chienmen23.com) 东城区前门东大街23号

The Den Offering British, American and Australian style breakfasts, The Den has something for everyone. From the eggs Benedict to the zesty Bloody Marys, via the freshly brewed coffee and Gravalax salmon served on a fresh bagel, the generous portions on offer at the popular expat eatery have plenty to please. 4 Gongti Donglu (6592 6290) 朝阳区工体东路4号城市宾馆正门旁

Compiled by Jeri Kimber-Ndiaye



Bar/Cafe/Shop

Mao Mao Chong 毛毛虫

Caterpillar-themed bar/cafe/shops in Beijing don't get any better than this. Now that Mao Mao Chong has settled swiftly and elegantly into its new location, it's time to check out their winter cocktail menu, including rich, decadent drinks such as the Adult Chai (black cardamom, fresh ginger and cinnamon infused vodka), French Toast (Advocaat, Rum, warm milk, cinnamon and honey), or the lighter but equally sensuous Golden Lady (warm Amaretto with orange juice and cinnamon) and mulled wine. Traditionalists can choose from the extensive selection of house vodka infusions (RMB 20) or lager and ale options (RMB 13-35). A quality menu, monthly drinks deals, themed music nights and the on-site design store featuring house-designed T-shirts (RMB 50) and artwork round out the deal and make this a perfect place to while away an evening. Daily 5.30pm-late (closed Tuesday). 12 Banchang Hutong (east off Nanluogu Xiang), Dongcheng District. (159 9264 6024) www.maomaochongstore.com

城区板厂胡同14号 (南锣鼓巷往东走)



Cocktails and Jazz

Mix - The Westin Beijing Chaoyang

This swank gem of a bar, nestled in the lobby of the Westin Beijing Chaoyang, boasts a decent menu of wines, whiskeys and cocktails, alongside stirring Jazz performances. The plush leather couches, sleek, dark wood and candlelit décor, designed by Khuan Chew, the London-based KCA design principal behind Dubai's Burg al Arab hotel, set the mood for a business-casual drink or romantic evening. The smooth stylings of Jazz diva Caprina Stone are incredible, and make the wait for some cocktails easier to swallow. Peckish audiences also have complete access to the hotel's restaurants, including Zen5es. Daily 5pm-midnight. 1/F, Westin Beijing Chaoyang, 1 Dongsanhuan Beilu, Chaoyang District (5922 8000) 朝阳区东三环北路7号金茂北京威斯汀大饭店



mix迷

mix into 2011

26th november - 25th december

tuesday to saturday

be surrounded with soothing
christmas jazz music from our jazz
vocalist caprina stone

ladies can enjoy one
complimentary christmas cocktail
from 6pm to 7pm.





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CHINA'S KNOWLEDGE ECONOMY

Science Communicator Ben Bravery

Everybody knows that science is critical to modern life, but to many of us it can be quite daunting, with all of its jargon, formulas, and worst of all, math. Fortunately, there are people like Ben Bravery who, along with fellow science communicator Tim O'Mahony, have been building bridges between the scientific community and ordinary folk with their company Kexue Communications. Not only does this dedicated duo help scientists communicate, but they also help the wider world get acquainted with the

discoveries and innovations going on right here in China. Their work involves them with anyone from high-level researchers to schoolkids, and ranges over a vast territory of knowledge, from biology to physics, and from zoology to climatology. **Agenda** sat down with Ben Bravery to get schooled on the hard stuff.

What is science communications?

Science communication refers to any aspect of disseminating science and scientific findings to an audience.

The science could really be anything: why the sky is blue, how giant pandas talk to each other in the wild, which genes in a virus make it a virus, and so on. The audience could be someone reading a newspaper, watching TV or listening to the radio, children at a school, or scientific researchers at a conference. The public needs to have access to scientific findings in order to make informed decisions. For instance, understanding why a V8 engine is more environmentally damaging than a hybrid helps us to make an educated choice about our next car.

We're used to hearing a lot of fuss about China's growing economic and political might, but what really excites me is that China is becoming a scientific superpower as well. In 2008 China produced over 280,000 research papers. That's about 11% of all papers published. It's also 60 times more articles than 12 years ago, and now China only trails the United States in research volume.

Of all modern countries, China is the most clear-eyed about the importance of research and development for its future prosperity. High-yield crops, renewable energy, medical advancement and environmental protection are all high on the agenda. Our job is to make sure these findings don't fall on deaf ears by communicating them to the rest of the world.

How did your company get established? I first came here to do research on endangered deer on Hainan Island. Some time later I took up a position with the Institute of Zoology at the Chinese Academy of Sciences, China's national scientific agency. There I discovered that Chinese researchers were desperate for help preparing their manuscripts in English and communicating their findings to non-scientists around the world. Being a zoologist, I find talking about animals rather easy, so I founded Kexue Communications initially to help Chinese zoologists.

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These days, however, we don't just edit papers about animals. Some of our recent projects have included performing science shows in Chinese schools in Beijing and Guangzhou, promoting Chinese research to journals like *Science and Nature*, appearing on radio to discuss science, and attending scientific conferences and reporting on them. We have even started birthday party science shows and workshops throughout Beijing.

In many countries, enthusiasm for science is instilled in kids at a young age. Do Chinese kids have scientific "heroes"? China has a rich history of scientific achievement, which is littered with superstars. Modern schoolkids are taught, for instance, about the ancient physician and naturalist Li Shizhen, the mathematician Zu Chongzhi and the polymath Zhang Heng, who, among other things, invented the first seismometer, wrote poetry and mapped and described over 2000 stars. Chinese students are also encouraged by achievements of the rocket scientist Qian Xuesen, the internationally renowned physicist Deng Jia, and the father of hybrid rice, Yuan Longping.

"China has a rich history of scientific achievement, which is littered with superstars"

While science communicators like the USA's Bill Nye the Science Guy, Australia's Dr Karl, Canada's David Suzuki and the UK's Richard Dawkins are well known outside China, some great personalities are popularising science in China too. Zhao Ming was the editor of *Little Edison* and has also published a series of science books for kids, and Ji Shisan, founder of Science Squirrels, fosters science networking and disseminates scientific findings in an interesting way.

You've worked closely with one of China's top panda researchers. What's the real story about China's panda population? Have

"If communities are going to initiate change, then asking these questions like these is the first step, and China is increasingly moving towards an inquiry-based system of science education that promotes questioning and investigation"

you learned anything encouraging? Giant pandas are very high-profile animals internationally, and everything the Chinese government does in terms of their management and conservation is monitored with interest around the world.

The number of giant pandas left on Earth is somewhere around 1,600. There is room for that number to expand though, not because giant pandas are recovering in the wild, but because our methods for counting them are becoming more accurate. A major survey of giant pandas is going to commence next year, and after that we'll have the most comprehensive estimate to date.

I am very encouraged by the work going on here in China to protect and conserve giant pandas. The old threats of hunting and deforestation have been halted, and

significant environmental challenges, and its national spending on research and development to combat these issues is growing. Early this year, China established the National Energy Commission, which is tasked with ensuring that the country can better respond to climate change through the increased use and development of renewable energies.

A scientifically engaged community is able to make informed decisions about everyday life. For example, how do light bulbs work? What type of light bulb should I use? How does using a light bulb affect atmospheric carbon dioxide? How does carbon dioxide affect the Earth's temperature? If communities are going to initiate change, then asking questions like these is the first step, and China is increasingly moving towards an inquiry-based system of science education that promotes questioning and investigation.

Will there be a reverse brain drain?

China's youth are scientifically literate and knowledgeable. I first noticed their attention to detail and desire for facts during the Olympic Games when numerous TV programs would go through the nuts and bolts of a sport, down to the dimensions of the mesh on a ping pong net.

We have a program of science shows and workshops called Kexue Kids, and through this we've seen a high level of enthusiasm for science and a good understanding of difficult concepts from an early age. When we did school shows on electricity and the physics of music, the kids were sometimes ahead of us when it came to the theoretical explanations for how these things work!

Interview by Nikolaus Fogle



Eeye Hsu makes connections, on screen and off

CONNECTING FOR SUCCESS

Eeye Hsu, CCTV host, mom, and entrepreneur on the art of networking

*For the past six years, Eeye (pronounced Yiyi) Hsu has been bringing her warm and inquisitive personality to CCTV-9's Up Close and Cross Over, where she has interviewed the likes of actor Jet Li, primatologist Jane Goodall, and researcher/IT executive Kai-fu Lee. Those who have seen her show know her friendly, easygoing on-screen personality, but what they might not know is that her career did not start in television, but in management consulting. Hsu believes networking was one key factor in making that career change, and sat down with **Agenda** between tapings to talk about the art of the networking, how it changed her life, and how it can change yours.*

When you first arrived in Beijing, how did you get to know people?

"The people I met through ORIENTED have not only had a direct impact on my career, but many have also become great friends that are some of my closest in Beijing"

Before I came to Beijing, I was organizing the ORIENTED happy hours in Tokyo, so it was quite natural for me to join the Beijing team. Christine Hsu is the founder of ORIENTED and a long-time friend of mine, so I got involved with the Beijing group within the first few weeks of landing here in 2003. The people I met through ORIENTED have not only had a direct impact on my career, but many have also become great friends that are some of my closest in Beijing.

How has networking affected your career? The woman who eventually led me to CCTV was actually someone I met at an ORIENTED Happy Hour. She was hosting a show called "Dialogue" and CCTV was interested in developing a new show with her as the host. "Up Close" was born, and

she invited me to write for the show. She left CCTV about a year later, and one of the producers asked if I was interested in hosting the next show. The very next day, I was up on stage, and the rest is history. You never know when opportunity is going to come knocking!

Why do you enjoy talking to people? This is going to sound weird, but I love listening to people talk about themselves. I find people to be so dynamic and interesting – the infinite number of perspectives out there astounds me. I suppose it is natural that my professional life has always involved working with people – whether it's management consulting or media.

How do you deal with stage fright?

Instead of focusing on the millions of people behind the camera, I try to feel like I have a very important houseguest. Usually the guests are more nervous than I am, so I try to spend a few minutes chatting and joking with them before the cameras start rolling. It relaxes all of us.

What's your top strategy in interviews, and how can we apply this to networking? Be an active listener!

Listening is not a one way street, it's a two-way dialogue. A great interview doesn't seem like an interview, it just seems like a great conversation. I try to engage my guest by asking questions, understanding what they say, and interpreting their response.

The same rule applies to networking – it's a time for you to have a two-way discussion to learn what other people are doing, and let others know what you are doing. You can try tactics like paraphrasing what the other person just said, to simply let them know you heard them. Body language is important too: people pick up on this intuitively so don't look around the room while someone is talking to you or look down in your drink. Get engaged and make eye contact. And don't interrupt in the middle of a thought.

How do you make people feel at ease when talking to you?

I try to make conversations, not interrogate people. It's not about barraging the guest with questions, but rather it's about having a meaningful dialogue. Networking events are also about making conversation. But remember that good conversations are two-way. When you finish talking, show the other person you are interested in hearing what they have to say by asking a question. The worst conversations are ones where one person dominates and the other person just can't wait to get away.

What's your favorite icebreaker at networking events?

I don't typically have anything "canned" or a question that works for every situation, but as a rule of thumb, anything related to

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small children (three and one) who we adore, so we spend a lot of time at home and around town as a family. We love the outdoors - Side Park and Ritan Park are amongst our favorites. I like keeping busy and am working on a new project - a baby boutique selling imported, high-quality products called Counting Sheep Boutique.

You can often find us at kid-friendly restaurants such as Chef Too or Ding Tai Fung. For a special weekend treat, we sometimes hit the hotel brunches like the JW Marriott or the Westin. We recently discovered

born baby can be so overwhelming - trust me, I've had two! We want to help make things easier for new parents by providing safe and well-designed products from trusted baby brands. When I was a new parent, I found myself excited about my baby, but confused by all these new brands and questions around what was best for my newborn. We are looking to not only alleviate some of that stress, but also make it fun by providing great service and top-notch brands from all around the world.

Counting Sheep Boutique 1) 10am - 7 pm. 17 Gongtibeilu (in the Bodhi building), Chaoyang District (6417 7622) 朝阳区工体北路17号 2) 9am-9pm. In the Blueberry Owl store. Pinnacle Avenue, Linyin Lu, Tianzhu, Shunyi District (6457 1480) 顺义区天竺镇丽苑街荣和商业中心21号楼

Mosto Daily noon-2.30pm, 6-10.30pm. 3/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District (5208 6030) 朝阳区三里屯路81号那里花园3层

Sureño Daily noon-3.30pm, 6-10.30pm. 81/F, The Opposite House, Sanlitun Village, 11 Sanlitun Lu, Chaoyang District (6410 5240) 朝阳区三里屯路11号三里屯Village瑜舍地下1层 www.surenorestaurant.com

Ristorante Sadler Daily (closed Mondays) 11.30am-2pm, 6.30-10.30pm. Chien Men 23, 23 Qianmen Dongdajie, Dongcheng District (6559 1399) 东城区前门东大街23号

Hatsune 1) Daily 11.30am-2pm, 5.30-10pm. 2/F, Heqiao Bldg C, 8A Guanghua Lu, Chaoyang District (6581 3939) 朝阳区光华路甲8号和齐大厦C座2层 2) Daily 11.30am-2pm, 5.30-10pm 58-30 (opposite Element Fresh), Bldg 8, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District (6415 3939) 朝阳区三里屯路19号三里屯Village南区8号楼58-30

Tori Tei Daily 11am-midnight. 8, Xinyuanli Zhongjie, Chaoyang District (6461 4513) 朝阳区新源里中街8号

Capital M Mon-Fri 11am-2.30pm, 6-10.30pm, Sat-Sun 11.30am-5pm, 6-10.30pm (afternoon tea between 2.30-5pm). 3/F, 2 Qianmen Pedestrian Street (southeast of Qianmen), Chongwen District (6702 2727) 崇文区前门步行街2号3层

Interview by Jennifer Thomé

"This is going to sound weird, but I love listening to people talk about themselves. I find people to be so dynamic and interesting - the infinite number of perspectives out there astounds me"

Beijing or China is a good starter. It gets the conversation going, and can lead down several interesting paths. Try to go beyond the basics to get people to open up like asking a personal question. Sometimes "how long have you been in Beijing?" can get old.

Have you ever asked a question that you later regretted?

No, but I have regretted not asking a question. There have been a number of questions that I was afraid to ask because I thought they were too personal. Sometimes guests would tell us in advance that they don't want to talk about themselves, but I find that my audience often wants to get to know the person behind the curtain.

What do you like to do in Beijing when you're not hosting your show? My husband and I have two

a wonderful hotel breakfast at China Grill in the Park Hyatt - the food was great, most items made-to-order, and you simply can't beat the view.

We love Japanese. Hatsune is always a great choice, but one of our all-time favorites is Tori Tei by the Yuyang Hotel. We have been going there for seven years, and the owner, who we call *Lao Pang*, loves to sit down and have a sake with us. We've had many long nights there.

On date nights, we enjoy Mosto, Sureño, and if we're going higher end, Sadler. On our anniversary or for a special event it's nice to go to someplace like Capital M or the Legation Quarter - but in the end, my favorites are casual places where you can wear jeans, be relaxed, and laugh loudly.

Tell us a little bit about your new adventure, Counting Sheep. Getting everything prepared for a new-



Shokay Founders Marie So and Carol Chyau

A-SHOKAY!

Carol Chyau, founder of Shokay

Founded in 2006, the social enterprise Shokay prides itself on being the world's first lifestyle brand focused on using yak fibers to provide maximum warmth, comfort and style. The idea draws on the heritage of Tibetan herders, whose lifeline, the yak, provides them with all of their needs. Shokay founders Marie So and Carol Chyau decided to continue this tradition with a twist, and the result is not only warm and comfortable, but indeed, fashionable and totally sustainable. Agenda met up with founder Carol Chyau to learn more about social enterprises.

What is Shokay and how did it begin? We started Shokay in 2006 because we wanted to try running

a social business model in China. We explored several ideas and decided to work with yak fiber. Everything we do relates to yak: We source our fibers from Qinghai in Western China take the raw fiber and have it delivered to a team of knitters on the island of Chongming, just off the coast of Shanghai. From there, we sell the products to stores in Shanghai and Beijing, abroad, and on the web.

What was the inspiration behind Shokay? We really wanted to see if the social enterprise model would work in the Chinese context, and in order to do that we had to establish both a great model and create a brand that produces high-quality,

timeless pieces that can be worn season after season. Yak is the perfect sustainable fabric, and has been the lifeline of Tibetans for many years. In traditional uses, the outer hairs are used to make waterproof tents, and the inner down is used to make clothing and blankets.

What is social enterprise and how does Shokay apply its principals?

It can be defined as a profit making but not necessarily profit maximizing enterprise, and in it, we aim to solve a social need. The social need that we are trying to address is sustainable economic development in Western China.

We chose yak because 80% of the world's yak population is in Western China, and the owners of the yak are usually Tibetan herders with very limited cash income. If we can create an industry for quality yak fiber, then we can create a way for the herders to have a sustainable income without changing their way of life. The average Tibetan herder has about 30 to 40 yaks. The yaks are an asset that they already have, but there's not a way for them to convert that "asset" into a sustainable income. And that's where the social enterprise angle comes in.

How does Shokay differ from other organizations practicing social enterprise in China?

Compared to other social enterprises, Shokay is more product-driven. Most of the other social enterprise organizations in China are geared more like non-profits. For example, the way that people support Wokai is by going onto their website and investing money in an individual in the form of a microloan. But when people buy Shokay's products and support our revenue engine we can then source more yak fibers and have a greater developmental impact in Western China. At the end of the day, everyone is trying to generate resources—some do it by donations and we do it by product sales.

"We chose yak because 80% of the world's yak population is in Western China, and the owners of the yak are usually Tibetan herders with very limited cash income. If we can create an industry for quality yak fiber, then we can create a way for the herders to have a sustainable income without changing their way of life"

What are the hurdles you've encountered in setting up this organization?

Branding has been very tricky for us, as has product development. On the branding side of it, we began this as a social business and social venture and a lot of our clients really support that, but at the end of the day people are buying the products because they are fashionable. So the big question has always been: to what extent do we include the social aspect of our products as part of the lifestyle brand?

There are definitely two audiences and if we focus purely on the social side of it, we may end up alienating people that are just interested in the products for the fashion. It's been tricky to walk the line of branding ourselves as a social enterprise and a fashion brand, and

"It's been tricky to walk the line of branding ourselves as a social enterprise and a fashion brand, and ultimately, we'd like to stay in the middle as we develop into a more mainstream brand"

the fiber and outsource it to different manufacturing partners to create the product, designed by our in-house team based in Shanghai. We brand the products ourselves and then ship them around the world.

Have you ever combed a yak? (Laughs) No, I've never combed a yak personally. I'm a little bit afraid that they might get angry and run away. They're most comfortable with their owners and I'm definitely not a yak owner.

What's the story on Meixiang cheese? When we first started Shokay, we also supported a Tibetan yak farming community in Yunnan. We support one family to make the cheese in their factory, and then connect them to distributors, primarily in Shanghai where the cheese is sold. We brought over a yak cheese expert from Wisconsin to teach the family how to make the cheese. One family makes the cheese, but they source the yak milk from their community—so Meixiang cheese ends up supporting a whole community in rural Yunnan.

"At the end of the day, everyone is trying to generate resources—some do it by donations and we do it by product sales"

ultimately, we'd like to stay in the middle as we develop into a more mainstream brand.

What about the successes? I think you can look at this from two angles: one, from the business perspective and two, from the development perspective. From the development perspective, we now work with a few groups. We not only source fibers but we also offer healthcare training and design programs.

From the business standpoint, Shokay's products are now in over 100 locations in ten countries. We are molding ourselves more towards a lifestyle brand and demand for our products is increasing.

How are Shokay's products made?

First we go in and source the fiber. Each yak only gives 100 grams of usable down fiber, meaning that the average sweater would require the fiber from five different yaks. We then take

I love that you share the stories of the Shokay knitters on your website. Do you have a personal favorite? I think it would have to be our head knitter, Viola. She's been running our knitting cooperative. She majored in Chemistry and knitting has always been a hobby of hers. Her father discouraged her from practicing it when she was young, thinking that it would take away from her studies. But she continued to knit in secret, improving her skills. She found us online and came to work for Shokay four years ago. She's designed many beautiful Shokay products. It's been great to see how she's able to combine her passion and skill set to build us up.

Do you have a word of advice for those interested in starting a social enterprise?

Starting a social enterprise isn't an easy task. Combine passion and perseverance. Keep trying and don't give up.

Do you see Meixiang cheese as a model that could be used to support development in other places?

I think it's a harder model to spread around, because cheese making is, in fact, an art. If you were to compare the two projects, Shokay is a project of breadth and we're able to replicate its scale much faster and support a lot more families. Meixiang cheese is a project of depth.

I think that if we were going to run some other types of projects to utilize the yak as a resource, we would use the milk to make soap. We would still be using the dairy, but it's a product that's far more replicable than cheese.

Right now you can buy our Shokay products online and at Brandnü in the Wudaoying Hutong. Unfortunately, you'll have to come to Shanghai for the cheese.

Brandnü Tue-Sun, 10am-10pm, closed Mon. 61 Wudaoying Hutong (just west of Vineyard Cafe), Dongcheng District (150 1115 3421) 东城区东城区五道营胡同 61号

Wuhao 号码 35 Mao'er Hutong, Dongcheng District. (6403 7608) 东城区冒儿胡同35号

Interview by Jordan Thomas Mitchell



William Heathershaw gets your dongxi from Xi to Dong

FROM DONG TO XI

William Heathershaw of Dong-Xi.com

*When William Heathershaw noticed that there was no good way to bring overseas products to China, he created one. That's the short and simple story behind Dong-Xi.com, but the process of establishing the company was riddled with challenges. Heathershaw recently took a breather from serving the people to tell **Agenda** how he overcame those obstacles and turned a one-suitcase operation into an international business.*

How did Dong-Xi come into existence? Well, friends often asked me to pick up items when I traveled back to the States, and there seemed to be a demand for a service to purchase quality and authentic items hard to access in China. So I posted an ad on thebeijinger.com, asking if anyone wanted me to bring books to Beijing. I had over ten respons-

es, so it was clear that expats were interested in this service, at least for books. More research revealed that expats living in China were interested in purchasing electronics, baby supplies, clothing, and more from foreign online retailers, but faced the problem that many of these retailers didn't deliver to China, and that they often rejected non-US credit cards. So we decided to create a service that not only forwards packages to Chinese addresses, but could also pay the online retailer on behalf of the customer.

From there, I contacted my cousin in Oregon to find a business partner for this venture. Oregon is a sales tax free state and is well positioned geographically to receive packages from US online retailers to forward to China. Initially, we began to advertise through word of mouth and free

online postings in Beijing. Our website at the time was very simple and information based. This was before Halloween 2009 and we decided that expats could order costumes from the States. We went to Sanlitun bars who advertised our services to their customers. Luga and Lee Mitchell, then of Blue Frog, were an incredible help introducing us to the Sanlitun crowd, and we owe them a lot for believing in our service.

So how did you expand your operations? In the beginning, we didn't have the mechanism for customers to place orders through the site. Orders had to be placed through email and this meant the site was perceived as unprofessional. We met very little success due to our minimal marketing efforts. Luckily, we found an angel investor who provided a website developer and covered advertising expenses. As the holiday season was quickly approaching, we were determined to launch our first functional website by the second week of November, and were well on our way with a functional website, two partners, an investor and a Chinese staff member for support. We were sure the holiday season would be a huge opportunity to start our soon-to-be booming business, but once again, our marketing wasn't well received and we processed very few orders. It was very obvious that it would take time for Dong-Xi.com's name to spread and for us to gain the trust of the community.

How has business been since your launch? We have made excellent headway in the last year. We have been fortunate to form great relationships with organizations such as the International School of Beijing and the British School of Beijing. We are also being recognized by media such as the Beijinger magazine, Global Times, City Weekend Beijing and Shanghai, China Daily, and other magazines in second tier cities. We initially focused on Beijing, but we

"Initially I asked if anyone wanted me to bring books to Beijing, for a cheaper service charge than what international shipping would be. I had over ten responses, so it was clear that expats were interested in at least books readily accessible at a good value"

are now connected with markets on a national scale and will soon have a Chinese version of our site.

What was the biggest hurdle in founding Dong-Xi.com?

The nature of our business has many factors that are out of our control, largely pertaining to customs relations and taxes. These issues created some havoc for us in September with regulation changes in personal package imports, but we managed to overcome these issues through our logistical partners USPS and EMS.

You must have a lot of insight into the shipping industry here. What's the most surprising thing you've learned?

Dong-Xi.com uses the postal service to deliver packages from our US warehouse to our customers' home addresses. With this logistics model, we are bit different than an actual importer, freight forwarder, or logistics provider. What I have learned is that when shipping packages into the country, logistics providers like DHL, UPS, and FedEx have different operations. After evaluating and experimenting with these logistics providers, our customers agree that USPS is the best.

What sets this website apart from other shopping sites?

Dong-Xi.com is unique. It is not a retailer, but instead a service that helps you to shop from US online retailers that do not deliver to China or don't accept your form of payment. Our website is easy to use and provides many benefits, namely the potential to save money and newfound access to many items.

Once you register, you are provided a unique US address that you use when completing orders with the online retailers. When Dong-Xi.com receives your purchases from the retailers, the items are consolidated and sent to your Chinese address. If your form of payment is rejected, Dong-Xi.com can purchase items on your behalf, and you can pay Dong-Xi.com through PayPal or other methods.

“The nature of our business has many factors that are out of our control, largely pertaining to customs relations and taxes”

But can't we get almost everything we need on Taobao?

Compared to Taobao, Dongxi.com has many advantages. It is one service that you deal with for all purchases from online retailers. With Taobao, you purchase and communicate with each of the individual shops so the user experience and customer service is not consistently of high quality. Also, the authenticity and quality of products sold on Taobao shops are often questionable. When purchasing through Dong-Xi.com, you are purchasing from the official online retailers of your favorite brands and items, and what's more, when the online retailers are having big sales, you have access to those sales. Especially now in the holiday season, most retailers are having huge discounts which you can access. Finally, there are over 300,000+ US online retailers that carry almost 80% of consumer goods globally. That means that assisted by Dong-Xi.com, there is no limit to what you can purchase.

An increasing number of online retailers are delivering internationally, however Dong-Xi.com holds many advantages by having the retailer ship to your China address. For one, the retailers' logistics providers' rates are typically higher than Dong-Xi.com's, and Dong-Xi.com can consolidate your purchases from multiple retailers in a single box. This means you don't have to pay for multiple shipments. China is our only market, giving us an advantage over retailers who don't know the little tricks that guarantee successful and quick delivery.

What is the future of Dong-Xi.com?

We are continuing to be B2C focused and are soon opening up a Chinese website for the national market. This will be an interesting challenge as the Chinese online shopping market

behaves quite differently than the expats'. We are actually interested in finding a Chinese partner to head the Chinese market if you know anyone!

Do you still shop in Beijing? I can't think of any merchandise I have bought in Beijing in the last year! Generally I spend most of my time free time working on ORIENTED Happy Hours networking events, and International Newcomer's Network (INN) events. I'm also learning Chinese at Live the Language in Dawang Lu and teaching a class at the China Communications University.

You can find me around town grabbing grub and a drink largely in Sanlitun and Shuangjing-- Lugas, Blue Frog, Flamme, Fu Bar and Gung Ho. I also frequent like Dao Le wine bar in Pingou.

Luga Daily 24hrs. Opposite Tongli Studio, Sanlitun Houjie, Chaoyang District (64165154) 朝阳区三里屯后街向里对面

Blue Frog 1) Daily 10am-2am. 54-30, 3/F, Bldg 4, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District (6417 4030) 朝阳区三里屯北路19号三里屯Village南区4号楼3层54-30 2) Daily 10am-11pm. L312, Europlaza, 99 Yuxiang Lu, Tianzhu Zhen, Shunyi District (8046 6337) 顺义区天竺镇欧翔路99号北京欧陆 时尚购物中心(欧陆广场)L312室

Flamme International Grille Daily 11am-midnight. 54-33, Sanlitun Village, 19 Sanlitun Lu, Chaoyang District (6417 8608) 朝阳区三里屯北路19号三里屯 Village3楼54室

Fu Bar Daily 11am-midnight. 71 Chaodou Hutong, Nanluogu Xiang, Xicheng District (6403 3595) 西城区南锣鼓巷炒豆胡同71号

Gung Ho! Gourmet Pizza Factory Daily 11am-midnight. Bldg. 3, China View, (rear side, opposite City Hotel), Gongti Donglu, Chaoyang District (8587 1404/1370) 朝阳区工体东路中国红街3号楼

Dao Le Wine Bar Daily 5pm-3am. 2-012, 22 International Art Plaza, Pingou, 32 Baizwan Lu, (east of the Today Art Museum), Chaoyang District (5821 1353) 朝阳区百子湾路32号苹果社区22院街艺术区2-012 (今日美术馆东侧)

Interview by Jennifer Thomé



Emo+

If you're looking to brighten your home this winter, the misleadingly named Emo+ has got you covered. While some of the items are silly enough to make you cry laughing, the real thing to get emotional about is their selection of stylish clocks (RMB 2,000 and up), Vers faux wood iPad and iPhone cases (RMB 720 and RMB 360, respectively) with matching earbuds (RMB 390), Fabrix laptop cases (RMB 450 and up) and other delightful decorative items such as glass paper weight clocks (RMB 780), DIY ice candles (RMB 390) and Artecnic Wonderland Bird candleholders (RMB 480). Check out their latest location in Sanlitun Village North.

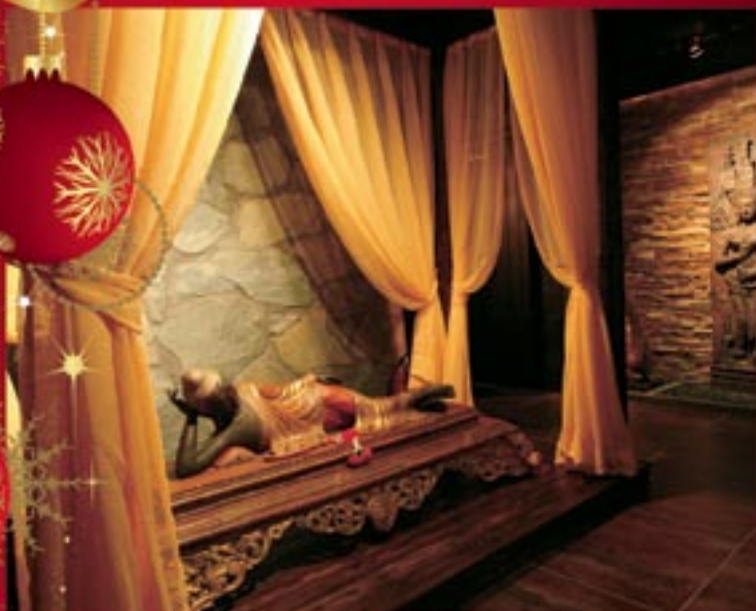
1) Daily 1pm-8.30pm. Opposite the south gate of the Great Wall Sheraton Hotel, Liangmaqiao, Dongsanhuan, Chaoyang District (6508 2402) 朝阳区东三环亮马桥长城饭店南门对面(农展北路路口) 2) Mon-Fri 10am-10pm, Sat-Sun 11am-10pm. Rm 103, Bldg 4, Soho New Town, 88 Jianguo Lu, Chaoyang District (8589 2787) 朝阳区建国路88号Soho现代城 4号桔色公寓103 3) Daily 10.30am-9.30pm. NB138-A, B1/F, China World Shopping Mall, 1 Jianguomenwai Dajie, Chaoyang District (6505 8405) 朝阳区国贸商城B1层NB-138A 4) 10am-7pm. B1/F, NLG-13, Sanlitun Village North, 11 Sanlitun Lu, Chaoyang District (6415 4015) 朝阳区三里屯路11号Village北区地下一层 NLG-13 www.emo.com.cn



Wo²

Monotone be gone! The colorful collection of cotton pieces at this shop ranges from simple to funky, and all pieces are designed by the shop's owner Liyia Wu. Basic pieces, bright enough to lighten up a Beijing winter, range from RMB 125-500, and are stylish enough to wear at home or out on the town. If you're flying south for the holidays, pick up a pair of Barbie-esque Melissa brand jelly shoes (RMB 500-1850) or some kitschy but charming pieces of hand-made jewelry. 1) Daily noon-8pm. Unit NLG09B, Sanlitun Village North, 11 Sanlitun Lu, Chaoyang District (6417 6593) 朝阳区三里屯路 11号三里屯Village北区地下一层NLG09B 2) Mon-Fri 10am-6pm, Sat-Sun 10am-7pm. Dashanzi 798 Art District, Zhongyi Jie, Chaoyang District (5978 9144) 朝阳区朝阳区大山子 798艺术区中1街

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While you're in the neighborhood, stop by the Gary Lewis Salon (6501 6639) in the same building for a new 'do before grabbing dinner at Beijing's coziest Teppenyaki restaurant Simi No Ya or Di Napoli Ristorante for an authentic Italian dinner and nice glass of wine.

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Taking the bite out of training your mate

ANIMAL INTELLIGENCE

Sarah Platto, Ph.D., of Human Animal Interaction Service

Doctor Sarah Platto was working with dolphins in a Red Sea research facility when she had the idea to create Human Animal Interaction Service (HAIS). Nowadays she helps families and their pets live in harmony using her skills as a veterinarian and animal psychologist. **Agenda** met up with Platto to learn a few new tricks and how to apply them with our human counterparts.

What is the biggest problem you see in human-animal relationships? Many people forget that animals have their own dignity. Urbanites consider their relationship with their pets to be one of caretaking, not a reciprocal partnership. This kind of relationship is one-sided, selfish, unrealistic, and filled with dysfunctional dynamics that distort the owner's perception of the dog, and vice versa.

One of the goals of HAIS is to help people remember how to interact with domestic animals. In the past, animals and humans lived side by

side. But as human society became increasingly urbanized, we have forgotten what it means to live and work with animals on a daily basis. So what I do is to help families integrate dogs and cats into their daily routines.

And how does this affect what you do with the animals? During my training sessions I teach pet owners not how to control their dogs, but how to live together with them, how to interact with them, what to give to them, and what to receive from them in return.

You've done a lot of research on animal behavior, particularly regarding dolphins and their interaction with humans. What's the most interesting thing you've learned? When you study the dynamics of human-animal interaction and you analyze the behaviors of the animals towards human beings, you realize that animals make space for humans in their worlds. What this means is

that the animals accept the humans into their social networks.

This is important because most animal-related accidents result from miscommunication, not from lack of acceptance. Each species interprets messages using its own communication system. You can see this among human beings, too. It's not enough to learn the language of a country; you really need to understand the roots of the interaction among individuals. When individuals apply the communication pattern of their own culture with people of a different culture, the results can be disastrous.

What is the best trick to teach the humans in your life? People ask me: do you use the same techniques on your son and husband that you use to train dogs? My answer is: yes! Especially for all you women out there with "alpha males" for husbands: hit them on the head with a big stick! That's what I do with my husband at least. I am joking! (laughs) I often tell my clients that the same training techniques they are learning in my courses will be useful one day when they have children, and they look at me astonished. But it is true! You can use these communication techniques in human relationships as well, and you'll immediately see improvements in your communications with the people around you.

Instead of getting frustrated or angry with your children when they do not want to listen to you, you can apply a "time out," a moment where you completely ignore them. This is what a female dog does with her puppies, and you can see the effect it has. Nobody really invented techniques like positive reinforcement. These methods have been with man for centuries, and in the nature since animals and men have shared this earth. Even though people want to believe that we are different from animals, the reality is that we respond to the same rules.

Interview by Nikolaus Fogle

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Rebecca Scott prepares for another stunning performance

HEAVENLY HYMNS

International Festival Chorus' Amanda Barry and Rebecca Scott

With the International Festival Chorus' performance of Handel's *Messiah* just around the corner, Beijing is bracing itself for another breathtaking experience. Amanda Barry has been a member of IFC since 2008, and currently lives in Beijing, where she played a vital role in bringing international opera star Rebecca Scott to Beijing for the second time. **Agenda** struck up a conversation with both of them to learn more about the IFC, and what strikes a chord with them in Beijing.

How did the IFC come about? B: The IFC started almost ten years ago

in Beijing when a group of like-minded singers realised that there was a niche for performing high-quality Western choral music in China. At that time there was very little music of that kind around in Beijing. Premiering to a sold-out audience with Mozart's Requiem at the Forbidden City Concert Hall in 2002, IFC has always entertained and challenged its loyal audiences with the best of Western choral music. Alongside performances from the adult choir, IFC runs youth and children's choirs and a musical outreach program to disadvantaged groups. All in all, IFC

performs three large-scale concerts per year as well as smaller outdoor performances and an annual fundraising gala dinner.

What are the particular successes and hurdles you've had conducting the IFC in China? According to Nicholas Smith, the founder of IFC as well as its musical director and conductor, the biggest challenge is to maintain consistency and quality of performance when people come and go so much. We do this by establishing strong traditions within the choir, and by building good systems so that new members of the choir can get up to speed quickly. Of course, our Chinese members, who form the most stable part of our membership, are really important in this. It's also a challenge to perform programs that will appeal to as wide an audience as possible, but I think we've had some success in doing this.

As for the successes, Nicholas says that the IFC has been going for nearly ten years now, and is a very active and well-respected member of China's classical music scene. He gets calls almost every month from institutions all round China wanting to "borrow" the choir for this or that performance. Since we are a volunteer organization and can only really manage our own concert season effectively, he has to decline many of these requests, but it is very gratifying to be asked by so many top-level organizations. It's also really gratifying that so many good singers and musicians want to be associated with IFC - we've been able to invite some of the world's top musicians to work with us.

What is the cultural significance and mission of the choir? S: The mission of the choir is to integrate Western music within an Eastern culture setting. As Eastern music is notated so differently and has very different musical intervals, so the idea behind the choir is to expose Chinese audiences to a wider variety of Western musical styles. B: I think that the choir is also very significant to its

"Many of us have non-musical day jobs and join because of a love of choral singing and for the wonderful musical opportunity that IFC presents"

members. Most of us work or study full-time in non-music related fields, so we really treasure this opportunity to rehearse and perform at a high level here in Beijing.

Rebecca, what brought you to Beijing the first time, and what is bringing you back this year?

S: In 2009, I was lucky enough to be recommended by a talented Australian soprano with whom I studied my Diploma in Opera with at the Sydney Conservatorium of Music. She was living in Shanghai at the time and Nicholas Smith was looking for a 'plummy' mezzo to sing in Elgar's piece *The Music Makers*. From that recommendation I was invited out to Beijing to perform the solo, which was a great thrill.

This time I have been invited to sing in the *Messiah* and perform a couple of concerts courtesy of the Australian Embassy in China as part of their 'Imagine Australia' Year of Australian Culture in China program.

"The best way to support IFC is to come to attend our concerts! As a volunteer-run, not-for-profit organisation ticket revenue is vital to our survival. We also rely heavily on word of mouth and we're very lucky to have a loyal audience base that is incredibly supportive"

lovely owners and a great vibe, as well as delicious Japanese food and an amazing sake collection!

When I'm not eating I like to explore Beijing's hutongs, and as an Australian I'm a loyal fan of Mao Chong's in Jiadaokou, for their tasty pizzas and inventive cocktails. I really like the Gulou area for a more relaxed nightlife experience. I also like to cook and bake so I'm a regular at Sanyuanli market stocking up on fresh ingredients and at Comptoirs de France for the best bread in Beijing!

What kinds of people join the choir? **B:** People from all walks of life, ages and backgrounds join the

ternational School of Beijing in Shunyi. Tickets are RMB 300/200 including round trip transport from downtown Beijing (Liangmaqiao). Book tickets and the bus trip at tickets@beijingfc.org or call 1521 039 3940 or 6535 3701. Tickets can also be purchased at Tai Tai in Pinnacle Plaza Shunyi from 10am-6pm daily (8046 4463). For more information, visit their website at www.beijingfc.org

Mosto Daily noon-2:30pm, 6-10:30pm. 3/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District (5208 6030) 朝阳区三里屯路81号那里花园3层

Carmen's Daily 11am-2am. Nali Patio (opposite north entrance of Let's Burger), 81 Sanlitun Beijing, Chaoyang District (6417 8038) 朝阳区三里屯北街81号 (哪里花园边)

Sake Manzo 1) 6pm-midnight. 27 Liangmaqiao Lu, Anjialou, Chaoyang District (6436 1608) 朝阳区安家楼亮马桥路27号 2) 6pm-midnight. 1/F, Yilongfang, Yilongtai Apartment, 28 Panjiayuan Nanli, Chaoyang District (8770 8767) 朝阳区潘家园南里28号翡龙台公寓伊龙坊1层 www.manzo-dining.com

Mao Mao Chong Daily 5:30pm-late (closed Tuesday). 12 Banchang Hutong (east off Nanluogu Xiang), Dongcheng District (159 9264 6024) 东城区板厂胡同12号 (南锣鼓巷往东走)

Sanyuanli Market Daily 5am-7pm. Shunyuan Jie (opposite Jingkelong Supermarket, west of Sanyuan Dongqiao), Chaoyang District 朝阳区顺源街 (三元东桥往西京客隆超市对面)

Comptoirs de France 1) Daily 7am-10:30pm. Door 102, Pacific Century Place Department Store, 2A Gongti Bei Lu, Chaoyang District (6539 2005) 朝阳区工体北路甲2号盈科中心商场102单元 2) Daily 7am-8:30pm. 1/F, East Lake Club, 35 Dongzhimenwai Dajie, Dongcheng District (6461 1525) 东城区东直门外大街35号东湖俱乐部1层3) Daily 7am-8:30pm. 4 Ritan Beilu, Chaoyang District (8562 3355) 朝阳区日坛北路4号 4) Daily 7am-8:30pm. Rm 102, 1/F, Bldg 15, China Central Place, 89 Jianguo Lu, Chaoyang District (6530 5480) 朝阳区建国路89号华贸中心15号楼102 5) Daily 7am-8:30pm. 1/F, Bldg 5, Hairun International Apartment, 2B Jiangtai Lu, Chaoyang District (5135 7645) 朝阳区将台路乙2号海润国际公寓商业5-1层 6) Daily 7am-8:30pm. 2/F Riviera Plaza, 5 Laiguangying Donglu, Chaoyang District (8470 2347) 朝阳区来广营东路5号2号楼东侧 www.comptoirsdefrance.com

"IFC has performed the Messiah annually in Beijing for almost ten years now and it's a fixture on the musical calendar, heralding the beginning of the Christmas season"

What can we expect from the upcoming performance?

S: You can expect a polished, professional and very musical performance of the *Messiah* from the orchestra, choir and the soloists. **B:** IFC has performed the *Messiah* annually in Beijing for almost ten years now and it's a fixture on the musical calendar, heralding the beginning of the Christmas season.

What are your favorite places around the city, and why?

B: One of my favorite things to do in Beijing is eat, so I've really enjoyed watching the regrowth of Sanlitun over the past few years into a restaurant, shopping and nightlife district. I particularly like the restaurants in Nali Patio like Mosto and Carmen's. My favourite restaurant in Beijing is Sake Manzo. It's quite close to my house and has

IFC. Some of our members are music professionals or music teachers, but many of us have non-musical day jobs and join because of a love of choral singing and for the musical opportunity that IFC presents.

How can others support the IFC?

B: The best way to support IFC is to come to attend our concerts! As a volunteer-run, not-for-profit organisation ticket revenue is vital to our survival. Beyond supporting us by attending our wonderful concerts, everyone with some singing ability is encourage to sign up for an audition, and details are available on our website.

The IFC's next concert is *Messiah*, and will be performed at 7:30pm on Sunday, December 5, together with the Peking Sinfonietta at In-

● THURSDAY, DEC 2

One Kilo of Brisket and Ribs

Slow-cooked brisket and ribs, courtesy of Louisiana chef Max Levy. RMB 300 (2-3 people can share). Apothecary. 3/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6040) 朝阳区三里屯路81号那里花园3层

● FRIDAY, DEC 3

Live Music: Funk Fever Featuring Shamik & Jekai Soulspeak ▶

Beatboxing from Shamik, with help from Jekai Soulspeak, the Funk Fever boys, local beatboxer Wesley, and Beatroot. RMB 50. Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路2-3号段祺瑞执政府旧址西院



● TUESDAY, DEC 7

Volunteer Meeting – The Bookworm International Literary Festival 2011

If you want to help out with March's lit extravaganza, this is your chance. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

● WEDNESDAY, DEC 8

Chamber Music: China NCPA Concert Hall Orchestra

The orchestra goes solo after their recent operas. RMB 120-200. NCPA. 2 Chang'an Jie, Xicheng District. (6655 0000) 国家大剧院, 西城区西长安街2号

● THURSDAY, DEC 9

No Ties After Five

Discounts on beer and selected cocktails. Join the No Ties Club and collect stamps to receive free buckets of beer, wine and spirits. Free. Mix, Westin Chaoyang. Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8000) 朝阳区新源南路1号威斯汀酒店

● SUNDAY, DEC 12

Piano: Maksim Mrvica ▶

Croatia's superstar pianist comes to make his adoring fans swoon. RMB 100-880. 7.30pm. Beijing Exhibition Theater. 135 Xizhimenwai Dajie, Xicheng District. (6835 4455) 北京展览馆剧场, 西城区西直门外大街135号



● MONDAY, DEC 13

Winter White Truffles

All month. Celebrate winter with a white truffle-themed degustation menu, including lobster ravioli with white truffle, duck breast with milk skin and white truffle, as well as chicken liver parfait with truffle. RMB 1,300 (four courses). Aria, China World Hotel. 1 Jianguomenwai Dajie, Chaoyang District. (6505 2266) 中国大饭店, 朝阳区建国门外大街1号

● SATURDAY, DEC 4

CSR Roundtable: Business Matters

A panel of expert speakers will discuss the role of the corporation in providing social welfare in China. RMB 65 (includes drink), RMB 10 (students). 2:30pm. Capital M. 3/F, 2 Qianmen Pedestrian Street (southeast of Qianmen), Chongwen District. (6702 2727) 崇文区前门步行街2号3层

● SUNDAY, DEC 5

Hiking on the Great Wall & Silver Pagoda Forest

Work out your legs before supping with local villagers. RMB 220 (includes transportation, guide, lunch and breakfast). Register at contact@cultureyard.net or call 8404 4166. www.cultureyard.net

● MONDAY, DEC 6

Filipino Musical Christmas Celebration

The Ramon Obusan Folkloric Group showcases the Filipino celebration of Christmas with a concert of folk dances and music. For more info, e-mail beijing.pe@dfa.gov.ph. Free. Philippine Embassy. 23 Xiushui Beijie, Chaoyang District. (6532 1872 x31) 菲律宾大使馆, 朝阳区秀水北街23号

● FRIDAY, DEC 10

Live Music: Let It Be ▶

30 anniversary concert of the album. A tribute to John Lennon and the Beatles. RMB 60 (RMB 50 in advance). 8pm. MAO Livehouse. 111 Gulou Dongdajie, Dongcheng District. (6402 5080) 光芒, 东城区鼓楼东大街111号



● SATURDAY, DEC 11

China Philharmonic Orchestra 2010-2011 Music Festival Concert

Beijing's finest play Tchaikovsky, Mozart, Elgar and Britten. RMB 50-680. Forbidden City Concert Hall. Inside Zhongshan Park, Xi Chang'an Jie, Xicheng District. (6559 8285) 中山公园音乐堂, 西城区西长安街中山公园内

● TUESDAY, DEC 14

Fashion, Media and Creative Industries Networking Evening

Dress glamorously to impress those who decide what's hot and what's not. Register at eventbj@fcclub.com or 139 1109 8002. RMB 130 (includes free drink and appetizers), RMB 80 (register before Dec 13). Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧, 朝阳区东三环北路东方1号希尔顿饭店2层

● WEDNESDAY, DEC 15

Kitchen

DJs Bitesize Buddha and Saul D cook up down and dirty funk soul disco and early hip-hop. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯Village 1号楼瑜伽舍地下1层

Events deadlines!
Dec 16 issue: Nov 29
Dec 31 issue: Dec 13
E-mail your listings to
listings@agendabeijing.com

D E C

02

THURSDAY

9.30AM

Ladies Golf Beijing's avid lady golfers play weekly at a local course. RMB 290 (includes green fees, caddy and lunch). Tee-off time is 9.30am. Details at beijingladiesgolf@yahoo.com or www.beijingladiesgolf.org

5PM

Jubbly Bubbly Two-for-one on champagne by the glass. Free. Terra. 1 Sanlitun Nanlu, Chaoyang District. (6591 9148) 朝阳区三里屯南路1号

No Ties After Five Discounts on beer and selected cocktails. Join the No Ties Club and collect stamps to receive free buckets of beer, wine and spirits. Free. Mix, Westin Chaoyang, Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8000) 朝阳区新源南路1号威斯汀酒店

6PM

Wind Down at the Wine Club Discover some of the world's finest wine regions. Five wines and one cocktail accompanied by expert commentary and canapes. RMB 150+15% per person. One East. 2/F, Hilton Beijing, 1 Dongfang Lu, Chaoyang District. (5865 5030) 朝阳区东方路1号希尔顿酒店2层

One Kilo of Brisket and Ribs Slow-cooked brisket and ribs, courtesy of Louisiana chef Max Levy. RMB 300 (2-3 people can share). Apothecary. 3/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6040) 朝阳区三里屯路81号那里花园3层

6-10PM

Bodega Fever Fill up on as much tapas as you can from Scarlett's wide-ranging selection. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

7-9PM

Handball Men, women, beginners, pros are all welcome to join or just try the game at Beijing City International School in CBD area. Contact Marcus at m.wachtmeister@gmx.de or 152 1027 1497. More info at www.handball-inchina.org.



Mule and Mojito Thursday at Mao Mao Chong

7.15PM

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance), Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

7.30 & 9PM

Samba Beginners Beginner's class on every Thursday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia. RME 80 per lesson. J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

9PM

Exposed: Ladies' Night Free VnC cocktails and second-floor "girls-only" zone. Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧, 朝阳区东三环北路东方1号希尔顿饭店2层

Tightarse Thursdays Carlsberg for RMB 20, Tsingtao for RMB 10. The madness of the Beijing darts league? Priceless. The Stumble Inn. S3-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯Village南区3号楼3层S3-31

9.30PM

Liu Yue Guitar Trio Jazz lines read by classic guitar. Free. East Shore Live Jazz Café. 2 Qianhai Nanyuanlu (just to the west of the post office on Dianmenwai Dajie), Xicheng District.

(8403 2131) 东岸咖啡, 西城区地安门外大街前海南沿2号楼2层

10PM

Girls' Night Out Free vodka drinks from 10pm-1am for the ladies. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

TIMES VARY

Martini Night All martinis are RMB 40 all night, and there's free pizza from 9-10pm. Free. George's. Near Gate 12, east side of Workers' Stadium, Gongti Donglu, Chaoyang District. (6553 6299) 朝阳区工体东路工人体育场东门内12号进口

Flamenco Night Enjoy a glass of Sangria with Tapas at RMB 58 or RMB 200 for a bottle to flamenco guitar live band. Water. Store 15-4, Solana, 6 Chaoyang-gongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国际商区15-4

Mule and Mojito Thursday With northern China facing shortages, Mao Mao Chong wants you to use less water. Order a mule or mojito and bring your glass back for a refill. The bar saves water on washing the glass, and you'll pay just RMB 20 for the refill. Win-win. Free. Mao Mao Chong. 12 Banchang Hutong (east off Nanluogu Xiang), Dongcheng District. (159 9264 6024) 东城区板厂胡同12号 (南锣鼓巷往东走)

Thursday Ladies Night 3 free drinks for ladies. Solutions. 1/F, Bldg 12, Huangqing Jiayuan, Wudaokou (5 min from Wudaokou subway station), Haidian District. (8586 3517) 海淀区五道口华清嘉园12号楼1层

D E C

03

FRIDAY

NOON

Book Talk: Penguin Classic Lunch

Series Paul French discusses Man's Fate by Andre Malraux. The seediest side of Shanghai is brought to life over lunch. RMB 99. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

6PM

2010 Charity Christmas Party: Show your holiday

Wear some red or green, celebrating 14th anniversary of Beijing Mandarin School with food, drinks, games and performances. RMB 100 including buffet dinner (RMB 50 for kids). More info and reservations at 6508 1026. 4/F, Beijing CSN Hotel. 10 Dongsanhuan Lu, Chaoyang District. 南航酒店, 朝阳区东三环北路10号

Thank Funk It's Friday Half-price drinks from 6-9pm. Free. Zeta Bar. 2/F,

Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧, 朝阳区东三环北路东方1号希尔顿饭店2层

6-10PM

Seafood Carnival Dive into king crabs, oysters, lobster, caviar and salmon – have it steamed, fried or roasted to your taste at live cooking stations. RMB 328+15% (including beer and wine). Elements, Hilton Hotel. 1 Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5020) 希尔顿酒店, 朝阳区东三环北路东方路1号

Thank God it's Friday All standard drinks for RMB 25. TGIF Coupons are on sale buy 5 coupons and get the 6th drink for free! Coupons can be used every Friday. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极线内

6.30PM

Kunqu Opera: The Peony Pavilion

One of the most ancient forms of Chinese opera, Kunqu dates back to the Ming dynasty. The Peony Pavilion – a mythical tale of true love battling

conservative feudal ethics – is one of its definitive pieces. RMB 380-1,980 (includes dinner). Nanxincang Imperial Granary. Nanxincang, 22 Dongsishitiao, Chaoyang District. (6409 6477/99) 皇家粮仓, 朝阳区东四十条22号南新仓

7.30PM

Opera: Xi Shi The ancient tale of warring kingdoms and the beautiful spy caught between them. The NCPA's first-ever original Western-style opera. RMB 100-600. NCPA. 2 Chang'an Jie, Xicheng District. (6655 0000) 国家大剧院, 西城区西长安街2号

9PM

Live Music: Funk Fever Featuring Shamik & Jekai Soulspeak

Beatboxing from Shamik, with help from Jekai Soulspeak, the Funk Fever boys, local beatboxer Wesley, and Beatroot. RMB 50. Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路2-3号段祺瑞执政政府旧址西院

The Field This is what happens when a Swedish liquor store attendant turns electronica producer. RMB 100. 2 Kolegas. 21 Liangmaqiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友, 朝阳区亮马桥路21号(燕莎桥往东1500米路北汽车电影院内)

10PM

Sherlock Groove DJ Wang Bei plays soul, electronic and other mysteries. Elementary. Free. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦兜啤酒酒吧南100米

Basement Two-for-one drinks specials until midnight. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯Village 1号楼瑜伽地下1层

TIMES VARY

Film Festival: Ruan Lingyu Retrospective

A look back at the work of the tragic first female star of Chinese cinema. In association with China Film Archive. All films with English subtitles. Times and prices TBD. BC MOMA. North section of MOMA in Dongzhimen, 1 Xiangheyuan Lu, Dongzhimen, Chaoyang District. (8438 8258) 当代MOMA百老汇电影中心, 朝阳区东直门香河园路1号万国城北区(二环路东北角)



Ruan Lingyu Film Festival at BC MOMA

DEC 04 SATURDAY

— 9AM —

Tianjin Architecture Tour A tour around the highlights of Beijing's neighbor. Cost includes train tickets, bus in Tianjin, guide and lunch. Meet at entrance 20 of Beijing South Railway Station. RMB 490, RMB 390 (children under 16). Ninety Percent Travel (151 1791 6648, info@90percenttravel.com) www.90percenttravel.com

— 2PM —

Aussie Rules Nine-a-side on grass. No wonder they say g'day a lot. More details at beijingfooty@yahoo.com. Jade Gardens.

— 2.30PM —

CSR Roundtable: Business Matters A panel of expert speakers will discuss the role of the corporation in providing social welfare in China. RMB 65 (includes drink), RMB 10 (students). Capital M. 3/F, 2 Qianmen Pedestrian Street (southeast of Qianmen), Chongwen District. (6702 2727) 崇文区前门步行街2号3层

— 7.30PM —

China Philharmonic Orchestra 2010-2011 Music Festival Concert Beijing's finest play Tchaikovsky, Mozart, Elgar and Britten. RMB 50-680. Forbidden City Concert Hall. Inside Zhongshan Park, Xi Chang'an Jie, Xicheng District. (6559 8285) 中山公园音乐堂, 西城区西长安街中山公园内

Drama: Hamlet Hamburg's Thalia Theater does the Prince of Denmark. Part of the 2010 Lin Zhaohua Drama Invitation. RMB 40-580. Capital Theater. 22 Wangfujing Dajie, Dongcheng District. (6524 9847) 首都剧场, 东城区王府井大街22号

Piano: Fu Ts'ong The legendary Chinese pianist plays on home soil. RMB 100-800. NCPA. 2 Chang'an Jie, Xicheng District. (6655 0000) 国家大剧院, 西城区西长安街2号

— 8PM —

DJ Wayne G Biggest selling dance single DJ Wayne G in town will play his signature 'hands in the air' sound. RMB 100 including a drink. Destination. 7 Gongti Xilu, Chaoyang District. (6552 8180) 目的地, 朝阳区工体西路7号



Curry & Coco at Yugong Yishan

— 9PM —

2010 Winter Beer Olympics Beijing Flag Football revives the Beer Olympics for a club fundraiser. Participation is limited to ten teams of five, so register at www.beijingflagfootball.com. Spectators can enjoy drink specials. Price TBD. Kokomo. 4/F Tongli Studios, Sanlitun Houjie, Chaoyang District. (6413 1019) 朝阳区三里屯后街同里4层

No Go Die DJ Slide welcomes Audio Fidelity up from Shanghai and the BBC's Steve Barker for the second party in the broken beats series. Expect everything from dubstep to funk. Free. Siif. 67 Beiluogu Xiang, Dongcheng District. (6406 9496) 如果, 东城区鼓楼东大街北锣鼓巷67号

Live Music: Curry & Coco French duo takes you back to the disco with live drums and unlimited energy. RMB 60, RMB 50 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路2-3号段祺瑞执政政府旧址西院

— 10PM —

Electric Cafe Germany's DJ Tobi blends funk, jazz, electro, and house smoother than a cappuccino. Free. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦兜啤酒吧南100米

House Nation Japanese DJ NeroDoll is back with bags of house and Eddie Lv for company. RMB 80. Coco Banana. 8 Gongti Xilu, Chaoyang District. (8599 9999) 朝阳区工体西路8号

Psy-sadhu's The GoaProductions crew is back, with DJs Pete, Microgram, Gotama and Aaron. For more info, call 158 1093 8411 or e-mail info@goaproductions.com. Free. Yue. 1-7 Lucky Street, 1 Chaoyang Gongyuan Lu, Chaoyang District. (5867 0285) 悦悦餐厅酒吧, 朝阳区朝阳公园路1号好运街1-7

Reggae Party DJs S-Press, O.P. and Zee play the tunes, MC NorrisMan toasts, and special guests guest. RMB 50. 2 Kolegas. 21 Liangmaqiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友, 朝阳区亮马桥路21号(燕莎桥往东1500米路北汽车电影院内)

Teng Boon with Resident Saul D The regular Punk rocker returns for another night of genre-crossing fun. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯Village1号楼瑜舍地下1层

— TIMES VARY —

Christmas Concert: Beijing International Chamber Orchestra The Nutcracker Suite and music from Walt Disney. Tickets at tickets@bico-china.com. RMB 200 (suggested donation). Beijing City International School. 77 Baizhuan Nan Er Lu, Chaoyang District. (8771 7171) 北京乐成国际学校, 朝阳区百子湾南二路77号

I Cabare Live Dinner music 3 courses menu at RMB 248. Come, dine, drink and dance. Cabare. 15-1, Bldg 15, Solana, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 1760) 朝阳区朝阳公园路6号蓝色港湾15号楼15-1号

DEC 05 SUNDAY

10AM

Badminton Shuttlecock shenanigans for the intermediate and advanced. Contact John at johnsk_ho@hotmail.com.

Women's Lacrosse Practice takes place every Sunday at 10am. Equipment is provided. Cost of pitch fees is shared. Contact Fiona at fionaboyle66@hotmail.com.

11AM-6PM

Solana Lakeside Market Every weekend in December on the lakeside of Solana, Water, Swiss Bar, Invito and Cabare put you in the perfect mood for Christmas. Solana, 6 Chaoyang Gongyuan Lu, Chaoyang District. 蓝色港湾国际商区·朝阳区朝阳公园路6号

11.30AM

FIZZtastic Champagne Brunch Premium Taittinger Champagne on free-flow and a lip-smacking array of international gastronomy. The "Kidz Paradise" features a special food buffet, cartoons and toys for the tots. RMB 368+15%. Penta, Hilton Wangfujing, 8 Wangfujing Dongjie, Dongcheng District. (5812 8888 ext 8411) 东城区王府井东街8号希尔顿北京王府井酒店

Sunday Champagne Brunch Get your bubbly on at Greenfish's lavish Sunday brunch featuring pan-fried foie gras, seared beef medallions and grilled lobster served tableside. RMB 348+15%. Greenfish, Ritz-Carlton Financial St. 1 Jinchengfang Dongjie, Jinrong Jie, Xicheng District. (6601 6666 ext. 6255) 四季汇·西城区金城坊东街1号北京金融街丽思卡尔顿酒店

Lazy Weekend Brunch Get up late and treat yourself to an international brunch. Prices start at RMB 20. Water. Store 15-4, Solana, 6 Chaoyang-gongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水·朝阳区朝阳公园路6号蓝色港湾国际商区15-4

NOON-3PM

American Sunday Roast Lazy Sundays of prime beef rib cut tableside with all the trimmings plus traditional puddings and pies. RMB 178+15%, RMB 98+15% extra for wine buffet. One East, Hilton Hotel. 1 Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (6466 2288) 希尔顿酒店·朝阳区东三环北路东方路1号

1PM

Women's Soccer The Odds and Ends are Beijing's only amateur 11-a-side football team for women. Suitable for all skill levels. Matches or practice every week. Free. Beijing Geological University. Contact Wenhui at 8526 2420 ext 111 or wf7788@hotmail.com.

1.50PM

Hutong Rickshaw Tour Explore the hutong on this rickshaw ride, before stopping in to see a traditional courtyard and meet a local family. Call Lisa on 139 1150 8227 or 8621 6278 for more information. RMB 180. Meet at 1.50pm at the South gate of Lotus Lane. CnAdventure. www.cnadventure.com

2PM

Basketball Play with the Angels. General Administration of Sport of China Training Centre. www.angels-club.com.cn

3PM

Flag Football The only American football group in Beijing plays flag football for weekend fun. Contact Yoyao Hsueh at yoyaoh@gmail.com or 159 0120 2499. Chaoyang Park. 1 Nongzhan Nanlu, Chaoyang District. 朝阳公园·朝阳区农展馆南路1号

6PM

the Beijinger 2010 Charity Super Quiz Assemble your team and sharpen your wits, as Beijing's quizmasters converge for an intellectual assault on your senses. All proceeds from the door go to Ping An Medical Foster Home. RMB 50. Hard Rock Café. 1/F, Landmark Towers, 8 Dongsanhuan Beilu, Chaoyang District. (6590 6688 ext 2571) 朝阳区东三环北路8号亮马河大厦西大堂

7.30PM

Choral Music: Handel's Messiah Music from the man they're calling "G.F." – plus mince pies and mulled wine. Tickets at 152 1039 3940 or 6535 3701. Price TBD. International School of Beijing. 10 Anhua Jie (near Capital Paradise), Shunyi District. (8149 2345) 北京顺义国际学校·顺义区安华街10号(名都园附近)

TIMES VARY

Filipino Musical Christmas Celebration The Ramon Obusan Folkloric Group showcases the Filipino celebration of Christmas with a concert of folk dances and music. For more info, e-mail beijing.pe@dfa.gov.ph. Free. Philippine Embassy. 23 Xiushui Beijie, Chaoyang District. (6532 1872 x31) 菲律宾大使馆·朝阳区秀水北街23号

Hash House Harriers Run every Sunday, then drink like a sailor at port. Meet at Paddy O'Shea's. Meeting times vary (www.hash.cn). Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号



the Beijinger 2010 Charity Super Quiz at Hard Rock Café

DEC 06

MONDAY

→ 10AM →

Half-day Great Wall Hiking A

half-day hike on the Mutianyu Great Wall. RMB 420. Meet 10-11.30am. Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure. www.cnadventure.com

→ 2PM →

Lakeside Afternoon Tea Daily afternoon tea at RMB 98 including a pot of your favorite tea and tea pastries include classic sandwiches and freshly baked scones served every afternoon before 5pm. Water. Store 15-4, Solana, 6 Chaoyangongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水. 朝阳区朝阳公园路6号蓝色港湾国际商务区15-4

→ 4PM →

Burger, Burger Mondays Come hungry. Two-for-one on all signature burgers. Blue Frog. 3/F, Bldg 4, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 4030) 蓝蛙. 朝阳区三里屯北路19号三里屯Village南区4号楼3层S4-30(6417 4030)

→ 6PM-MIDNIGHT →

Monday Pizza Night Buy any pizza and get the second one for free. Ciro's Pomodoro. 81 Sanlitun Beilu, Chaoyang District. (5208 6008) 波莫多洛. 朝阳区三里屯北路81号

→ 7-8PM →

Chinese Language and Culture

Club The Chinese teachers will teach you stuff you really want to know, like slang and cursing, pick-up lines, what the popular music is nowadays and more. Register at contact@cultureyard.net. RMB 75, RMB 250 (4 workshops). Culture Yard. 10 Shique Hutong, Dongcheng District. (8404 4166) 东城区石雀胡同10号

→ 7.30PM →

Basically Beethoven: Christmas Carols! All your favorite Christmas carols plus mulled wine and minced pies! It's singalong so there's no place for song Scrooges. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧. 朝阳区工体北路4号院



Basically Beethoven at Bookworm

Calligraphy Beginners Course

Conducted in English, the class is designed for Western learners, covering everything from the meaning to the evolution of the characters. You don't have to be able to write Chinese – just be enthusiastic and able to hold a brush. RMB 160, RMB 480 (four classes). China Culture Center. 29 Anjialou, Liangmaqiao Lu, Chaoyang District. (6432 9341) 朝阳区亮马桥路29号安家楼肯特中心院内

→ BPM →

Movie Night Flicks on the screen. Free dessert if you buy dinner between 7-9pm. Free. Lush. 2/F, Bldg 1, Huaqing Jiayuan, Chengfulu (across from the Wudaokou light-rail station), Haidian District. (8286 3566) 海淀区成府路华清嘉园1号楼2层(五道口地铁站对面)

→ 9.30PM →

Tia & the Knutz Buy-one-get-one-free Moët champagne cocktails, 20 percent discounts on all bottles of Johnnie Walker and Hennessy VSOP, and a free glass of sparkling wine for secretaries. If only all offices were like this. While Tia and The Knutz heat up the dance floor with R&B, hip-hop, jazz and more. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀. 朝阳区朝阳区建国门外大街2号

→ TIMES VARY →

Filipino Musical Christmas Celebration

The Ramon Obusan Folkloric Group showcases the Filipino celebration of Christmas with a concert of folk dances and music. For more info, e-mail beijing.pe@dfa.gov.ph. Free. Philippine Embassy. 23 Xiushui Beijie,

Chaoyang District. (6532 1872 x31) 菲律宾大使馆. 朝阳区秀水北街23号

Nike 6.0 "Five Gates" Jam #1: The

Ledge Snowboard jam session on the first unveiled "unique" obstacle of the 2010/2011 NIKE 6.0 Nanshan Park. Sweet prizes, good music and a great vibe to kick off snowboard season. NIKE 6.0 Nanshan Park, Nanshan Ski Village. Shengshuitou Cun, Henanzhai Town, Miyun County. (8909 1909) 南山滑雪度假村. 密云县河南寨镇圣水头村

Film Festival: Ruan Lingyu Retro-

spective A look back at the work of the tragic first female star of Chinese cinema. In association with China Film Archive. All films with English subtitles. Times and prices TBD. BC MOMA.

North section of MOMA in Dongzhimen, 1 Xiangheyuan Lu, Dongzhimen, Chaoyang District. (8438 8258) 当代 MOMA百老汇电影中心. 朝阳区东直门香河园路1号万国城北区(二环路东北角)

Temptation Mondays Get over the Monday blues with 30% off any bottle of wine. Mosto. 3/F, Nali Patio, 81 Sanlitun Beilu, Chaoyang District. (5208 6030) 摸石头. 朝阳区三里屯北路81号那里花园3层

Beijing City Bus Tour

This daily bilingual city tour offers a brief introduction to Beijing's sights and planning. RMB 380, free (children under 1.2m). Day tour (3 hours) bus departs at 9.30am, 10am, 2pm and 2.30pm. Night tour (1.5 hours) bus departs at 7pm and 7.30pm. Tour departs from Guomao Exhibition Hall. Beijing Citybus Tour (400 650 0760) www.citybustour.com

DEC 07

TUESDAY

11AM-6PM

“Beyond Fashion” Exhibition “Fur style fashion” by eight contemporary artists and eight fashion designers. RMB 5. Beyond Art Space. 4 Jiuxianqiao Lu, 798 art district, Chaoyang District. (5978 9561) 朝阳区酒仙桥路2号798艺术区

5PM

Terra-fic Tuesdays Two-for-one Stellas, imported beers for RMB 28 (or RMB 100 for a bucket), RMB 38 caipirinhas and mojitos, RMB 48 for a glass of champagne and 20 percent off on all bottles of wine. Free. Terra. 1 Sanlitun Nanlu, Chaoyang District. (6591 9148) 朝阳区三里屯南路1号

6PM

Irish Volunteer Quiz The Irish Volunteer. Jiangtai Lu (opposite the east gate of the Lido Hotel), Chaoyang District. (150 1112 4113) 朝阳区高家园小区平房311号(丽都饭店东门对面)

6-10PM

Tuesdays Foie Gras Night Special home-made goose liver menu starting from RMB 68. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

7-9PM

Gaelic Football Beijing Gaelic Football Club holds weekly men's and women's practice games every Tuesday in the city; all skill levels are welcome. Details at beijinggaa@yahoo.com or www.beijinggaa.org.

7.15PM

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance), Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

7.30PM

Headhunter Social Networking Evening Opportunity knocks for career development. You just might find the new challenge you've been looking for. Professionals from all industries welcome. Register at eventbj@fcclub.com or 139 1109 8002. RMB 80 (includes drink and canapés), RMB 50 (register before Dec 6). Flames, Hilton Wangfujing. 8 Wangfujing Dongjie, Dongcheng District. (5812 8888) 东城区王府井东街8号希尔顿北京王府井酒店

Volunteer Meeting – The Bookworm International Literary Festival 2011

If you want to help out with March's lit extravaganza, this is your chance. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

Stumble Inn Quiz Night How many beers do you have? Free. The Stumble Inn. S3-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯 Village南区3号楼3层S3-31

8PM

NFL at Luga's Watch the NFL with bottles of Coors or Sol (six for RMB 98). Free. Luga's Basement. 7 Sanlitun Houjie (10m from northwest corner of 3.3 Shopping Center), Chaoyang District. (6416 2575) 朝阳区三里屯后街7号

Zoomin' Night The night of a week to discover the pioneering and bizarre. RMB 30, RMB 20 (students). D-22. 242 Chengfu Lu, Haicidian District. (6265 3177) 海淀区成府路242号

Quiz Night Questions and answers. Free. Tim's Texas Bar-B-Q. 14 Dongdaqiao Lu (on the corner of Guanghua Lu), Chaoyang District. (6591 9161) www.timssbarbq.com Tim's 熏烤房, 朝阳区东大桥路14号贵友大厦正北200米

8.30PM

Open Mic Night Brave a demanding crowd and get a drink for your efforts. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

9PM

Mundo Latino with Magic Tequila

All night long, enjoy 20 percent discounts on all bottles of tequila to the sound of salsa and Latin rhythms. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

Eastside Open Mic Free. Tun. Courtyard 4 (20m south of Salsa Caribe), Gongti Beilu, Chaoyang District. (6585 5866) 屯, 朝阳区工体北路4号院

TIMES VARY

Painting by Nathalie Rimlinger An exhibition of nudes plus sculptures inspired by tai chi masters and autistic children. Free. Alliance Francaise. French Cultural Centre. 16 Gongti Xilu, Chaoyang District. (6553 2678) 朝阳区工体西路16号

Liu Ding's Store All month. A utilitarian economic model – a shop – to establish a platform for thinking and discussion centered around the creation of value? Or an art practice that expresses the artist's visions and imagination of politics? Free. Galerie Urs Meile. 104 Caochangdi Village, Chaoyang District. (6433 3393) 麦勒画廊, 朝阳区草场地村104号



“Beyond Fashion” Exhibition at Beyond Art Space

DEC 08

WEDNESDAY

— 4PM —

Buy One Burger, Get One Free

From steakhouse to swiss & shrooms – double your fun. All-Star Sports Bar & Grill. Bldg 5, 1/F, Solana Shopping Mall, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝阳公园路6号Solana蓝色港湾国际商业区5-1

— 6-9PM —

Cold Cut Combo Night Feel like salami? Ham? Both? Get a large platter of cold cuts and one bottle of house wine for RMB 218. Scarlett. Hotel G, 74 Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极线内

— 6-10PM —

Martini Tasting Wednesdays Try four new creations and vote on your favorite. You may even get the chance to name one of them. RMB 100. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦兜啤酒吧南100米

— 6.30-8.30PM —

Wine Way Syrah/Shiraz wine tasting. Try the same grape from different regions. RMB 200. More information and reservation at 6562 11800. ext 139, beijing@pudaowines.com. Ristorante Sadler. 23 Qianmen Dongdajie, Dongcheng District. (6559 1399) 东城区前门东大街23号

— 6.45PM —

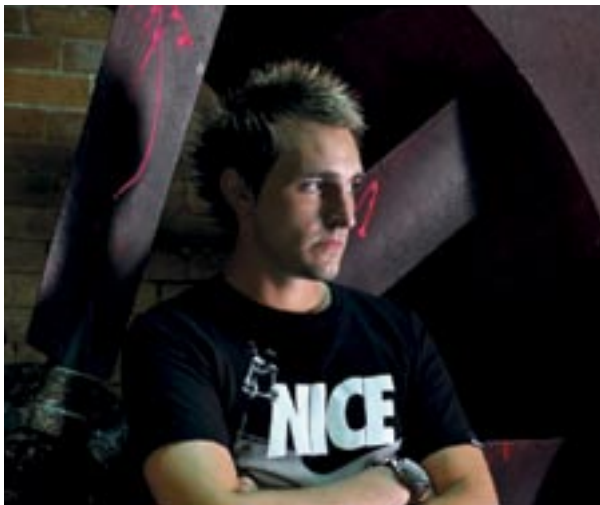
Nia A brand-new fusion of lifestyle and fitness. Apparently it's just like chocolate. RMB 110 (one class), RMB 800 (eight classes). Yin Yang Community Center, Courtyard 1, Hegezhuang Village, Chaoyang District. (6431 2108) www.yinyangbeijing.com 朝阳区崔各庄乡何各庄村1号院

— 7-10PM —

Badminton Shuttlecock shenanigans for the intermediate and advanced. Contact John at johnsk_ho@hotmail.com.

— 7.30PM —

Chamber Music: China NCPA Concert Hall Orchestra The orchestra goes solo after their recent operas. RMB 120-200. NCPA. 2 Chang'an Jie,



Martini Tasting at Q Bar

Xicheng District. (6655 0000) 国家大剧院. 西城区西长安街2号

Imagine There's No Heaven ...

Celebrate the Beatle's genius and legacy on the 30th anniversary of his untimely death. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧, 朝阳区工体北路4号院

Volunteer meeting – The Bookworm International Literary Festival 2011 See Tuesday, Dec 7 listing.

— 8PM —

Frank's Quiz Win money. RMB 20. Frank's Place. Jiangtai Xilu, west of Rosedale Hotel, Lido area, Chaoyang District. (6437 8399) 朝阳区丽都塔台西路

Pomegranate Quiz Quizmaster Karl one week, a guest every other. Expect fun questions on such topics as Cockney rhyming slang. Free. The Pomegranate. 19 Kaifa Lu, Xi Baixinzhuang, Houshayu, Shunyi District. (8046 2558) 石榴园, 顺义区后沙峪西白辛庄开发路19号

Jazz Night What goes well with pad thai and green chicken curry? Jazz, obviously. Rotating musicians entertain weekly. Purple Haze Courtyard. 1, Dongsì Liutiao (east exit), Dongcheng District. (6501 9345) 紫苏庭, 东城区东四六条1号

— 8.30PM —

Paddy's Quiz Free prizes for every round and free drinks for the top

five finishers. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

— 9PM —

Live Music: Jack Sparrow Acclaimed Leeds-based dubstep producer. RMB 60, RMB 40 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山, 东城区张自忠路2-3号段祺瑞执政政府旧址西院

Coquin Ladies Night Free cocktails until 1am for those of the appropriate sex. Free. Touch, Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8888 ext 8112) 朝阳区新源南路1号威斯汀酒店

Bling Loves Ladies Night Free cosmopolitans and mojitos for ladies. RMB 100 open bar for the gents. Bling. Solana 5-1, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝阳公园路6号Solana蓝色港湾国际商业区5-1

— 10PM —

Kitchen DJs Bitesize Buddha and Saul D cook up down and dirty funk soul disco and early hip-hop. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯Village 1号楼瑜舍地下1层

D E C

09

THURSDAY

9.30AM

Ladies Golf Beijing's avid lady golfers play weekly at a local course. RMB 290 (includes green fees, caddy and lunch). Tee-off time is 9.30am. Details at beijingladiesgolf@yahoo.com or www.beijingladiesgolf.org

5PM

Jubbly Bubbly Two-for-one on champagne by the glass. Free. Terra. 1 Sanlitun Nanlu, Chaoyang District. (6591 9148) 朝阳区三里屯南路1号

6PM

Wind Down at the Wine Club Discover some of the world's finest wine regions. Five wines and one cocktail accompanied by expert commentary and canapes. RMB 150+15% per person. One East. 2/F, Hilton Beijing, 1 Dongfang Lu, Chaoyang District. (5865 5030) 朝阳区东方路1号希尔顿酒店2层

One Kilo of Brisket and Ribs Slow-cooked brisket and ribs, courtesy of Louisiana chef Max Levy. RMB 300 (2-3 people can share). Apothecary. 3/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6040) 朝阳区三里屯路81号那里花园3层

6-10PM

Bodega Fever Fill up on as much tapas as you can from Scarlett's wide-ranging selection. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极线内

7-9PM

Handball Men, women, beginners, pros are all welcome to join or just try the game at Beijing City International School in CBD area. Contact Marcus at m.wachtmeister@gmx.de or 152 1027 1497. More info at www.handball-inchina.org.

7.15PM

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance), Chaoyang District. (6592 6290) 敦煌, 朝阳区工体东路4号城市宾馆正门旁边

7.30 & 9PM

Samba Beginners Beginner's class on every Thursday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia. RME 80 per lesson. J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

9PM

Exposed: Ladies' Night Free VnC cocktails and second-floor "girls-only" zone.

Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧, 朝阳区东三环北路东方1号希尔顿饭店2层

Tightarse Thursdays Carlsberg for RMB 20, Tsingtao for RMB 10. The madness of the Beijing darts league? Priceless. The Stumble Inn. 53-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯Village南区3号楼3层S3-31

9.30PM

Liu Yue Guitar Trio Jazz lines read by classic guitar. Free. East Shore Live Jazz Café. 2 Qianhai Nanyanlu (just to the west of the post office on Di'anmenwai Dajie), Xicheng District. (8403 2131) 东岸咖啡, 西城区地安门外大街前海沿2号楼2层

10PM

Girls' Night Out Free vodka drinks from 10pm-1am for the ladies. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

TIMES VARY

Martini Night All martinis are RMB 40 all night, and there's free pizza from 9-10pm. Free. George's. Near Gate 12, east side of Workers' Stadium, Gongti Donglu, Chaoyang District. (6553 6299) 朝阳区工体东路工人体育场东门内12号进口

Flamenco Night Enjoy a glass of Sangria with Tapas at RMB 58 or RMB 200 for a bottle to flamenco guitar live band. Water. Store 15-4, Solana, 6 Chaoyanggongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国际商区15-4

Mule and Mojito Thursday With northern China facing shortages, Mao Mao Chong wants you to use less water. Order a mule or mojito and bring your glass back for a refill. The bar saves water on washing the glass, and you'll pay just RMB 20 for the refill. Win-win. Free. Mao Mao Chong. 12 Banchang Hutong (east off Nanluogu Xiang), Dongcheng District. (159 9264 6024) 东城区板厂胡同12号(南锣鼓巷往东走)

Thursday Ladies Night 3 free drinks for ladies. Solutions. 1/F, Bldg 12, Huaqing Jiayuan, Wudaokou (5 min from Wudaokou subway station), Haidian District. (8586 3517) 海淀区五道口华清嘉园12号楼1层



Wind Down at the Wine Club at Hilton

D E C
10

FRIDAY

10PM

Half-day Great Wall Hiking A

half-day hike on the Mutianyu Great Wall. RMB 420. Meet 10-11.30am. Call Lisa on 139 1150 8227 or 8621 6278 for more information. CnAdventure. www.cnadventure.com

5.30-9.30PM

Greenfish Seafood Extravaganza

Get wrecked in a briny sea of crabs, scallops, oysters and lobster, where the wine flows like the tide. RMB 328+15% (including free-flowing wine and soft drinks), kids half-price. Greenfish, Ritz-Carlton Beijing Financial Street. 1 Jinchengfang Dongjiejie, Jinrong Jie, Xicheng District. (6601 6666 ext. 6255) 四季汇·西城区金城坊东街1号北京金融街丽思卡尔顿酒店

6PM

Thank Funk It's Friday Half-price drinks from 6-9pm. Free. Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧·朝阳区东三环北路东方1号希尔顿饭店2层

6-10PM

Seafood Carnival Dive into king crabs, oysters, lobster, caviar and salmon – have it steamed, fried or roasted to your taste at live cooking stations. RMB 328+15% (including beer and wine). Elements, Hilton Hotel. 1 Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5020) 希尔顿酒店·朝阳区东三环北路东方路1号

Thank God it's Friday All standard drinks for RMB 25. TGIF Coupons are on sale buy 5 coupons and get the 6th drink for free! Coupons can be used every Friday. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

6.30PM

Kunqu Opera: The Peony Pavilion

One of the most ancient forms of Chinese opera, Kunqu dates back to the Ming dynasty. The Peony Pavilion – a mythical tale of true love battling conservative feudal ethics – is one of its definitive pieces. RMB 380-1,980 (includes dinner). Nanxincang Imperial



Grand Prix of Figure Skating Final 2010 at Capital Indoor Stadium

Granary. Nanxincang, 22 Dongshihetiao, Chaoyang District. (6409 6477/99) 皇家粮仓·朝阳区东四十条22号南新仓

8PM

Live Music: Let It Be 30th anniversary concert of the famous Beatle's album. A tribute to John Lennon and the Beatles. RMB 60 (RMB 50 in advance). MAO Livehouse. 111 Gulou Dongdajie, Dongcheng District. (6402 5080) 光芒·东城区鼓楼东大街111号

Chill Out Out with the laptops, in with the cocktails and jazz. Free. 8-11pm. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书虫书吧·朝阳区工体北路4号院

T.F.I. Fridays Classic tunes from DJ Topsy, and free shots on the hour. Free. The Stumble Inn. S3-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯Village南区3号楼3层S3-31

9PM

Live Music: The Cir A Chinese pop band that has helped a generation grow up. RMB 80, RMB 50 (advance). Yugong Yishan. 2-3 Zhang Zizhong Lu (former Duan Qirui government building, east of Ping'an Dadao), Dongcheng District. (6404 2711) 愚公移山·东城区张自忠路2-3号段祺瑞执政政府旧址西院

Live & Direct Live music takes you into the weekend. Free. Lush. 2/F, Bldg 1, Huaqing Jiayuan, Chengfulu (across from the Wudaokou light-rail station),

Haidian District. (8286 3566) 海淀区成府路华清嘉园1号楼2层(五道口城铁站对面)

9.30PM

Live Music: Zhao Yiran Acoustic guitar, old Chinese love songs. Mr. Zhao takes you back to 1988. RMB 100, RMB 200 (includes a copy of the singer's new album, Live in 1988). 2 Kolegas. 21 Liangmaqiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友·朝阳区亮马桥路21号(燕莎桥往东1500米路北汽车电影院内)

Live Music Night Robbie Hennebray entertains with a mix of covers and his own tunes. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

10PM

Sherlock Groove DJ Wang Bei plays soul, electronic and other mysteries. Elementary. Free. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦露啤酒吧南100米

TIMES VARY

Grand Prix of Figure Skating Final 2010

The senior competition for the best in ice dance. RMB 30-880. Capital Indoor Stadium. 5 Baishiqiao, Xizhimenwai Dajie, Haidian District. (40071 40079 ext 4) 首都体育馆·海淀区西直门外大街白石桥5号

DEC 11

SATURDAY

→ 10AM-6PM ←

Workshop: Learn Photography with Peter Carney Join a one-day photography workshop with the award-winning photographer. The workshop, set in a historic hutong, involves an introduction to techniques followed by shooting and editing sessions. Each student will be given one-on-one time during the edit sessions. Reserve at workshop@cultureyard.net. RMB 500 (bring your own camera). Culture Yard, 10 Shique Hutong, Dongcheng District. (8404 4166) 东城区石雀胡同10号

→ 11.30AM-3PM ←

Sealicious Seafood Buffet Lavish spread of fresh seafood with glass of welcome bubbles and free-flowing drinks. RMB 428+15%. Seasonal Taste, Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8880) 朝阳区新源南路1号威斯汀酒店

→ 1PM ←

Field Hockey Ice hockey minus the fights and ice. For more info, e-mail bjhockeyclub@hotmail.com. 1pm. Olympic Sports Center Stadium, 1 Anding Lu, Chaoyang District. (6417 7845) 奥体中心体育场, 朝阳区安定路1号

→ 1-4PM ←

Black Sesame Gourmet Learn the secrets of Chinese cooking in a courtyard kitchen with the master chefs. Class includes a demonstration, hands-on cooking, plus lunch.

RMB 300, RSVP required. Black Sesame Kitchen, 3 Heizhima Hutong, Dongcheng District. (136 9147 4408) www.blacksesamekitchen.com 东城区东城区黑芝麻胡同3号

→ 1.30PM ←

Top 13 Old Beijing Snacks Eat your way through Beijing history while cycling around town. Meet at Exit A of Dongdan subway station. RMB 190, RMB 170 (children under 16). Ninety Percent Travel (151 1791 6648, info@90percenttravel.com) www.90percenttravel.com

→ 3-5PM ←

Gaelic Football Beijing Gaelic Football Club play men's and women's games every Sunday; all skill levels are welcome. For further details, contact beijinggaa@yahoo.com or visit www.beijinggaa.org. Western Academy of Beijing, 10 Laiguangying Donglu (off the Airport Expressway), Chaoyang District. (8456 4155) 北京京西学校, 朝阳区来广营东路10号

→ 7.30PM ←

China Philharmonic Orchestra 2010-2011 Music Festival Concert Beijing's finest play Tchaikovsky, Mozart, Elgar and Britten. RMB 50-680. Forbidden City Concert Hall, Inside Zhongshan Park, Xi Chang'an Jie, Xicheng District. (6559 8285) 中山公园音乐堂, 西城区西长安街中山公园内

Dance Gala: Beijing Modern Dance Company Modern dance from local experts. RMB 160-280. 7.30pm. NCPA, 2 Chang'an Jie, Xicheng District. (6655 0000) 国家大剧院, 西城区西长安街2号

→ 9PM ←

Live Music: Omnipotent Youth Society The legendary Omnipotent – a

band that other bands cite as a huge influence – is back with their new album. RMB 60, RMB 50 (advance). MAO Livehouse, 111 Gulou Dongdajie, Dongcheng District. (6402 5080) 光芒, 东城区鼓楼东大街111号

GTB '10: Plant Your Seed Celebrate vintage, recycled, organic, reusable, slow, faux and lasting clothing. Enter the "Gorgeous-n-Green Competition" for a chance to win prizes and participate in the "Green Garage Sale" to swap clothing. For more info, contact info@greeningthebeige.org or 136 9325 0343. 6/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6061) 米家思, 朝阳区三里屯路81号那里花园6层

→ 10PM ←

Git Some! David Mitchell plays everything from deep soul to hip-hop. Free. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦兜啤酒吧南100米

Live Music: Burns Live Event

Celebration for the 50-year-old guitar brand. 24 Hours, Lazy Camels and the Dama Llamas rock out with historical Burns guitars. RMB 40 (first 50 people get a free beer). 2 Kolegas, 21 Liangmaqiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友, 朝阳区亮马桥路21号(燕莎桥往东1500米路北汽车电影院)

→ 10.30PM ←

Eco=Chic Party Greening the Beige presents its last green fashion party of 2010, with competitions, clothing swaps and assistance from Science of Sounds, D-SATA and NLG. Free. Migas, 6/F, Nali Patio, 81 Sanlitun Lu, Chaoyang District. (5208 6061) 米家思, 朝阳区三里屯路81号那里花园6层

→ TIMES VARY ←

The China Cheerleading Open 2010 A single-day competition of cheerleading. Let's see what they did with all the money they stole from glee club. Venue, price and time TBD. See www.cheerunion.org for updates.

Beijing SantaCon Celebrate cheer, goodwill and fun by dressing up in Santa suits. Run around with other Santas for hours, giving gifts, singing songs and deciding who's naughty or nice. For the starting point and planned route, see www.bjsantacon.com. Updates on location will be published digitally.



SantaCon is coming to towns

D E C

12

SUNDAY

10AM-1PM

Mahjong Morning (Beginner) Sit down for a class of mahjong, and put your learned skills to the test. RMB 70, RMB 50 (advance). Register at contact@cultureyard.net or call 8404 4166. Culture Yard, 10 Shique Hutong, Dongcheng District. (8404 4166) 东城区石雀胡同10号

10AM

Badminton Shuttlecock shenanigans for the intermediate and advanced. Contact John at johnsk_ho@hotmail.com.

Women's Lacrosse Practice takes place every Sunday at 10am. Equipment is provided. Cost of pitch fees is shared. Contact Fiona at fionaboyle66@hotmail.com.

11.30AM

Lazy Weekend Brunch Get up late and treat yourself to an international brunch. Prices start at RMB 20. Water. Store 15-4, Solana, 6 Chaoyang-gongyuan Lu, Chaoyang District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国际商区15-4

1PM

Women's Soccer The Odds and Ends are Beijing's only amateur 11-a-side football team for women. Suitable for all skill levels. Matches or practice every week. Free. Beijing Geological University. Contact Wenhui at 8526 2420 ext 111 or wf7788@hotmail.com.

1.50PM

Hutong Rickshaw Tour Explore the hutong on this rickshaw ride, before stopping in to see a traditional courtyard and meet a local family. Call Lisa on 139 1150 8227 or 8621 6278 for more information. RMB 180. Meet at 1.50pm at the South gate of Lotus Lane. CnAdventure. www.cnadventure.com

2PM

Basketball Play with the Angels. General Administration of Sport of China Training Centre. www.angels-club.com.cn

Hark the Herald Angels Sing So that's where the angels in Beijing go



Wolfram Schmitt-Leonardy at Forbidden City Concert Hall

for a pint. Christmas carol session, open to all ages. Free. The Irish Volunteer. Jiangtai Lu (opposite the east gate of the Lido Hotel), Chaoyang District. (6438 5581) 朝阳区高家园小区平房311号(丽都饭店东门对面)

3PM

Flag Football The only American football group in Beijing plays flag football for weekend fun. Contact Yoyao Hsueh at yoyao@gmail.com or 159 0120 2499. Chaoyang Park, 1 Nongzhan Nanlu, Chaoyang District. 朝阳公园, 朝阳区农展馆南路1号

3.30-5.30PM

Tea at Tiananmen Enjoy a luxurious afternoon – nibble on an array of freshly baked scones, finger sandwiches, delectable cakes and pastries. RMB 138. Capital M. 3/F, 2 Qianmen Pedestrian Street (southeast of Qianmen), Chongwen District. (6702 2727) 崇文区前门步行街2号3层

5.30 & 7PM

Samba Intermediates Intermediate class on every Sunday by native Brazilian and professional dancer and fitness instructor Renata Secco who has over 10 years of performing and teaching experience in Brazil, USA and Asia. RME 80 per lesson. J-Ballet Studio. 1/F, Bldg D, Jingxiu Yuan, Xingfucun Zhonglu, Chaoyang District. (8453 3003) 朝阳区幸福村中路景绣园D座1层

7.30PM

Piano: Maksim Mrvica Croatia's superstar pianist comes to make his adoring fans swoon. RMB 100-880. Beijing Exhibition Theater. 135 Xizhimenwai Dajie, Xicheng District. (6835

4455) 北京展览馆剧场, 西城区西直门外大街135号

Piano: Wolfram Schmitt-Leonardy

The renowned pianist proves his skill. RMB 30-380. Forbidden City Concert Hall. Inside Zhongshan Park, Xi Chang'an Jie, Xicheng District. (6559 8285) 中山公园音乐堂, 西城区西长安街中山公园内

9PM

Live Music: The Wheels The best pop punk band from the biggest city in the world, Chongqing. RMB 40, RMB 30 (students). 2 Kolegas. 21 Liangmaqiao Lu (inside the drive-in movie theater park), Chaoyang District. (6436 8998) 两个好朋友, 朝阳区亮马桥路21号(燕莎桥往东1500米路北汽车电影院内)

TIMES VARY

Philippine Christmas Lanterns The parol (lantern) – the most celebrated symbol of the Filipino Christmas – will light up the Philippine Embassy and Xiushui Beijie. Also on display at the St. Joseph's Cathedral in Wangfujing and at the South Cathedral starting Dec 18. For more info, e-mail beijing.pe@dfa.gov.ph. Free. Philippine Embassy, 23 Xiushui Beijie, Chaoyang District. (6532 1872 x31) 菲律宾大使馆, 朝阳区秀水北街23号

Touch Rugby You can practice touching on the free bus from The Den. www.beijingdevils.com

Hash House Harriers Run every Sunday, then drink like a sailor at port. Meet at Paddy O'Shea's. Meeting times vary (www.hash.cn). Paddy O'Shea's, 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

DEC 13

MONDAY

→ 8.30AM-11PM ←

2010 CEO & CFO Forum This forum is custom-made for C-level executives of overseas listed Chinese enterprises, and gives them a chance to explore China's high-growth international capital environment, develop their strategies and select appropriate supporting partners in order to sustain the company's growth and competitiveness. Login at www.ce-premier.com/2010ceocfo for tickets. More info at 159 1064 9905. Kerry Centre. 1 Guanghua Lu, Chaoyang District. (6561 8833) 嘉里中心, 朝阳区光华路1号

→ 11.30AM-2.30PM ←

Hungry for Hummus? Middle Eastern favorite Rumi is offering a lunch buffet that includes many of their most popular menu items. RMB 88. Rumi. 1A Gongti Beilu (opposite Zhaolong Hotel), Chaoyang District. (8454 3838) 入迷, 朝阳区工体北路甲1号兆龙饭店对面

→ 2PM ←

Lakeside Afternoon Tea Daily afternoon tea at RMB 98 including a pot of your favorite tea and tea pastries include classic sandwiches and freshly baked scones served every afternoon before 5pm. Water. Store 15-4, Solana, 6 Chaoyanggongyuan Lu, Chaoyang

District. (5905 6008/9, 137 0113 1533) 子水, 朝阳区朝阳公园路6号蓝色港湾国际商务区15-4

→ 2.30-5.30PM ←

Traditional English Tea Indulge in tea and scones as well as other dainty delights in the elegance of Writer's Bar at Raffles. RMB 268. Writer's Bar, Raffles Hotel. Raffles Beijing Hotel, 33 Dongchangan Jie, Dongcheng District. (6526 3388) 北京饭店莱佛士, 东城区东长安街33号

→ 4PM ←

Burger, Burger Mondays Come hungry. Two-for-one on all signature burgers. Blue Frog. 3/F, Bldg 4, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 4030) 蓝蛙, 朝阳区三里屯北路19号三里屯Village南区4号楼3层S4-30 (6417 4030)

→ 6-10PM ←

Winter White Truffles All month. Celebrate winter with a white truffle-themed degustation menu, including lobster ravioli with white truffle, duck breast with milk skin and white truffle, as well as chicken liver parfait with truffle. RMB 1,300 (four courses). Aria, China World Hotel. 1 Jianguomenwai Dajie, Chaoyang District. (6505 2266) 中国大饭店, 朝阳区建国门外大街1号

→ 7.30PM ←

Calligraphy Beginners Course Conducted in English, the class is designed for Western learners, covering everything from the meaning to the evolution of the characters. You don't have to be able to write Chinese

– just be enthusiastic and able to hold a brush. RMB 160, RMB 480 (four classes). China Culture Center. 29 Anjialou, Liangmaqiao Lu, Chaoyang District. (6432 9341) 朝阳区亮马桥路29号安家楼肯特中心院内

Bookworm Pub Quiz Put your grey matter to the test under some tough questioning. Wine specials all night. Free. The Bookworm. Courtyard 4, Gongti Beilu, Chaoyang District. (6586 9507) 书友书吧, 朝阳区工体北路4号院

→ 9.30PM ←

Tia & the Knutz Buy-one-get-one-free Moët champagne cocktails, 20 percent discounts on all bottles of Johnnie Walker and Hennessy VSOP, and a free glass of sparkling wine for secretaries. If only all offices were like this. While Tia and The Knutz heat up the dance floor with R&B, hip-hop, jazz and more. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀, 朝阳区朝阳区建国门外大街2号

→ TIMES VARY ←

CA/ASI New Chinese Architecture One of the official exhibitions for the 2010 Venice Architecture Biennial, showcasing the 11 winners of the CA/ASI New Chinese Architecture competition. Free. Club No.21.

Happy Mondays All-day happy hour. The Stumble Inn. S3-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯Village南区3号楼3层S3-31

Temptation Mondays Get over the Monday blues with 30% off any bottle of wine. Mosto. 3/F, Nali Patio, 81 Sanlitun Beilu, Chaoyang District. (5208 6030) 摸石头, 朝阳区三里屯北路81号那里花园3层

Happy Anniversary SALT

Celebrate with SALT and get 20% off any bottle of wine on Mondays all month. SALT. 2/F, 9 Jiangtai Xilu (opposite the Japanese School, west of Rosedale Hotel), Chaoyang District. (6437 8457) 盐, 朝阳区将台西路9号2层(珀丽酒店西边)

Beijing City Bus Tour This daily bilingual city tour offers a brief introduction to Beijing's sights and planning. RMB 380, free (children under 1.2m). Day tour (3 hours) bus departs at 9.30am, 10am, 2pm and 2.30pm. Night tour (1.5 hours) bus departs at 7pm and 7.30pm. Tour departs from Guomao Exhibition Hall. Beijing Citybus Tour (400 650 0760) www.citybusstour.com



CAASI New Chinese Architecture

D E C

14

TUESDAY

8.30AM-11PM

2010 CEO & CFO Forum This forum is custom-made for C-level executives of overseas listed Chinese enterprises, and gives them a chance to explore China's high-growth international capital environment, develop their strategies and select appropriate supporting partners in order to sustain the company's growth and competitiveness. Login at www.ce-premier.com/2010ceocfo for tickets. More info at 159 1064 9905. Kerry Centre. 1 Guanghua Lu, Chaoyang District. (6561 8833) 嘉里中心·朝阳区光华路1号

10AM-NOON

Christmas Coffee Morning Play games over mince pies and friendly conversation at the British Club. All foreign passport holders welcome. No jeans or sneakers. RMB 60, RMB 40 (members). Capital Club Athletic Center. Capital Mansion, 6 Xinyuan Nanlu, Chaoyang District. (8486 2225 ext 136) 朝阳区新源南路6号

5PM

Terra-fic Tuesdays Two-for-one Stellas, imported beers for RMB 28 (or RMB 100 for a bucket), RMB 38 caipirinhas and mojitos, RMB 48 for a glass of champagne and 20 percent off on all bottles of wine. Free. Terra. 1 Sanlitun Nanlu, Chaoyang District. (6591 9148) 朝阳区三里屯南路1号

6PM

Irish Volunteer Quiz How much do you get paid? The Irish Volunteer. Jiangtai Lu (opposite the east gate of the Lido Hotel), Chaoyang District. (150 1112 4113) 朝阳区高家园小区平房311号(丽都饭店东门对面)

6-10PM

Tuesdays Foie Gras Night Special home-made goose liver menu starting from RMB 68. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

7.15PM

Beijing Devils Training Rugby training out at Dulwich Legend Gardens, Shunyi. Free bus leaves The Den at 7.15pm. The Den. 4 Gongti Donglu (next to City Hotel's main entrance),



Christmas Coffee Morning

Chaoyang District. (6592 6290) 敦煌·朝阳区工体东路4号城市宾馆正门旁边

7.30PM

Fashion, Media and Creative Industries Networking Evening Dress glamorously to impress those who decide what's hot and what's not. Register at eventsbj@fclub.com or 139 1109 8002. RMB 130 (includes free drink and appetizers), RMB 80 (register before Dec 13). Zeta Bar. 2/F, Hilton Beijing, Dongfang Lu, Dongsanhuan Beilu, Chaoyang District. (5865 5000) 颐达吧·朝阳区东三环北路东方1号希尔顿饭店2层

Stumble Inn Quiz Night How many beers do you have? Free. The Stumble Inn. S3-31, 3/F, Sanlitun Village South, 19 Sanlitun Lu, Chaoyang District. (6417 7794) 朝阳区三里屯路19号三里屯Village南区3号楼3层S3-31

8PM

NFL at Luga's Watch the NFL with bottles of Coors or Sol (six for RMB 98). Free. Luga's Basement. 7 Sanlitun Houjie (10m from northwest corner of 3.3 Shopping Center), Chaoyang District. (6416 2575) 朝阳区三里屯东街7号

Quiz Night Questions and answers. Free. Tim's Texas Bar-B-Q. 14 Dongdaqiao Lu (on the corner of Guanghua Lu), Chaoyang District. (6591 9161) www.timsbarbq.com Tim's 熏烤房, 朝阳区东大桥路14号贵友大厦正北200米

8.30PM

Open Mic Night Brave a demanding

crowd and get a drink for your efforts. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

9PM

Mundo Latino with Magic Tequila All night long, enjoy 20 percent discounts on all bottles of tequila to the sound of salsa and Latin rhythms. Free. Xiu. Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (5867 1108) 秀·朝阳区朝阳区建国门外大街2号

Eastside Open Mic An open mic night with drinks specials to get you brave enough. Free. Tun. Courtyard 4 (20m south of Salsa Caribe), Gongti Beilu, Chaoyang District. (6585 5866) 屯·朝阳区工体北路4号院

TIMES VARY

Painting by Nathalie Rimlinger An exhibition of nudes plus sculptures inspired by tai chi masters and autistic children. Free. Alliance Francaise. French Cultural Centre. 16 Gongti Xilu, Chaoyang District. (6553 2678) 朝阳区工体西路16号

Liu Ding's Store All month. A utilitarian economic model – a shop – to establish a platform for thinking and discussion centered around the creation of value? Or an art practice that expresses the artist's visions and imagination of politics? Free. Galerie Urs Meile. 104 Caochangdi Village, Chaoyang District. (6433 3393) 麦勒画廊·朝阳区草场地村104号

DEC 15

WEDNESDAY

→ 4PM →

Buy One Burger, Get One Free

From steakhouse to swiss & shrooms – double your fun. All-Star Sports Bar & Grill. Bldg 5, 1/F, Solana Shopping Mall, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝阳公园路6号Solana蓝色港湾国际商区5-1

→ 6-9PM →

Cold Cut Combo Night Feel like salami? Ham? Both? Get a large platter of cold cuts and one bottle of house wine for RMB 218. Scarlett. Hotel G, 7A Gongti Xilu, Chaoyang District. (6552 2880) 朝阳区工体西路甲7号北京极栈内

→ 6-11PM →

Martini Wednesdays Beijing's best martinis? Ten of them are buy-one-get-one-free tonight. Free. Q Bar. On the top floor of Eastern Inn Hotel, 100m south of Beer Mania, Sanlitun Nanlu, Chaoyang District. (6595 9239) 朝阳区三里屯南路麦嘉啤酒吧南100米

→ 6.45PM →

Nia A brand-new fusion of lifestyle and fitness. Apparently it's just like

chocolate. RMB 110 (one class), RMB 800 (eight classes). Yin Yang Community Center, Courtyard 1, Hegezhuang Village, Chaoyang District. (6431 2108) www.yinyangbeijing.com 朝阳区崔各庄乡何各庄村1号院

→ 7-10PM →

Badminton Shuttlecock shenanigans for the intermediate and advanced. Contact John at johnsk_ho@hotmail.com.

→ 7. 30PM →

Opera: Farewell to Cambridge A Peking-based opera that's not Peking Opera. Based on the love triangle between a few of modern China's most beloved intellectuals – architects Lin Huiyin and Liang Sicheng, and the poet Xu Zhimo – when they were students abroad in the 1930s. RMB 200-320. NCPA. 2 Chang'an Jie, Xicheng District. (6655 0000) 国家大剧院. 西城区西长安街2号

→ 8PM →

Frank's Quiz Win money. RMB 20. Frank's Place. Jiangtai Xilu, west of Rosedale Hotel, Lido area, Chaoyang District. (6437 8399) 朝阳区丽都都将台西路

Pomegranate Quiz Quizmaster Karl one week, a guest every other. Expect fun questions on such topics as Cockney rhyming slang. Free. The Pomegranate. 19 Kaifa Lu, Xi Baix-

inzhuan, Houshayu, Shunyi District. (8046 2558) 石榴园. 顺义区后沙峪西白辛庄开发路19号

Jazz Night What goes well with pad thai and green chicken curry? Jazz, obviously. Rotating musicians entertain weekly. Purple Haze Courtyard. 1, Dongsi Liutiao (east exit), Dongcheng District. (6501 9345) 紫苏庭. 东城区东四六条1号

→ 8.30PM →

Paddy's Quiz Free prizes for every round and free drinks for the top five finishers. Free. Paddy O'Shea's. 28 Dongzhimenwai Dajie, Chaoyang District. (6415 6389) 朝阳区东直门外大街28号

→ 9PM-4AM →

Open Bar All cocktails, Tsingdao and Draft beer for ladies RMB 30, gentlemen at RMB 60. Juicy spot. 2-3/F, 2 Chaoyang Xilu (30m south of Chaoyang Park West Gate), Chaoyang District. (6593 0610) 朝阳区朝阳公园西路2号楼2-3层 (朝阳公园西门往南30米)

→ 9PM →

Coquin Ladies Night Free cocktails until 1am for those of the appropriate sex. Free. Touch, Westin Chaoyang, 1 Xinyuan Nanlu, Chaoyang District. (5922 8888 ext 8112) 朝阳区新源南路1号威斯汀酒店

Bling Loves Ladies Night Free cosmopolitans and mojitos for ladies. RMB 100 open bar for the gents. Bling. Solana 5-1, 6 Chaoyang Gongyuan Lu, Chaoyang District. (5905 6999) 朝阳区朝阳公园路6号Solana蓝色港湾国际商区5-1

→ 10PM →

Kitchen DJs Bitesize Buddha and Saul D cook up down and dirty funk soul disco and early hip-hop. Free. Punk. B1/F, The Opposite House, Bldg 1, The Village at Sanlitun, 11 Sanlitun Lu, Chaoyang District. (6410 5222) 朝阳区三里屯路11号三里屯Village1号楼瑜舍地下1层

→ TIMES VARY →

One-day Great Wall Hike Trekking from Jinshanling to Simatai Great Wall. RMB 500/person for a group of 2-5 people, RMB 420/person for a group of 6-9 people (price includes transport, guide, and entrance tickets). Sign up at least two days in advance at assistant@cnadventure.com; alternatively, call 5166 9102 or 8621 6278. CnAdventure. www.cnadventure.com



Opera: Farewell to Cambridge at NCPA



Steven Yang brings it all home

CBD'S UP AND COMING SITES

Steven Yang of Good View Property

As a young man, Stephen Yang came to Beijing from a small town in Anhui Province for his studies. After working in the real estate industry after graduation, Yang slowly began to fall in love with the city and the industry, and completed a number of successful transactions ranging from residential to office and retail property leasing and investment for both wholly owned foreign enterprises and individuals. Agenda broke ground with Yang to learn more about the future of the market and his favorite area: the CBD.

Tell us a little bit about your favorite area. The Central Business District (CBD), the region surrounding the **World Trade Towers**, is an international business area that has a number of high density office, residential and retail properties. The neighborhood is the preferred location for many Fortune 500

companies, as well as several local companies. The most predominant landmarks include the **China Central Television (CCTV)** and **China World towers, Yintai Centre, The Place** and **China World shopping mall**. The area includes businesses from a number of areas such as finance, public relations, media and entertainment. Nevertheless, the CBD is not only known for its prominent business environment, but also for the high quality residential options and entertainment venues.

How have prices changed in this area? Where do you see the pricing trends going? Residential rentals in the CBD have increased around 15-20% over the past year, while purchasing prices have remained stable. This is mostly due to regulations that have placed some restrictions on housing investment,

thus increasing the demand. Office rentals have also increased over the past year at a rate of 20-30%. Purchasing prices for office space have increased slightly.

What are the hottest properties in this area? In the CBD, **Fortune Plaza** is probably one of the most interesting properties because of its great location, affordability, and superior management.

What are average rents for the area? Average prices for rentals are a bit difficult to deal with in the CBD, because you have a huge range of options depending on your budget and expectations. However, a fair estimate for an international standard one bedroom apartment would probably be around RMB 8,000 per month, RMB 12,000 for a two bedroom and around RMB 15,000 for a three bedroom apartment.

What is the average price per square meter for units in this area? The average purchasing price for residential properties in the CBD is around RMB 40,000 per square meter, RMB 50,000 for office spaces. Residential management fees are between RMB 6 and 10 per square meter per month, while for offices those fees are between RMB 25 and 30 per square meter per month. Price differences reflect a number of factors including land lease length regulations and property marketing and maintenance expenses.

However, it is important to point out that the range in prices is extensive as the CBD includes a number of luxury and more affordable properties. For instance, apartments in **Sunshine 100** sell for as little as RMB 30,000 per square meter, while some units in **Yintai Centre** command prices as high as RMB 90,000 per square meter.

For office space, it is probably easier to compare rents as many properties are not for sale. Rents can be as low as RMB 5 per square meter per month

in **Jianwai SOHO** and as high as RMB 10-12 per square meter per month at **China World Tower**. Prices vary depending on the orientation of the unit, floor, property management quality, management fees, building quality and features.

What are the best bars in the area? The CBD area has the most active bar and dining scenes. In terms of bars, I would have to go with **Xiu** because of the energy in the venue and **Atmosphere** bar in the China World Tower because of the 80th floor views.

Are there any developments in the area in the next ten years? The land within the CBD is almost completely developed, so there is not much room for further large projects. Nevertheless, there will be significant pressure on the area's residential market as the **China Central Television** and **China World** office towers reach full occupancy. The increased demand for housing in the CBD will drive up property prices as the availability of residential units in the area is limited.

On a whole, real estate prices represent the productivity of land, and as long as the Chinese economy keeps growing and Beijing solidifies its position as a top international city, it is safe to say that prices will continue to go up. The speed of this increase will be determined by government policies relating to housing purchasing and finance regulations.

What are the best apartment compounds in the area? **Central Park**, which is located in the CBD, was developed by Hong Kong Land, and is a great place for families. Pets are ok, and it comes with amenities such as a swimming pool and gym. It's both near the subway (Jintai Xizhao on line 10) and other public transportation, and rents range from RMB 9,000 a month for a one bedroom to RMB 35,000 a month for a four bedroom apartment.

Fortune Heights was developed by Hong Kong Land, rents from RMB 17,000 for a one bedroom to RMB 45,000 for a three bedroom, and has both a swimming pool and a gym. It shares the same convenient transportation options as most of the buildings in this area. The only thing is that they don't allow pets.

Tell us more about your company. At **Good View Property** we focus on service and work on providing solutions. Our clients appreciate our work because we are efficient, understand their needs and because we hold ourselves accountable for the work we do.

We provide one stop real estate solutions, for residential, office and retail leasing and investment. In addition, we have expatriate staff fluent in a number of foreign languages including English, Russian, Italian and French so that we can be

more effective in communicating and understanding the needs of our international client base.

What's your top real estate tip for our readers? Renting is an expense, while purchasing a property is an investment. Although current regulations allow expats to purchase only one property in Beijing, I believe that if you plan to live in Beijing for at least three years, it is a wise investment.

Good View Property Room 6A3, East Wing, Hanwei Plaza, No.7 Guanghua Road, Chaoyang District, Beijing (6561 6166) 中国北京朝阳区光华路7号汉威大厦东楼6A3室 100022 www.googdviewpro.com

Interview by Jiang Jun

To learn more about the aforementioned apartments contact Frank Wang for Central Park (13811178737), and Gaspard Marnot for Fortune Heights (13811176995).



CBD views include the Yintai Centre and World Trade Center



CBD Restaurants

Justine's Daily 6:30am-10am, noon-2pm, 6-10 pm. 1/F, Jianguo Hotel, 5 Jianguomenwai Dajie, Chaoyang District. (6500 2233 ext. 8039) 杰斯汀·朝阳区建国门外大街5号建国饭店1层

Lemongrass Thai and Indian Restaurant Daily 11am-11pm. 1/F, Jinzhiquiao Dasha, 1A Jianguomenwai Dajie, Chaoyang District. (6500 3855) 柠檬叶泰印餐厅·朝阳区建国门外大街甲1号金之桥大厦1层

Golden Jaguar Daily 11:30-2:30pm. 4/F, North Bldg, The Place, 9 Guanghua Lu, Chaoyang District. (6553 8888) 金豹·朝阳区光华路9号世贸天阶大厦4层

Grandma's Kitchen Daily 8am-10:30pm. Rm 0103, Bldg B, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5869 3055/6) 祖母的厨房·朝阳区东三环中路39号建外SohoB座0103

TGI Friday's Daily 11:30am-midnight. Bldg C, Beijing International Plaza, 19 Jianguomenwai Dajie, Chaoyang District. (8526 3388) 星期五餐厅·朝阳区建外大街19号北京国际大厦C座

GL Cafe Daily 24hrs. L134, 1/F, China World Shopping Mall, 1 Jianguomenwai Dajie, Chaoyang District. (6505 6868) 金湖·朝阳区建国门外大街1号国贸商城1层L134

South Beauty Daily 11am-10pm/L220, 2/F, West Wing, China World Center, 1 Jianguomenwai Dajie, Chaoyang District. (6505 0809) 俏江南·朝阳区建国门外大街1号国贸西楼2楼L220号

Lan Daily 11am-10:45pm. F/floor, LG Twins, 12B Jianguomenwai Dajie, Chaoyang District. (5109 6012) 兰·朝阳区长安街建国门外大街乙12号LG双子座大厦F层

Ganges Indian Restaurant Daily 10am-11pm. 138A, B1/F, The Place, 9 Guanghua Lu, Chaoyang District. (6587 2999) 恒河印度餐厅·朝阳区光华路9号世贸天阶地下1层138A

Tokugawa 11:30am-2pm, 5:30pm-9:30pm. 1/F, Bldg D, 9A Guanghua Lu, Chaoyang District. (6506 3252) 德川家日本料理·朝阳区光华路甲9号世贸国际公寓D座1楼

Golden Spoon Taiwanese Food Daily 11am-11pm. 5/F, South Place, The Place, 9 Guanghua Lu, Chaoyang District. (6587 1472) 金汤匙私房菜·朝阳区光华路9号世贸天阶南街5层

Danieli's Mon-Fri 11:30am-2pm, 6-10pm, Sat-Sun 6-10pm. 2/F, St Regis Hotel, 21 Jianguomenwai Dajie Chaoyang, District. (6460 6688) 丹尼艾丽意大利餐厅·朝阳区建国门外大街21号北京国际俱乐部饭店2楼

Middle 8th Daily 11am-11pm. The Place, 9 Guanghua Lu, Chaoyang District. (6587 1431) 中8楼·朝阳区光华路9号世贸天阶南街L404A号

No. 4 Kitchen Daily 11:00am-11pm. Bldg 4, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5869 2049) 4号厨房·朝阳区东三环中路39号建外SOHO4号楼0411号

La Petite Lune Daily 11:30am-10pm. West of Bldg A, Guanghualu Soho, 22 Guanghua Lu, Chaoyang District. (5900 6816) 朝阳区光华路22号光华路SOHO A座大楼西侧123号

Annie's Daily 11am-11pm. 1/F Ruisai Business Building (opposite ascott Beijing), Chaoyang District. (6568 5890) 安妮意大利餐厅·朝阳区瑞赛大厦商务楼一层(北京雅诗阁服务公寓对面)

The Astor Grill Mon-Fri 11:30am-2pm; daily 6-10pm. 3/F, St. Regis Hotel Apartments, 21 Jianguomenwai Dajie, Chaoyang District. (6460 6688 ext. 2637) 艾斯特扒房·朝阳区建国门外大街21号国际俱乐部饭店公寓3楼

Fratelli Fresh Daily 10:30am-2:30pm, 5-10:30pm. 1/F, Renaissance Beijing Capital Hotel, 61 Dongsanhuan Zhonglu, Chaoyang District. (5863 8888) 朝阳区东三环中路61号富力万丽酒店

CBD Bars

China Bar Sun-Thu 5pm-1am, Fri-Sat 5pm-2am. 66/F, Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (8567 1840) 朝阳区建国门外大街2号柏悦酒店66楼

Xiu Sun-Wed 6pm-2am, Thu-Sat 6pm-3am. 66/F, Park Hyatt, 2 Jianguomenwai Dajie, Chaoyang District. (8567 1108) 秀·朝阳区建国门外大街2号北京银泰中心6楼

Atmosphere Mon-Fri noon-2am, Sat and Sun noon-4am. 80/F, China World Summit Wing, 1 Jianguomenwai Dajie, Chaoyang District. (6505 2299 ext. 6433) 云酷酒吧·建国门外大街1号 国贸三期80层

Bar Promise Mon-Sat 7pm-2am. 3/F, Bldg 15, Jianwai Soho, 39 Dongsanhuan Zhonglu, Chaoyang District. (5900 0151) 朝阳区东三环中路39号建外SOHO15号楼3楼1537

Charlie's Daily 7am-12:30am. 1/F, Jianguo Hotel, 5 Jianguomenwai Dajie, Chaoyang District. (6500 2233 ext. 8038) 查理酒吧·朝阳区建国门外大街5号建国饭店1层

Havana Bar Daily 5pm-1:30am. Grand Millennium Beijing, Fortune Plaza, 7 Dongsanhuan Zhonglu, Chaoyang District. (8587 6888) 哈瓦那时尚酒吧·朝阳区东三环中路7号千禧大酒店

1801 BAR Blue Castle, 3 Xidawang Lu, Chaoyang District. (8599 7856) 朝阳区西大望路3号蓝堡国际公寓南区

Lecoq 1/F, Fortune Plaza, 7 Dongsanhuan Zhonglu, Chaoyang District. (6533 0192) 库乐迪维冠酒吧·朝阳区东三环中路7号财富购物中心1楼(呼家楼南)

Lan Daily 11am-10:45pm. F/floor, LG Twins, 12B Jianguomenwai Dajie, Chaoyang District. (5109 6012) 兰·朝阳区长安街建国门外大街乙12号LG双子座大厦F层

1

2

3

A

B

C

D



Old Summer Palace

To Great Wall at Badaling & Ming Tombs

InterContinental Beijing Beichen

Olympic Village & Olympic Stadium

Legend

- Railway Station
- Place of interest
- Restaurants/Bars
- Hotel
- Theater
- Hospital
- Government Office
- Shopping

Fourth Ring Road

Third Ring Road

Second Ring Road

Third Ring Road

Second Ring Road

Chang'an Jie

Beijing City Map

To Summer Palace

Yuyuantan Park

Yuetan Park

Westin Beijing Financial Street

Capital Museum

White Cloud Temple

Beijing West Railway Station

Deshengmen Beijing Ancient Coins Exhibition Hall

Rendinghu Park

Qingnianhu Park

Shangri-La

Beijing Zoo

Houhai

Mei Lanfang's Residence

Confucius Temple and Cemetery

Zhonglou

Gulou

Nanluogu Xiang

Beihai Park

Circular City

Coal Hill (Jingshan)

Forbidden City

InterContinental Financial Street

Financial Street

Ritz-Carlton Beijing Financial Street

Xidan

National Theater

Beijing Concert Hall

Tian'anmen Square

Qianmen

Ch'ienmen

Lao She Teahouse

To Temple of Heaven

VISITOR INFO

Information on this page excerpted from the Insider's Guide to Beijing 2010, available in stores around Beijing or by delivery to your home, hotel or office. To order a copy, call 5820 7700, or e-mail distribution@immersionguides.com.

COMMUNICATIONS

USEFUL NUMBERS

Ambulance & Emergencies 120

Beijing 999 Ambulance Service 999

**Beijing United Family Hospital
Emergency Room** 5927 7120

Fire 119

Police 110

Traffic Accident 122

Telephone Directory 114 (Chinese);
1161 14 (press 2 for English service).

Time 117

Weather 12121

PHONE CARDS/MOBILE PHONES

IP cards for calls in China and overseas are sold in cell phone stores, newsstands and China Telecom outlets. Cards with a face value of RMB 100 sell for RMB 30-40.

SIM cards and cell phone top-up cards (chong zhi ka, 充值卡) can be bought from cell phone stores, newsstands and SIM card shops. Call and SMS charges are as follows for the major networks:

China Mobile Easyown (Shen Zhou Xing, 神州行) Making and receiving calls costs RMB 0.6/min. Calls cost RMB 0.2/min within Beijing and RMB 0.3/min domestic long-distance if you dial 12593 first, then the number you wish to call.

M-zone (Dong Gan Di Dai, 动感地带) Local calls RMB 0.25/min at peak hours (9am-9pm), off-peak calls RMB 0.12/min.

China Unicom Ruyitong (如意通) Local calls RMB 5.4/min, longer distance calls RMB 1.24/min. Dialing 96531 before the number you wish to call reduces both local and long-distance calls to RMB 0.25/min. Receiving calls costs RMB 0.2/min (weekdays 9am-8pm) and RMB 0.35/min (off-peak).

UP Xinshili (UP 新势力) Local calls RMB 0.25/min. Receiving calls costs RMB 0.1/min. Paying an extra RMB 5 per month gives unlimited free incoming phone calls and lower fees for making phone calls.

WI-FI

For a list of Wi-Fi locations in Beijing, visit http://v4.jiwire.com/search-wifi-hotspots.htm?city_id=1757971.

USEFUL WEBSITES

www.thebeijinger.com Agenda's sister site has a directory listing more than 4000 Beijing venues, as well as a blog, forum, events, reviews, classifieds, and more.

www.beijing-kids.com "Beijing's essential expat family resource" offers articles, events, a directory and forum catering to English-speaking families.

HOSPITALS & CLINICS

Bayley & Jackson Medical Center

Clinic and dental hours Mon-Fri 9am-6pm; Sat 8am-4pm; doctor on call 24 hours. 7 Ritan Donglu, Chaoyang District. (400 810 0120, 5869 6166) www.bjhealthcare.com 庇利积臣医疗中心, 朝阳区日坛东路7号

Beijing International SOS Clinic

Daily 24 hours. Pharmacy Mon-Fri 8am-8pm, Sat-Sun 8am-6pm. Suite 105, Wing 1, Kunsha Bldg, 16 Xin-yuanli, Chaoyang District. (6462 9112, 24hr 6462 9100) www.internationalsos.com 国际SOS, 朝阳区新源里16号琨莎中心1座105室

Beijing United Family Hospital and Clinics

Mon-Sat 8.30am-5.30pm, Sun 8.30am-5pm; 24-hour emergency. 2 Jianguai Lu, Lido area, Chaoyang District. (appointment 5927 7000, emergency 5927 7120) www.united-familyhospitals.com 北京和睦家医院, 朝阳区将台路2号

Beijing United Family Health & Wellness Center - Jianguomen

Mon-Fri 8.30am-3.30pm. B1/F, St. Regis Hotel, 21 Jianguomenwai Dajie, Chaoyang District. (8532 1221, emergency 6433 2345) www.unitedfamilyhospitals.com 北京和睦家建国门保健中心, 朝阳区建国门外大街21号国际俱乐部饭店地下1层

Beijing United Family Clinic

- Shunyi Mon-Thu 9.30am-7.30pm; Fri-Sun 9.30am-4.30pm. Unit 818, Pinnacle Plaza, Tianzhu Real Estate Development Zone, Shunyi District. (8046 5432, emergency 5927 7120) www.unitedfamilyhospitals.com 北京和睦家顺义诊所, 顺义区天竺房地产业开发区荣祥广场818号

Beijing Vista Clinic - Kerry Center

Daily 24 hours; clinic hours 7.30am-9pm. B29, Kerry Center, 1 Guanghua Lu, Chaoyang District. (8529 6618) www.vista-china.net 北京维世达

诊所, 朝阳区光华路1号嘉里中心B29号

China-Japan Friendship Hospital

Mon-Fri 8am-noon, 1.30-5pm; Sat 8-11.30am; 24-hour emergency. Yinghua Dongjie, Hepingli, Heping Jie Beikou, Chaoyang District. (6422 2952, 6422 3209) www.zryhy.com.cn 中日友好医院, 朝阳区和平街北口和平里樱花东街

Hong Kong International Medical Clinic

Daily 9am-9pm; 24-hour emergency, 9/F, Swissôtel office tower, 2 Chaoyangmen Beidajie, Dongcheng District. (6501 4260, 6553 2288 ext 2346) www.hkclinic.com 北京港澳国际医务诊所, 东城区朝阳门北大街2号港澳中心办公楼9层

International Medical Center (IMC)

Daily 24 hours. S106, 1/F, Lufthansa Center, 50 Liang-maqiao Lu, Chaoyang District. (6465 1561/2/3, dental 6465 1384/94/28) www.imclinics.com 国际医疗中心, 朝阳区亮马桥路50号燕莎中心1层

Peking Union Medical College Hospital

Mon-Fri 8am-4.30pm; 24-hour emergency. 1 Shuaifuyuan, Wangfujing (the foreigners' wing is located south of the inpatient building), Dongcheng District. (6529 5284, emergency 6529 5269) www.pumch.ac.cn 北京协和医院, 东城区王府井府前1号 (外国人就诊楼在门诊楼的南侧)

MONEY

ATMS

Most ATMs accept foreign bankcards connected to the Cirrus, Plus, AmEx, Visa and MasterCard networks. Some local banks charge transaction fees (RMB 25 for Bank of China) but many do not; your home country bank will probably slap on a fee for each withdrawal in Beijing. Maximum single-day withdrawal limits for foreign cards vary but range RMB 3,000-5,000, with a per session limit. For a list of ATMs, see www.move-andstay.com/beijing/guide_banks.asp

American Express 6505 2228; after-hours US hotline: 601 336 393 1111; Emergency card replacement (Hong Kong): 00852 2277 1088; Stolen traveler's checks: 10 800 744 0106 (toll-free)

Western Union (800 820 8668, China Post Beijing 6659 9111 ext 8459) www.westernunion.com

Visa Certain banks, notably Bank of China and HSBC, can provide cash advances with a Visa card. Many ATMs allow Visa cardholders to withdraw money up to a daily limit.

TRANSPORT & TRAVEL

AIRPORT & AIRLINES

Beijing Capital International Airport

General enquiries 6457 1100, lost luggage 6459 9523, customer complaints 6454 1166. Terminal 1 6454 0100, Terminal 2 6459 8333, Terminal 3 6453 0030. <http://en.bcia.com.cn/>

Air Canada 6468 2001, 400 811 2001

Air China 800 810 1111, 400 810 0999

Air France 4008 808 808

All Nippon Airways 800 820 1122

Austrian Airlines 6464 5999

British Airways 400 650 0073

China Southern Airlines 6459 0539, 6459 6490 95539

Continental Airlines 400 650 6686

Dragon Air 400 888 6628

Japan Airlines 400 888 0808

KLM Royal Dutch Airlines 400 880 8222

Korean Air 400 658 8888, 8453 8137

Lufthansa Airlines 6468 8838

Northwest Airlines 400 814 0081

Qantas Airlines 400 888 0089

SAS 8527 6100

Shanghai Airlines 800 820 1018,

Singapore Airlines 6505 2233

Swiss Air 8454 0180

Thai International 8515 0088

United Airlines 800 810 8282

TRAINS & RAILWAY STATIONS

Train tickets go on sale ten days in advance of departure at train stations and ticket agencies but are available to travel agents a day earlier. Round-trip tickets for trains starting from and terminating in Beijing can now be purchased 12 days before the return date. In addition, tickets for the Beijing-Hong Kong train can be bought up to 20 days ahead of departure. To book a ticket for pick up at agency near you, call 9510 5105. You can also order a ticket on www.51piao.com/train for pick-up or, for a RMB 10 surcharge, delivery to an address within the Fourth Ring Road.

Beijing Station (Beijing Huo-

chezhan) Beijing Zhan Jie, Dongcheng District. (5101 9999, Chinese) 北京站, 东城区北京站街

Beijing West Railway Station (Bei-

jing Xikezhan) Lianhuachi Donglu (east of Xisanhuan Lu), Fengtai District.

(5182 6253, Chinese) 北京西站, 丰台区莲花池东路

Beijing South Railway Station

(Beijing Nanzhan) 12 Yongdingmenwai Dajie, Chongwen District. (5186 7999) 北京南站, 崇文区永定门外大街12号

Beijing North Station (Beijing

Beizhan) Xizhimen, Xicheng District. (5186 6223, Chinese) 北京北站, 西城区西直门

TAXIS

Beijing's 67,000 cabs are easy to hail, except during the rush hour peak. Drivers are generally friendly and honest, but few speak English. The flagfall rate is RMB 10, and RMB 11 after 11 pm. At press time drivers could add an additional RMB 1 to the bill to cover fuel costs. Tips are not expected.

Beijing Taxi Dispatching Center

They can't send a driver to your house, but will alert all taxis with GPS in the vicinity of your request for a taxi and exact location. (6837 3399)

Beijing Yinjian Taxi Company Call them and they will notify their drivers of your location. (96103)

ASM Chauffeur and Tour Services

Airport pick-up and delivery service, chauffeur service and personal guide service available. English-speaking drivers. Pricing on website. (5166 1575) www.chauffeurasia.com

Beijing Limo Airport pickup, corporate events and sightseeing. Choose from stretch limos, buses and vans, all with bilingual drivers. www.beijinglimo.com/english

TOUR COMPANIES

Beijing Citybus Tours See all of Beijing's major sights in a three-hour bus tour. Call 6512 2032 or 400 650 0760 for information. www.citybustour.com

PASSPORTS & VISAS

VISA APPLICATIONS/EXTENSIONS

Exit & Entry Administration of the Public Security Bureau Mon-Sat 8.30am-4.30pm. 2 Andingmen Dongdajie (by Xiaojie Qiao), Dongcheng District. (8402 0101, 8401 5294) 北京市公安局出入境管理处, 东城区安定门东大街2号

EMBASSIES

If your embassy has moved, or you can't find it in the list below, consult the up-to-date list of all the embassies in Beijing at www.travelchinaguide.com/embassy/foreign/beijing.

All embassies except Russia's are located in Chaoyang District.

Australia 21 Dongzhimenwai Dajie (5140 4111) 东直门外大街21号

Canada 19 Dongzhimenwai Dajie. (5139 4000) 东直门外大街19号

France 3 Sanlitun Dongsan Jie (8532 8080) 三里屯东三街3号

Germany 17 Dongzhimenwai Dajie (8532 9000) 东直门外大街17号

India 1 Ritan Donglu (6532 1908) 日坛东路1号

Ireland 3 Ritan Donglu (6532 2691) 日坛东路3号

Italy 2 Sanlitun Dong'erjie (8532 7600) 三里屯东二街2号

Japan 7 Ritan Lu, Jianguomenwai (6532 2361) 建国门外日坛路7号

Malaysia 2 Liangmaqiao Beijie (6532 2531) 亮马桥北街2号

Netherlands 4 Liangmahe Nanlu (8532 0200) 亮马河南路4号

New Zealand 1 Ritan Lu Dongerjie (6532 7000) 日坛路东二街1号

Pakistan 1 Dongzhimenwai Dajie (6532 2504) 东直门外大街1号

Philippines 23 Xiushui Beijie (6532 1872) 秀水北街23号

Russia 4 Dongzhimen Beizhongjie (6532 1381) 东直门北中街4号

Singapore 1 Xiushui Beijie (6532 1115) 秀水北街1号

South Africa 5 Dongzhimenwai Dajie (6532 0171) 东直门外大街5号

South Korea 20 Dongfang Donglu (8531 0700) 东方东路20号

Sweden 3 Dongzhimenwai Dajie (6532 9790) 东直门外大街3号

Switzerland 3 Sanlitun Dongxuejie (8532 8888) 三里屯东五街3号

Thailand Embassy: 40 Guanghua Lu (6532 1749). Visa and consular section: 15/F, Bldg D, Twins Tower, Jianguomenwai Dajie (8566 4469) 大使馆, 光华路40号. 领事馆, 建国门外大街双子座大厦D座15层

United Kingdom Embassy: 11 Guanghua Lu (5192 4000). Visa and Consular sections: 21/F, North Tower, Kerry Centre, 1 Guanghua Lu (8529 6600) 大使馆, 光华路11号. 领事馆, 光华路1号嘉里中心北楼21层

United States of America 55 Anjialou Lu (entrance on Tianze Lu) (8531 3000, visas 8531 3333, visa call center 400 887 2333). 安家楼路55号 (东门在天泽路)

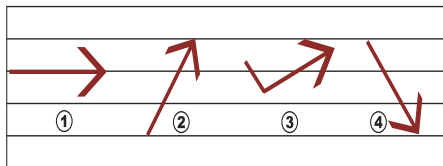
Vietnam 32 Guanghua Lu (6532 1155) 光华路32号

LANGUAGE GUIDE

Introduction to tones reproduced from *Immersion Guides'* Mandarin Phrasebook, available in stores around Beijing or by delivery. To order a copy, call 5820 7700 or e-mail distribution@immersionguides.com

At a loss for words? These two pages are a quick-reference summary of useful phrases that might come in handy on your travels around Beijing. You won't get far without knowing some of the basics of spoken Chinese, so let's start with ...

TONES



• Tone is variation in pitch by which a syllable can be pronounced. All Chinese pinyin are marked with one of four tones. The four tones are as follows:

1st tone – singing tone; high, flat, continuous

2nd tone – rising; similar to the intonation used to ask a question in English, like “oh?”

3rd tone – dip tone; falls and then rises

4th tone – falling tone, sharp like when you holler “boo!”

• These tones are incredibly important. If you get them wrong, people will not understand what you are saying. Many syllables in pinyin have dramatically different meanings depending on the tone. Take for instance the Pinyin construction *bao*:

First tone: **bāo** 包 wrap Second tone: **báo** 薄 thin

Third tone: **bǎo** 保 guarantee Fourth tone: **bào** 抱 hug

As you can see, if you're not careful, you will mistakenly tell someone that you want to hug them, when in fact, you just want to give them a guarantee.

BASICS

Hello/hi	ní hǎo	你好
Good-bye	zài jiàn	再见
Please	qǐng	请
Thank you	xiè xiè	谢谢
Yes/no	shì/bù shì	是/不是
Good/not good	hǎo/bu hǎo	好/不好
My name is ...	wǒ jiào...	我叫...
I'm sorry / excuse me	dùì bù qǐ	对不起
I am ...	wǒ shì ...	我是...
Can I ...?	wǒ kě-yǐ...ma?	我可以...吗?
I don't understand	tīng bù dǒng	听不懂
Can you speak English?	nǐ huì shuō yīng-yǔ ma?	你会说英语吗?

GETTING AROUND

Where is ...?	zài nǎ...?	...在哪?
Tiananmen	Tiānānmén	天安门
Forbidden City	Gùgōng	故宫
Wangfujing	Wángfújǐng	王府井
Great Wall	Chángchéng	长城

Temple of Heaven	Tiāntán	天坛
Summer Palace	Yíhéyuán	颐和园
Old Summer Palace	Yuánmíngyuán	圆明园
Lama Temple	Yōnghégōng	雍和宫
Silk Street Market	Xiù Shuǐ Jiē	秀水街
Yashow Market	Yǎxiù Shìchǎng	雅秀市场
The Place	Shìmào Tiānjiē	世贸天阶
Sanlitun	Sānlǐtún	三里屯
Houhai	Hòuhǎi	后海
World Trade Center	Guómào	国贸
Financial Street	Jīnróng Jiē	金融街
bank	yín háng	银行
post office	yóu-jú	邮局
hotel	lǚ diàn	旅店
airport	jī chǎng	机场
railway station	huǒchē zhàn	火车站
subway station	dìtiě zhàn	地铁站
pharmacy	yào-diàn	药店
hospital	yī yuàn	医院
embassy	dà shǐ guǎn	大使馆
north/south/east/west	běi/nán/dōng/xī	北/南/东/西

CABS AND DIRECTIONS

Take me to ...	wǒ yào qù...	我要去...
Driver	shī-fu	师傅
Turn left	zuǒ-zhuǎn	左转
Turn right	yòu-zhuǎn	右转
Go straight ahead	yì-zhí zǒu	一直走
We're there	dào-le	到了
U-turn	diào-tóu	掉头
I want the receipt	wǒ yào fā-piao	我要发票
traffic light	hóng-lǜ-dēng	红绿灯
cross the street	guò mǎlù	过马路

SHOPPING AND BARGAINING

I (don't) want this	wǒ (bù) yào zhè gè	我(不)要这个
I want one (of an item)	wǒ yào yí gè	我要一个
How much does it cost ?	duō shǎo qián?	多少钱?
One yuan/kuai (unit of currency)	yí yuán/yí kuài	一元/块
That's too expensive	tài guì le	太贵了
Can you lower the price?	Néng piányi yìdiǎn ma?	能便宜一点吗?
Where can I buy ...	zài nǎ kě-yǐ mǎi...?	在哪可以买?

EATING

waiter/waitress	fú-wù-yuán	服务员
menu	cài-dān	菜单
order food	diǎn cài	点菜
bill/check	mǎi-dān	买单
I am vegetarian	wǒ chī sù/wǒ bù chī ròu	我吃素/我不吃肉
I do not eat pork/beef	wǒ bù chī zhūròu/niúròu	我不吃猪肉/牛肉
I am allergic to peanuts	wǒ duì huā-shēng guò-mǐn	我对花生过敏
the food's good	hǎo-chī	好吃
chopsticks	kuài-zi	筷子
knife and fork	dāo-chā	刀叉
spoon	sháo-zi	勺子
cup/glass	bēi-zi	杯子
napkin	cān-jīn-zhǐ	餐巾纸
rice	mǐ-fàn	米饭
chili sauce	là-jīāo	辣椒
ketchup	fān-qié-jiàng	番茄酱
vinegar	cù	醋

USEFUL VOCABULARY

bag	bāo	包
bar	jiǔ-bā	酒吧
bathroom	xǐ shǒu jiān	洗手间
battery	diàn-chí	电池
charger	chōng-diàn-qì	充电器
book	shū	书
camera	zhào-xiàng-jī	照相机
cigarettes	yān	烟
credit card	xìnyòngkǎ	信用卡
lighter	dǎ-huǒ-jī	打火机
clothes	yī-fú	衣服
(to have a) cold	gǎn-mào	感冒
computer	diàn-nǎo	电脑
elevator	diàn-tī	电梯
glasses	yǎn-jìng	眼镜
hospital	yī yuàn	医院
hotel	lǚ diàn	旅店
hutong	hútòng	胡同
I'm allergic to...	wǒ duì... guò-mǐn	我对...过敏
Internet	wǎng-luò	网络
lighter	dǎ-huǒ-jī	打火机
map	dì-tú	地图
mobile	shǒu-jī	手机
name card	míng-piàn	名片
newspaper	bào-zhǐ	报纸
number	hào-mǎ	号码
phone	diàn-huà	电话
paper	zhǐ	纸
pen	bǐ	笔
photo	zhào-piān	照片
policeman	jīng-chá	警察

purse	qián-bāo	钱包
raincoat	yǔ-yī	雨衣
umbrella	yǔ-sǎn	雨伞
restaurant	fàn-diàn	饭店
suitcase	xiāng-zi	箱子
sun glasses	tài-yáng-jìng	太阳镜
supermarket	chāo-shì	超市
ticket	piào	票
ticket booth	shòu-piào-tíng	售票亭
bathroom	xǐ-shǒu-jiān	洗手间
toilet paper	wèi-shēng-zhǐ	卫生纸
top-up cards	chōng-zhí-kǎ	充值卡
tour guide	dǎo-yóu	导游
watch	shǒu-biǎo	手表

NUMBERS

0	líng	零
1	yī	一
2	èr	二
3	sān	三
4	sì	四
5	wǔ	五
6	liù	六
7	qī	七
8	bā	八
9	jiǔ	九
10	shí	十
11	shí-yī	十一
20	èr-shí	二十
35	sān-shí-wǔ	三十五
100	yì-bǎi	一百
123	yì-bǎi èr-shí-sān	一百二十三
1,000	yī-qīān	一千



Mandarin Phrasebook

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